



DON'T LOSE YOUR HEAD

In the belief that riches always brings real contentment. A friend of ours was asking her husband if he remembered the time that they were so poor that they had to eat liver and onions. "Yes," he said, "now that we're rich we don't eat them because WE CAN'T AFFORD THEM." Real contentment is found by profiting by opportunities. Our store offers golden opportunities continually. Talking about groceries? The problem of living economically is a serious matter with a great majority of families. It is incumbent upon you to trade with us and you'll get the quality in everything at a low figure. Consider food values at all times when planning meals.

Jones Grocery Company

FOREST CITY, N. C.

An Oklahoma Mother Says:



"BLACK-DRAUGHT is a fine medicine to give to children. I use it for mine whenever I need to give them a laxative. They don't mind taking it when I make it into a tea, and it quickly relieves constipation and the bad symptoms which come from it. I can recommend it to other mothers, for I have found it useful in my home."

"When I was a child my mother gave it to me whenever I complained of not feeling well. I have always taken it for upset stomach and constipation. It is about the only medicine I have to take. A few doses of Black-Draught, now and then, keep my system in order. My husband takes it, too. I hardly see how I could keep house without Black-Draught. It has become a standard with us, in keeping the children and ourselves well."—Mrs. Luther Brassfield, Claremore, Okla.

BLACK-DRAUGHT for Constipation, Indigestion, Biliousness

Women who need a tonic should take CARDUL in use over 50 years.

The knocker is a mortgage on his home town, and every other citizen is paying interest on the mortgage.

Boiling Springs College

A Baptist co-educational junior college in the Piedmont, midway between Charlotte and Asheville. Offers four years of high school and two years of college work, with junior college diplomas leading toward B. A. and B. S. degrees.

Special courses in Music, Domestic Science, Expression, and Art. Healthful location, strong faculty, modern conveniences reasonable rates.

Session begins Sept. 3, 1929.

For catalog and information apply to

J. B. Davis, President, Boiling Springs, N. C.

Hightower & Matheny FUNERAL DIRECTORS

North Henrietta, N. C.

A funeral conducted by Hightower and Matheny gives the tone and dignity which can only be had from funeral directors of efficiency and high integrity. Ambulance service day and night.

Day 92 — Telephone — Night 68

BARNETT WINS CLASSIC RACE AT LAKE LURE

Immense Crowd Present For Fourth Of July Program There.

Lake Lure, July 8.—A crowd estimated at more than 25,000 persons attended the water regatta at Lake Lure Thursday in celebration of July 4th. The regatta was the first of a series to be held at the lake.

A record for the 12-mile motor boat racing course regatta by Harlow Barnett, of Jacksonville, Fla., driving an outboard speedboat, "8341." Second honors went to P. A. Carlisle's boat, "No-Nox," operated by B. E. Lamb. Miss Roberta Burbridge won third honors in her "Nay-Nay."

Eighteen entries participated in the motor boat races at the lake. These included boats from Asheville, Lake Lure, Jacksonville, and Miami. The winner of the main race was awarded a cash prize of \$75 and a \$50 loving cup. A cash prize of \$50 was given the winner of the second prize and a prize of \$25 to the third. Qualifying race winners were given \$25 trophies.

Judges at the event were P. A. Carlisle, of Jacksonville, W. B. Lamb, of Jacksonville, Roy W. Parker, of Asheville and C. W. Burks, of Wilmington.

Another regatta will be held at the Lake Aug. 1, it was announced. The Fourth of July regatta was considered an outstanding success, both from the standpoint of the number of persons attending and the quality of the racing staged.

MT. PLEASANT SCHOOL OPENS MONDAY

Forest City, R-1, July 8.—Mt. Pleasant Grammar school will open next Monday, June 15, for summer term, according to Mr. C. Rex Long, the principal.

Notice to the public

SUPPOSE you are today paying 50c a tube for your tooth paste (and there are many very good dentifrices selling today at that price).

Suppose, like most people, you buy about twelve tubes during a year. Now if you knew that you could buy as good a dentifrice as can be made and still save each year the price of 25 loaves of bread or 60 bars of soap or 40 pounds of sugar or a box of fine cigars—could you conscientiously fail to take advantage of such an opportunity?

That is exactly what you do when you buy Listerine Tooth Paste at 25c for a large tube. Figure it out for yourself.

LISTERINE TOOTH PASTE

Large Tube

25¢

Pipe Organ Donated to Rutherfordton Church

Rutherfordton, July 8.—Miss Maude Coxe, of the Green River plantation and Asheville and her sister, Mrs. William Wright, of Philadelphia have donated a \$10,000 pipe organ to St. Francis Episcopal church here. Work of building the organ began last week and will be completed soon.

St. Francis church has been beautified recently by the addition of a terraced walk, boxwood plants set out and other flowers planted. The late Col. Frank Coxe and several of his children are buried here in the vault of the church. Miss Coxe and Mrs. Wright gave the organ in honor of their father, who founded the church.

FIRE DAMAGES PETTY'S SHOPPE

Small Blaze Wednesday Night Damages Stock of Goods—Birtie Beauty Shop Suffers

Last Wednesday night, at 11:50, a blaze in Petty's Shoppe, located on Mill Street, near the post office, did several hundred dollars worth of damage to the building and stock of goods. The blaze, of undetermined origin, was noticed near twelve o'clock. An alarm was immediately turned in and the fire department responded quickly.

The fire in Petty's Shoppe apparently originated near the floor in the northwest corner of the building. The stock was damaged considerably by smoke and water. The blaze itself did very little damage and was soon under control.

Marks Shoe Shop, located next door to Petty's Shoppe, suffered slight damage from water. The Birtie Beauty Shoppe in the old city hall building, was also damaged to a small extent by smoke and water. The block of buildings are owned by Mr. G. F. Bradley. His loss is approximately \$200.00, and is not covered by insurance.

GOLDEN VALLEY

Singing At Golden Valley Methodist Church—Annual Home Coming Day Sunday—Blight Hits Crops—Locals and Personals

Bostic, R-4, July 2.—The singing given at Golden Valley Methodist church Sunday, and sponsored by Mr. Edward Melton and his choir, was thoroughly enjoyed.

The annual homecoming day and reunion will be held at the home of Mr. and Mrs. J. D. Houser next Sunday. All are invited to attend and bring a basket.

Crops were looking fine in this vicinity until a few weeks ago. Cotton especially, is dying of some form of blight.

Mrs. J. E. Towery and daughter, Miss Bessie, visited Mr. and Mrs. Bruce Blankenship, of the Sunshine community last week.

Mr. Bedford Beaty, and family, of Spindale, visited Mrs. Beaty's parents, Mr. and Mrs. J. D. Houser, Sunday.

Misses Beth and Louise Gurley spent Saturday night with their cousins, Misses Nannie and Mary Melton.

Mr. Hubert Gamble, of Forest City, is spending a few days with relatives here.

Mr. Roosevelt Hunt, of Shelby, is visiting his uncle, Mr. Bob Houser.

Those visiting Mr. and Mrs. Dock Crow Sunday were Mr. and Mrs. Creed Fortune and Mr. and Mrs. Letcher Rollins.

The bridge across North Fork River is nearing completion. The continued rains of last week damaged the bridge to some extent, and came near washing it away. Messrs. Julius Turner and John Green, workmen on the bridge, were injured slightly last Saturday while at work on the bridge.

Miss Mary Fortune has returned home from the Shelby hospital where she recently underwent an operation.

Mr. Spurgeon Houser and family, of Akron, Ohio, are spending a few days with relatives in Tennessee.

Mrs. Avery McCurry had the misfortune of being injured again last week when she fell down. She is in a critical condition at present.

What we want in Forest City is a condition where the average citizen is a little above the average.

SPECIAL TERM OF SUPERIOR COURT CONVENES JULY 29

Judge J. H. Harwood, of Bryson City, To Preside At Special Session

Rutherfordton, July 8.—A special term of the superior court for trial of civil cases will convene here Monday, July 29, for one week, Judge J. H. Harwood, special court judge, of Bryson City, has been assigned to preside.

The following have been drawn for jury duty:

Jury List

J. D. Bailey, W. M. Walker, T. R. Scruggs, W. E. Wilson, L. M. Epley, M. O. Dickerson, Jr., J. B. Flynn, W. Waters, F. O. Lewis, J. E. Morris, J. S. Carpenter, C. P. McMahan, F. F. Nave, W. E. Hill, Paul Hawkins, Hague Kiser, John Green, H. P. Hines, W. R. Wells, J. M. Rollins, J. C. Wilson, B. D. Wilson, Jason Green, Grady Yelton.

Court Calendar

The following civil action cases are scheduled for trial at this term of court:

Monday, July 29.

R. M. Gallert, vs. F. M. Largent. B. M. Scoggins, al., vs. J. F. Hunt, al.

Chimney Rock Mts. vs. Mrs. Grace D. Little.

Floyd Whiteside vs. George W. Jones.

W. L. Wallace vs. Lake Lure Lumber Co.

A. L. McFarland vs. J. F. McDaniel and Kate D. Twitty.

Scrivens vs. Southern Bell Telephone Co.

Tuesday, July 30th

Bessie Logan, al. vs. W. C. Ellis, al.

Cleo Logan Davis vs. W. C. Ellis and C. C. Hoyle.

W. A. Harrill, vs. John Wrentz.

T. C. and Ollie Hardin, vs. Forest City.

J. C. Morrow and wife vs. Forest City.

Wednesday, July 31st.

M. W. Harris, vs. W. A. Harrill and Daisy Harrill.

H. H. Edwards and J. O. Ledbetter, vs. Jas. D. Washburn and P. L. Champion.

Mrs. Ada Dean, by Administrator, vs. Southern Railway Co.

Thursday, August 1st.

Mrs. E. R. Hand and Ronison vs. Mitchem.

R. G. Hill, vs. Carolina Mtg. Company.

Anderson Independent Tribune vs. E. T. Zyron.

Friday, August 2nd.

Mrs. Fennie Tipton, vs. Spindale Mills.

Motion Docket

Mrs. Julia Collins, vs. Federal Mortgage Co.

J. L. Collins, vs. Federal Mortgage Company.

Causby, al. vs. Logan Morris.

W. G. Harris, Commissioners, vs. Conduit Electric Co.

Wright Beckman Co., vs. W. W. Shores.

Federal Land Bank, vs. Matt Hampton, al.

Farmers Meetings Are Well Attended

According to F. E. Patton, county agent, the meetings held this week in the interest of sweet clover and alfalfa at the farms of J. A. Wilkie and O. J. Holler were well attended by farmers who were very much interested in the crops. Mr. D. S. Coltrane of the American Limestone Company, Knoxville, Tennessee was present and gave the farmers some excellent data and information on how to succeed in growing these crops.

Mr. F. H. Jackson and C. F. Crow for bringing most farmers, received a ton of lime each, while Mr. O. B. Grose and W. S. Bridges were presented a ton for coming the longest distance.

There were 30 farmers in Rutherford County who seeded a demonstration acre each of sweet clover last spring. Indications are that this crop is going to become a leader in the county as a soil builder and for pasture. Farmers who have tried it are very well pleased and are boosting it very highly.

According to Mr. D. S. Coltrane the three essentials in growing sweet clover is inoculation, lime and to have seed sown on a firm seed bed. Sweet clover inoculates the soil for alfalfa, also helps to destroy weeds and filth, enriches the soil and makes a very good foundation for seeding of alfalfa.



Where do your clothes go when they leave your home?

Do you risk having some of your intimate belongings worn by others before they are returned to you? It has happened to others. How can you know whether it has happened to you? Hand washing is sometimes speeded up with powerful powders to save time. These save time but they do not save clothes. Have all your clothes washed by us—scientifically in clear rainsoft water, with pure soap and returned to you completely sterilized.

Rutherford County Laundry
Forest City, N. C.



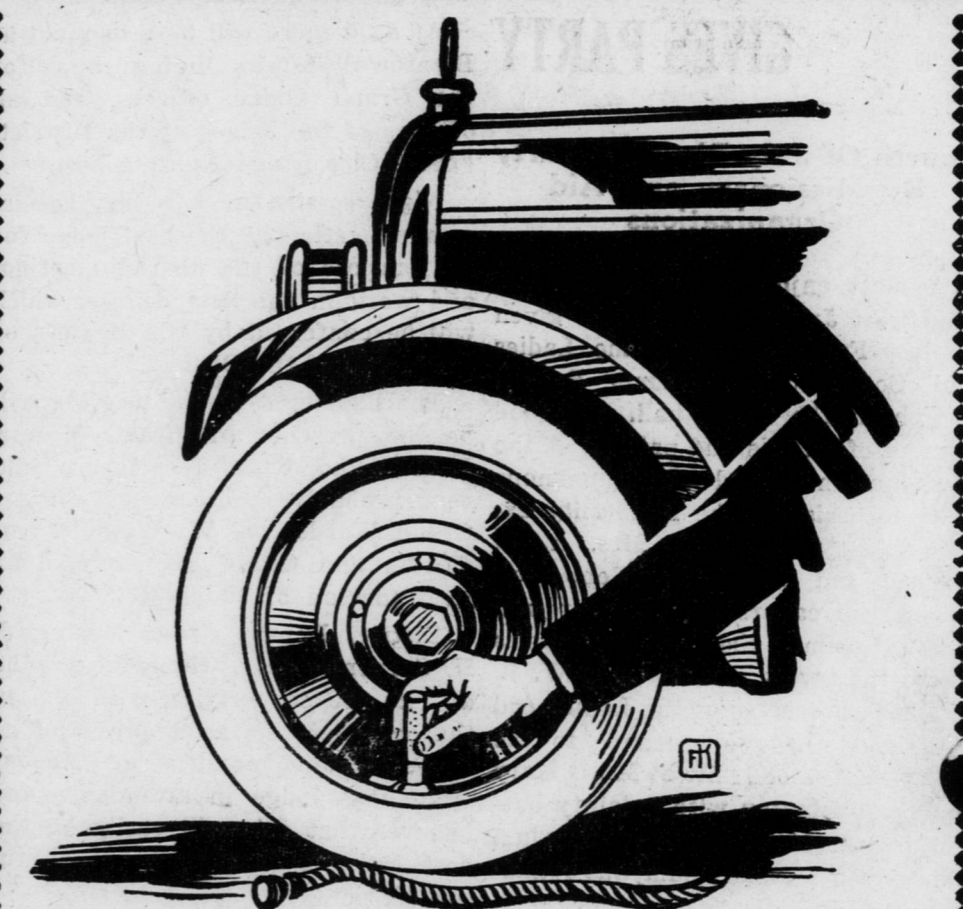
W. C. ROUNTREE, M. D.

sick, I especially want you to write for my booklet. Mrs. J. D. Collett, Route No. 4, High Point, N. C., whose picture appears here, writes: "During the winter of 1927-28 I took your treatments, and I am glad to say that my family doctor says I have no symptoms now. I look, feel, and am a different person altogether. I cannot thank you and your medicine enough."

FOR FREE DIAGNOSIS AND LITERATURE WRITE: W. C. Rountree, M. D., Austin, Texas.



MRS. J. D. COLLETT



Is It Enough?

You test your auto tires at intervals to see that the pressure is right—not too much—not too little.

Look at your insurance the same way. When you put your insurance problems in the hands of this Hartford Agency you know that your insurance is right at all times. You know that all your interests are properly safeguarded.

"We write policies right."



SECURITY Insurance & Realty Co.

G. B. HARRILL, Sec'y.-Treas.

— PHONE 64 —

Forest City,

N. C.

A Delicious Food

A food for protein; a food for mineral salts; for calcium and phosphorus; all the essential elements for health and strength are found in good cheese. And all the essential elements of good cheese are found in Kraft Cheese.

KRAFT CHEESE

KRAFT-PHENIX CHEESE COMPANY