

THE WOMEN'S PAGE

★ Features ★ News ★ Household Hints
PAGE FOUR THE TRANSYLVANIA TIMES May 23, 1974

Cheers For This Chicken Casserole!



Why the cheers? Because it's a delicious easy-make, that's why! Combine chopped chicken with canned cream of chicken soup and peas; top with a golden brown, delicately crunchy topping made from Flako Corn Muffin Mix. (To which you've added some chopped onion and grated sharp Cheddar for extra zest.) You'll be serving your family—OR company—a mighty fine supper dish. Mighty quickly too!

CHICKEN CASSEROLE

Makes 6 servings

Base:
2½ cups chopped cooked chicken
One 10-oz. pkg. frozen peas, cooked and drained
One 10½-oz. can condensed cream of chicken soup
1 cup milk
½ teaspoon salt

Topping:
One 12-oz. pkg. Flako Corn Muffin Mix
½ cup grated sharp Cheddar cheese
¼ cup chopped onion
1 egg
¾ cup milk

Heat oven to hot (400°F.). For base, combine all ingredients in 2½-qt. casserole. Place in preheated oven (400°F.) about 15 to 20 minutes or until mixture bubbles and is thoroughly heated.

For topping, empty contents of package into bowl. Add cheese, onion, egg and milk. Blend until dry ingredients are thoroughly moistened. Spoon evenly over hot chicken base. Bake in preheated oven (400°F.) about 25 to 30 minutes or until topping is golden brown.

Homemakers Hints

Food Fact

We ate 1½ percent less food in 1973, according to the U.S. Department of Agriculture. Food prices rose more sharply than they have in 25 years and one way of dealing with the problem was to eat less.

What foods were affected? Meat consumption was off 6 percent; eggs by 5 percent.

Less Fat

Diet, rather than drugs, may hold the key to lowering blood pressure, according to a study just released by the U. S. Department of Agriculture. The research concluded that blood pressure can be reduced by decreasing the fat content of an otherwise normal diet.

Storage Idea

Here's a novel storage idea. Suspend an auto steering wheel from the ceiling with heavy wire and use it as a coat rack, suggest extension housing specialists, North Carolina State University.

Salad Tip

Here's one secret to a successful salad. Add most ingredients last and near serving time so the salad won't become soggy, advise extension food specialists, North Carolina State University.

Distaff Deeds

The SENC Crafts Festival at Lake Waccamaw is quite a success story, believes Mrs. Elaine Blake, home economics extension agent, Columbus County.

Eight years ago, the first festival chairman combed eight counties to find 30 craftsmen willing to demonstrate their skills to the public.

This year 83 craftsmen are going to participate and some others had to be turned away; there wasn't enough space.

Eight years ago, 15 people belonged to the Guild; now the organization has artists, writers, poets, historians and members of the performing arts on its roster.

Those who attended the recent two-day Festival found a vast collection of talent and knowledge and plenty of fellowship and enthusiasm, the agent concluded.

Pattern Place

Pattern storage may be a problem to homemakers who do a lot of sewing. But Mrs. Gennie Britt, a Wayne County homemaker, found the solution.

She brought a chest of drawers that has one drawer deep enough to hold plenty of patterns.

"My pattern file is ideal and the chest is an attractive addition to my house," Mrs. Britt told Evelyn Raper, home economics extension agent.

Baby Chair

A proud grandmother had a chance to re-bottom an antique high chair for her year-old grandchild, thanks to an Extension-sponsored workshop held in Cabarrus County.

"The workshop instructor was a homemaker who usually does cane weaving for pin money," added Doris Rogers, home economics extension agent. "But she agreed to do this special interest meeting for free."

The students were thrilled with their chairs and the instructor was delighted to make new friends, the agent added.

EXECUTRIX'S NOTICE

In the General Court of Justice Superior Court Division State of North Carolina Transylvania County

Having qualified as Executrix of the Estate of Theodore Mack Corn of Transylvania County, North Carolina, this is to notify all persons having claims against the estate of said Theodore Mack Corn to present them to the undersigned within six months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate, please make immediate payment.

This the 30th day of April, 1974.

/s/ Ruth B. Corn
Route 1, Brevard,
North Carolina - 28712
RAMSEY, HILL, SMART & RAMSEY
Attorney, John K. Smart, Jr.
5-2-4tc

ADMINISTRATOR'S NOTICE

In the General Court of Justice Superior Court Division State of North Carolina Transylvania County

Having qualified as Administrator of the Estate of CARL RAY BYARS of Transylvania County, North Carolina, this is to notify all persons having claims against the estate of said CARL RAY BYARS to present them to the undersigned within six months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate, please make immediate payment.

This the 19th day of April, 1974.

/s/ Elvin Joe Byars
Route 1, Box 79,
Lake Toxaway,
N. C. 28712
RAMSEY, HILL, SMART & RAMSEY
Attorney, John K. Smart, Jr.
5-2-4tc

food news & cues

from the Quaker Test Kitchens



MOUSSE MARIETTE — OOH LA LA!

It's a dessert with a French accent but universal appeal. No wonder! When you fold billowy egg whites and whipped cream into a cognac-flavored, custardy sauce, you have the makings of a superb mousse. But when that mixture also contains the new 100% natural cereal, finely ground, well — you have a SUPER-superb mousse! (Also some very impressed guests.)

MOUSSE MARIETTE

Makes 8 servings

2 envelopes (2 tablespoons) unflavored gelatine
½ cup water
2½ cups milk
6 eggs, separated
1 cup sugar

2 tablespoons cognac
1 teaspoon vanilla
1 cup ground 100% natural cereal
1 cup whipping cream, whipped

Soften gelatine in water. Heat milk in a heavy saucepan and stir in the gelatine until dissolved. Beat the egg yolks and sugar until light and fluffy and stir into hot milk gradually. Cook over low heat, stirring constantly, until mixture coats a spoon, but do not boil. Remove from heat and stir in cognac, vanilla and ground natural cereal. Chill until partially set.

Beat egg whites until stiff, but not dry and fold into natural cereal mixture. Fold in whipped cream and pour into a 5-cup souffle dish with 4-inch collar of waxed paper tied around outside top. Chill until set. Remove collar and garnish top of mousse with 100% natural cereal.

Dates Of Art Shows Listed

The Transylvania Art Guild met in regular session recently at Silvermont.

Future art show dates were announced by president, Mary Etta Hooper. These include:

June 9th — Conestee Falls
July 6th — Highlands
July 25th-27th — Festival of the Arts
August 17th — Court House lawn.

Cindy Walters announced that Robert Conway of the North Carolina Department of Cultural and Natural Resources had contacted TAG regarding a traveling art exhibit.

He plans to propose to the state office at Raleigh the idea of a Southern Appalachian Art Exhibit featuring the works of the Transylvania Art Guild.

The exhibit would appear at various civic centers, universities, and museums. Its main purpose would be to promote culture and awareness of the natural heritage.

The June 7th meeting of TAG will be a covered-dish picnic at Straus Camp at the cabin on the hill beginning at 7:00 p.m. A board meeting will be held one-half hour prior to the picnic.

Following the business session, Robert Brown of Brown's Pottery in Arden gave a fascinating demonstration using his 300-pound pottery wheel.

NOTICE OF SERVICE OF PROCESS

In the General Court of Justice District Court Division State of North Carolina County of Transylvania

KATHLEEN W. CARDEN, Plaintiff

-vs- RONALD B. CARDEN, Defendant

TO RONALD B. CARDEN: Take notice that a pleading seeking relief against you has been filed in the office of the Clerk of the General Court of Justice of Transylvania County, North Carolina, the nature of relief sought being as follows: To obtain an absolute divorce on the grounds of one (1) year separation.

You are required to make defense to such pleading not later than the 23rd day of July, 1974, and upon your failure to do so the party seeking service against you will apply to the Court for the relief sought.

This the 14th day of May, 1974.
JOHN E. HUDSON, JR.
Attorney for the Plaintiff
P. O. Box 305
Brevard, N. C. 28712

Local Jaycettes Planning Doll Display, Festival

The Brevard Jaycettes are planning a doll display to be shown at the Transylvania Festival of Arts. This is to be held at Silvermont in July.

Anyone wishing to display any antique, foreign or unique dolls please contact Mrs. Bob Leifert at 883-3993. A security guard will be present each night and a Jaycette will be on duty each day.

NOTICE OF AN OPPORTUNITY FOR A PUBLIC HEARING ON THE LOCATION AND DESIGN OF THE REMAINING CONSTRUCTION WORK FOR STATE ROUTE 1149, WHITEWATER FALLS ROAD NORTH CAROLINA FOREST HIGHWAY 38 (THE RECONSTRUCTION OF THE SECTION BETWEEN THOMPSON RIVER AND US 64)

PROJECT NORTH CAROLINA FOREST HIGHWAY 38-1() NANTAHALA NATIONAL FOREST TRANSYLVANIA COUNTY

The proposed location is within the same corridor as the existing road.

The design consists of rebuilding the existing facility to a higher standard roadway with 20' pavement and 6' shoulders. The right-of-way for the entire route was acquired during 1967 and 1968.

A set of prints and a copy of the Environmental Impact Statement (Negative Declaration) is available for public review and copy at the North Carolina Department of Transportation - Division of Highways Division Office in Sylva, North Carolina.

Anyone desiring a location and design hearing be held may so request by Registered Letter to Mr. J. F. Warren, Division Engineer, Division of Highways, Department of Transportation, Sylva, North Carolina, 28779.

The request must be made no later than June 6, 1974.

J. F. Warren,
Division Engineer
N. C. Dept. of Transportation,
Division of Highways
P. O. Drawer 37,
Sylva, N. C. 28779
5/18/74

NOTICE

To whom it may concern. This is to state that I, Roy L. Snipes, will not be responsible for bills incurred by Venette Snipes, as of this date, May 23, 1974. I will not be responsible for bills charged to me by anyone else.

Roy L. Snipes
5-2-4tc

Flower GARDENING

By Mrs. S. R. Harrington

Little Items of Lively Interest About Folks and

How magnificent are the flowers of May! Azaleas and Rhododendrons lead the way. With Peonies, Phlox and Iris—oh so dear—And the colors of Sweet William bring cheer. There's Sweet Rocket and Oxalis blooming too, And many trees and shrubs flowering anew.

Green, green everywhere is like an emerald gown From the highest trees down to the grassy ground.

May holds so many, many wondrous from God's hand, And I give thanks for this green and flowered land.
—Neva Taylor Harrington

May brings golden hours, for the sun this month begins to feel like summer. It's an ideal time to enjoy flowers at our homes, to ride about and see the wild flowers in meadows, along roadsides, and in woodlands. Enjoy the flowers!

Gardening: FUCHSIAS are coming to the fore again, they are absolutely beautiful in every way. Give them a filtered shady place, protected from hard winds, and you have a flower that will capture your heart. Use them in hanging baskets, patio planters, or any place that you have will suit their cultured requirements.

The versatility and opulence of fuchsias will be a delightful change over many of the standard flowers grown. They are different, and they are exotic. Mrs. Engert Tinsley, 67 Carolina Ave., has the grandest collection. Why not drop by and see them?

Fuchsias bloom all summer—just covered with the exotic blooms. Then, before frost, if you'll carefully move them indoors to a northern window, you'll enjoy fuchsias all winter.

Some varieties I like are: "Brilliant", large flowered with scarlet sepals and an extra broad, violet purple bell-shaped corolla... "Lena", ideal for hanging baskets is pink and mauve... "Mrs. Popple", large flowers with carmine sepals and deep - violet corolla... Thompsoni, small flowers in great quantity, with ruby red sepals and rich violet-purple corolla... There is one that is all pink, so lovely, that I have been unable to secure the name.

As to culture of fuchsias: They must have well drained, good loamy soil in shade, whether grown in pots or outdoors, they will not thrive in wet, clay soil.

There are Hardy Fuchsias also, that may be planted outdoors in a protected, shady area, which will winter over. I have one that has been by my rock wall in a semi - shady

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Maybe the place you vacationed in a few years ago isn't what it used to be. Or maybe the island where you missed the restaurants is a gourmet's delight today.

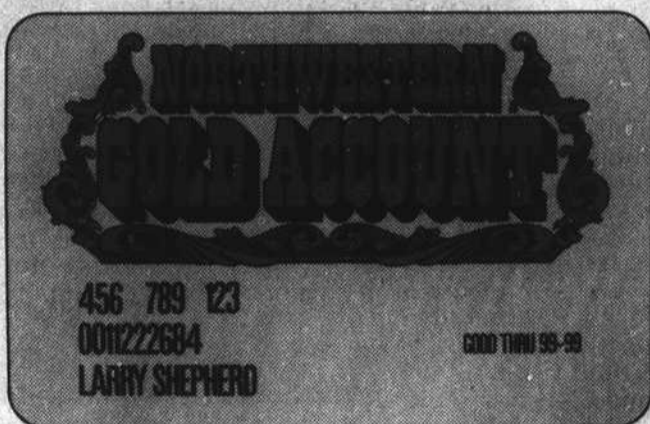
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