

FRECKLES


Tivesumex
 4.B. RICHARDS MEDICINE CO.. Sherman. Texas



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$\square$ Ie your fath in iod is stronger for s necessary to the fullness of your
anith in Go. It will make the music
of your life more firm and solid. of your lif
Philitips Bro

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## DOUGHNUTS and CRULLERS

From the New Royal Cook Book

| $\mathrm{D}^{\text {OUGHNUTS }}$ the doughboy happy |  |  |
| :---: | :---: | :---: |
| during the war and no won- |  | ${ }^{3}$ Staspong |
| der. There is nothing more wholesome and delightul |  | Seatergs untir ery light, ndd |
| than doughnuts or crullers |  | Shartenfi add mik, and four |
| rightly made. Their rich, |  | been sifted togethers mitr melil |
| goiden color and appetizing aroma will create an appe- |  |  |
| aroma will create an appe- tite quicker than anything else |  |  |
| else in the world. |  | Crull |
| Here are the famous doughnut and cruller recipes from the New Royal Cook |  | 4 tablespoons shortening |
|  |  | 2 eggs 3 cups flour |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  | Toter |
|  |  |  |
| and well-beaten egg; stir in <br> milk, add nutmeg, salt, flour and |  |  |
|  |  | t |
| sifted together and enough ad- ditional flour to make dough stiff |  | in |
|  |  | Fry in deep hot fat. Dr |
|  |  | FREE |
| bread in 60 seconds. Drain on |  | Now Roval Coik Eoak |
|  |  |  |
| Afternoon Tea Doughnuts2 2 ggs |  | Write for it To |
|  |  | Sew Yort ont |

"Bake with Royal and be Sure"


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[^0]:    Lomen oftive teor sopis

[^1]:    will do more than many words to convince you of the goodness of this wheat and barley food.
    But it's worth saying that Grape Nuts contains all the nutriment of the grains, is ready to eat, requires no sugar and there's no waste.

    Grape-Nuts is a Builder
    O. KODAKS \& SUPPLIES
     EVERYTHING FOR THE POULTRYMAN

    HOW TQ Wink inity
    
    FREGLES Patyataveratig

