

Getting Thin

is all right, if you are too fat, and all wrong, if too thin already. Fat, enough for your habit, is healthy; a little more, or less, is no great harm. Too fat, consult a doctor; too thin, persistently thin, no matter what cause, take Scott's Emulsion of Cod Liver Oil.



THE CAPN YEAR IMPROVEMENT.

It has been said in Fayetteville that Senator Fritchard is offended because the OBSERVER published Senator Butler's telegram of February 28th announcing the passage of the Senate amendment to the River and Harbor bill and did not publish his to the same effect.

Legislature, was passed on January 17th.

A telegram was received by the chairman of the Fayetteville committee on the 18th from Congressman Thomas asking for documents, and a letter dated the 18th was received on the 19th from Senator Butler, promising to present the matter to the Senate.

Death of Major John Wilder Cameron.

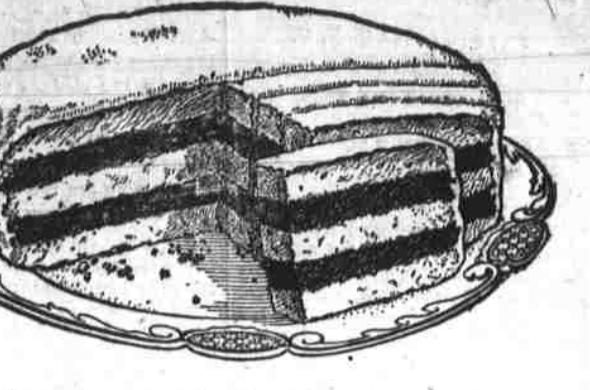
Old residents of this city will learn with sorrow of the death of Major John Wilder Cameron, which occurred in Baltimore last week. He was a son—the only son, we think—of the late Dr. Thomas N. Cameron, and was probably born in the house on Green street now owned and occupied by Mr. and Mrs. Hunter Smith, as that was for years Dr. Cameron's residence.

Y. M. C. A. CONVENTION.

Wilmington, N. C., March 21-24. All regular sessions will be held in the Association Auditorium. Rev. James A. Dorritie, of Charlotte, will have charge of the music.

Another West Point Victim.

A special to The (N. Y.) Press from Boston says: Another victim of hazing in West Point has come to light here through the resignation of Frederick Kessel as a cadet in the United States Military Academy. Kessel will return at once to his home, West Somerville, one of the suburbs of Boston.



At this season the housekeeper must look specially after the baking powder. As she cannot make good cake with bad eggs, no more can she make cake that is light, delicious and dainty with inferior baking powder.

The "Royal Baker and Pastry Cook" containing over 100 most practical and valuable cooking recipes—free to every patron. Send postal card with your full address.

ROYAL BAKING POWDER CO., 100 WILLIAM ST., NEW YORK.

THE CREED OF THE BELLS.

How sweet the chime of the Sabbath bells! Each one its creed in music tells, In tones that float upon the air, As soft as song, as pure as prayer, And I will put in simple rhyme The language of the golden chime. My happy heart with rapture swells Responsive to the bells, sweet bells.

Edward the Seventh's Blunder Exposed. By cable to the Observer. Topeka, Kan., March 16.—A letter received here today from Ambassador Choate contains the regrets of King Edward VII for the unfortunate wording of his message to the Kansas Legislature in which the word loyalty was used whereby several legislators took offense.

British and Russians—Russians Claim they have Gained their Point. By cable to the Observer. London, March 16.—A Pekin dispatch says the Russians have taken possession of the railway siding at Tien Tsin, about the possession of which there is serious dispute between the British and Russian military authorities.

Free to Inventors. The experience of C. A. Snow & Co. in obtaining more than 30,000 patents for inventors has enabled them to helpfully answer many questions relating to the protection of intellectual property.

Threatens Revolution. Madrid, March 14.—Disturbances in Catalonia, where the unruly textile strikers have been making demonstrations the past week, reached the acute stage today. The manufacturers telegraphed the Government for assistance stating that the strikers had raised the cry: "Success to Social Revolution."

Women are Like Flowers. Healthy and strong and bloom. Sticky, they wither and die. Every woman ought to look well and feel well. It's her right and duty, but she might as well try to put out a fire with oil as to be healthy and attractive with diseased, corroding the organs that make her woman. Upon their health depends her health. If there is inflammation or weakening of the system, it is better to have it treated at once than to suffer for months, or years, or even for life, before it is cured.

From Thursday's Daily. Beginning of the Congressional Contest. The taking of evidence in the contest of ex-Congressman John E. Fowler, for the seat in the next Congress, to which Congressman Charles R. Thomas was elected in November, began at the court house in this city this morning at 10 o'clock before Messrs. A. A. McKethan and John E. Garrett, Notaries Public. The court organized at 10 o'clock, and then adjourned until 2:30, when the taking of the testimony will begin.

From Friday's Daily. Ex-Congressman John E. Fowler, of Clinton, arrived here yesterday to look after his contest proceedings now going on before Messrs. McKethan and Garrett, Notaries Public. The hearing is being held in the Superior Court room. Mr. Fowler is acting as his own counsel, assisted by Messrs. A. S. Hall and Duncan Downing.

The first witness yesterday was U. S. Marshal H. B. Averitt. He testified that an attempt was made to intimidate him at the polls, but was subsequently forced to admit that he did not vote for Fowler. They began the negro testimony, and up to two o'clock to-day about twenty-five negroes had been put on the stand. They all swore that they voted for John E. Fowler for Congress. Many of them admitted that they could not read, but that they were handed tickets that

REDUCTION.

At a time when prices are all upward it affords the agent of the ETNA Insurance Co. great pleasure to announce a reduction of rates on CHURCHES, SCHOOL HOUSES, DWELLINGS, BARN, &c., in North Carolina.

Fire Brick For Sale.

I can now supply FIRE BRICK by car-load or less. E. A. POSE.

FORTUNES ASSURED.

for all by The Plan of the PATUCA PLANTATION COMPANY

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Lands—Patuca Valley, Honduras. Home Management, Liberal Terms. Strictly Co-operative. GRAND Combination of all known Colonization and Investment Plans. Better than any Savings Bank.

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FOR THE CURE OF ALL BRUISES, SWELLINGS, RHEUMATISM, GRAVEL, GOUT, AND ALL AFFECTIONS OF THE URINARY SYSTEM.

HAIR SALVAGE.

FOR THE CURE OF ALL AFFECTIONS OF THE HAIR, SUCH AS DANDRUFF, ITCHING, AND ALL AFFECTIONS OF THE SCALP.

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