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TYPHOID FEVER—ITS HISTORY.

Definition and Historical Items—The Individual's Duty in the Typhoid Problem.

By Dr. W. S. Rankin.

The word typhoid means a stupor-like fever. The disease was clearly separated from typhus fever, a disease which resembles it somewhat, in the forties of the last century. This later disease, typhus fever, is now almost extinct. The cause of typhoid fever is a small germ called the typhoid germ or bacillus typhosus. This germ was discovered by Eberth, a German scientist, in 1880.

GEOGRAPHICAL.

Typhoid fever is one of the most widespread of the infectious diseases. It occurs in the tropics, and in far northern and southern latitudes at sea level and in the mountains, in the city and in the country, and practically wherever man may go and local conditions do not prevent the dissemination of the disease. The B. typhosus has about the same limits of latitude and longitude as man himself, and no country or race is known to be immune from the disease. While this is true it is also a fact that the frequency of the disease in different countries varies considerably. For example, typhoid fever is twice as frequent in the United States as in England and three times as frequent as in Germany. However, all authorities agree that this difference in distribution of the disease is not due to differences in soil, occupations, or amount of moisture in these different countries. A temperature of 80 to 95 degrees does, by increasing germ growth and more particularly by bringing flies, increase the number of cases of typhoid. With the summer come flies and typhoid. With the exception of variations in frequency caused by differences in temperature in different parts of the world, all races are equally liable to this curse of filth. Dr. Osler's saying, "Typhoid fever is the best index to the sanitary intelligence of a community," is axiomatic with sanitarians.

FREQUENCY OF THE DISEASE.

Of every 100,000 inhabitants of the United States, 4,65 die every year from typhoid fever. To appreciate what this means, we may compare it with the typhoid death rate in other countries. This death rate per 100,000 population in Scotland is 6.2; in Germany 7.5; in England and Wales 11.2; in Belgium 16.2; in Austria 19.9; in Hungary 28.3; in Italy 35.2; in the United States 46.5. Differences in climate, soil and geographical peculiarities are not sufficient to explain these variations in death rates. Their explanation is dependent upon differences in the sanitary intelligence of the people in these different countries. We lose 35,000 lives every year in the United States from typhoid fever; in addition we have 350,000 others sick on an average of six weeks apiece. Certainly the typhoid problem is a grave concern for our country to grapple with.

IMPORTANCE OF TYPHOID TO THE INDIVIDUAL.

But what does it mean, not to the country, State, or community, but to you, just you? It means that if you come within the rule of probability, if your life is governed by rule instead of exceptions, you will have one chance out of six to have this disease, and one chance out of sixty to

die with it; that is, in a family of a wife and four children, according to the rule, one of them will have this disease, and the chance is one out of sixty for one of your family to die with the disease.

THE INDIVIDUAL'S DUTY TO THE TYPHOID PROBLEM.

And what is the least you can do in the fight? "Knowledge is power," is the power that puts to flight this unseen foe, the typhoid germ which in six years kills more people than were killed on both sides during the four years of civil war; and which causes the loss of \$350,000,000 to the United States every year. Equip yourself for your part of this fight with the knowledge of how the disease picks off its victims and how it may be prevented, and then, according to your circumstances, use this knowledge.

Open Air Schools Increase Rapidly.

Since January 1, 1907, sixty-five Open Air Schools for children afflicted with or predisposed to tuberculosis have been established in twenty-eight cities, according to an announcement made in a bulletin issued by the National Association for the Study and Prevention of Tuberculosis.

The first Open Air School in the United States was established on January 1, 1907 by the Board of Education of Providence R. I., at the instance of Dr. Ellen A. Stone. The next school was established in May of the same year at Pittsburg, a third one at Boston in July, 1908, and the fourth at Bellevue Hospital in New York in December, 1909. During the year 1909 ten schools in five different cities were opened; in 1910, sixteen schools in twelve cities were opened; and eight schools in five cities have been opened to April 1, 1911, while definite provision has been made for twenty-seven more schools in six cities. Many cities are considering the question and will act during the coming year.

New York City now has in operation twelve open air schools and classes, and definite provisions has been made for fourteen similar classes to be opened by next fall. Boston has five open air classes in its schools, and Chicago also has several.

According to reports received by the National Association, the result of the open air class-work has been to restore most of the children to normal health and efficiency. One of these open air schools or classes should be established for each 25,000 population, especially in cities.

Too Low in Both States.

Norfolk Virginian Pilot.

North Carolina land is assessed for taxation at an average of \$6.30 an acre. From what we know of the state the valuation is ridiculously low. This may be accounted for the fact that the annual revenues of the state have shown a deficiency as against necessary expenditures. Nor does so low an assessment furnish an attractive advertisement for agricultural settlers from other sections. We have not the figures at hand to show the conditions in Virginia. But if they are similar, there is need for both the lawmakers and the courts to sit up and take notice.

A man may know too much to love a girl, but not enough to keep her from making him tell her he does.

The north pole is cold and distant.

PLANT PURE SEED.

Farmers Often Humbled—Have Your Seed Tested Free of Charge.

Now is the time the farmers of the state are preparing for the harvest time, which means the money they shall realize and upon which their living depends. But what shall it be? To no considerable measure it depends upon what kind of seeds are sown. Often absolute failures are caused by planting poor seed that will not grow or still worse, seed that is badly adulterated with serious weeds which entirely ruin the land for certain agricultural purposes, often upon which the farmer most depends.

That there is a great difference in the farm seeds sold in the state is forcibly shown by the difference in the results of the analysis made at the seed testing laboratory of the Department of Agriculture, cooperating with the United States Department. For example, the results of the 125 tests of Red Clover seed made this spring by the Seed Laboratory ranged all the way from 50 per cent to 99.6 per cent pure seed and from 20 per cent to 97 per cent germination. Some contained no weed seeds at all, while others contained more than 90,000 to the pound. Some samples contained more than 50 per cent of Dodder or Love vine, which is the worst of all pests that occur in clovers and alfalfa. This great difference in the quality of seed is not only true in case of red clover but of all the farm seeds.

Not only the loss of money paid for seeds, which is really a small item, but the failure to obtain crops can be prevented by knowing the value of the seed which is planted. The Department will make tests of all agricultural and vegetable seeds for any farmer in the state free of charge and reports will be sent to him promptly. In case the seed does not come up to the standard of good seed the lot may be returned to the dealer from whom it was purchased and the money refunded or a good quality of seed given in exchange which ever the purchaser desires. In submitting samples to be tested, for the smaller seeds, such as red clover and the grasses, one half of a teacup will be sufficient; for the larger seeds, such as the cereals, more should be sent.

Address all samples to the Seed Testing Laboratory, Department of Agriculture, Raleigh, N. C., with the following information: retail price of seed and name and address of dealer from whom it was purchased.

Wasted Energy.

"I give you my word," said the milk toast philosopher, "that when I discovered that the clock I had been careful to wind every night for ten years was an eight-day clock I was inclined to be petulant."—Browning's Magazine.

Midnight in the Ozarks

and yet sleepless Hiram Scranton, of Clay City, Ill., coughed and coughed. He was in the mountains on the advice of five doctors, who said he had consumption, but found no help in the climate, and started home. Hearing of Dr. King's New Discoveries, he began to use it. "I believe it saved my life," he writes "for it made a new man of me, so that I can now do good work again." For all lung diseases, coughs, colds, lagrippe, asthma, croup, whooping cough, hay fever, hemorrhages, hoarseness or quinsy, its the best known remedy. Price 50c and \$1.00. Trial bottle free. Guaranteed by Rich Square Drug Co., T. H. Nicholson of Murfreesboro.

Asia's Greatest Lesson For The South

"The prosperity of every man depends upon the prosperity (and therefore upon the efficiency) of the average man."

So I have argued for years, and in season and out of season, in The Progressive Farmer and in public addresses in five or six Southern States, and the most impressive fact I have discovered in all my travel through the Orient is the fundamental, world wide importance of this too little accepted economic doctrine. It is the biggest lesson the Old World has for the New—the biggest and the most important. Will you follow me then, Gentle Reader, a little more seriously and thoughtfully than usual, while we consider together what I believe to be the most noble message I shall carry back to my people at home?

In part it is my old message—the one with which you have perhaps grown familiar in my speeches and published articles. It is that you prosper just in proportion to the prosperity of the masses of the people with whom you deal. That if the masses of the people are poor and ignorant, every individual, every interest, every industry, in the community will feel and register the pulling-down power of their backwardness as inevitably and as accurately as the thermometer records the temperature of the air—the merchant will have poorer trade, the doctor and lawyer smaller fees, the railroad diminished traffic, the bank smaller deposits, the preacher and teacher smaller salaries, and so ad infinitum. Every man who through ignorance, lack of training, or by reason of any other hindering cause, is producing or earning only half as much as he ought; his inefficiency is making everybody else in the community poorer. In short, your prosperity, no matter in what business you are engaged, depends upon the prosperity of the average man; the prosperity of the average man depends upon his efficiency; his efficiency depends upon intelligence of a practical sort—Clarence Poe, in Raleigh (N. C.) Progressive Farmer.

An Envidable Birthright.

One of the greatest boons that can come to a human being is to be born on a farm and reared in the country, says Orison Swett Marden in "Success Magazine." Self-reliance and grit are oftenest country-bred. The country boy is constantly thrown upon his own resources, forced to think for himself, and this calls out his ingenuity and inventiveness. He develops better all-round judgment and a more level head than the city boy. His muscles are harder, his flesh firmer, and his brain-fiber partakes of the same superior quality.

The very granite hills, the mountains, the valleys, the brooks, the miracle of the grow-log crops are every moment registering their mighty potencies in his constitution, putting iron into his blood and stamina into his character, all of which will help to make him a giant when he comes to compete with the city bred youth.

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LACK OF OBEDIENCE A CURSE.

Dr. Shaw Preaches the Old-Fashioned Doctrine of Training and Controlling Children.

Rev. Dr. A. R. Shaw, of Charlotte, who conducted a meeting in Greensboro recently, is thus reported by the Greensboro News:

Dr. August R. Shaw preached a sermon to parents at Westminster church last night, touching vital questions in the light of Biblical authority and teaching. His text was Genesis, 44:20: "For how shall I go up to my father and the lad be not with me?" The little child is God's gift to the home. If the Bible doesn't teach original sin it doesn't teach transgression. Ignorance, weakness, sinfulness must be overcome by teaching and training. The difference between teaching and training is that we teach by telling to others and giving out information, and we train by what we are and what we do. If training is deferred until a certain point in life, it may be too late.

Dr. Shaw emphasized the great importance of firm, united discipline in the home, and emphasized the word "united." If there be a difference of opinion between parents they should settle it without the children knowing it. The lack of obedience is cursing the world.

The speaker declared he had no patience with the curse of maudlin sentiment which says the children cannot be controlled. The place for a disobedient boy is at the busy end of a switch.

"I'll tell you, a convenient peach tree in the back yard is a great institution," Dr. Shaw declared with emphasis.

"When children dictate to their parents they have almost no father and only a fraction of a mother. Never deceive a child. I've heard some parents making threats in order to frighten their children into doing things. If you haven't moral backbone enough to control your children without lying to them it is unfortunate that you have any children. Dr. Dabney once declared that next to vice ignorance is our greatest opprobrium.

Do not seek to leave your children a fortune—the result may be litigation, estrangement and ruin.

"A boy reaches 'fool's hill' when he finds out that his father is a dear old fellow but a back number, that his mother is a dear old soul but out of date, that the lawyers are not up in their profession, that the farmers don't know how to farm. Watch out for your boy when he reaches that hill—it is a dangerous place and he may be ruined beyond repair before he reaches the summit.

"If you have cards in your home if you'll take my advice you will put them in the grate before you sleep tonight. A small boy went home from church under conviction of sin and ran to tell his mother, who was in a game of bridge whist. She heard a few words and wailed him aside, indicating that she wanted him to keep quiet. Heartbroken when he went back to church he declared it was no use for him to try! What a mother! What a despot! a champion for devils in hell!"

We offer the New York World three times a week and the ROANOKE-CHOWAN TIMES all one year for \$1.65, old or new subscriptions.