

"BURSTING HEADACHES"
 Dizzy Spells

Mrs. Cora Moshier, of 601 North New Orleans Ave., Brinkley, Ark., writes: "I was so constipated until I was just sick. I could not stand to take strong medicine, so I decided I would take Black-Draught, and I found it to be all right. "I would have such dizzy spells, and such bursting headaches, until I could hardly go. But after taking a few doses of Black-Draught, I would feel just fine. It is a good medicine, and I recommend it to all who suffer as I did. It is very easy to recommend a medicine that has done as much for me as Black-Draught has done."

THEODOR'S Black-Draught
 For CONSTIPATION, INDIGESTION, BILIOUSNESS

Women who need a tonic should take **CARDOL**. Used over 50 years.

YOU HAVE A DOCTOR'S WORD FOR THIS LAXATIVE



In 1875, an earnest young man began to practice medicine. As a family doctor, he saw the harm in harsh purgatives for constipation and began to search for something harmless to the sensitive bowels. Out of his experience was born a famous prescription. He wrote it thousands of times. It proved an ideal laxative for old and young. As people saw how marvelously the most sluggish bowels are started and bad breath, headaches, feverishness, nausea, gas, poor appetite, and such disorders, are relieved by the prescription, it became necessary to put it up ready for use. Today, Dr. Caldwell's Syrup Pepsin, as it is called, is the world's most popular laxative. It never varies from Dr. Caldwell's original effective and harmless formula. All drugstores have it.



When your Children Cry for It

There is hardly a household that hasn't heard of Castoria! At least five million homes are never without it. If there are children in your family, there's almost daily need of its comfort. And any night you may find you very thankful there's a bottle in the house. Just a few drops, and that colic or constipation is relieved; or diarrhea checked. A vegetable product; a baby remedy meant for young folks. Castoria is about the only thing you have ever heard doctors advise giving to infants. Stronger medicines are dangerous to a baby, however harmless they may be to grown-ups. Good old Castoria! Remember the name, and remember to buy it. It may spare you a sleepless, anxious night. It is always ready, always safe to use; in emergencies, or for everyday ailments. Any hour of the day or night that Baby becomes fretful, or restless, Castoria is never more popular with mothers than it is today. Every druggist has it.



SPINDALE FIRE LADDIES ENJOY BANQUET FRIDAY

Fire Department Members and Invited Guests Participate in Enjoyable Luncheon Meeting.

Spindale, Oct. 27.—One of the most enjoyable occasions held here for some time was the firemen's banquet, given by the Spindale Fire Department, at the Spindale House Friday evening. The luncheon was given for the firemen and invited guests, including the city officials, mill officials, ministers and others. Twenty-eight plates were served. Chief of police Yates Duncan, who is chief of the fire department, acted as toastmaster. Rev. B. P. Parks, pastor of the First Baptist church, asked the blessing. An excellent luncheon was served by the ladies of Spindale Methodist church.

Immediately after the luncheon Mr. S. E. Elmore, mayor, was called upon for an address. He reviewed briefly the great fire disasters of history from the dawn of civilization to the present. He also spoke of the great advance made in controlling and fighting fires.

Every member present was given an opportunity to speak briefly, and many did; the speeches all being in an humorous vein, interspersed with jokes and humorous anecdotes. Mr. K. S. Tanner gave a few words of caution to the fire laddies, and spoke highly of their ability as firemen. Messrs. C. B. Culbreth, S. K. Yelton and T. M. Plonk, members of the board of aldermen, spoke words of appreciation and encouragement to the firemen. Mr. G. A. Williams, superintendent of the Spinners Processing company, also cautioned the firemen against recklessness in their work, and complimented the town's fine fire fighting organization. Mr. W. R. Wells, superintendent of the Elmore Corporation, J. O. Williams, superintendent of the Spencer Corporation and J. C. Cowan, Jr., superintendent of the Stonecutter Mill, spoke in a humorous vein. Other speakers were G. Lipscombe, city superintendent; Revs. M. M. Huntley, B. P. Parks and W. Arthur Barber, J. H. Hill, Ed Nanney and Clarence Griffin.

Mr. Thomas A. Stewart, of Charlotte, representative of a fire fighting equipment house, was profuse in his compliments to the local department; and in a brief way told of the needs of the department, in way of new equipment. The banquet was one of the most enjoyed affairs of its kind ever held here. The event was marked by the best of humor and congeniality, and the witty and humorous stories were a feature of the gathering.

Those attending the banquet were as follows: Firemen—Yates Duncan, chief; George Green, assistant chief; Luther Sherrill, secretary; R. R. James, treasurer; Floyd Jones, Captain, hook and ladder department; Hal Sherrill, Ed Nanney, Worth Owens, H. A. Bradley, Barney Dalton, Alton Dotson and Robert Spangler.

Invited guests were S. E. Elmore, Mayor; T. M. Plonk, C. B. Culbreth, S. K. Yelton, aldermen; Revs. M. M. Huntley, B. P. Parks and W. Arthur Barber; G. Lipscombe, city superintendent; K. S. Tanner, Thomas A. Stewart, J. H. Hill, G. A. Williams, W. R. Wells, J. C. Cowan, Jr., J. D. Williams and Clarence Griffin.

The Tarheel Red Farm of Salisbury won sweepstakes prize for the best male bird in the State Fair poultry show recently with a single comb Rhode Island Red cockerel.

\$13.00
 FOREST CITY TO Washington, D. C. AND RETURN VIA Southern Railway System.

Tickets good going and returning on all regular trains (except Crescent Limited). Final limit 5 days. Fine opportunity to visit the Nation's Capitol.

R. H. GRAHAM, Division Passenger Agent, Charlotte, N. C.

ELLIOTT-RUCKER.

Rutherfordton, Oct. 29.—The marriage of Miss Edna Rucker to Mr. Henry Elliott was announced here Thursday. The Rev. M. M. Huntley performed the ceremony at his home on route one on October 16 at 7:30 o'clock in the evening. This announcement was a surprise to their many friends.

The bride is the daughter of Mr. James A. Rucker, of this place and is a graduate nurse of the Rutherford Hospital. She was attractive in a lovely blue crepe ensemble with accessories to match.

The groom is the son of Mr. Andrew Elliott, of Cleveland county and is a prosperous farmer.

The couple left here Thursday for a honeymoon trip to Eastern North Carolina. Returning, they will make their home in Cleveland county. Both the bride and groom are members of well known families in this section of the state.

AUCTION SALE NEXT SATURDAY

Harrill and King Will Sell Some Valuable Real Estate in Spindale.

On next Saturday, beginning at 1:30 o'clock, Harrill and King, real estate dealers of this city, will sell some valuable real estate in Spindale. The property which they will offer at auction belongs to the defunct Rutherford County Bank and Trust Company, and is being sold by order of the liquidator, Dr. John D. Biggs.

The property consists of one brick building facing Highway No. 20, next to the Spindale Furniture Company, and now occupied by the Spindale Hardware Co., one frame store building on Spindale street; the Cobb dwelling house on Elmore Street; and two six rooms houses near the Champion Lumber Company plant.

The sale begins at 1:30 at the Spindale Hardware Co. Band music will be a feature during the sale.

COUNTY MINISTERIAL ASSOCIATION MEETING

The Rutherford County Ministerial Association will meet in the Spindale House Monday, November 3, at ten o'clock. Rev. C. I. Taylor will lead the discussion. All ministers are invited to be present.

INFANT DIES.

D. V. Hill, five months old infant of Daisy Hill, died Saturday night. Funeral services were held Sunday afternoon at the Missionary Methodist church with Rev. W. M. Reid in charge. Interment was in the Henrietta cemetery. Pall bearers were Zeb Head, E. S. Sick, Edgar Head and T. N. Lovelace.

GOLDEN VALLEY

Bostic, R-3, Oct. 26.—The annual conference is over and the Golden Valley Methodist charge has as its new pastor, Rev. Harkey of Hickory. It is not known when Rev. Mr. Harkey will preach at Golden Valley yet. All the members welcome Rev. Harkey to this charge.

There are several of this community on the sick list, we are sorry to note. Among those are Misses Nannie Melton, Ethel Grayson, little William Greene, and Mr. Wilt Blankenship who cannot live only just a space of time.

Mr. and Mrs. Claude Melton, of Spindale, recently moved into the house with Mrs. Melton's mother, Mrs. Harvey M. Propes.

Farmers are making good use of their time gathering their crops these lovely autumn days and it is thought that they will be done gathering and be thankful for it on Thanksgiving day.

Mr. Roy Melton, of High Point, is spending a fortnight with his parents, Mr. and Mrs. J. H. Melton.

Sweepstakes for the best female in the State Fair Poultry Show went to a Dark Cornish hen owned by Olan Barnes of Guilford Road Greensboro.

The 4-H poultry club members of Catawba county were awarded the sweepstakes prize for having the best bird owned by a club member at the North Carolina State Fair Poultry Show. The chicken was a single comb Brown Leghorn hen.

ORGANIZE GRANGE AT MT. PLEASANT

J. W. Matheny Elected Master—Miss Dorothy McDaniel Secretary—Twenty-Two Charter Members.

Forest City, R-1, Oct. 20.—The people of the Mt. Pleasant community organized a chapter of the Grange at the Mt. Pleasant school house on Thursday evening, October 16. Twenty-two charter members were initiated by Mr. Fawcett, state organizer for North Carolina. J. W. Matheny was elected master, Miss Dorothy McDaniel, secretary, and Rex Long, lecturer.

Organization of the Mt. Pleasant Grange came as the climax to a very interesting community meeting. The meeting was presided over by J. W. Matheny, and after the invocation by Rev. Jones, pastor of the Mt. Pleasant church. D. H. Sutton introduced Mr. Fawcett. Mr. Fawcett made a very interesting address on the history, purpose and achievement of the National Grange. He said that the Grange, which is the largest organization of its nature in the world; really belonged to Southern people, as it was started in an effort to help the prostrate Southern farmers in 1867. President Johnson appointed a great agricultural economist to make a survey of the South and plan a way to help the farmers. This economist was a 32nd degree Mason, and he found the Masonic fraternity the most successful approach he could make to the Southern people. Therefore he conceived the idea of an organization, fraternal in nature, for the farmers. This organization was the National Grange.

The purposes of the Grange as discussed by Mr. Fawcett; were described as being social, economic and political. He emphasized the fact that the last named was not partisan in nature. He cited several great legislative reforms which the Grange has been instrumental in bringing about, but said that the rules of the Grange were that any member who discussed partisan politics at a meeting was automatically expelled.

Among the legislative achievements of the Grange, Mr. Fawcett cited the R. F. D. service, the parcel post service, and many others. He gave as one great legislative objective of the Grange at present the securing of Federal aid for rural schools on the same basis as Vocational Agriculture and Home Economics aid is now secured.

He gave many instances of economic benefits which specific communities have derived from the Grange, and added that both legislative and business helps were small in comparison with the social help that the Grange gave a community. He compared the Grange to a rural Rotary or Kiwanis Club, and gave instances of community developments that were the result of Grange work.

The part of the women in the Grange received a good deal of attention from the speaker. He told of one place in North Carolina where he did not organize a Grange because there were no women who came to the meeting. He said there were certain offices in the Grange which could be held only by women. Wives of Grange Committee members are ex-officio members of their husband's committees and the work of the women and younger members of the farm families is among the most important phases of Grange work.

At the close of Mr. Fawcett's address, Mr. Matheny called upon Rev. Jones who discussed the possibilities of a Grange at Mt. Pleasant in a very eloquent manner. Then Mr. Matheny appointed Norman Morgan to solicit members in the audience. Mr. Morgan secured 22 names, and these persons withdrew to a class room and were initiated into the organization.

The charter members were: Mr. and Mrs. J. W. Matheny and Miss Mallie Matheny, Mr. and Mrs. J. S. Morgan and Norman Morgan, Mr. and Mrs. J. C. Link, Mr. and Mrs. J. M. Price, Mr. and Mrs. D. H. Sutton, Rev. and Mrs. J. W. Jones, Mr. and Mrs. Rex Long, Messrs A. B. Blanton, J. P. Lewis, M. P. Reid, Mrs. J. D. Smith, Misses Dorothy McDaniel and Sarah Burton Jenkins.

The master appointed a membership committee consisting of Mr. Rex Long, Mr. M. P. Reid, Mrs. J. S. Morgan, and Mrs. J. D. Smith to work with him and Mrs. Matheny in securing new members. A second meeting will be held on Thursday

evening, October 23rd, at the same place. The charter which will be received at this meeting will be the one hundredth issued to Granges in North Carolina. Mr. Fawcett has been working in the organization for a year, with the result that there are now 100 chapters in various parts of the state. The Mt. Pleasant Grange is the second to be organized in Rutherford county. One at Gilkey was organized some weeks ago.

Velvet Bean Seed Best Home Grown

Home grown velvet bean seed are more dependable than bought seed. "This is a valuable lesson learned this year by R. S. Porter of Bladen county," says Enos C. Blair, extension agronomist at State college. "Last fall Mr. Porter gathered a quantity of velvet beans by hand. He placed the clusters of pods in sacks and hung the sacks in a dry shed where they remained until spring. By this time, they were thoroughly dried out. It was then an easy matter to beat out the beans with a stick and to clean them by pouring the seed from one container to another in a stiff breeze. These beans were planted this spring and produced an excellent crop."

But at the same time, says Mr. Blair, Mr. Porter planted several acres of velvet beans in the same field with seed bought in the open market. They were the best he could find, though they did not look good at planting time and did not germinate nearly as well as the home grown seed. In fact, only 15 percent germinated.

Mr. Blair believes that these purchased seed were threshed and sacked or piled in bulk before they were thoroughly dried. They more than likely went through a heating process. Or the seed might have been left out in the field for a part of the winter, exposed to damage by rains.

At any rate, Mr. Blair believes it to be a safe practice to save a good supply of home grown velvet bean seed each year. These should be gathered as soon as possible after frost and either spread out or hung up to dry in a well protected and ventilated place until the pods are thoroughly dry. Then the seed may be threshed. To do this is much cheaper and more certain than to buy seed about which the grower knows nothing, he says.

Buy handkerchiefs with what it saves

It isn't necessary to pay 50¢ or more to get quality in a dentifrice. Listerine Tooth Paste, made by the makers of Listerine, comes to you in a large tube at 25¢. Note how it cleans, beautifies and protects your teeth. More over it saves you approximately \$3 a year over 50¢ dentifrices. Buy things you need with that saving—handkerchiefs are merely a suggestion. Lambert Pharmaceutical Co.

LISTERINE TOOTH PASTE 25¢

Pale and Weak

"I think Cardui is a wonderful medicine, for I improved greatly after taking it," says Mrs. A. W. English, of R. F. D. 4, Roanoke, Va. "When I was just a girl of 13, my mother gave this medicine to me, and it did me a great deal of good. I was weak and run-down. After I had taken Cardui awhile, I felt much better. "In 1924, my health was poor. I felt miserable, and hadn't enough strength to do my housework. It took all my willpower to keep up. I was pale and weak. "I got Cardui again and took it. My improvement was wonderful. I can recommend Cardui to others, for my health was so much better after I had taken a course of the Cardui Home Treatment."

CARDUI Helps Women to Health

Take Theodora's Black-Draught for Constipation, Indigestion, Biliousness. Only 1 cent a dose.

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 For **YOUR EYES**
 Night and Morning to keep them Clean, Clear and Healthy
 Write for Free "Eye Care" or "Eye Beauty" Book
 Murine Co., Dept. H. S., 9 E. Ohio St., Chicago



"Smile at the Ache"

Ordinary pains—headache and neuralgia, muscular pains, functional pains, the headache and congested feeling of a cold in the head—how quickly they disappear when you take a tablet or two of

DR. MILES' Aspir-Mint

Dr. Miles' Aspir-Mint is the new, stable, mint-flavored tablet that is making people all over the country "Smile at the Ache" Your druggist has them. 15c and 25c Packages

YOU'LL GET RELIEF OR YOUR MONEY BACK



You probably know from experience how promptly and completely Bayer Aspirin relieves a headache. But until you try it for some deep-seated pain such as neuralgia or neuritis you can not know its full effectiveness. Bayer Aspirin long ago proved that much suffering is needless. Doctors know it is safe to use freely. Just be certain to get genuine Aspirin with Bayer on the box and on every tablet.

BAYER ASPIRIN
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Makes Life Sweeter

Too much to eat—too rich a diet—too much smoking. Lots of things cause sour stomach, but one thing can correct it quickly. Phillips Milk of Magnesia will alkalize the acid. Take a spoonful of this pleasant preparation and the system is soon sweetened. Phillips is always ready to relieve distress from over-eating; to check acidity; or neutralize nicotine. Remember this for your own comfort: for the sake of those around you. Endorsed by physicians, but they always say Phillips. Don't buy something else and expect the same results!

PHILLIPS Milk of Magnesia