

The Conquest of the Pole

By Dr. FREDERICK A. COOK

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(Continued From Last Week.)

STORMS now came up with such force and frequency that it was not safe to venture out in kayaks. A few walrus were captured from boats; then sea hunting was confined to the quest of seal through the young ice.

A similar quest was being followed at every village from Annotook to Cape York. But all sea activity would

Fading Sun Warns Explorer of Coming Long Arctic Winter—Preparing Sled and Boat

[FOURTH ARTICLE]

dreamers, nor was the project handicapped by the usual army of novices, for a white man at best must be regarded as an amateur compared with the expert efficiency of the Eskimo in his own environment. Our food supply contained only the prime factors of primitive nourishment. Special foods and laboratory concoctions did not fill an important space in our larder.



SCENE AT THE NORTH POLE, PHOTOGRAPHED BY DR. COOK.

Nor had we balloons, automobiles, motor sleds or other freak devices. We did, however, have an abundance of the best hickory, suitable metal and all the raw material for the sled and its accessories, which were henceforth to be linked with our destiny.

The sled was evolved as the result of careful study of local environment and of the anticipated ice surface northward. We did not copy the Me-Clintock sled, with its wide runners, which has been used by most explorers for fifty years. Nor did we abandon the old fashioned iron shoes for German silver strips.

What a Polar Sled Should Be. The conditions which a polar sled must meet are too complex to outline here. In a broad sense it seemed that the best qualities of the best wood Yukon sled could be combined with the local strength of the Eskimo craft, with tough hickory fiber and sealskin lashings to make elastic joints. With plenty of native ingenuity to foresee

and provide for the strain of adaptability and endurance, the possibilities of our sled factory were very good.

For dog harness the Eskimo pattern was adopted, but canine economy is such that when rations are reduced to workable limits the leather strips disappear as of their own accord. To overcome this disaster the shoulder straps were made of folds of strong canvas, while the traces were cut from cotton log line.

A boat is an important adjunct to every sledge expedition which hopes to venture far from its base of operation. It is a matter of necessity even when following the new coast line, as is shown by the mishap of Mylius Erickson, for if he had had a boat he would himself have returned to tell the story of the Danish expedition to east Greenland.

Need for a boat comes with the changed conditions of the advancing season. Things must be carried for

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several months for a chance use in the last stages of the return; but since food supplies are necessarily limited, delay is fatal. Therefore when open water prevents progress a boat becomes in the nature of a life preserver.

Foolish indeed is the explorer who ignores this detail of the problem. Transport of a boat, however, offers many serious objections. Natives introduced the kayak, and most explorers since have adopted the same device. The Eskimo canoe serves the purpose very well, but to carry it for three months without hopeless destruction requires an amount of energy which stunts the polar voyager with failure.

Selecting a Boat. Sectional boats, aluminum boats, skin boats and other devices have been tried, but all to there is the same fatal objection of impossible transportation. It seems rather odd that the ordinary folding canvas boat has not been presented into this service.

We found it to fit the situation exactly, selecting a twelve foot Eureka shaped boat with wooden frame. The slats, spreaders and floor pieces were utilized as parts of the sled. The canvas cover served as a floor cloth for our sleeping bags. Thus the boat did useful service for a hundred days and was never in evidence as a cumbersome device.

When at last the craft was spread and covered, in it we carried the sled, in it we camped, in it we sought game, the most of which took the place of exhausted supplies. Without it we, too, would not have returned.

Preparation of the staple food supply is of even greater importance than means of locomotion. To the success of a prolonged arctic enterprise in transit successive experience is bound to dictate a wise choice of equipment, but it does not often educate the stomach.

From the published accounts of arctic travelers it is impossible to select a satisfactory menu for future explorers, and I hasten to add that perhaps our experience will be equally unsatisfactory to subsequent visitors.

Nor is it safe to listen to scientific advice, for the stomach is the one organ of the body which stands as the autocat over every other human sense and passion and will not easily yield to foreign dictators.

The problem differs with every man. It differs with every expedition, and it is radically different with every nation. Thus when De Gerlach forsook Norwegian food for French stomachs he learned that there was a nationality in gastronomy.

Depending on Eskimo Food. In this respect, as in others, I was helped very much by the people who were to line up my forces. The Eskimo is ever hungry, but his taste is normal. Things of doubtful value in nutrition form no part in his dietary. Animal food, meat and fat, is entirely satisfactory as a steady diet without other adjuncts. His food requires neither salt nor sugar, nor is cooking a matter of necessity.

Quantity is important, but quality applies only to the relative proportion of fat. With this key to the gastronomic of our lockers, pemmican was selected as the staple food, which also served equally well for the dogs.

We had an ample supply of pemmican, made by Armoer, of pounded dried beef, sprinkled with a few raisins, some currants and a small quantity of sugar. This mixture was tumbled together with heated beef tallow and run into tin cans containing six pounds each.

This combination was invented by an American Indian. It has been used before as part of the long list of food-stuffs in arctic expeditions, but with us it was the whole bill of fare when away from game haunts.

Only a few palatable surprises were carried, and these will be indicated in the narrative of camp life. The entire winter and night were spent with busy hands, under direction of Eskimo and Caucasian ingenuity, in working out the clothing and camp comforts with which we could not invade the forbidden mystery of the polar basin.

Although we did not follow closely either the routes or methods of our predecessors, we are nevertheless doubly indebted to them, for their experience, including their failures, were our stepping stones to success.

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Read the pain formula on a box of Pink Pain Tablets. Then ask your Doctor if there is a better one. Pain means congestion—head, pressure, numbness. Dr. S. B. Pink's Pink Pain Tablets check blood, womanly pains anywhere. Try one, and see! 20 for 10c. Sold by B. E. Sedberry's Son.

You need not be troubled in any way with the stomach, if you will simply take a box of Pink Pain Tablets. You feel that you need it. Koldin is guaranteed to relieve you. If it fails your money will be refunded to you by the druggist from whom you purchased it. Try it today on this guarantee. Sold by Arnfield Drug Co.

LEGAL ADVERTISEMENTS

STATE OF NORTH CAROLINA, CUMBERLAND COUNTY—NO. 2914.

H. A. McPhail enters and claims 3 acres of land in Plea Hill township joining the lands of Simon Geddie and N. T. Allen on the south and west, and Beasley land on the north and east. Entered 1st day of Oct. 1909.

W. M. WALKER, Register of Deeds and Ex-O. Entry Taker.

LAND FOR SALE. Under a decree of the Superior Court of Cumberland county in the special proceeding entitled H. P. Davis, executor of Wm. Cade, vs. Mrs. Margaret Ervin and others, made 29th September, 1909, duly approved by His Honor C. C. Lyon, Judge, etc., the undersigned will offer for sale at the Court House door in Fayetteville, on Monday, November 1st, 1909, at 12 o'clock M., to the highest bidder, for cash, 255 acres of land, bounded as follows: Beginning at a stake among pointers on Wilmington road, east of Cape Fear River, and about one mile below the Clarendon Bridge, where Elias Gainer's upper line crosses said road, and running thence with said road N. 40° E. 15 chs. 50 lks. to a stake; thence following a new mark of line made for this allotment of dower S. 75° W. 63 chs. to Cape Fear River; thence down the various courses of the river 45 chs. to Cade's lower line on said river; thence N. 75° E. 58 chs. to Gainer's line; thence with his line N. 8° E. 23 chs. to a stone, his corner; thence N. 75° E. 5 chs. to be genuine. See special proceedings No. 555, Clerk's office.

This land is well known as the Wm. Cade land, and will be offered as a whole, and also in lots.

Sale subject to confirmation by the court. For further information call on the undersigned or his attorney.

H. P. DAVIS, Commissioner. C. W. Broadfoot, Attorney. Sept. 30, 1909.

NOTICE. Having this day duly qualified as Executor upon the estate of Mrs. Sarah Thomas, col. deceased, late of the County of Cumberland, notice is hereby given to all persons having claims against said estate to present the same to the undersigned, or her attorneys, duly verified, before the 1st day of October, 1910, or said notice will be pleaded in bar of recovery. All persons indebted to said estate will please make prompt settlement.

JENNIE THOMAS, Col. Exrx. of Sarah Thomas, Fayetteville, N. C. Oct. 21st, 1909.

H. M. Robinson & Terry Lyon, Attys.

MORTGAGEE'S SALE OF VALUABLE CITY PROPERTY. By virtue of a certain deed of mortgage made on Aug. 1st, 1906, by Rebecca A. Hodges to C. J. Cooper, Cashier, duly recorded in Book B no. 6, page 145 et. in the office of the Register of Deeds for Cumberland County, I will expose to sale to the highest bidder at public auction the following valuable residence property on Haymount, viz:

"In the Western suburbs of the City of Fayetteville and on the Southern side of the road which is a continuation of Hay Street, beginning at a stake in the Southern margin of said road and running S. 16° W. 32 feet to a stake; the East end of the dwelling house; thence with the house (parallel) about 20 inches from it, with Lilly's line, S. 16° W. 20 feet to a stake; thence West, with Lilly's line, 6 feet to a stake; thence S. 16° W. 295 feet to an alley; thence West 95 feet to the margin of another alley; thence, as said alley N. 16° E. 346 feet and six inches to said road; thence as said road East 35 feet to the beginning, containing about 2-10 of an acre, and known as the Jarrett, or Marsh, lot on Haymount and being the lot on which said Rebecca A. Hodges recently resided, adjoining the lot now owned by J. C. Bruton and opposite the Dr. T. D. High residence lot.

Place of sale: Court House door Fayetteville, N. C.

Time of Sale: Tuesday, October 6th, 1909 at 12 O'clock M.

Terms of Sale, cash.

C. J. Cooper, former Cashier, Trustee. H. M. Robinson Att'ys Fayetteville, N. C. Sept. 4th, 1909.

The above sale is continued until November 1st, at 12 o'clock M, at the Court House door.

ADMINISTRATOR'S NOTICE. Having qualified as administrator of William O. Boykin, deceased, this is to notify all persons having claims against the estate of said deceased to exhibit the same, duly verified, to the undersigned administrator within twelve months from date hereof, or this notice will be pleaded in bar of recovery.

All persons indebted to said estate will please make immediate settlement.

W. H. CARVER, Administrator. R. F. D. 7, Fayetteville, N. C. Q. K. NIMOCKS, Attorney. Sept. 4th, 1909.

NOTICE OF SALE OF LAND. Under and by virtue of a decree of the Superior Court of Cumberland county, made in a special proceeding therein pending entitled T. H. Stewart, administrator of Elisha Stewart, deceased, vs. Jos Stewart et al, the undersigned commissioner will on Saturday, November 20, 1909, at 12 o'clock noon, at the court house door in Fayetteville, North Carolina, offer for sale to the highest bidder, for cash, the following described tract or lot of land, situated in Cross Creek township, Cumberland county, bounded as follows:

Beginning at the center of Boundary street, at the corner of lot No. 1, thence S. 13° E. 210 feet, thence N. 39° E. 90 feet, thence N. 13° W. 210 feet, to the center of Boundary street thence with Boundary street to the beginning—being the same lot conveyed by John W. Lott to Elisha Stewart by deed dated September 21, 1872, recorded in Book B no. 4 page 553, in the office of Register of Deeds of Cumberland County. This October 20, 1909. Q. K. NIMOCKS, Commissioner.

STATE OF NORTH CAROLINA, Cumberland County. No. 2913.

J. A. Keith claims two acres of land in Little River Township joining the lands of the original Morrison surveys, and perhaps others, on both sides of Lower Little River. Entered 25th day of September, 1909.

W. M. WALKER, Register of Deeds, and Ex-O. Entry Taker. Per F. R. Hall, Deputy.

STATE OF NORTH CAROLINA, Cumberland County—No. 2910.

John M. McMillan enters and claims fifty acres of land in Little River township on the north side of Lower Little River, bounded on the north and east by the Owen Priest land and on the south and west by Duncan J. Smith. Entered 10th day of Aug. 1909.

W. M. WALKER, Register of Deeds and Ex-O. Entry Taker.

SERVICE BY PUBLICATION. North Carolina, Cumberland County—In the Superior Court. James F. Elliott vs. Lizzie Elliott—Notice.

The defendant above named will take notice that an action entitled as above has been commenced in the Superior Court of Cumberland county by the plaintiff against the defendant for the purpose of obtaining an absolute divorce, the defendant being a necessary party to said action; and said defendant will further take notice that she is required to appear at the term of the Superior Court of said county to be held during the week beginning Monday, January 17, 1910, and answer or demur to the complaint directed to the undersigned for the purpose of the court for the relief demanded in said complaint.

A. A. MCKETHAN, Clerk Superior Court. This 28th day of Oct. 1909.

NOTICE OF EXECUTION SALE. North Carolina, Cumberland County—In Superior Court. Morris B. Bear & Bro. vs. H. K. Bule. By virtue of a judgment directed to the undersigned from the Superior Court of Cumberland County, in the above entitled action, I will, on Monday the 1st day of November, 1909, at the hour of 1 o'clock P. M., at the court house door for cash, sell to the highest bidder for cash, to satisfy said judgment all the right, title and interest which the said H. K. Bule, the defendant, had at the time of the docketing of the judgment rendered in the above entitled action in the following described real estate in Carter's Creek Township, Cumberland county, North Carolina, to-wit:

First Tract. Beginning at a gum stump near a spring in H. K. Bule's line, a corner, running thence N. 62° E. 30 chains to a stake in said Bule's line; thence S. 62° E. 20 chains to stake in Rose Hill field, two pine poles, thence S. 62° W. 40 chains to Cross Creek, thence up said creek to the mouth of Spring Branch; thence up said branch to the beginning, containing 65 acres, more or less, and being the same land described in a deed from H. K. Bule and wife to Martha Darrin, recorded in book "W. No. (6), at page (17), which deed was executed subsequent to the rendition and docketing of the judgment under which this execution sale is conducted.

Second Tract. Beginning a stake in H. K. Bule's line, 30 chs. from his gum stump Spring Branch corner, running thence N. 62° E. 40 chs. to a stake, a road called "New Road," thence S. 30° W. 24 chs. and 50 lks. to a cypress tree, thence N. 62° E. 2nd corner, thence with H. K. Bule's line S. 62° E. 40 chs. to a stake in same corner 17 chs. and 75 lks. to a stake, thence N. 29° E. 29 chs. and 38 lks. to beginning, containing 108 acres, more or less and being same land described in a deed from H. K. Bule and wife to Sarah M. Bule and recorded in Book W 2, page 175.

Third Tract. Beginning at a stake, H. K. Bule's line and running from thence 25 E. 12 1/2 chs. to H. K. Bule's corner, thence N. 76° W. 12 1/2 chs. to a stake, thence N. 35° E. 17 chs. to a stake, thence with said Marian E. Bule's line S. 60° W. 22 1/2 chs. to a stake (thence S. 22° E. about 17 1/2 chs. to a stake, thence S. 43° W. 20 chs. to the beginning, containing 110 acres, and being same land as described in deed from H. K. Bule and wife to John L. Bule and recorded in Book W 4 at page 178.

Fourth Tract. Beginning at the third corner of Marian E. Bule, and running from thence S. 60° W. 17 chs. and 75 lks. to a stake in said Bule's line, thence about 15 E. about 20 chs. and 82 lks. more or less to H. K. Bule's corner near the head of a bottom, thence N. 67° E. 22 chs. and 28 lks. more or less to Marian E. Bule's fourth corner, thence with said Marian E. Bule's line S. 60° W. 22 1/2 chs. to beginning, containing 48 acres, more or less, and being same land described in a deed from H. K. Bule and wife to Mar. B. Lockett recorded in Book W 4 at page 178.

The above lands are the remainder of what are known as the "Rose Hill Lands" after the allotment to said H. K. Bule of his homestead. See Book O-8, page 377.

This 27th day of September, A. D. 1909.

N. A. WATSON, Sheriff Cumberland County.

ADMINISTRATRIX NOTICE. Having qualified as administratrix of James W. Mitchell, deceased, late of Cumberland county, North Carolina, this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned administratrix within twelve months from date hereof, or this notice will be pleaded in bar of recovery.

All persons indebted to said estate will please make immediate payment.

This 17th day of September, 1909. LIZZIE C. MITCHELL, Administratrix. Jno. W. Bolton, Att'y. R. D. 1, Fayetteville, N. C.

Wheat requires a fertilizer that contains ammonia in different forms; some slow, some active, to provide gradual and continual food to the plant from start to maturity.

There is one fertilizer that does this—one that is Nature's own provision for wheat crop—one which contains ingredients that the chemists have never been able to put into fertilizer. It is genuine old

Peruvian Guano

Old farmers of Virginia and the Carolina's recall the splendid crop grown with Peruvian Guano years ago. No fertilizer discovered has ever equaled it for producing enormous yields.

Your land probably needs just such a soil improver. Order one or two tons and compare the results with those from any commercial fertilizer. Write for prices, and full information. Agencies still open in some localities.

Peruvian Guano Corporation, Richmond, Va. Charleston, S. C.

Whiskey for the Sick Room should be selected with the greatest care, as much depends upon its rich, nutritious properties and absolute purity. You can always rely upon

Sunny Brook THE PURE FOOD Whiskey

answering every requirement. It is distilled, aged and bottled with special care and for the express purpose of being used as a healthful stimulant or tonic in the home. SUNNY BROOK Distilled in Bond is U. S. Government standard (100%) proof and every bottle bears the "Green Government Stamp" showing the correct age and quantity. Insist on getting the genuine, except no substitute.

SUNNY BROOK DISTILLERY CO., Jefferson Co., Ky.

4 FULL QUARTS—\$5 BY EXPRESS PREPAID

SEND YOUR ORDER TO H. CLARK & SONS, Inc., 1205 E. Main Street, Richmond, Va. LAZARUS-GOODMAN CO., Roanoke, Va.

SHIPPED IN PLAIN BOXES. SEND REMITTANCE WITH YOUR ORDER. NO GOODS SHIPPED C. O. D.

SCHOOL BOOKS! AND ALL SCHOOL SUPPLIES AT

The New Book Store Company, Opposite Post Office, Fayetteville, N. C.

3 Carloads—84 Head MULES AND HORSES.

OUR MR. BEVILL HAS JUST RETURNED FROM THE WESTERN MARKETS, WHERE HE BOUGHT 84 HEAD OF MULES AND HORSES. WE HAVE ANY KIND OF HORSE YOU MAY WANT—HIGH-CLASS PACERS AND TROTTERS AND GOOD BUSINESS, FARM AND FAMILY HORSES, SINGLE OR DOUBLE, AS WELL AS SEVERAL EXTRA-NICE SADDLE HORSES AND PAIRS OF HARNESS. WE ALSO HAVE ANY SIZE MULE, FROM THE HEAVY LOG MULE TO THE SMALLER COTTON AND FARM MULES. EACH AND EVERY ONE GUARANTEED TO BE EXACTLY AS REPRESENTED BY US.

Buggies, Wagons, Harness, Robes, Etc.

AND THE WELL-KNOWN BARCOCK BUGGIES AND HACKNEY BUGGIES, AND ALSO HAVE ON HAND AT ALL TIMES A COMPLETE LINE OF THE MEDIUM AND CHEAPER GRADES; HARNESS, ROBES, ETC. TO GO WITH THEM.

WE KEEP ALL SIZES OF WAGONS—BOTH ONE AND TWO HORSE—ON HAND AND CAN FURNISH YOU WITH ANY KIND YOU MAY WANT, OUT OF STOCK.

We Pay the Highest Market Prices For Cotton. IF YOU NEED ANYTHING IN OUR LINE CALL AND SEE US.

BEVILL & VANSTORY, FAYETTEVILLE, N. C.

CLARK'S WHISKY'S Inside of 12 Hours

Whisky delivered to your door in 12 hours after your order is received. It is guaranteed to be of the highest quality and to be exactly as represented by us.

If you wish to order 12 bottles of our whisky, you may do so by sending us a check for \$12.00, or by sending us a check for \$12.00, or by sending us a check for \$12.00.

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SALE UNDER MORTGAGE. By virtue of a certain mortgage deed made by Isaac Smith and wife to Henry E. Smith, duly recorded in Book W No. 3, page 24, in the office of the Register of Deeds of Cumberland County, which mortgage was afterwards transferred to me, I will expose to the highest bidder at public auction the following real estate:

Beginning on the East side of the Cape Fear River and East side of Lockett's Creek, at a stake said Smith's corner, and runs North 73° East 1/2 chains to a stake near the edge of a road; thence South 22° East 1/2 chains 75 links to a stake, thence South 13° West 4 chains 26 links to a stake; thence North 12° West 25 links; thence North 43° West 4 chains; thence North 30° East 3 chains; thence North 78° West 1-3 chains; thence North 3-4 chains back to the beginning, containing 10-14 acres. It adjoins the lands of Jonathan Evans, James Robinson and others, and is a part of the land sold to John Parker by Jonathan Evans and M. B. Baker, and afterwards sold by them to J. A. Thornton and by Thornton to said Isaac Smith.

Place of Sale: Court House in Fayetteville, N. C.

Time of Sale: Monday, December 6, 1909, at 12 o'clock Noon.

Terms of Sale: Cash. JAMES EVANS, Transferor of Mortgage. E. R. MACKETHAN, Att'y. October 26, 1909.

STOCK IMPOUNDED. R. W. Fillyaw, of Seventy-First Township, Cumberland County, appears before me, W. M. Walker, Register of Deeds, this day and strays the following stock which was impounded on said October 20th at his home in said Seventy-First township, 8 1/2 miles west of Fayetteville, as follows:

One sow and six shoats, all colored; sow large, about 10 weeks old. No ear marks.

This Oct. 16th, 1909. W. M. WALKER, Register. F. R. HALL, Deputy.

NOTICE OF LAND SALE. State of North Carolina, Cumberland County.

Under and by virtue of an order of the Superior Court of Cumberland County, North Carolina, made in a Special Proceeding entitled "David G. Blue vs. Erwin W. White, Kelly B. White, Colin L. White, Lizzie A. White, Mary E. White, Lawrence White, Marie Irene Porter, Beulah May Porter and Pearl Stamps Porter," the undersigned