

**WORK AT SILVERMONT PARK RECREATION CENTER** — Three photos (two above and one below) show work being done at Silvermont Park, the new Transylvania County Recreation Center. Photo on the left above is a new angle look (toward the southwest)



County industrialist. Photo on the right, above, shows the west side of the mansion and the area, background, where the tennis courts are being built. Photo below is the area on the east side of the mansion where the picnic area is being built. (Times Staff Photos)

County Recreation Department

# Silvermont Park Recreation Center Major Construction Underway

## Begins Third Year With Wide Range Of Activity

By - Cal Carpenter

With the awarding of all major contracts, Silvermont Park on East Main Street, home of the Department of Recreation, has begun construction on the major aspects of the park.

Contracts awarded in the past two weeks include: Parking lot to Siniard Brothers; Three tennis courts and comfort station to C. E. Cochran Construction Co.; Electrical to Brevard Electric Company; Plumbing to Fred Wilson of Asheville; and Fencing to Sears.

### LIGHTED TENNIS COURTS

In addition to the major contracts, all play-ground equipment has been ordered including a unique Timberform play area and the picnic table and grills.

Due to rising building costs, the Recreation Commission asked for and received permission from the Bureau of Outdoor Recreation to delete a jogging path, paddle tennis courts and a multi-purpose court.

When completed, the park, however, will have three lighted tennis courts, parking for 56 cars, six shuffleboard courts, two horse-shoe courts, 10 picnic sites and one shelter, a tot lot for children, comfort station, and a multipurpose court for such activities as badminton, volleyball and basketball.

### TREE REMOVAL

Director Craig Freas of the Recreation Department has noticed concern over tree removal. Only trees on the site of facilities have been removed along with those trees marked as diseased or dangerous by the Forest Service, he

at the front of the beautiful old Silversteem mansion on East Main Street, the home of the Recreation Department which was left to the county for use as a recreation facility by Mrs. Dorothy S. Bjerg, daughter of the late Joseph S. Silversteem, pioneer Transylvania

says. When all the facilities have been completed the park will be landscaped and reseeded to make it one that the citizens of Transylvania County can be proud of, Mr. Freas says.

### DEPARTMENT'S THIRD YEAR

The Transylvania County Department of Recreation, beginning its third year of operation is planning to offer a wide variety of activities to the people of Transylvania.

Mr. Freas says that until the last few months the Department has placed a major emphasis on sports activities, but now hopes to offer more programs in the areas of arts and crafts, music, drama, nature activities and special countywide events.

### COUNTY FACILITIES

The Department also hopes to start building facilities throughout the county to bring recreation closer to each citizen.

The various Community Development Clubs have received recreational equipment from the Department but hopes are that multi-purpose courts can be built in conjunction with these centers.

Along with the building of Silvermont Park, it is hoped that a swimming pool to serve the upper end of the county will be ready for operation by next summer and a couple of lighted ballfields can be built.

### MANY ACTIVITIES

Along with such activities as mens softball and basketball, Tee league baseball, youth basketball and special events that use facilities other than those of the Department, many activities of interest take place in the Recreation center at Silvermont Park.

These activities include: Art Guild, Slim-nastics, Stamp Club, Rock Hound Club, Council of the Arts, Self Defense classes, Pottery classes and Wildlife Association. The Brevard Little Theatre is also currently holding rehearsals for its upcoming play on the third floor at Silvermont.

Information on these classes or organizations can be had by calling the Recreation Department at 883-2050.

Winter hours are 10:00 a.m. to 5:00 p.m. and 7:00 p.m. to 10:00 p.m., Monday through Friday. Beginning in May, the office will open at 8:45 a.m.

The Department staff hopes that all citizens will take advantage of programs it now offers and those to come.

### RECREATION COMMISSION

County leaders in the procurement of property and establishment of the Recreation Department have been former Recreation Commission head, "Guis" Siniard, who arranged for the donation of the Silversteem property, to the county and charter Commission members Bill Norris, Robert Stewart, Charlie Russell, Robert Merrill, John Smart, Grover Masterson, and Ray Israel.

The present Recreation Commission is headed by Joe McCall, with members Bill Norris, Charlie Russell, Robert Stewart, Grover Masterson, Robert Merrill, Mrs. Pat Fuleihan, Mrs. Rae Stoneback, James D. Tyson, James Blocker, Dennis Wilde, and Bill Mayes.



## Patient Workload Monitor Is Developed By NASA From Space Program Experience

Technology derived from the Apollo and Skylab programs has been adapted by the NASA Marshall Space Flight Center, Huntsville, Ala., to produce a new medical device called a Mobile Automatic Metabolic Analyzer (MAMA) which will be used to measure the amount of energy expended by ambulatory patients.

gained by Marshall during the development of the Lunar Rover Vehicle used in the Apollo program. The motorized cart and instrumentation system will enable rehabilitation doctors and physical therapists to gather accurate workload information. The instrumentation consists primarily of a mass spectrometer which provides a continuous record of the amount of oxygen consumed, the carbon dioxide produced and the nitrogen and moisture exchanged. Additionally, inspiratory and expiratory volumes are recorded, as well as pulse rates and patient speed.

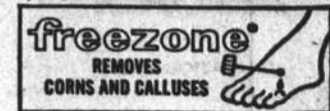
This instrumentation provides accurate measurements of metabolic activity of both normal and severely disabled subjects during actual working conditions. It will also be used to gauge the progress of severely disabled persons through the several phases of their rehabilitation training programs.

The unit was turned over to the Spain Rehabilitation Center, University of Alabama Medical School, Birmingham, for evaluation. Presentation of the unit was made at Marshall by Dr. Rocco A. Petrone, Center director, to Dr. John Miller, director of the Spain Rehabilitation Center.

In the past, most metabolic measurement has been limited primarily to oxygen consumption studies on young, healthy males, either during stationary activity or while walking on the standard treadmill. Studies of the severely disabled during actual conditioning or retraining programs are quite rare.

MAMA utilizes a metabolic analyzer similar to the one developed for and being used by astronauts in the Skylab program. This and other instrumentation is mounted on a battery-powered cart, designed and fabricated using knowledge

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