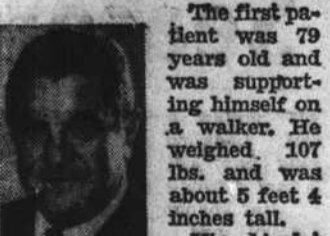


Speaking of YOUR HEALTH...

By LESTER L. COLEMAN, M.D.

Rx For the Old: CARE

TWO ELDERLY men with warm, gentle smiles were brought to my clinic today. Both were living in a nursing home. You will, I am sure, forgive me for bringing to you the sad picture I saw. A doctor undergoes emotional distress, too.



Dr. Coleman

The first patient was 79 years old and was supporting himself on a walker. He weighed 107 lbs. and was about 5 feet 4 inches tall. His light brown plaid sports jacket might easily have fit a 6-foot, 170-pound young football player. The rest of his clothing? Ill-fitting old family hand-me-downs. A pungent smell of stale urine permeated the examining room. I felt shame at being part of a society that has thrown this unfortunate man into life's discard.

The second patient was a keen-eyed gentleman of about 70. His frail body was fixed in a wheel chair, immobilized, because both his legs had been removed.

I asked how he had lost his legs and he said, "I was punished because I got drunk and fell asleep in a snowdrift in the park."

Then, in a moment, he added a testimonial of man's reserve and courage, saying, "Maybe this had to happen to make me stop drinking and realize how lucky I am to be alive." "Lucky to be alive" kept ringing in my mind.

What gift have we doctors and scientists really given the elderly by adding 18 years to their life span? Can the years be considered a gift when people like these are destined to a world of despair, without dignity, without the feeling that they are wanted or respected? Sure, they are given outward evidences of social benefits—a cot in a ward, nourishing if unpalatable and unattractive food, limitless time to do nothing but sit and contemplate their loneliness.

Such neglect cannot possibly be the reward of those who have worked, contributed, and hoped for the elusive days of what they must once have thought of as "joyful retirement".

Their despair is not a difficult thing to remedy. The dominant force is caring—caring with money, with proper clothes, dignified housing, recreational facilities—and sensitive caring for the physical and emotional needs housed in those frail bodies. The first step in our own caring today was an organized plan for doctors to examine and treat handicapped elderly in their own quarters, sparing them the difficult burden of being transported to our clinic.

Can you find a way to care in your community?

Dr. Lester Coleman has prepared a special booklet for readers of the column entitled, "Pay Attention to Your Heart." For your copy, send 25 cents in coin and a large, self-addressed stamped envelope to Lester L. Coleman, M.D., in care of this newspaper. Please mention the booklet by title.

Bethany Bible Church Will Have Historical Film Sunday

A film portraying the historical color drama of the beginnings of the Baptist church in the United States is scheduled to be shown at Bethany Bible Church on Sunday, August 15th, at 7:30 in the evening.

"Magnificent Heritage" tells the story of John Leland's struggle for religious liberty in the early days of American independence.

This historical drama presents the important role John Leland played as "Baptists' apostle of freedom" during the colonial days in American history. It tells how James Madison was led to write specific safeguards for religious freedom into the proposed federal constitution—the First Amendment of the Bill of Rights.

This is an entertaining, inspiring and educational feature-length (55 minutes) film in beautiful color. The church is located at 235 West Main street, and the public is cordially invited to attend.

The Manpower Administration has shortened the name of its Farm Labor and Rural Manpower Service to, simply, the Rural Manpower Service. The switch signals a new emphasis on serving all rural people, not mainly farmworkers.

Brevard Personals

Mr. and Mrs. Tom Nicholson returned home Friday after visiting their son and family, Mr. and Mrs. James Nicholson, Tommy and Kim in Del City, Oklahoma.

Smokey Says:



... along with women and children!

When you think of prescriptions, think of VARNER'S. adv.

School Calendar For 1971-72

(9 1/4 Months)

August 23, 1971 -- Orientation of New Teachers
August 24, 1971 -- First Teacher Day
August 25, 1971 -- Pupil Assignment Day
August 26, 1971 -- Beginning of 180-Day Term
May 24, 1972 -- End of 180-Day Term
May 25-26, 1972 -- Extended Term for Teachers

HOLIDAYS:

September 6, 1971 -- Labor Day
October 5, 1971 -- Professional Meeting
November 25 - 26, 1971 -- Thanksgiving
December 22 - 31, 1971 -- Christmas
January 17, 1972 -- Teachers Work Day
Pupil Holiday
March 31 - April 3, 1972 -- Easter

SCHOOL MONTHS:

First Month -- August 26 - September 23, 1971
Second Month -- Sept. 24 - Oct. 22, 1971
Third Month -- Oct. 25 - November 19, 1971
Fourth Month -- Nov. 22 - Dec. 21, 1971

Semester Examinations Are To Be Scheduled Immediately Prior To Christmas Holidays.

Fifth Month -- January 3 - January 31, 1972
Sixth Month -- February 1 - February 28, 1972
Seventh Month -- February 29 - March 27, 1972
Eighth Month -- March 28 - April 26, 1972
Ninth Month -- April 27 - May 24, 1972

TECH-TOONS

POWER MOWER ACTING UP?

HERE'S A CHECK LIST FOR SOME

POWER MOWER PROBLEMS



- ENGINE STALLS WHEN HOT? COULD NEED A NEW COIL OR CONDENSER.
- ENGINE STALLS AT HIGH REV'S? COULD BE DIRTY GAS LINE, SCREEN OR FILTER.

- UNDUE VIBRATION IN ROTARY MOWER? COULD BE BLADE IS OUT OF BALANCE.
- ENGINE MISS CAN MEAN OLD OR DIRTY SPARKPLUG.

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DOROTHY MANNERS' Hollywood

HOLLYWOOD—There should be some sort of statuette to give to Skye Aubrey, one of the few offspring of famous parents who does not at least imply that her childhood was a helluva strain living under the same roof with Superstar and how much faster her own career would have taken off if she had been unencumbered by a famous name.



Skye Aubrey

Not Skye. She's third-generation show business and proud of it. Her grandmother was Phyllis Schuyler, Shakespearean actress; her mother is Phyllis Thaxter; her father, James Aubrey, head of MGM. "I can't remember a moment of my childhood when television sets weren't turned on in every room for my father, when my mother wasn't on a tear to get to a movie set, when the place wasn't filled with directors, producers, actors. And I loved every crazy, exciting minute of it," says the blonde, blue-eyed, 26-year-old honey coming up fast under Universal.

She's even pleased that she inherited her father's nature, "emotional and fretful." To many who worked under Aubrey during his days as the "Smiling Cobra" of CBS-TV, this is the height of understatement. But no matter.

She gets her looks from her mother, who once made such hit films as "Thirty Seconds Over Tokyo," "Blood on the Moon," and "Come Fill the Cup."

"We lived in Brentwood," says Skye, "and I went around telling all the kids, 'My mother is an actress, my mother is an actress, and my father is big, big, big in TV.' With such prestige they were duty-bound to let me put on the plays in the garage—and star myself!" Her full name was Schuyler then and it wasn't until years later, when she took over the comedienne lead in "Cactus Flower," that another show-business biggie, David Merrick, shortened it to Skye.

"The years between are a montage of preparing myself for a career," she tells you. "While I was still in high school in the East, where we had moved with dad, I ap-

peared in summer stock, and after high school I went to London to study at the Royal Academy of Dramatic Arts. Returning to New York I got a good break replacing Brenda Vaccaro in 'Cactus Flower.' When this was over, I was brought back to Hollywood, mostly for TV roles."

But if show business is her life, it also is true that she leads the least show-business life of any actress in Hollywood. Skye loves the solitude and privacy of her small yellow house in Westwood, where she spends hours reading and painting or packing for a quick trip to Maine to visit her mother, who has lived in New England ever since giving up her own career and divorcing Aubrey.

For a very pretty girl in her mid-20s, Skye dates very seldom. "Most of the men who take me out expect to spend the night when they bring me home," she shrugs.

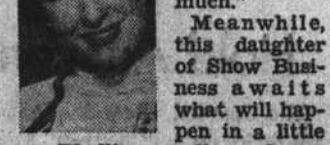
She spends a lot of time with her father, now re-established on the West Coast as head man at MGM.

Being seeped in the traditions of show business as she is, Skye is eager for more meaningful roles than she gets in "Marcus Welby" or "Love, American Style."

"I've accepted some roles I didn't particularly like because I believe an actress getting started in Hollywood these bleak days needs a studio behind her. Why be an actress if there's nothing to act in?"

"Recently, I've liked my assignments more, particularly the studio's four-hour TV version of Fletcher Knebel's best seller, 'Vanished' and the full-length film for ABC-TV, 'The City,' with Anthony Quinn. Also I have a good 'Marcus Welby, M.D.' segment coming up, titled 'A Yellow Rose,' which I like very much."

Meanwhile, this daughter of Show Business awaits what will happen in a little yellow house in Westwood, contented with the way her career is going and proud of being a child of famous parents. Where is the statuette?



Phyllis Thaxter

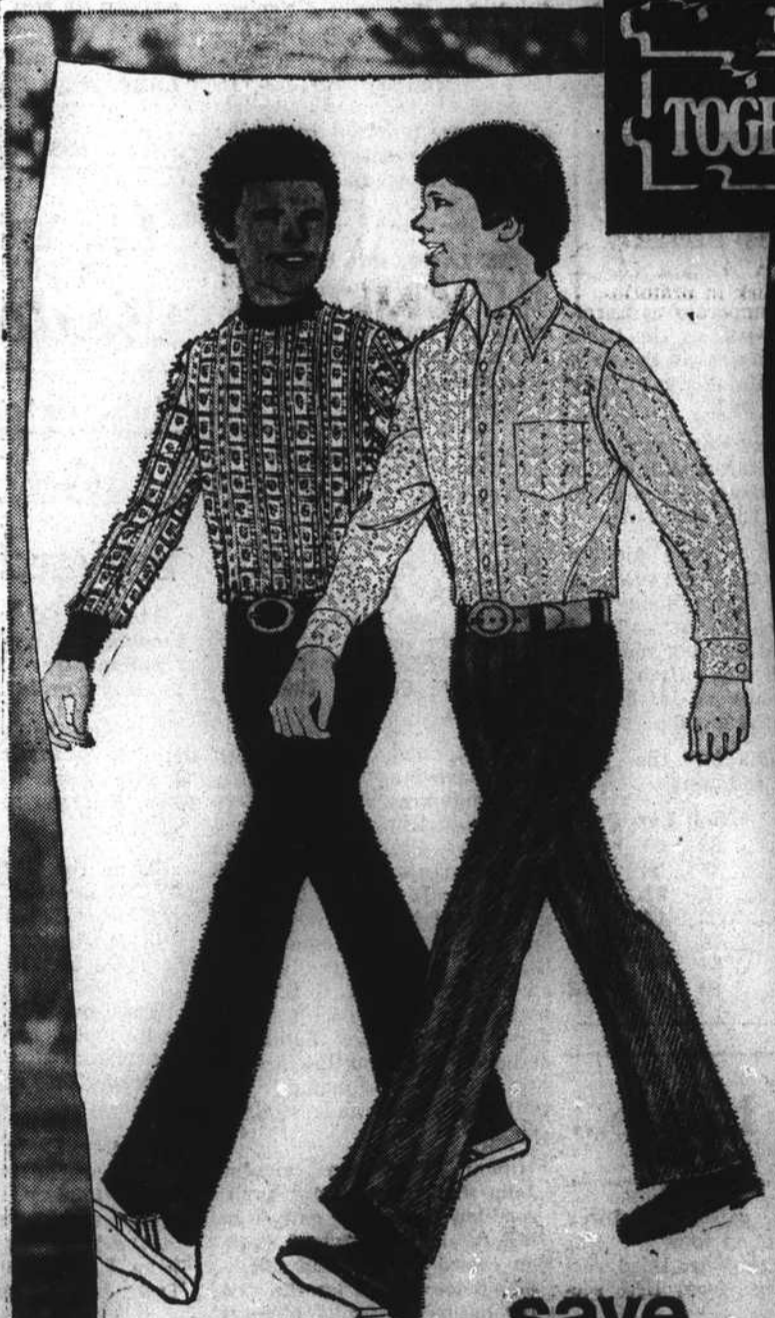
the way her career is going and proud of being a child of famous parents. Where is the statuette?

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