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WHAT THE BOY SCOUTS ARE DOING

Writer Attends Meeting At Gastonia and Tells What Scouts Are Doing.

Ellenboro, Jan. 18.—Editor Courier: I had the pleasure of attending the annual meeting of the Boy Scout movement in Gastonia Thursday night. There was present about 100 or more men from the counties of Gaston, Lincoln, Cleveland and Rutherford, composed of men from all walks of life, such as ministers, doctors, judges, lawyers and men at head of large textile mills, some holding official position in this council of the Boy Scouts.

It was not necessary to ask the question why they were devoting their time and money for this scout movement, because you could see that their heart and soul was in this movement for the advancement of the coming citizenship of this state.

The scout movement is new to the majority of parents, especially in small towns and rural communities. I think it is the duty of all parents to inform themselves as to the object of the scout movement, then I am sure they would be very anxious to get their boys to join the scouts. The scout motto is "Be Prepared," and they are taught to be prepared for any emergency. Some of the characteristics taught are: Trustworthy, Loyal, Helpful, Friendly, Courteous, Kind, Obedient, Cheerful, Thrifty, Brave, Clean and Reverent; by learning the above they are better prepared as citizens, and have a broader conception of their duty towards their fellowman, their country and their God.

From the reports of Juvenile Courts, I am confident we need just such an organization as the Boy Scouts, to prepare our boys to be better citizens.

O. R. COFFIELD.

About Your Health Things You Should Know



by John Joseph Gaines, M. D.

MY LADY NICOTINE.

Cancer, one of the most dreaded conditions, may be aroused into activity by excessive smoking; ulcer of the stomach is aggravated if not caused by excessive chewing; high blood-pressure, paralysis, formidable diseases of the heart, palsied nerves—even insanity—are often attributed to the wiles of my lady Nicotine.

Chewing tobacco drains the salivary glands, causes "acid indigestion" and invites ulceration of the stomach. If you have sour stomach, quit chewing. The saliva is a valuable corrective of acidity, and should not be wasted. Smoking poisons the olfactory, cardiac, and respiratory nerves. Nicotine is a subtle drug, and will enter the system from any point of contact. A wet tobacco-leaf, laid on the surface of the body, exerts profound effects upon the nerves beneath. Some of our useful ointments contain oil of tobacco, and their use must be practiced with great caution.

Growth in our young people is interfered with, and mentality is dulled very perceptibly in youthful cigarette-smokers. The man who does not use tobacco in any form, is easier to relieve of his illness than the addict; his system is cleaner, his nervous system more stable, and he responds to treatment more promptly. Any sort of drug addiction cannot be too strongly condemned—for "moderate indulgence" in any seductive thing is so impossible.

FORMAL OPENING SPINDALE HOUSE

Exercises to Be Held Jan. 22—The Program.

Dr. Leroy E. Bowman of Columbia University, New York City, will be the principal speaker at the formal opening of the Spindale House, the handsome new community house which the Tanner family are presenting to the town of Spindale as a memorial to the late S. B. Tanner. Dr. Bowman is secretary of the national community center association. He will deliver two addresses on his visit to Spindale. The first address will be on Friday evening, Jan. 22, in connection with the formal presentation of the Spindale House to the town. The exercises will be of unusual interest to all local citizens as well as to a large number of acquaintances in the surrounding territory. The presentation speech will be made by K. S. Tanner. S. E. Elmore, mayor of Spindale, will accept the building on behalf of the town. Dr. Bowman's second address will be delivered at the banquet Saturday evening at 7 o'clock.

The following program has been announced: Friday, January 22, 7:30 p. m. Band concert, D. C. Cole, director; Community pageant, Miss Evelyn Waddell, director; Community singing, W. R. Wells, leader; Invocation, Rev. M. A. Adams; Presentation of building, K. S. Tanner; Acceptance of building, S. E. Elmore; Introduction of speaker, Rev. O. L. Simpson; Address, Dr. Leroy E. Bowman, of New York City; Music, band.

Saturday, January 23, 4:00 p. m. Basketball game, Spindale town team vs. Boiling Springs High School. 7:00 p. m., Banquet, S. E. Elmore, toastmaster. Divine blessing, Rev. M. M. Huntley. Short talks by J. M. Edwards, manager of Florence Mills, R. E. Price, county welfare superintendent; B. L. Smith, president Kiwanis Club; Miss Florence Howard, Presbyterian church, pastor's assistant; Dr. A. M. Trawick, professor in Wofford College; Miss Louise Bignall, secretary board of charities, Knoxville, Tennessee.

Address, Dr. L. E. Bowman. Sunday, January 24, 7:15 p. m., Union service, with sermon by Dr. A. M. Trawick.

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Why a man quit using a Ford—He died. B. B. DOGGETT.

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Marion			1:15	Spartanburg	9:00	2:00	5:00
Rutherfordton	8:00	2:25		Cherokee Springs	9:15	2:20	5:15
Spindale	8:10	2:30		Mayo	9:25	2:25	5:25
Forest City	7:00	8:20	2:40	Chesnee	9:35	2:40	5:49
Caroleen	7:15	8:35	2:55	Cliffside	10:00	3:15	6:00
Henrietta	7:25	8:45	3:05	Henrietta	10:10	3:25	6:10
Cliffside	7:35	8:55	3:15	Caroleen	10:15	3:35	6:20
Chesnee	8:00	9:20	3:40	Forest City	10:30	5:50	6:35
Mayo	8:10	9:30	3:50	Spindale	10:40	4:00	6:45
Cherokee Springs	8:20	9:40	4:00	Rutherfordton	10:50	4:10	6:50
Spartanburg	8:40	10:00	4:20	Marion	12:00		

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