

THE WOMEN'S PAGE

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A Cool Cake For The Summer Season



Here's a really unique idea in cake making that you'll enjoy trying this summer. Starting from a white cake mix, this chilled-in-the-refrigerator cake is adorned with a chocolate-syrup-glazed "checkerboard" top (created with the tines of a fork), and features attractive chocolate marbling when the cake is cut for serving.

Chilled Checkerboard Cake
(recipe follows)
1 package (18.5 ounces) white cake mix
Chocolate Syrup Sauce
Chocolate Syrup Whipped Cream (recipe follows)
Prepare cake mix as directed on package. Pour into a well-greased and floured 13x9x2-inch pan. Bake at 350° for 30 to 35 minutes; cool in pan 15 minutes. Carefully pierce cake in pan with fork to depth of cake making parallel rows about 1-inch apart, covering both length and width of cake. Spoon Chocolate Syrup Sauce over warm cake allowing the mixture to flow into holes and completely glaze top. Chill in refrigerator several hours or overnight. Serve with a dollop of Chocolate Syrup Whipped Cream or frost with your favorite chocolate frosting.

Chocolate Syrup Sauce
1 envelope unflavored gelatin
1/2 cup cold water
1/2 cup boiling water
Sprinkle gelatin on cold water in medium bowl to soften. Add boiling water and stir to completely dissolve gelatin. Add sugar and blend well; stir in chocolate syrup. About 2 cups sauce (entire amount is used on cake).

Chocolate Syrup Whipped Cream
1 cup whipping cream
1/2 cup canned chocolate flavored syrup
2 tablespoons confectioners' sugar
1/2 teaspoon vanilla
Combine whipping cream, chocolate syrup, sugar and vanilla in small mixer bowl. Whip until mixture holds peaks. About 2 1/2 cups topping.

Distaff Deeds

"Re-do- and make-do" could well be the motto of Mrs. Ruth B. Settle, a member of the Elm Grove-Haw River Extension Homemakers Club in Rockingham County.

The Settles recently moved into a new brick house, near Reidsville, which they planned and built in their spare time, observes Mrs. Zadie Jackson, extension home economics agent, Rockingham County.

But that is only half the story. Mrs. Settle and her three daughters decorated the seven-room house by making draperies and shades and by reupholstering and refinishing furniture the family already had on hand.

After all this re-doing and re-making, the cost of building and furnishing this house was less than half what another family may have paid for a similar house, the agent pointed out.

HANGING GARDENS
A beautiful "hanging garden" is a special treat for friends and family who visit Loyce Little of Richmond County.

Miss Little, a retired school teacher, designed the hanging garden by fastening containers of ferns and flowering plants from the limbs of a large shade tree.

The hanging garden, located outside the den window, adds beauty to the inside of the home as well as to the outside, notes Martha Adams, extension home economics agent.

Miss Little, who got the idea for her garden from a special interest meeting, says she doesn't mind the extra watering that is required to keep the hanging garden beautiful.

APRONS INSPIRE
Sixteen "Golden Agers" in Cleveland County are wearing beautiful aprons, thanks to the clothing leader of the Galilee-Goldmine Extension Homemakers Club.

"And this gift," believes Mrs. R. V. Stowe, the sewing leader, "may inspire the women to form their own Senior Crafts Group."

Mrs. Stowe made the simple, yet pretty, aprons with the help of an aunt who loves to sew, adds Thelma McVea, home economics extension agent.

ADMINISTRATOR'S NOTICE
In The General Court of Justice Superior Court Division

State of North Carolina Transylvania County
Having qualified as Administrator of the Estate of Charles Holden Farris of Transylvania County, North Carolina, this is to notify all persons having claims against the estate of said Charles Holden Farris to present them to the undersigned within six months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.
This the 30th day of May, 1973.

William B. White
Ramsey White & Peterson
Attorneys

Here's An Affordable "Steak" You Can Grill Outdoors



You can serve satisfying meat to family and guests at lower cost when you grill Salisbury Steaks, long a favorite in restaurants. It's more special than hamburger, yet the meat costs no more. Here the steaks are adapted for outdoor cookery with the characteristic savory vegetables, herbs, and the secret touch of blending Ac'cent with the meat. This natural product brings out the true, beefy flavor in a way that makes the most of the meat you buy, a tip worth knowing in today's inflated food market.

Salisbury Steaks
2 pounds ground beef
1 can (3 ounces) chopped mushrooms, drained
1/2 cup chopped onion
1/2 cup chopped peeled tomato
1 teaspoon salt
1 teaspoon Ac'cent
1/2 teaspoon pepper
1/2 teaspoon dried leaf thyme
In large bowl lightly mix all ingredients. Shape into 6 or 8 patties. Place on grill when coals have reached the light gray ash stage. Cook 5 minutes, turn and cook 3 minutes longer, or to desired degree of doneness.
YIELD: 6 to 8 servings.

Homemaker's Hints

Rolled Oats
Rolled oats are a good choice for the food shopper who wants to combine nutrition with economy, observes Mrs. Ruby Uzzle, extension consumer marketing economist, North Carolina State University. Rolled oats are an energy food that can be used in pancakes or as a hot cereal. In main dishes, they are a welcome addition to meat loaf and meatballs. And, they give extra flavor to breads, pies, cookies and cakes.

Short Cut
With some cuts of pork, such as spareribs, you may wish to partially precook the meat indoors before you take it out to

the grill. If you do some precooking inside, the barbecuing process won't take so long.

Easy Care
The non-stick finishes on electric waffle bakers and grills should delight the homemaker who looks at appliances with an eye to easy use and care. The secret to keeping the non-stick surfaces functional is regular cleaning. If the grids are immersible, they should be washed in hot sudsy water after each use. If not immersible, wipe them with a sudsy sponge, rinse and dry each use. Steel wool or wire brushes should not be used, as they may scratch the non-stick surface.

Little Items of Lively Interest About Folks and

Flower GARDENING

By Mrs. S. R. Harrington

I have looked and marveled At a rainbow in the sky, I think God surely painted A path to heaven on high. Priceless colors came in sight Each tint and tone was so true. But this beauty went away And the sky was again blue. But oh, I remember This bit of Heaven God sent, The beauty stayed with me As on my way I went.
—Neva Taylor Harrington

The dictionary says that a rainbow is "a bow or arc of prismatic colors appearing in the heavens opposite the sun, due to the refraction and reflection of the sun's rays in drops of rain, spray or mist."

To me, a rainbow is just another one of God's miracles and great gifts to be seen and enjoyed to the fullest. I am always looking for beauty—and I find it! And enjoy it!

Gardening: I will begin by answering questions. A new gardener wants to know how to care for geraniums.

Geraniums like their roots kept cool and moist, but never wet. Feed only when the soil is moist, and follow the directions on the plant food package. Plants indoors should be fed about once a month. Those outdoors should be fed every two weeks.

Geraniums are tops for any sunny location outdoors. Requiring only good drainage, regular feeding and watering.

Another question: Can daffodils be dug and planted now? Yes indeed. It is an ideal time to dig and replant. Add com-

post and slow-acting bonemeal to the new planting areas. No "available" fertilizer should be used at this time. Daffodils should be fed twice yearly. Just as they peep through the ground in spring, and again as they finish flowering.

A question about mulches, what kind to use, etc. There are two kinds. (1) Organic: Made of plant tissues that will break down. You can use them first as a surface mulch, and later work them into the bed to improve the soil. These mulches include peat chunks, bean and seed hulls, tobacco stems, bark products, and the leaves and needles from trees. (I especially love to use oak leaves and pine needles.)

(2) Inorganic mulches are made of minerals that will not break down. Some of these are marble chips, vermiculite, pebbles, washed river rock, crushed rock and volcanic rock.

Mulches are great work savers. Not only do mulched beds look neater, but the mulch

Storytime At Library

STORY TIME at the library for pre school children every Tuesday morning at 10:30. Mrs. Shuford Snyder is in charge of the program and each Tuesday the children go to far away places on their magic carpets. Don't miss a Tuesday for adventure is in store for you.

Groups planning to attend "Story Hour" are asked to contact the library on Mondays since space is limited.

saves watering and weeding. It also keeps dirt from splattering. Two mulches that I didn't mention are straw and sawdust. Both of these are good.

Next week I'll tell you some ways to make garden work easy!

Flower Spotlight: On the gorgeous flaming red gladioli at the Frank Owen's, Asheville Highway. On the exotic huge pink cactus at Mrs. Leo Winchester's Calvert. On the glorious datura in full bloom at the O. H. Bryson's, Rosman Hwy. On the spectacular beauty of the glowing red geraniums in white pots at the George D. Abercrombie's, Minor St. On the beautiful blue salvia and white shasta daisies at the William W. Overholt's, 209 N. Johnson St.

So long, gardeners!

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