WOMEN'S PAGE ☆ News * Features ☆ Household Hints PAGE SIX THE TRANSYLVANIA TIMES July 22, 1971

THE

Sloppy Joes Mexican-Style



Old Sloppy Joes have gone Mexican! It's the festive corn bread base that takes this popular lunch and supper entree south of

Whole kernel corn and bits of pimiento and green pepper deliclously fleck the crunchy corn bread. Preparation is especially easy with convenient corn muffin mix. As the corn bread bakes, the sloppy Joe mixture, seasoned with chill sauce and dry mustard, can lazily simmer to a perfect blend of flavors. Serve the savory beef mixture atop the golden, toasted corn bread for cheers of "Mucho gusto!"

Sloppy Joe Mixture?

sauce

1 lb. ground beef 1/2 cup chopped onion One 8-oz. can tomato

One 6-oz. can tomato

1 teaspoon sait 1 tablespoon vinegar 1/2 teaspoon dry mustard

a construction of the second second

paste 3/2 cup chill sauce 3/4 cup hot water

Mexican Corn Bread Sloppy Joes Makes 6 servings

Corn Bread:

- One 12-oz. pkg. (2 cups) Flako Corn Muffin Mix 1 egg % cup milk (One 7-oz. can whole kernel) corn, drained 2 tablespoons chopped pimiento 1 tablespoon chopped
- green pepper

Heat oven to hot (425°F.). For corn bread, empty contents of corn muffin mix package into bowl. Add egg, milk, corn, pimiento and green pepper. Blend only until dry ingredients are thoroughly moistened. Pour batter into greased 8-inch square baking pan. Bake in preheated oven (425°F.) 20 to 25 minutes.

For sloppy Joe mixture, brown meat in a small amount of hot shortening in fry pan. Add onion and cook about 5 minutes. Stir in remaining ingredients and simmer 20 to 25 minutes.



Deeds

Distaff

Easy Salmon Pie

Celebrate the "Fourth" with a hearty main-dish pie as American as George Washington.

To save the troops at Valley 'Forge from starving, General Washington's cook devised a "leftovers" stew now famous as Philadelphis pepperpot soup. "Easy Salmon Pie," based on convenience foods unavailable 200 years ago, would have been a welcome time-saver in the General's camp. The full-bodied concoction uses chunks of canned salmon and prepared pepper-pot soup, all in a flaky and flavorful pie shell for easy service. He shells and all products made from enclosed with the

Pie shells and all products made from enriched self-rising flour are easy to make, too — salt and leavening are preblended with the flour for you. Look for "enriched" on the flour label — it means a bonus of three B-vitamins, thiamine, niacin and ribo-flavin, plus the minerals, iron and calcium.

EASY SALMON PIE

CHEDDAR CHEESE Sumon Filling Combine flour and paprika. Silr in cheese. Cut in shortening until pieces are size of small peas. Sprinkle with water, a table-spoon at a time, mixing lightly until dough begins to stick together. Press into ball; divide in half. Roll out one portion on lightly floured surface to circle 1/8-inch thick; fit loosely into pan. Trim pastry. Fill with Salmon Filling. Roll out remain-ing dough 1/8-inch thick. Cut circles 2-inches in diameter and place around rim of pie, overlapping edges. Bake in preheated 425° oven 30 to 35 minutes, or until lightly browned. Cool 10 to 15 minutes before serving.

Spoon flour into dry measuring cup; level. Do not scoop.

See Off Homesteaders Will

Have Food, Craft Festival

1 can (1 1b.) salmon, draine? and flaked 1 medium grebn pepper, i diced

imon Filling:

Combine ingre

On July 31st

pot soup

cans (11 oz. each) pepper

 2 cups curlohed self-rising flour*
 2/3 cup shortening

 1/2 teaspoon paprika
 6 to 8 tablespoons cold

 1/4 cup finely shredded CHEDDAR CHEESE
 Salmon Filling

one 9-inch pie

You can make your own dining table with a small oil drum and a couple pieces of plywood

These instructions from Mrs. Patricia Brown, assistant home economics extension agent, Johnston County, show how easy it is.

First, she says, attach the small oil drum to plywood eir-cles that can help form a base and that will help make the table the right height.

Then, place a large plywood circle on top of the drum to form the table top. If you wish, cover this top plywood circle with formica. Be sure to sesure tightly.

To make sure the table is sturdy, the agent suggests putting a cinder block or bag of dirt inside the drum to act as a weight.

Save On Suit

Beat the heat and inflation by making your own bathing suit. That's the advice of homemakers in Vance County, who have been buying knit fabrics and making their own bikinis and one - piece swim suits, Mrs. Phyllis Stainback, home economics extension agent, re-

Homemakers find the swim suits they make at home cost only a third what a similar suit purchased in a store If your washing machine and cost, the agent adds.

sink frequently suffer from Home Gardening

lates.

over - sudsing, save removal time by sprinkling salt on the Three senior citizen families soap bubbles and into the wa- living in a low - rent housing ter, and watch the suds disap- unit near Shelby, insisted on finding a plot of land for home gardens.

-*-"I guess I saved a hundred If the sun's reflection off

If the sun's reflection off windshield wiper blades both-ers you, coat them with paste wax. dollars on my food bill last year by doing my own garden-ing and food conservation," one woman told Thelma E. Me-

Miss Garren

Joins CP & L

Miss June Dianne Garren has joined Carolina Power &

Light Co. in Raleigh as a

junior market research an-

Miss Garren, a native of Brevard, graduated from Bre-

vard High School and receiv-

ed her degree in applied mathematics from N. C. State

She is the daughter of Mr.

and Mrs. Robert D. Garren

Household

Hints

alvst.

University.

pear.

of Pisgah Forest.

Vea, home economics exten-sion agent, Cleveland County. EXECUTRIX'S NOTICE In the General Court of Justice "I froze or canned about 75 quarts of vegetables from my **Superior Court Division**

State of North Carolina Transylvania County

little plot," she added. Having qualified as Execu- "I wouldn't have had the trix of the estate of Frank J. money to buy those same vege-Johnson of Transylvania Coun- tables fresh," she said.

"The Bishop Misbehaves" Is Now Playing At Flat Rock

The fourth production of the Vagabond Players ten-week summer season is "The Bishop Misbehaves," a highly - ac-claimed, long - run Broadway and London comedy hit by Frederick Jackson, which open-ed Tue-day evening at the Flat Rock Playhouse.

The Broadway version starred Walter Connelly in the title role, the self - styled sleuth, a Broadminister Bishop. A later movie version featured Edmond Gwenn. This wholesome rollicking comedy will be given for the fourth time by the Vaga-bonds. It was first presented at Lake Summit Playhouse in 1949, opened a 16 - week winter season in St. Petersburg, Flor-ida, and was last done at the Flat Rock Playhouse in 1960 for two capacity weeks.

In the new Flat Rock pro-duction, Walter Williamson will play the Bishop who, with his elderly Victorian sister, Lady Emily Lyons, portrayed again by Helen Bragdon, wanders ac-cidentally into an English "pub," and much to his delight finds himself involved in a just - perpetrated jewelry rob-bery. The Bishop tries all the tricks of the gum - shoeing trade with hilarious effectiveness, as he seeks to unravel the mystery of the robbery. Before he is through, all the members of the jewelry robbery gang feel the pressure of his world-ly and other - wordly wisdom.

Involved in the chase from the pub to the Bishop's Palace. with pistol - waving, knifebrandishings and blackouts are Ralph Redpath; the robbery victims Earl Wontz and Margaret Kilness; their chauffeur, Robin Farquhar; Frenchy, Tom Campbell; and the timid old secretary, Ed Oster. Sally Nall is Hester in the role previously played by Rosemary Prinz, former Vagabond and current

aging Director Robroy Far. erty mistress. quhar, will appear as Red Eagan, recreating the role he played in New York City with Jen-The members of the See Off will be for sale for those who nifer Jones and Robert Walker. Mountain Community are plan- desire, The profits from this ning their first Festival sale sale are to be used for the appears with his son, Robin, in hoping it may become an an-building fund to reduce the nual event. It will be July 31st mortgage and to pay for drill-from 10:00 a.m. till 5:00 p.m. ing the well and installation of

the same play. The Vagabond Players an- dersonville.





PLAID - Kasper designs a black velvet battle jacket over a green and black pleated tartan skirt and a white shirt with plaid tie.

nounce that members of the clergy will be admitted to any performance for half-price.

"The Bishop Misbehaves" will be directed by Anita Grannia. The picturesque settings of the "Queen's Head" taproom and the hall of the Bishop's palace will be designed by Walter O'Rourke. Bobby Hiers is the assistant technical directeor, television and stage star. Man. and DeLayne Parham is prop-

Performances are Tuesday through Saturday evenings at 8:30, with matinees on Wed-For the first time Mr. Farquhar nesday and Saturday at 2:30. Flat Rock Playhouse is situated on the Greenville Highway, U. S. 25, three miles south of Han-