

The French Broad Hustler
HENDERSONVILLE, N. C.

**Happenings
In Town.**

Miss Lorraine arrived Tuesday to visit Miss Blowers.

Mr. R. D. Blowers and daughter have arrived for the summer.

July 19 Mrs. Stradley will give a dance for the young people.

Mr. H. Ouida Tyler from Richmond, Va., is here for a few weeks.

W. F. Wearn of Newberry, S. C., is spending a week at the Hotel Gates.

Miss Annie Farmer, of Washington, D. C., is visiting her aunt, Mrs. Ripley.

Mrs. Taylor of Jacksonville, Fla., has arrived for the summer with her mother Mrs. Witmarth.

Misses Bates and Jennie Bryan, of Georgetown, are visiting Miss Julia Breeding.

Mr. and Mrs. J. L. Wirt of Bartow, Florida are the guests of Mrs. F. S. Thomas.

Mr. and Mrs. C. S. Mathewson, of Atlanta, are spending the summer in Hendersonville.

J. B. Seawell, of the Purity Laundry, who has been indisposed for several days, is reported much better.

W. B. Brawley, of Mooresville, N. C., is here visiting his brother, the genial clerk of the Blue Ridge Inn.

Miss Ella Duckett, of Raleigh, has accepted a position as stenographer in Smith & Waldrops real estate office.

The Misses Grace, Janie and Lula Patterson, of Concord, N. C., are visiting at the home of Prof. F. P. Rockett.

Mr. and Mrs. Lacey Garrett, who were married at Greenville, last Sunday, are at home at the Mountain City Inn.

Gullick & McCarson, both well known citizens of our city, are now prepared to do first-class carriage painting and repairing.

Mr. and Mrs. H. W. Fry and Miss Freeman of Asheville spent Sunday in the city visiting Mrs. Freeman and her sister on Washington St.

Mrs. R. A. Moody, of Birmingham, Ala., has joined her husband here. Mr. and Mrs. Moody will probably become permanent residents of Hendersonville.

Carl Metz, of Charleston, will furnish the music for Hotel Wheeler, this summer. The orchestra will consist of four pieces, clarinet, cornet, piano and violin.

The Rev. C. King will preach the 4th Sunday in July at Beula church half after eleven o'clock, also at the King school house on Mud Creek at early candle light. Everybody invited.

There will be a concert at the Flat Rock Graded school building next Tuesday night. This concert is for a worthy cause and the Flat Rock people would appreciate a large attendance from Hendersonville and elsewhere.

Mrs. W. R. Hardee of Indian River, Florida, is the guest of Mrs. F. S. Thomas. Mrs. Hardee, who was here two years ago, will be remembered by many of the Hendersonville people as a singer of rare ability and was heard here several times in public.

Dr. V. D. Hunter, of Hardingsburg, Ky., and one of the best known osteopaths in the South, is at the Blue Ridge Inn. Dr. Hunter expects to make Hendersonville his permanent home, and is much impressed with this beautiful city.

There are about 75 guests now at the Hotel Wheeler. Mr. Sam Wheeler has started work on building a wall around the spring in the hotel grounds and will have many rustic seats and benches there. This will add still more to the attractiveness of the already beautiful grounds surrounding this popular hotel.

REAL ESTATE WANTED If you own a tract of land, about 40 acres, either improved or unimproved, which is for sale at the right price, call at this office and give particulars. Must be not over four miles from town, and have a good building site in it. Will pay cash.

There will be base ball this year on the grounds at Laurel Park, between a nine organized in Hendersonville, and one in either Asheville or Brevard. Admission will be 25 cents, and it is proposed to put up an article of the national game that will guarantee a good attendance during the four weeks' season.

The property owners on Academy street have agreed to bear the expense of placing hundreds of loads of gravel on that street, from Main to the Auditorium site. The work will be done under the supervision of Street Commissioner John Orr, which means that it will be done right. This will give a good road, at all times, to the auditorium.

There will be a moving picture show with lecture, at the Opera House, Friday, July 13th. Pictures will be of the San Francisco disaster.

W. H. M. Kinch one of the Hustler's old standbys, and Miss Emma Clark, of Arden were happily married last Sunday night at 8 o'clock in the Episcopal church. This was a very quiet affair, only a few friends being present, and but few people knew anything about it. Mr. and Mrs. Kinch will make their home in Hendersonville. May they live long and happily together is the wishes of the entire community.

At the Methodist church last Sunday morning, Dr. Litaker, the pastor, preached a sermon of extraordinary beauty and spiritual power on "The mission of Christ to sub-conscious soul or inner life." Dr. Litaker is a scholar in psychological studies, having taken an extended post graduate course some years ago, there by securing the degree Doctor of Psychology.

W. P. Fletcher, who served in Company E, Sixth N. C. Cavalry died Tuesday, July 10th, and was buried on the 11th, at the home burying ground at Blyntyre. Mr. Fletcher was about 65 years of age, and no more fitting epitaph may be written for him than that "he was a good Confederate soldier." He served the cause he loved faithfully and well, and has gone to join his comrades on the other shore, those men who knew no fear, who devoted themselves to a cause which prompted them to deeds of daring which are unparalleled in the history of wars, and it is sufficient to say here that W. P. Fletcher "was a good Confederate soldier."

The Hotel Gates Ball.

The Hotel Gates was a blaze of lights last Tuesday night, the lobby and big verandas were crowded with guests, and Prof. Belden's fine orchestra was at its best. The occasion was the opening ball of the big hotel. Many out-of-town people were present, from Washington, Charleston, Greenville, Jacksonville, and other cities. The great lobby was prettily decorated and here the receiving line stood. Mr. and Mrs. A. A. Gates, Miss Lula Gates, Hon. and Mrs. M. F. Ansel, Mr. and Mrs. Thos. Arnold, Mrs. Frank Hammond, Mrs. Geo. Buckahan, Mrs. Browning, Miss Ethel Mills, Miss Ethel Mahon, and Miss Frances McCullough. The grand march was formed at ten o'clock, and dancing was enjoyed until a late hour. Supper was served at midnight, and the guests were slow to leave, and expressed their appreciation of the charming hospitality of Mr. and Mrs. A. A. Gates.

Teachers Association.

Col. Pickens delivered an instructive lecture on school law, and A. Cannon esq., talked on Agriculture, before the teachers at the Court House.

The Board of Education offers a prize of \$20 cash to the teacher of any white school securing the best daily attendance of the students during the school term, and \$5 to the teacher of the best colored school.

Rev. G. S. Jones offers a \$10 library of good books to the school showing the next best attendance.

Col. Pickens and other citizens, offers three prizes of \$7, \$4 and \$2, for the next best schools.

Education is making giant strides in Henderson County, and it is Supt. McD. Ray's ambition to make Henderson county the banner county of the state.

Death of J. J. Osborne.

To the Watt Bryson Camp of U. C. V. Your memorial committee are again called upon to note the crossing of the cold stream of death by another comrade.

J. J. Osborne, esq., well known to us for many years, died at his home on Mills River, in Henderson County, N. C., June 28, 1906, after great suffering, during his last illness, of about seven weeks.

Comrade Osborne was a member of Co. "I," 16th N. C. Regt., and was faithful to the cause he had espoused, a cause he then believed, and all now know, was just, and of which record he was never ashamed, but was ready to vindicate and commemorate at all times and places: too brave to go back on his record in the sixties, yet too honest with self, to rely solely upon that record as a passport to Eternity.

Comrade Osborne, about 18 years ago, took an active part in the organization of our County Confederate Veterans Association, the annual meetings of which have given to all our people so much pleasure, and in those meetings none were more interested than Jas. J. Osborne.

He lived all his life of about 66 years among the people of Henderson county, and died near the place of his birth, much loved and respected by his neighbors.

By his death we are again reminded that a few days hence and the places that now know us will know us no more, and the Confederate Veteran ranks, now being so rapidly thinned, will never again be filled. Your committee recommend that this report be spread upon the minutes, a copy sent to Mrs. Osborne and published in the Hendersonville papers. S. V. PICKENS, Chairman Committee.

July 6, 1906.
The Watt Bryson Camp U. C. V., held its regular meeting on Saturday, July 7th, 1906.
The commander and seven members

were present when the following proceedings were had.

The memorial committee by the chairman reported the death of Comrade J. J. Osborne, report approved.

Also the death of Comrade John Anders, report recommended for additional facts.

Resolution by A. Cannon, to-wit:
Resolved that each member of this Camp be required to write a short biography of his life for the benefit and use of this Camp. Adopted.

The Camp then proceeded to the election of officers, which resulted in the selection of J. M. Shepherd commander, W. G. Gullick, Agt., after which the camp adjourned. W. G. GULLICK, Agt.

Resolutions of Sympathy.

Hendersonville Council No. 164 Jr. O. U. A. M., wishing to demonstrate to a bereaved brother that we share the sorrow of the brother, not knowing how soon some of us will be bereaved of dear ones, therefore be it Resolved:

That, Hendersonville Council No. 164 Jr. O. U. A. M., in session, extend to brother J. P. Case and family our most sincere sympathy in their trying hour of bereavement, asking them to look to God the Great Physician of souls for comfort. And, be it further Resolved:

That, a copy of these resolutions be spread upon our minute book, one to the bereaved family and one to each of our county papers for publication.

Respectfully submitted,

W. T. DEAKE,
S. J. BLYTHE,
F. E. ALLISON,
Committee.

Senatorial Convention

A convention of the democratic party of the 33rd Senatorial District will be held in the town of Rutherfordton at 11:00 a.m. on Monday, July 16, 1906, for the purpose of nominating two candidates for State Senator; to elect an Executive Committee, and transact such other business as may be brought before it.

The district is composed of the counties of Cleveland, Rutherford, Polk and Henderson.

Let each of these be fully represented in said convention by duly accredited delegates. Respectfully,
M. L. SHIPMAN, Chairman.
M. K. LYNCH, Secretary.

Preferred Locals.

Good Country Board 11-2 miles from railroad station. Good livery. Apply to James H. Ladson, Horse Shoe, N. C.

FOR SALE—Three second hand ice boxes. Hotel Gates.

Summer Board at reasonable rates. Pleasant surroundings. Two miles from city. At R. R. station. Good table. Apply Mrs. W. H. Spence, Balfour, N. C.

WANTED, at once, a good washerwoman to come three days in the week. Washing to be done on the place. Apply to Miss Betty Miles, one mile from town, on Flat Rock road

FOR first class dental work, go to Allen, the Dentist, opposite Opera House.

FOR SALE—Some fine locust logs Apply to H. C. Perkins, 33 S. Main St.

Remember Allen the Dentist guarantees all work to give satisfaction.

FOR SALE—At a bargain, one square piano. Excellent tone, celebrated "Steiff" make. Price \$100.00. Apply Mrs. A. A. Gates, at the Hotel Gates.

Parties looking for the Hendersonville Post Office will find it directly under WALLACES DENTAL OFFICE.

TYPEWRITERS: Special inducements in the Oliver, Williams, and Pittsburg, three choice makes, visible. D. M. LITAKER.

Parties either in city or country desiring boarders may keep their rooms filled throughout the season by placing their houses, giving location and rates of board, with W. C. Jordan, of Ray & Jordan, opposite court house.

A fine deck of cards free with one dozen of the famous B. B. Collars, at Wilson Mercantile Co.

2, 3, and 5 gallon milk cans, the best made, at Wilson Mercantile Co. Dairyman, call and examine them.

NOTICE—For high grade candies of all kind and fine fruits, nuts, crackers and chewing gums, go to J. J. Strong's new store, next door to Hunter's drug store.

If you want a cook, nurse or housemaid call on W. C. Jordan, at office of Ray and Jordan, opposite court house. may 9-3mo.

WANTED—A man of experience in school work wishes to have a few pupils to coach during the summer. Apply to Jno. C. Daniel at Jones College.

**Opera House, Friday,
July 13.
San Francisco
Disaster,
With Lecture and
Moving Pictures.
Admission, 15 and 25c**

DRINK WHEN YOU EAT

TAKE AS MUCH WATER AS YOU WANT WITH YOUR MEALS.

It is Excellent For the Digestion, It is Claimed, as Neither Gastric Juice Nor Pepsin Work Properly Unless Largely Diluted With Water.

How much water should we drink and when should we drink it are questions so simple that at first sight their discussion seems superfluous. One would naturally answer, "Drink all the water you wish when you are thirsty," but authorities say, "Drink more than you wish when you are not thirsty," for they recommend that a gallon or so be drunk between meals, which is more water than we need and the very time the system least demands it. Usually we experience thirst during or directly after eating.

Inasmuch as 87 per cent of the whole body is water, which is, of course, being used up every moment, there is no question that we should drink of this element copiously, but it is a serious question whether we should refrain from water at meals—the time we particularly desire it.

There is a class of persons, ever growing more numerous, that believes that whatever is wrong. For the natural and simple they would substitute the artificial and complicated. To drink water while or directly after eating is a natural instinct. Give a dog his dinner, putting a bowl of water near it, and observe that he will first eat all he can and then immediately drink. Wild animals look for a stream after feeding. Cage birds will stop pecking at seed to peck at water. Children have a perpetual thirst, and I have seen babies that, unlike young Oliver, have refused to eat more when denied water after every few mouthfuls.

It is especially important that babies be given what water they wish and at the time they wish it, which is usually at table.

The thinner food is the more easily and thoroughly is it digested; in fact, it cannot be digested until it has been made liquid by the gastric and intestinal juices. Indigestion is caused often by food that has not been sufficiently moistened by the digestive secretions.

There are sound physiological reasons for our craving water with meals. Water is the solvent that constitutes 95 per cent of the gastric juice. Now, when one eats a hearty meal and does not drink, the amount of water in the stomach is not sufficient thoroughly to moisten the great quantity of food, and this makes digestion difficult. On the other hand, when enough water is ingested with the food—the latter is well moistened and broken up, the digestible particles being then readily acted on by the gastric juice and afterward absorbed. Again, when the partially digested food (chyme) passes into the intestines it is most important that it be very moist, particularly as water is constantly absorbed from the chyle in the large intestine. Bad cases of constipation are caused by dry chyle remaining in the intestines, where it sets up an inflammation that sometimes proves fatal, dry faeces, of course, resisting peristaltic action. The excrement of persons suffering from constipation is always dry and hard and is a potent cause of appendicitis.

The idea that water drinking at meals unduly dilutes the gastric juice is nonsensical, water being not so palatable that one is apt to drink more than his digestive functions require. As a matter of fact water generally facilitates the digestion of albuminous substances. In this connection Dr. A. Jacob in his work on "Infant Diet," page 67, says:

"In experiments upon digestion of albumen with gastric juice obtained from the stomach of animals it was noticed that after a certain time the process began to slacken, but was renewed merely by the addition of water. The gastric juice became saturated with the substance it had dissolved and ceased to act upon what remained until it had been diluted. In the living stomach this dilution is of even greater importance, for it permits of the immediate absorption of the substances soluble in water and which do not require the specific action of the gastric juice." Neither the gastric juice nor pepsin has any true digestive action unless they be largely diluted with water.

It goes without saying that it is not the food that is ingested, but that which is digested, that does good, and this principle holds good with water, which is practically a food. Now, when one resists the perfectly natural desire to drink while eating he may be not thirsty several hours afterward, but he is advised nevertheless to force himself to drink at that time. But if he drinks then, the water, having no food to mix with it, will go through him, as it were—that is, it will do no good.

The importance of water to the human economy may be inferred from the various purposes it subserves. First, it softens and dissolves solid foods, thus facilitating their mastication and digestion; second, it maintains a due bulk of blood and the structures of the body; third, it keeps substances in solution or suspension while moving in the body; fourth, it supplies elements in the body's chemical changes; fifth, it makes easy the elimination of waste material; sixth, it discharges superfluous heat by transpiration through the skin and by emission through other outlets, and, seventh, it supplies in a convenient form heat to or abstracts heat from the body. Some of these functions are performed by water in its liquid state and others in a state of vapor.

Have you indigestion? Try water instead of drugs with your food.—G. Elliot Flint in New York World.

**A New Lot of
Bright New Ribbons
Just Received**

The wide and lavish use of ribbons has kept the looms more than busy this year, so that it has been no small task to get the most-wanted kind

**We have also just gotten in a beautiful line of
Figured
LAWNS
5 to 50c. a yard
Hendersonville Mercantile Co.
Toms Block**

Asheville's Best Dry Goods Store

Bon Marche

Dry Goods of Quality

When you want to select something nice in the way of Dry Goods remember that the **Bon Marche** in Asheville has a line that is unequalled for superior quality Goods. Prices always right.

Telephone and sample orders will be filled immediately and given the best of attention. Try us once and see.

Standard patterns are the best

MAIL ORDERS GO PROMPTLY, REMEMBER.

Wool Dress Goods and Silks

Of these we show a superb stock, ranging between 50c and \$1.75, with the big concentration of grades from 65c to \$1.25. Wide fabrics sell best this season—42 in. to 56 in. in wool goods and 27 in. to 36 in. silks.

FINE COTTONS and LINENS, both in white goods and colors, are having a well deserved popularity as they combine fine appearance with great durability while inexpensive.

Staple Dry Goods, Housekeeping Goods, Smallwares, Underwear, Hosiery, and Gloves, Embroideries and Laces, Ribbons, Neckwear, Handkerchiefs, Corsets and Buterick Patterns.

Ladies' Suits, Skirts and Coats

Very attractive styles at reasonable prices. Suits from \$3.95 to \$28. Skirts, \$1.95 to \$10. Spring Coats, \$3.50 to \$12.50. Our stock of Embroideries, White Waists (from 65c to \$2.90) shows great value.

Men's and Boys' Suits and Furnishings

A big stock of big values from low priced goods on up to very fine grades—\$28.00 in men's suits

Fine Shoes of all kinds. Hats and Caps. Trunks and Bags. Mattings and Rugs up to 9x12 Axminster Rugs at \$23.75.

H. REDWOOD & CO., Asheville, N. C.

CHEER UP!

There is something doing at our house.



Stop and Consider: People are paying from \$20 to \$100 for a Graphophone. With us you get \$20 worth of merchandise, which is always the best in quality and lowest in price, and a **BUSY BEE TALKING MACHINE Free.**

Busy Bee Gold Mounted Records **FREE** with each addition \$5 in trade. **Ask for Coupons.**

**Stanton Bros.
General Merchandise
Hendersonville, N. C.**

Hustler, Printing