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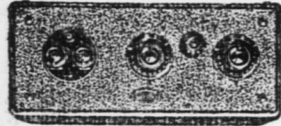
If you want to buy a business, we can please you.

We want you to list your property with us—if for sale or rent.

We do all kinds of real estate business. See us for anything in our line.

Forest City Real Estate Company
 J. L. BUTLER, Manager.
 4-1f

ATWATER KENT RADIO



There are two ways of judging receiving sets and radio speakers: by demonstration and by the reputation of the maker.

Atwater Kent wins either way.

FOR SALE AT
STAR FURNITURE CO.
 CAROLEEN, N. C.

Cramped and Suffered

Back and head would not go to bed. W. L. Ennis, of Ky. "I just could not sleep for I would cramp so. I was very nervous. My children would not let me try to go to bed. I felt so bad. Another had taken

CARDUI

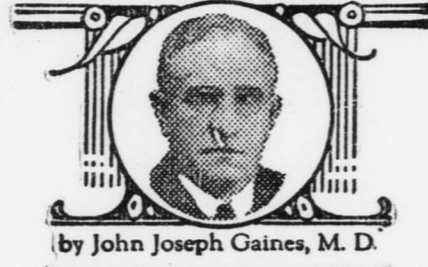
Cardui

Cardui has relieved many thousands of cases of pain and female trouble, and should help you, too.

Take Cardui.

At All Druggists' E-106

About Your Health
Things You Should Know



(by John Joseph Gaines, M. D.)

INFLUENZA

Onset of influenza is invariably sudden and intensive. There are no warnings of its approach. One point, of which we are reasonably certain is, that the infection enters the system thru the breathing passages. During epidemics, the gargle and nasal douch should be used freely after all exposure, as a possible preventive. Contact with suspected cases should be scrupulously avoided if possible. Large or small public gatherings, where a dozen or more are coughing, are very dangerous, and traveling in over-heated trains that are usually crowded, often scatters millions of influenza germs.

Weakness is the predominant symptom—indeed that may be the only diagnostic symptom. No other disease prostrates the victim so thoroughly from its moment of onset. There is nothing like this weakness. Sometimes there is fever—at other times none, or so little as to escape notice. Active delirium is common in febrile cases. It is in this stage that pneumonia usually supervenes if at all. Absolute rest in bed is imperative, and should be resorted to promptly.

Alcohol in diluted form, has proved of inestimable value in the treatment of influenza, if its use is carried on until free sweating occurs. It appears to be antagonistic to the poison, and is useful in combating the terrible weakness. It should only be used with the advice and observation of the physician. Many doubt the efficacy of vaccines, though I have found them of great value in my cases, and am never without them. Strict quarantine is a wise measure that should not be neglected in localities where influenza is prevalent. Good nursing is an essential upon which too much emphasis cannot be laid.

J. W. MORRISON DEAD

Mr. James Winslow Morrison died at his home Friday night Nov. 20, on Cove Creek. Funeral services were conducted at Britain church Sunday November 22, with Rev. R. T. Baker, pastor, in charge. A large crowd of sorrowing friends and relatives attended. His grave was covered with beautiful flowers.

The deceased had been a faithful member of Britain church for 35 years. His wife died seven years ago. He leaves one brother, Mr. R. L. Morrison, on Camp Creek, and one sister, Mrs. W. L. Morrison of Wingate, Texas. He was 71 years old. He has suffered with cancer for about 20 years, but was not seriously ill until Wednesday night preceding his death. He was a good citizen and will be missed in the church and community.



REAL ESTATE BOOM ON AT COLUMBUS

Blanton & Greene Write Of Activities in the Beautiful Mountain Town.

That our little neighboring city of Columbus is awakening and fully alive to the possibilities confronting this entire section of Western North Carolina is shown in the following letter from Mr. C. R. Blanton, of the real estate firm of Blanton and Greene:

Columbus, N. C., Nov. 30.—Editor Courier: In the last few days we have sold to an Asheville syndicate 40 acres of fine land in the town of Columbus that they are going to develop into a residential section; surveyors and engineers start to work on this tomorrow, laying off streets and lots so they can put water and lights in this section at once. They have made Blanton & Greene their sales agents for this large development.

We also sold to an Asheville investor last Friday two of the most desirable business lots in Columbus, on which he is going to erect two nice brick buildings for rent in the near future.

This morning we sold three fine business lots to an investor from Tryon and he will start work immediately erecting three nice rooms on them, one for a drug store another for an up-to-date barber shop and another for a modern cafe.

Last week we sold Mr. A. M. Lander a valuable lot to erect an electrical supply house on.

Our new cotton mill is progressing fine and it seems now that Columbus is on a boom and destined to keep step with the march of progress now under way in this entire section.

OAK GROVE NEWS

Bostic, R-3, Nov. 30.—Misses Mary and Clara Randall entertained quite a number of their friends with a tacky party Saturday night. They were all rigged out extra fine. Several interesting games were played. Those enjoying the party were Misses Belle Wilkie, Attie Bailey, Zella Wiggins, Leigh, Mae, Maude, Flossie and Pauline Harrill, Edith and Vallaree Biggerstaff, Annie, Pearl, Eugenia, Ollierea and Catherine Randall, Emma Young, Mattie Magness, Viola Anderson, Emma Kuykendall, Zennie Blanton, Lucile Webb and Alma Dobbins; Messrs. Hoyle Bailey, Paul, George, Albert and Howard Harrill, C. A., Paul and Hoyle Kennedy, Nollie and Norris Biggerstaff, Hubert Cletus and Earl Randall, Wilbur Kendrick, Clyde Francis, Claude Dobbins, Orell Blanton and Cliff Magness.

Mr. Hubert Randall, a student of Rutherford College, is spending a few days at home.

Mr. and Mrs. I. N. Biggerstaff were in Spartanburg Saturday shopping.

Mr. and Mrs. Robert Magness, Miss Mattie Magness, Mr. Cliff Magness and C. A. Kennedy spent Thursday in Marion.

Miss Attie Bailey spent Sunday with Misses Pearl and Eugenia Randall.

Mr. and Mrs. "Red" Bridges spent the week-end at Mr. A. B. Bailey's.

Misses Ollierea Randall and Belle Wilkie spent Saturday night at Mr. T. E. Randall's.

AVONDALE NEWS

Avondale, Dec. 1.—A Thanksgiving service was held at the Baptist church Sunday night. The program consisted of special music, testimonies and a sermon by the pastor. The service was well attended.

The men's chorus of the Baptist church furnished music for church services at Dover Mill, Shelby, Sunday morning.

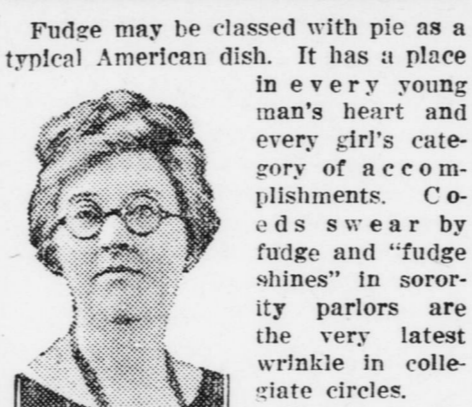
Every one seemed to enjoy the Thanksgiving holidays. School was closed Thursday and Friday. Both pupils and teachers appreciated the holidays.

The teachers spent Thanksgiving at the following places: Prof. F. S. Hall, Rutherfordton; Miss Edwards, Cullowhee; Miss Jackson, Duncan, S. C.; Miss West, White Stone and Miss Freeman, Shelby.

Mr. Guy Martin, son of T. P. Martin, and Miss Alice Johnson, of Caroleen, were married in Chesnee, Sunday morning. Mr. Martin has many friends here who wish him much happiness and success.

Slag Concrete. Experiments made in France with concrete made with slag have proved it about equal to that made with gravel.

Fudge Making Finds Favor With Co-Eds



Meta H. Given.

Fudge may be classed with pie as a typical American dish. It has a place in every young man's heart and every girl's category of accomplishments. Co-eds swear by fudge and "fudge shines" in sorority parlors are the very latest wrinkle in collegiate circles.

There's a big wallop in a platter of fudge, the co-eds explain, because it's one of the greatest sources of energy, containing both milk, the "perfect food," and sugar.

If you've any doubt of the place fudge occupies in the young male heart, try these recipes on him and hear his own answer. Each of the appended dishes was prepared by Miss Meta Given, doing research work in the home economics department of the University of Chicago, and they are the result of much experimentation.

Chocolate Fudge.

2 cups sugar 2 squares chocolate
 1/2 cup evaporated milk Few grains of salt
 1/2 cup water 1 tsp. butter
 1 tsp. corn sirup 1/2 tsp. vanilla

Shave the chocolate so that it will melt more easily. Add the sugar, salt, milk, water and corn sirup. Cook, stirring until chocolate and sugar are melted, and then only occasionally to prevent burning, until the soft ball stage is reached, or a temperature of 234 degrees Fahrenheit. Remove from fire and add the butter. Cool until almost lukewarm, 110 degrees, add flavoring and beat vigorously until when a little is dropped from the spoon it will hold its shape. Pour into oiled tins and mark in squares.

Cocoanut Candy.

1 1/2 cup sugar 1 tsp. butter
 1/2 cup evaporated milk 1-3 cup shredded cocoanut
 1/2 cup water 1/2 tsp. vanilla

Put butter into granite saucepan; when melted, add sugar, milk and water, and stir until sugar is dissolved. Heat to boiling, and cook to the soft ball stage. Remove from fire, add cocoanut and vanilla, cool to 110 degrees Fahrenheit and beat until creamy and mixture begins to sugar slightly around edge of pan. Pour into buttered pan and when cool mark in squares.

Penuche.

2 cups brown or maple sugar 1 tsp. butter
 1/2 cup evaporated milk 2 cups chopped nuts
 3/4 cup water

Boil sugar, milk and water to the soft ball stage. Remove from the fire; add butter, flavoring and nuts. Cool to 110 degrees Fahrenheit; then beat until creamy and thickened; pour into a greased tin and when firm cut.

45,618 Locomotives in U. S.

At the beginning of the present year there were 46,648 serviceable locomotives in use on the railroads of the United States.

PROTECT YOUR ESTATE

If you have an automobile accident you may be liable for damages up to the worth of your entire estate.

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(Successors to J. A. Wilkie)
 FOREST CITY, N. C.

YOUR DAILY FOOD IS AN IMPORTANT MATTER

Our Groceries and Food Products are the best selected lines, fresh and pure. We exercise the greatest possible care in providing our customers with good wholesome food. Added to that is interested personal service, including a delivery service next to none—and the prices are right.

C. M. WHISNANT

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INSURANCE

BROWN INSURANCE AGENCY

W. L. BROWN Bank Building
 Building & Loan Office

TRY OUR CLASSIFIED COLUMN FOR RESULTS



TUDOR SEDAN
 \$580

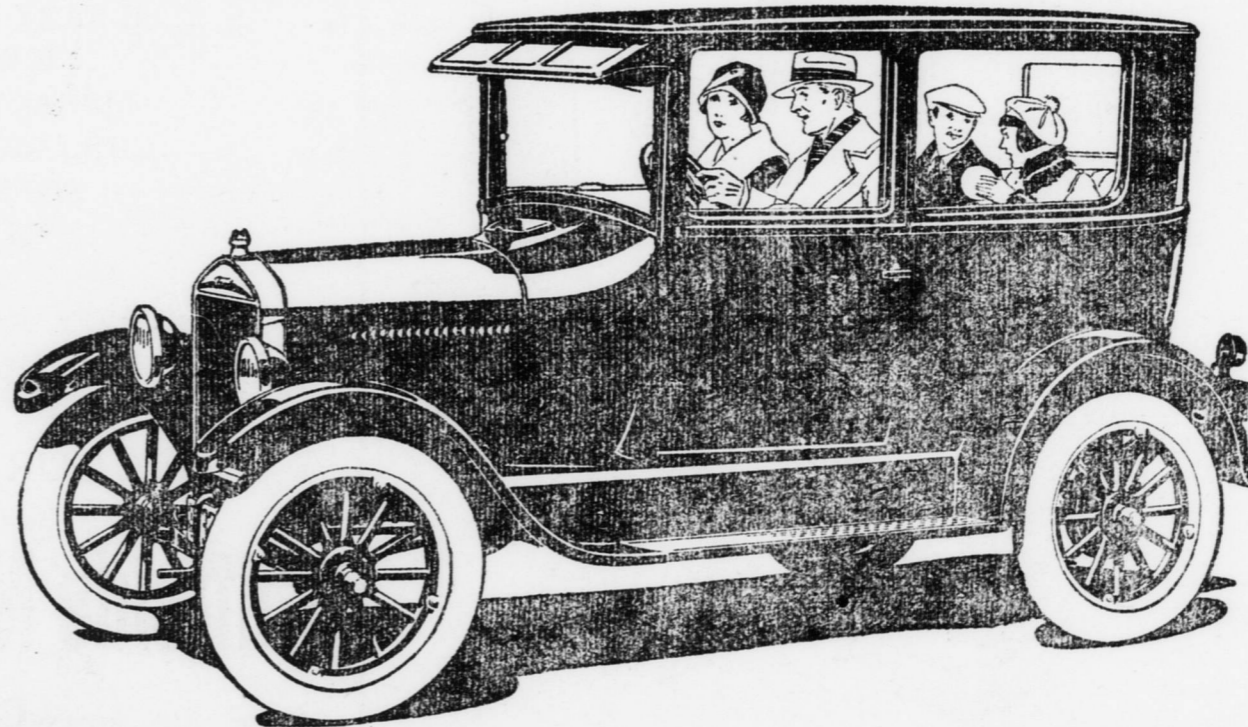
- Runabout - \$260
- Touring - 290
- Coupe - 520
- Fordor Sedan 660
- Closed cars in color.
- Demountable rims and starter extra on open cars.
- All prices f. o. b. Detroit

To anyone familiar with closed car values, it is amazing that such quality and workmanship can be had at this low price.

Everyone admires the smart lines and the cozy interior, with its strong, hand-built seats and attractive upholstery. Windows and windshield are of fine plate glass.

Inspect all the new features at any Authorized Ford Dealer's showroom. Any Ford car can be purchased on very easy payments.

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PHONE 173

The Quality is Right. The Price is Right

