

OPENING CAFE AT CHIMNEY ROCK

Mr. M. C. Phillips is opening a cafe on state highway facing Chimney Rock, where he will serve hot lunches, cold drinks, ice cream, cigars, cigarettes and candies. Every thing refreshing. Good mountain water. The people know Mr. Phillips at Forest City. Every body is invited to visit Mr. Phillips's cafe at Chimney Rock. Open by June 15th.

SMALL POX IN SOUTH CAROLINA

Reports come of smallpox, in almost epidemic form, in Sumter, Greenville and other countis of South Carolina. There is only one explanation. The law requires people to be vaccinated has not been observed. Where people have been vaccinated there is no danger of smallpox. Where the law on the subject is not observed the danger is constant and grows greater every year.

Most contagious diseases can be prevented, and all of us know that prevention is easier and less expen-

sive than cure. If we would observe the laws—not only the laws of the state but the laws of common sense—we would have much less disease in the state as well as much less crime. The smallpox situation is proof of this, if proof is needed.

A monkey never made a man but many a man has made a monkey of himself.

All signs fail in dry weather, and they are not of much service in a wet spell either.

Self help is the best help, provided you don't help yourself to forbidden things.

Yes; people who go to the movies should sit still and not disturb those behind them.

The man who is starting an eel ranch in Florida has a slick scheme for getting rich, hasn't he?

No matter how high the temperature climbs, don't get into a heated argument about the weather.

American soldiers walked many thousands of kilometers in France without learning just how long one is.

Mr. Ford wants to buy some ships but the country is at sea as to what he proposes to do with them.

Collier says many things are harder to endure than starvation. That depends on whether you live to eat or eat to live.

LOST—Large black bulldog, white spots on forehead and on each foot. Wearing collar with name plate torn off. Answers to name of "Watch." \$5.00 reward for return to A. I. Moore, Cliffside. 35-4tp

FARMS—I can fit you in a good farm of 21, 24, 43, 54, 40, 110 or 140 acres. These farms are good level productive lands, in a good community and near good school, church and highway. For price and terms see J. S. Martin, Ellenboro, N. C. 35-2t

"DO YOU MIND IF I'M SKINNY."

By Dr. B. S. Herben. A Southern boy was left in charge of friends for a three weeks' rest in an Adirondack Camp. On the first evening, the hostess took the little chap upstairs to bed and, that he might not feel lonely, supervised the preparations. Suddenly in the midst of undressing, the seven-year-old exclaimed, "Mistis, you do not mind if I am skinny do you?" The puzzled hostess fumbled. "You can't help it, Jackums, and we shall soon make you fat." "I don't mean that. Do you mind if I'm skinny? Do you mind if I don't have anything on?"

But the thing we did mind was his "skinniness." He had had pneumonia and the flesh and strength were slow in coming back. We were anxious about the child. How alarming is such low resistance to all infections, especially to tuberculosis, which are all around us and—no matter with what care we attempt to guard our children—so menacing to them.

The Association for Improving the Condition of the Poor and a prominent life insurance company have made a study of conditions among the children of New York City and it is estimated that one child out of every three is undernourished. This situation is duplicated everywhere. These little, too-thin bodies are being constantly bombarded by bacteria of all varieties and being menaced by diseases which are serious. The child who is of normal weight and who is healthy in other ways as well, has a chance to fight off these enemies. The youngster who is handicapped by undernourishment and all that it implies is the one who generally fights a losing battle.

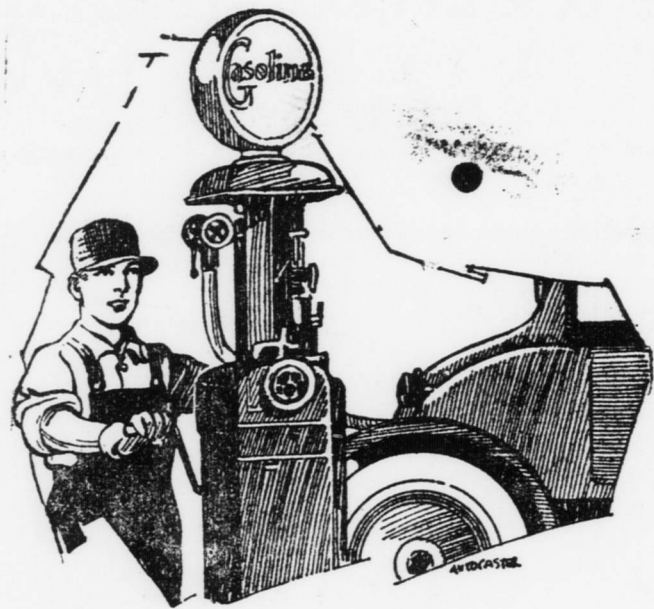
How many parents think of these things? How many parents could answer, "Yes, I care," to that question: "Do you mind if I'm skinny?"

How about the boys and girls under your care? Do you look at the matter at all? Do you ever think of the meaning of the children's diseases? Do you know that measles and scarlet fever and colds are more severe and more dangerous to children who are undernourished than they are to the plump, rosy-cheeked and bright-eyed child? Do you realize that the foundation of happiness and health in the adult years is being built in childhood—right NOW?

Those who truly care will consult the physician, learn the underlying causes of the child's poor health, his malnutrition, and take the imperative steps necessary to correct the condition. Those who do not care will "do the best they can" without doing anything.

Are children looking at you with pleading eyes? "I'm skinny! Do you mind?"

BUY A FORD AND SPEND THE DIFFERENCE.



"NOT BOOTLEG"

When you get gasoline at our pumps you get highest refined and uniform quality week in and week out. That accounts for the increasing line of regular customers who buy all of their oils and gas here.

If you will try it once you will understand the satisfaction of even-power, quick pick-up, less carbon and a keener enjoyment in driving.

For automobile supplies of all kinds, or expert repair work—drive here. Our prices are always most reasonable.

A. & W. MOTOR CO.

FOREST CITY, N. C.

LIGON'S SEED STORE

We are constantly enlarging our stock and adding new items so as to still better serve our greatly increasing number of patrons.

Highest Quality Seed

We have in stock all seasonable Garden, Flower and Field Seed—Strictly fresh and carefully selected.

We Carry The Very Best Brands Of

DISINFECTANTS, GERM DESTROYERS, FLY KILLERS, HOME FUMIGATORS, ETC.

CANARY BIRDS

Bird Seed, Bird Manna, Cuttle Bone, Song Restorer, Bird Tonics, etc., full line of

BIRD CAGES

STOCK REMEDIES

Standard brand Stock Powders and Remedies.

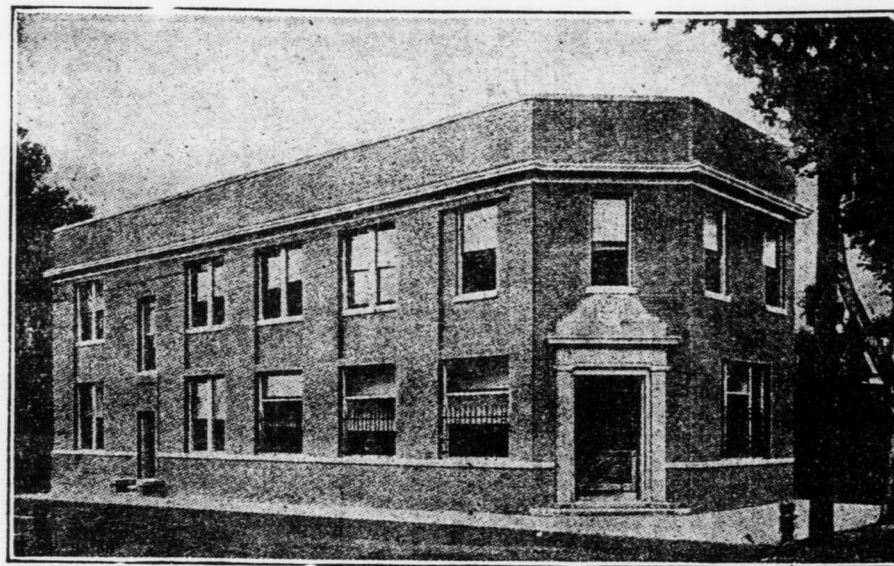
DOG REMEDIES

Glover's, Sargent's and Q. W. Dog Remedies.

PROMPT MAIL ORDER SERVICE

Ligon's Seed Store

Cor. Main & Church Sts. SPARTANBURG, S. C.



Established 1915

A Bank's Age Indicates . . . STABILITY (For ten years we have been successfully engaged in banking.)

The Weathering of Business Depressions indicates . . . SAFETY (There have been several periods of depression in the past 10 years and—We have stood the test.)

The Retention of Customers Indicates EQUITABLE DEALINGS (On our ledgers are active accounts dating back many years.)

The Strict Observance of Banking Methods Indicates . . . INTEGRITY (To us the safeguarding of our customers' interests has been, and always will be of paramount importance.)

Your business will be appreciated

Farmers Bank and Trust Company

"A Roll of Honor Bank" "Where Banking is a Pleasure."

FOREST CITY CAROLEEN

Resources Over \$2,000,000.00

AN EXTRA MEASURE OF SAFETY AN EXTRA MEASURE OF SERVICE

