### **BAPTISTS MEET** OCTOBER

Green River Baptist Associa- Hunt. tion To Hold Session at Bill's Creek Church.

Gilkey, Sept. 8.—Rev. A. P. Sorrels of Gilkey, Moderator, has announced the following program:

The Green River Baptist Association will convene with the Bills Creek church October 2, 3 and 5th, 1930, Thursday, Friday and Sunday, provided this meets the approval of the Bills Creek church and the endorsement of the Association ure, Rev. J. M. Brown. when it meets.

Thursday, October 2nd, 1930 First Day's Program.

10 A. M .- Thirty minutes' worship: 45 minutes' sermon; 15 minutes' report of committee on enrollment and organization.

Recess to 1:15 P. M. Thirty minutes for reports from

## Backache Leg Pains

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PEOPLES DRUG STORE



# When your Children Cry

your care cannot prevent them. But you can be prepared. Then you can do what any experienced nurse would do—what most physicians would tell you to do—give a few drops of plain Castoria. No sooner done than Baby is soothed; relief is just a matter of moments. Yet you have eased your child without use of a single doubtful drug: Castoria is vegetable. doubtful drug; Castoria is vegetable. So it's safe to use as often as an infant has any little pain you cannot pat away. And it's always ready for the crueler pangs of colic, or constipation, or diarrhea; effective, too, for older children. Twenty-five million bottles were bought



churches by their pastor or some Gives Play For delegate; one hour (if needed) for general discussion on the relationship of the Association to the churches and to the general work of the denomination, led by Rev. D. J.

Thirty minutes for report and discussion on our orphanage work, by Prof. W. E. Sweatt and others.

Second Day, October 3rd. Twenty minutes' devotional, led by H. C. Culbreth.

Thirty minutes each for State, Home and Foreign Missions. In order by Revs. Chas. B. Trammel, E. E. Grogan and E. P. White.

Recess to 1:00 P. M.

Twenty minutes religious litera-

Forty minutes, Our Denominational Colleges and Schools.

Twenty minutes, Aged Ministers Relief and Annuity, R. E. Price. Twenty minutes, Law and Order,

Rev. Thomas Hester. Miscellaneous business.

Sunday, 10:00 A. M.

W. M. U., and other organized work in our churches, 45 minutes, Mrs. G. G. O'Neil.

One hour for Sunday school. Recess to 1:00 P. M.

Afternoon, B. Y. P. U. work, planned and led by Miss Esther

#### Eat Little Mutton In North Carolina

Few North Carolina citizens have the chance to eat home-grown lamb and mutton.

"We have less than one sheep for each three persons in the State,' says Earl Hostetler, animal husbanman for the Experiment Station at State college. "In 1929 we had only 116,418-head of sheep listed. Quite a few of these were breeding animals. Then when we consider that the average 75 to 80 pound lamb cut only 12 to 14 pounds of lamb chops a very meager ration is available for each North Carolinian who wishes to follow Governor Gardner's live-at-home injunction."

Mr. Hostetler finds that 50 percent of the entire sheep population is oats and barley were good,, though, in five western counties. While these and I have enough of them to feed five counties are well adapted to the industry, there are also excellent opportunities for growing sheep in other parts of the State. This is true especially of eastern Carolina where abundant feed crops, mild winters, and early spring pasture is suitable for the production of spring lambs.

vantage. He can reach this market, mixture per day for each four

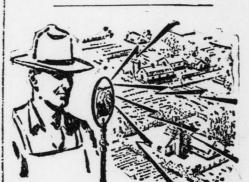
He concludes that sheep are more profitable than any other class of animals when the initial cost is conto disease and cannot take care of themselves under adverse conditions. Given the right conditions and proper care, however, they will pay a good profit and should be found on

## Alexander School

Spindale, Sept. 8 .- The Epworth League chapter of the Spindale Methodist church gave a play "All on Account of Polly" Saturday evening at Union Mills, for the benefit of the Alexander School for Motherless children. The receipts from the play were given to the school. All of the inmates of the Alexander school were admitted free of charge. This play was given at the Spindale House a short time before, with splendid success, and the Leagues decided to take the play to Union Mills for the benefit of the school.

After the play those taking part as characters took up a collection and bought the inmates of the home a large amount of candy, which was greatly enjoyed by the children.

Besides realizing a neat sum for the school, the play afforded a real treat to the many children of the school.



BROADCASTS.

STATION YFBL-YOURS FOR BETTER LIVESTOCK. Mr. Average Farmer speaking.

There's lots of talk about the drought and farm relief. Plenty of the farmers need relief, I guess, but there are several in my neighborhood who always look ahead and who were prepared for the worst when the drought came. I had followed the example set by them and as a result I am not so hard hit by the drought,

It's true that my corn isn't going to make much, and my hay crop was pretty short, but I think I'll have enough alfalfa to run me. My my herd of 16 dairy cows through the winter. I'm going to cut most of my corn before it gets too dry and put it in the silo. I know I'll have plenty of silage.

I'm not even going to depend on my corn for grain feed this year, but am going to feed barley in its As a usual thing, few lambs reach place. Barley is just as good feed the market in May and June and anyway. I am now feeding a ratherefore the price is good during tion, with alfalfa hay, of the folthese two months. Lambs dropped in lowing grain: 200 pounds of ground January and February, if properly barley, 300 pounds of ground oats, fed and looked after, will be ready 200 pounds of wheat bran, and 100 for the market on June 1. Here is pounds of linseed meal. I feel my where the eastern farmer has an ad- Holsteins one pound of this grain says Mr. Hostetler. Then too, he pounds of milk, and they are giving plenty of milk.

I have several cows due to freshen during the next month and I expect to make first class dairy cows cut of the heifer calves. For the first six months I am going to feed the calves skim milk and a grain mixture made of 200 pounds of ground sidered. They are more susceptible barley, 200 pounds of ground oats, 200 pounds of wheat bran, and 100 pounds of linseed meal. They can't keep from growing with that feed.

> See you again soon. STATION YFBL-YOURS FOR BETTER LIVESTOCK-singing off. Goodby.



#### MR. R. E. PRICE MANAGER YOUNG DEMOCRATIC CLUB

Rutherfordton, Sept. 8.-R. E. Price, Editor of The Rutherford County News, has been appointed manager of the Young People's Democratic clubs for Rutherford county. A general get-together meeting will be held in Asheville soon and he hopes to attend. The Democrats of Rutherford county will wage an active campaign this fall. He is also a member of the Executive Committee of the North Carolina Press Association, which is the governing body of the State Association. The committee is made up of four daily and four weekly newspaper men in the State.

RALPH MORRIS HONORED.

Mr. Ralph Morris, son of Mr. J. D. Morris, of Spindale, has been elected president of the A. Blanton Grocery Co., with headquarters in Marion. He has been with this well Thorn from about twelve years.

## SHILOH NEWS

Rutherfordton, R-1, Sept. 2 .- The Shiloh choir went to the singing convention at Mountain View Sunday

Mrs. Sidney Hamrick, of Richmend, Va., and Miss Ila Hamrick, of Spindale, spent a few days with Mr. and Mrs. A. G. Hamrick last

Mr. Broadus Jones, of Winston-Salem, spent Sunday with his parents, Mr. and Mrs. B. M. Jones.

Mrs. Worth Owens and little daughter, Bonnie Blanch, of Spindale, are spending two weeks with her mother, Mrs. M. E. Ruppe.

Mr. Claude Blanton and family, of Ferest City, visited at Mr. Germane Huntley's Sunday.

Mrs. C. M. Champion and Mr. and Mrs. Herbert Cole attended the Lewis reunion Sunday.

Miss Odessa Jones has been spending some time in Spindale with her sister, Mrs. Gilford Ledbetter, who is recovering from an operation.

Miss Nell McBrayer and Mr. and Mrs. A. G. Hamrick returned hom from Bocne last week where they have been attending summer school.

The prayer meeting was well attended last Sunday night, which was conducted by Rev. B. M. Hamrick. We hope the people will continue to come each Sunday night and take part in these prayer services.

Most people are broad minded until they are forced to consider problem that effects them personal-

#### **ONLY A DOCTOR KNOWS** WHAT A LAXATIVE SHOULD BE



Danger lies in careless selection of laxatives! By taking the first thing that comes to mind when bad breath, headaches, dizziness, nausea, biliousness, gas on stomach and bowels, lack of appetite or energy warns of constipation, you risk forming the laxative

Depend on a doctor's judgment in choosing your laxative. Here's one made from the prescription of a specialist in bowel and stomach disorders. Its originator tried it in thousands of cases; found it safe for women, children and old folks; thoroughly effective for the most robust man. Today, Dr. Caldwell's Syrup Pepsin, as it is called, is the wori most popular laxative. It is composed of fresh herbs and other pure ingredients. You can get it, in generous bottles and ready for use, at any drugstore.

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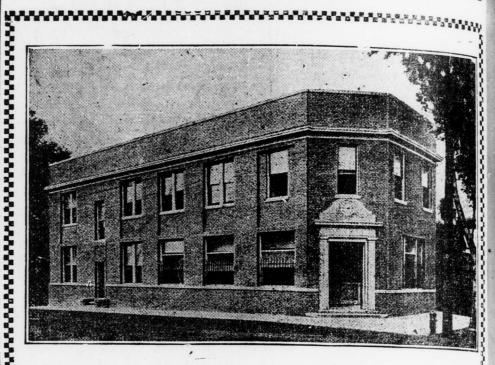
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# The First Lesson

School days are here again and we know of one important first lesson that is often neglected. Thrift. . . must be taught from a child on to make it a simple matter. With all first lessons teach your child the value of money especially the value of saved money. It will be one lesson that will be remembered forever and will benefit him more than you may realize. START A SAVINGS ACCOUNT TODAY FOR YOUR CHILD.

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