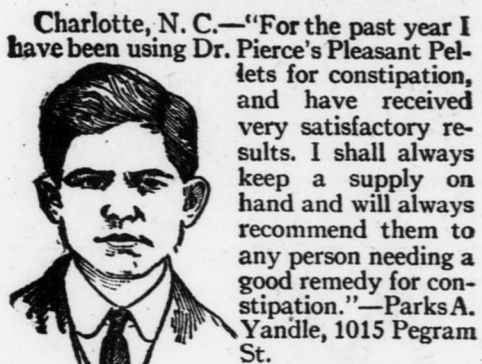


**In Self Defense, Rid Your Body of Poisons!**



Charlotte, N. C.—"For the past year I have been using Dr. Pierce's Pleasant Pellets for constipation, and have received very satisfactory results. I shall always keep a supply on hand and will always recommend them to any person needing a good remedy for constipation."—Parks A. Yandle, 1015 Pegram St.

Constipation is a dangerous thing. Overcome it!

If your druggist's supply of Pleasant Pellets is exhausted, send 30¢ to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y. Dr. Pierce will give you medical advice free, too, no matter what your ailment may be.

**SUNSHINE NEWS**

Bostic, R-1, April 1.—Miss Mary C. Murray spent last week as the guest of Mr. and Mrs. Frank Hutchins, of Spindale.

Mrs. Julia Grayson and Mrs. Joe Grayson and children spent last Sunday afternoon with Mrs. Jim Carpenter.

Mr. Jack Greene, and family spent last Sunday with Mr. Julius Greene. We are glad to state that Mr. John Week's is improving.

Mr. and Mrs. J. L. Johnson spent last Sunday night with Mr. H. L. Johnson.

Miss Alda Withrow spent last Saturday night with Mr and Mrs. W. J. Freeman.

Mr. Grady Grayson and family and Mrs. Grayson spent last Saturday night the guest of Mr. Fletcher Hollifield and family.

Mr. Fred Beatty and family, of Spindale, spent last Sunday as the guest of Mrs. Beatty's sister, Mrs. Bunch Hollifield.

We are sorry to state that Mrs. D. C. Beam is seriously ill at this writing.

Mr. Claude Beam, of Charlotte, spent last Sunday with his parents, Mr. and Mrs. D. C. Beam.

Mr. Griff Padgett and family visited Mr. Ben Padgett last Sunday.

Mr. R. K. Hennessee made a business trip to Rutherfordton last Monday.

Mrs. L. C. Withrow and Miss Ella

**THE NIGHT**  
Mrs. C. M. Harrill.

Twilight and evening glow  
Then darkness with lights burning low,  
The stars blinking so bright  
And the moon shedding a silvery light,  
This is night.

About you, below and all around  
Not even a whisper or a sound,  
Just little flickering specks of light  
Sending forth a glowing light,  
This is night.

Suddenly there comes a screeching howl  
That tells us there is an owl,  
Who sleeps when the sun is bright  
And does not need the light,  
This is night.

Then before you are over your scare  
Here comes something all covered in fur,  
With greenish, yellow eyes so bright  
A cat, creeping along so soft and ghost like,  
This is night.

Who has heard the croak of a frog  
Down on the pond beneath a log,  
And left there in a hurried fright  
Without seeing anything in sight,  
This is night.

When the winds blow gently in the spring  
There is a sweet song the Whipporwills sing,  
Saying, "Tis planting time tonight,"  
While the moon is shining bright,  
This is night.

But to me the sweetest call  
Is one that is heard by all,  
The nightingale's notes so soft and light  
That comes only in the stillness of night,  
This is night.

Freeman visited Mrs. D. C. Beam last Friday afternoon.

Mr. Alfred Freeman spent last Sunday with Mr. Arthur Toney.

Miss Nora Belle Johnson spent last Saturday night and Sunday with Mr. L. K. Melton and family.

**CHILD HEALTH DAY PLANNED**

"Free and Sound Start for Every Baby". Goal of May Day Program in State.

North Carolinians have been called upon to observe May Day as Child Health day by the American Child Health association which set the day's goal as one to focus the interest of the nation upon perfected childhood, hoping for a "start in life free, and sound for every baby."

The association pointed out, that, in brief, May Day is the day:

To evaluate the results of the year-around program in community and state.

To take an inventory of the health services rendered to children to determine their relative effectiveness.

To renew the unified interest and action of the child, parent, the educator, physicians, dentist, nurse, nutritionist and the community.

To outline the best year-around health program and indicate its desired ends.

To celebrate and portray the year around program in pageant, play, song, dance, parade, speeches and appropriate programs.

Child Health Day was inaugurated in 1924 as a revival of the traditional festival day, May Day which has rapidly expanded in meaning and in forms of expressions. Celebrated from the first as a day calling attention to the right of every child to joyous, positive health, it has become in the four years less a one-day festivity than a stimulus and adjunct to the permanent work of communities in building results into the lives of children.

Miss Aurelia George, Red Cross Nurse, who has been employed for three months for service in certain townships of Rutherford county, is sponsoring the Child Health Day. She is visiting the various schools at present and is now making plans for carrying the program to a successful conclusion.

**MAN SO NERVOUS FEELS HIS STOMACH JUMP**

"I got so nervous my stomach felt like it was jumping. Vinol entirely relieved the trouble. I feel better than in years."—J. C. Duke.

Vinol is a compound of iron, phosphates, cod liver peptone, etc. The very FIRST bottle makes you sleep better and have a BIG appetite. Nervous, easily tired people are surprised how QUICK the iron phosphate, etc., give new life and pep. Vinol tastes delicious. Hall-Rudisill Drug Co.

Misses Eva and Betty Beason have returned to their home in Boiling Springs after spending the week-end with Mr. and Mrs. J. L. Butler.

**Just Tottering, So Weak**

"I was in a bad state of health and was going through a critical time of my life," says Mrs. Ella Scarborough, R. F. D. 5, Dothan, Ala. "Several different things were recommended to me, but I did not get any real relief until I began to take Cardui.

"I was just as weak as could be. My legs were shaky, and often I would just totter around the house. I finally got so bad that I was in bed several weeks.

"It was then that I began to take Cardui. I kept it up for quite a while, and at last I regained my health. Cardui was certainly a friend to me in time of need.

"My health is splendid now, and I seldom have to use medicine, but I gladly say a word about Cardui whenever I find a friend going through the same suffering which I endured."

For sale by all druggists. E-128

**TAKE CARDUI A PURELY VEGETABLE TONIC**

**RELIEF FROM CURSE OF CONSTIPATION**

A Battle Creek physician says, "Constipation is responsible for more misery than any other cause."

But immediate relief has been found. A tablet called Rexall Orderless has been discovered. This tablet attracts water from the system into the lazy, dry, evacuating bowel called the colon. The water loosens the dry food waste and causes a gentle, thorough, natural movement without forming a habit or ever increasing the dose.

Stop suffering from constipation. Chew a Rexall Orderless at night. Next day bright. Get 24 for 25¢ today at the nearest Rexall Drug Store.

**Longer Milking—More Net Profit**

A longer lactation period means more milk, more income. By increasing the daily production too, you earn still greater net profits. To secure this result feed Tuxedo Dairy 24% or Ce-re-a-lia Sweets 20%. The former is the correct concentrate for use with low grade roughage; the latter for roughage of high protein content. Cows easily digest both feeds because they contain molasses.

When fed according to directions, Tuxedo Dairy and Ce-re-a-lia Sweets are guaranteed to produce more milk and richer milk. Ask about our 30-day offer.

**Forest-City Hatchery**  
Forest City, N. C.

**Tuxedo Dairy 24%  
Ce-re-a-lia Sweets 20%**

The Tuxedo Line of Feeds:

- Tuxedo Dairy
- Ce-re-a-lia Sweets
- Miami Dairy
- Tuxedo Chop
- Tuxedo Hog Ration
- Tuxedo Starting Feeds
- Tuxedo Growing Mash
- Tuxedo All-mash
- Tuxedo Egg-mashes
- Tuxedo Chick
- Tuxedo Scratch
- Tuxedo Developer
- Tuxedo Poultry Fattener
- and others

**CHEVROLET USED CARS**  
"with an OK that counts"

Because we are delivering more new Chevrolets than at any other time in our history, we are offering a number of exceptional values in reconditioned used cars.

Our used cars carry an official O. K. tag which is reproduced on this page. Attached to a used car by a Chevrolet dealer it signifies that every vital part of the car has been inspected, properly reconditioned and where worn, replaced by a new part. This plan enables anyone to select a used car with absolute confidence as to its satisfactory operation, and the price is absolutely fair and right.

**Reasons why you should buy your used car from a Chevrolet dealer**

- 1—Chevrolet dealers have been selected by the Chevrolet Motor Company on the basis of their financial responsibility and dependability.
- 2—Chevrolet dealers offer used cars on a plan originated and endorsed by the Chevrolet Motor Company.
- 3—Chevrolet dealers have the necessary modern tools and equipment to properly recondition used cars.
- 4—Chevrolet dealers desire the good will of used car buyers the same as they enjoy from new car buyers.

A few of our exceptional Used Car values "with an OK that counts"

1927 Chev. Coupe WITH AN O. K. THAT COUNTS	1927 Ford Coupe WITH AN O. K. THAT COUNTS	1926 Ford Touring WITH AN O. K. THAT COUNTS
1928 Chev. Runabout WITH AN O. K. THAT COUNTS	1927 Ford Sedan WITH AN O. K. THAT COUNTS	

**MOSS CHEVROLET CO.**  
Forest City, N. C.

**TELLER**

**Determine To HAVE MONEY!**

Make up your mind RIGHT NOW to bank your money—to put it there and let it STAY there until you get enough together to do something with it WORTH WHILE.

This is the ONLY way you can get ahead and make a success.

Try it and you will thank us.

**Start Saving Regularly NOW**

We invite YOUR Banking Business

THINK! **FARMERS Bank & Trust Co.** THINK!  
"Home of the Thrifty"  
Forest City and Caroleen

Seeking New Business on Our Record