

For And About Women

Ann Hendricks Is Wed To John Ramsey Hallman

Miss Ann Harris Hendricks, daughter of Mr. and Mrs. Crockett Carl Hendricks of 428 Greenville Highway, and John Ramsey Hallman were married Saturday, Jan. 18, in Grace Methodist Church, Ruston, La.

The bridegroom is the son of Mrs. William H. Ludwig of Farmville, La. and Hopkins Hallman.

Rev. Leon Scott heard their vows at 3 p.m. Wedding music was by Hopkins Hallman, pianist and organist, of Dallas, Tex., brother of the bridegroom, and Joel Childress, guitarist, of Monroe, La.

A reception followed at the Holiday Inn.

Given in marriage by her father, the bride wore a dress of candlelight muslin with empire waistline, high collar and full sleeves, trimmed with lace. She wore a candlelight

shawl, a gift of the bridegroom, and a wide-brimmed hat, and carried a bouquet of white pompons, roses and daisies.

Miss Kathy Hendricks of Durham was her sister's maid of honor. Bridesmaids were Mrs. Ora Fife and Miss Mary Jon Hallman, of Monroe, La., sisters of the bridegroom; Miss Amy Hendricks, the bride's sister, was a junior bridesmaid.

William H. Ludwig served as his stepson's best man. Groomsmen and ushers were Thomas Fife and Robert E. Lee of Monroe, and Howard Gies and Thomas Fergliatera of Ruston.

After a trip to Arkansas, the newlyweds will live in Ruston, where the bridegroom is a senior at Louisiana Tech.

The bride graduated from Farmville High School and attended Louisiana Tech.



MRS. JOHN RAMSEY HALLMAN



MR. AND MRS. JAMES K. MILLS

Mr. And Mrs. James K. Mills Observe 40th Anniversary

Mr. and Mrs. James Kimzey Mills will celebrate their 40th wedding anniversary Sunday.

About 60 guests have been invited to a drop-in at the home of the Mills' only daughter and son-in-law, Mr. and Mrs. Paul Martin on the Hendersonville Highway,

between 3 and 5 p.m.

The Mills were married Jan. 24, 1935. Mrs. Mills, the former Miss Nadine Avery, is a native of Fort Valley, Ga., but has lived here most of her life. Mr. Mills is a Transylvania County native. He is employed by

Prepared Childbirth Program Set For Expectant Parents

A meeting of interest to expectant parents will be held Feb. 11 at 7 p.m. at the Transylvania Community Hospital.

Mrs. Lois Codington of Hendersonville, a registered nurse, will speak on the Lamaze method of prepared childbirth. She will also show a film, "The Story of Eric," which shows the actual birth of a child.

If there is enough interest locally, Mrs. Codington will set up Lamaze classes in Transylvania County.

The Lamaze method seeks to prepare the expectant parents to understand what happens during labor and birth and to participate actively in the process. It

teaches the expectant mother, with the assistance of the expectant father, to do as much as she can as long as she can.

The expectant father takes the course along with the expectant mother. They learn a series of exercises that help condition her body so that the muscles used during labor will be strong. They also learn a series of breathing techniques to help the mother through the labor process with a minimum of discomfort.

Dr. Robert Hawk, local obstetrician who invited Mrs. Codington to speak, likes the family participation in the birth of the baby. "It's the most beautiful way to have a baby," he said. "I strongly approve of men in the delivery room."

Go." Entries in the horticultural division are open to Council members and amateur gardeners. Mrs. Don Fultz is Horticulture Chairman.

The conservation exhibit in the show, "Operation Wildflower," is a bi-centennial project of the Garden Club of North Carolina, Inc. and consists of color slides of eight wildflowers which will be planted along the highways by the Division of Highways of N. C. Departments of Transportation.

Individual clubs throughout the state are responsible for collecting seeds of blackeyed susan, woody mullen, blazing star, obedience plant, butterfly weed, cardinal flower, ironweed, and purple aster, then drying them and labelling them for the Highway Department.

In addition to the Charlotte Council of Garden Clubs' standard flower show, the Piedmont Carolinas Orchid Society will hold its third orchid show at the Southern Living Show, and the Garden Club of South Carolina will sponsor a special exhibit of flower arrangements that interpret paintings.

The Southern Living Show is the largest family indoor-outdoor event in the Southeast. For fifteen years it has heralded the rebirth of spring for thousands of Southerners. Professionally landscaped gardens which include flower, vegetable gardening the latest products for interior decorating, home improvement and lawn and garden equipment allow visitors to take notes, compare and buy what's new on the market.

Charlotte Council Prepares Historical Flower Show

CHARLOTTE, On May 20, 1775, residents of Mecklenburg County drafted and sent to the Continental Congress a declaration of independence - one year before the Congress was ready to declare the American states free from England.

In recognition of the bi-centennial anniversary of the signing of the Mecklenburg Declaration of Independence, the Charlotte Council of Garden Clubs' 27th annual flower show next month will be a unique interpretation of the county's early history.

Titled "Queen Charlotte Salutes Mecklenburg 'Yesterday, Today and Tomorrow'", the standard flower show will be held as part of the Southern Living Show, Feb. 22 through March 2 at Charlotte's Merchandise Mart.

For eleven years, the flower show has been a major attraction in the Southern Living Show produced by Southeastern Shows, Inc.

The early Mecklenburg settlers, primarily Scot-Irish Presbyterians who came from Pennsylvania and Maryland seeking greater religious freedom.

"These men risked their lives and fortunes for freedom and it is they whom we salute with this show," Mrs. Norman Poore, flower show chairman, quoted from the show schedule.

Rather than titles for each artistic class, statements of

history have been given which capsule Mecklenburg pioneer life.

For instance, arrangements in one class, eligible for a Creativity Award, must express the statement, "The rugged, craggy terrain of Scotland hid much to engender within her sons a most austere, deeply moralistic, and intensely adventurous character."

Another class, also eligible for the Creativity Award, must show arrangements of fresh foliage that might have decorated one of the eight pre-Revolutionary churches of Mecklenburg.

Window box plantings will demonstrate that "A love of growing plants was brought with these people from Scotland" and settings for eighteenth century tables must show "Our ancestors took great pride in their homes and were anxious to share their gracious and sincere hospitality."

The sweeping lines of a new building in Charlotte will be depicted in the arrangements for the only "modern" statement in the artistic division, "The pioneer need for strength and bravery and desire for durability has served as inspiration for the planning of our many modern buildings today."

Junior gardeners will compete in three artistic classes titled "Yesterday - the Hornet's Nest", "Today - Mother Earth", and "Tomorrow - Space - Away We



BREVARD BPW club's Young Careerist Careerist; Emily Houts, Linda Gash and Linda Rumbley, contest finalists; and Mary Alice Cole, contest chairman. Pictured above, from left, are Priscilla Miller, club president; Brenda Frizzell, 1975 Young

Distaff Deeds Exchange Recipes With Holiday Greeting Card

By JAN CHRISTENSEN N. C. State University

Here is a unique way of exchanging recipes. Mrs. Lewis Allen, Reidsville, starts early each year collecting recipes she thinks her friends, far and near, will enjoy.

Then, she sends Christmas cards, not only extending holiday greetings, but including a special recipe.

Lydia Scott Withers, assistant home economics extension agent, Rockingham County, says that if you like the idea, now is the time to begin collecting recipes for Christmas 1975.

NEEDLEPOINT

There's no age limit on learning to do needlepoint. So six-year-old June Barker of Columbus County begged for a scrap of needlepoint canvas and some yarn so she could take up needlepoint alongside her mother and other members of the Extension Homemakers Club of Ta-

bor City.

June learned to do a border row and later on drew and stitched her own butterfly.

All the homemakers agree that June is about to "out-do" them, adds Mrs. Ann Hall, assistant home economics extension agent.

HELP SENIORS

Wayne County Market Sellers are helping senior citizens improve their nutrition.

Beginning Jan. 12, senior citizen participants will receive a hot well-balanced meal one day a week. The food will be prepared by the sellers on their regular market day and volunteers will deliver the plates. Cost will be nominal.

The program is designed to reach senior citizens who do not qualify for poverty programs, but for many reasons do not get well-balanced meals, explains Evelyn Raper, home economics extension agent.

Brenda Frizzell Named Young Careerist By BPW

An elementary school teacher has been named the 1975 Young Careerist by the Brevard Business and Professional Women's Club.

Mrs. Brenda Frizzell, who teaches fourth and fifth grade at Brevard Elementary School, was named first in the competition. She will compete with other local winners in the district competition.

Other finalists include Linda Hall Rumbley, a staff nurse at Transylvania Community Hospital, Linda Alice Gash, a teacher for the 4-C program with Region B Council; and Emily Smith Houts, a teacher at Straus Elementary School.

A graduate of Western Carolina University with a bachelor of arts degree in elementary education, Mrs. Frizzell is completing requirements for the master's degree at WCU. She has taught at the Brevard Elementary School for the past four years.

She is a member of the N. C. Education Association and the Transylvania County

Education Association. She is a member of the Pisgah Forest Baptist Church, where she teaches Sunday School, is Acteen director and youth director.

At WCU, she was on the Dean's List and was named to Who's Who.

Her hobbies include singing, camping and tennis.

A Brevard native, she is the daughter of Mr. and Mrs. William Austin, of Pisgah Forest.

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