

MANY STILLS ARE BEING CAPTURED

Still in Golden Valley and on Cove Creek Destroyed—Boy Steals Officers Pistol.

Sheriff W. C. Hardin, Chief of Police, R. L. Houser, Night Watchman Ed Waldrop and Deputy Curtis Hardin captured and destroyed a 60-gallon capacity still Friday morning ten miles west of Rutherfordton near Cove Creek. About 350 gallons of beer were destroyed. The plant was ready to run. It had a gasoline tank, a five gallon keg for a cap and a 50-gallon keg for a doubler and a straight iron pipe for a condenser.

Rural Policeman C. G. Crow, H. M. Propes and deputy Sheriff F. R. Turner captured a still in Golden Valley Township Wednesday morning, destroyed around 100 gallons of beer and brought the still to town. No arrest was made but will probably be made later.

Deputy Sheriff J. E. Robertson of Caroleen captured 17 1-2 gallons of whiskey Friday at 2 a. m. near Henrietta after chasing a Ford car about two miles. It took an old road and soon ran into a ditch. Both occupants ran away. They have a suspended sentence previous to this. Officers know who they are and will likely capture them soon. The car was supposed to be from Ga.

Robertson has a reputation of being a diligent officer and this act proves this to be true.

Deputy Sheriff Geo. F. Green who lives near Island Ford on Broad River was in the field at work last week and had his coat hanging up with his pistol in it. A young white man from Gaffney passed the road and took his pistol. He soon missed it and chased the robber, a white boy and caught him two miles down the road. He had the pistol and was brought here and lodged in jail and was tried Tuesday in Recorder's court.

The Sheriff and deputies are on the

XMAS MONEY FOR YOU

Search Your Attic for Fortunes in Old Confederate Envelopes

Among the old letters of many Southern families are hundreds of very rare stamps and envelopes. Many have been found and sold for small fortunes. Single envelopes have been sold for as high as \$2,000, and many have brought upwards of \$100 each. It sounds "fishy," but it's true. They are valuable because they are rare. And they are rare, not because there are only a few, but simply because most of them have remained stored away and forgotten, in old trunks and closets.

Make a thorough search through your attic or store room for these old war letters. Fortunes in rare stamps or franked envelopes have been found in old trunks which no one ever dreamed contained anything of value. Keep the letters if you wish, but send the envelopes to Mr. Harold C. Brooks, Box 223, Marshall, Michigan, and he will immediately write you, stating their value. In sending them to him you are not obliged to sell unless his offer meets with your approval. Anything not purchased he will return in good order. Mr. Brooks, who is mayor of his city, is a private collector and has paid thousands of dollars for old envelopes. Although the rare issues are especially desired he also buys many of the commoner kinds. Many people in this way are getting Christmas money with very little trouble and no expense.

The First National Bank of Marshall, Mich., writes: "Mr. Brooks has been in business here for twenty years. You will make no mistake when you recommend him to your readers as worthy of the fullest confidence, both financially and personally."

Mr. Brooks states that there are so many different stamps which are similar in appearance he cannot quote values from written descriptions, but must see the envelopes. There are, for example, ten different Confederate government stamps bearing the portrait of Jefferson Davis, and many local stamps or stamped envelopes are very much the same in appearance. The same is true of U. S. issues, the heads of Washington or Franklin being used on different stamps. Mr. Brooks does not buy loose stamps, stamp collections, coins or Confederate money. Stamps should not be cut from the envelopes and no dates written on. He is fully acquainted with all issues even though the postmark may show no year date. Those especially wanted are Confederate issues, but he also buys U. S., Canadian, Hawaiian, and certain foreign stamps provided they are on the original envelopes and mailed not later than 1865.

If envelopes are sent in a bunch they should be carefully packed in a cardboard box to protect them from damage while in the mails. If you have reason to believe your envelopes are of special value send them by registered or insured mail. If you have no old letters written during or before the Civil War, show this notice to your friends—especially those whose families have lived in the same home for several generations. Many old families, old banks and law firms still have stored away hundreds of letters, waiting to be burned or sold for large sums. Before destroying such envelopes or folded letters, investigate their value. Mr. Brooks' address is as follows:

HAROLD C. BROOKS,
Box 223, Marshall, Mich.

job day and night looking for bootleggers and violators of the law. Let's back them. — Rutherford Sun.

GOLDEN VALLEY NEWS

Bostic, R. 4, Dec. 1.—Rev. and Mrs. H. W. Hudspeth and children left last week for Trap Hill, in Surry county, where Mr. Hudspeth will be pastor for this year. They have endeared themselves to the people on this charge during the past year.

Rev. K. N. Snipes of Marion, who comes to this circuit this year, was present at Golden Valley Nov. 22 and preached a fine sermon.

Mr. and Mrs. Landrum Yelton and son, Horace, of Forest City, and Mrs. Bud Upton and children of Spindale, also Miss Ethel Simmons of Spindale visited Mrs. Yelton's mother, Mrs. E. S. McCurry recently.

The following announcement which was received in Golden Valley recently, brought real sorrow to many hearts:

Lillian S. McDuffie fell asleep in Jesus on the 2nd day of Nov., 1925, in her 47th year.

It will be remembered that Mrs. Lillian S. McDuffie was the wife of Rev. W. R. McDuffie who was the manager of the school of Golden Institute when it was owned by the Christian Missionary Alliance. During the years they were here they won the love of the people of Golden Valley. For the past several years they have been making their home at Orlando, Fla.

There was a Thanksgiving program at South Mountain Institute Nov. 26th. The sermon at 11 o'clock, followed by a picnic dinner for the public. In the afternoon there was a pageant by the older girls, followed by a game by some of the school.



Caloric Requirements of the Child

DIETITIANS declare that the average boy or girl of four years should receive about forty calories a pound of body weight per day. The average weight of a child of four years is forty pounds. Therefore the total caloric requirement would be approximately 1,600 calories. Calory is merely the name for a certain measure of heat derived from the burning of food.

Necessarily, the caloric requirement of the child is dependent on his temperament, since a child who plays hard and long requires more nourishment than one who leads a quieter life. Rate of growth also has a bearing on caloric requirements. The child who is growing rapidly should be given more food to meet his caloric needs than the boy or girl whose growth is normal.

Mothers know the daily diet should consist of the essential foodstuffs, protein, carbohydrates, fats, minerals and water. The important thing for her is to learn the foods that contain these essentials in a balanced diet. Below is a well-balanced menu for any child six years old compiled by an authority on home economics.

ONE DAY'S MENU FOR SIX-YEAR-OLD CHILD.

Breakfast.
6 stewed prunes120 calories
½ cupful cream of wheat 85 calories
Served with half cream (6 tbsp.) and half evaporated milk140 calories
1 slice buttered toast150 calories
1 cup cocoa made with evaporated milk150 calories
645 calories

Luncheon at School.
Baked potato and butter. 200 calories
½ cupful spinach 25 calories
1 baked apple (1 tbsp. sugar, ½ tbsp. butter)200 calories
1 glass milk160 calories
1 slice bread buttered with ½ tbsp. butter100 calories
685 calories

Afternoon Luncheon at School.
1 orange100 calories

Dinner.
1 small piece broiled steak (2¼ x 3¼ x ½)75 calories
½ cupful mashed potato100 calories
2-3 cupful lima bean soup made with evaporated milk 75 calories
1 glass milk, orange drink 160 calories
510 calories

Total1,840 calories
Children often become wearied of drinking plain milk. Mixing their milk with fruit juices is a welcome change. Following is the recipe for a refreshing milk drink: Mix ½ cupful orange juice, ¼ cupful evaporated milk, three teaspoonfuls of sugar, ½ teaspoonful of lemon juice and a few grains of salt. Shake well in a fruit jar before serving.

More per Cow Rather than More Cows Says U. S. Bureau Chief



Dr. C. W. Larson keeps track of milk cows on farms of the country, and how much milk they give.

In a Chicago address, recently, Dr. C. W. Larson, Chief of the United States Bureau of Dairying, made a plea for greater production per cow rather than an increase in the number of cows.

The average cow in the United States yields annually only about 4,000 pounds of milk of which 2.7% is butterfat.

Careful breeding and elimination by test in the milk herd makes an increase to 8,000 pounds of milk annually per cow not impossible with the average dairyman. This would net the milk producer \$75.00 above feed cost per cow as compared with the present average of only \$25.00.

Membership in a cow-testing association and the maintenance of herd records are extremely desirable. The system of records should at least include an identification rec-

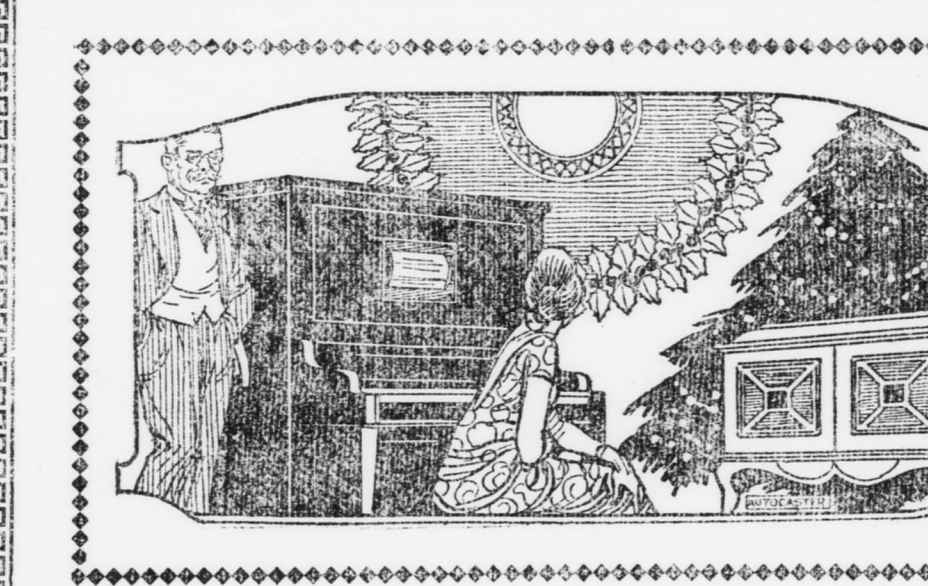
ord, an account of production for each cow—the amount of feed given and breeding dates. For a grade dairy herd, the record system may be quite simple.

Cow-testing associations promote a more faithful follow-through of the rudiments of dairying. Among them are intelligent feeding, proper stabling, regular milking, thorough grooming, periodical clipping of the long hair from flanks, udder and underline and other attendant precautions against the presence of bacteria in the milk.

In cow-testing associations, records of the milk and butterfat production of pure bred cows are made under the supervision of the association and are given official recognition.

Forest City-Marion-Spartanburg Bus Line

SOUTH BOUND				NORTH BOUND			
Leave.	A.M.	A.M.	P.M.	Leave.	A.M.	P.M.	P.M.
Marion			1:15	Spartanburg	9:00	2:00	5:00
Rutherfordton		8:00	2:25	Cherokee Springs	9:15	2:20	5:15
Spindale		8:10	2:30	Mayo	9:25	2:25	5:25
Forest City	7:00	8:20	2:40	Chesnee	9:35	2:40	5:40
Caroleen	7:15	8:35	2:55	Cliffside	10:00	3:15	6:00
Henrietta	7:25	8:45	3:05	Henrietta	10:10	3:25	6:10
Cliffside	7:35	8:55	3:15	Caroleen	10:15	3:35	6:20
Chesnee	8:00	9:20	3:40	Forest City	10:30	3:50	6:35
Mayo	8:10	9:30	3:50	Spindale	10:40	4:00	6:45
Cherokee Springs	8:20	9:40	4:00	Rutherfordton	10:50	4:10	6:50
Spartanburg	8:40	10:00	4:20	Marion	12:00		



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