

The Roanoke-Chowan Times.

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"CAROLINA, CAROLINA, HEAVEN'S BLESSINGS ATTEND HER."

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Fire Insurance Notice.
I will be glad to furnish rates, etc. on all classes of fire insurance in North Carolina and write your insurance for you. Take the safe course and run no risk by insuring your property in the Virginia Fire and Marine Insurance Company, of Richmond, Va. or the Dixie Fire Insurance Co., of Greensboro, N. C.

R. E. BROWN, Agt.
GARYSBURG, N. C.

House & Lots for Sale
I offer for sale my house and lot in the town of Roxobel. House has four rooms besides dining and cook rooms and bath room; also good barn and stables on lot. Lot contains one and one fourth acres of land with ninety yards front. On it there is a very fine peach orchard. Price \$2500. Also another lot of two and one half acres, ninety yards front, price \$1000.
This is cheap property and those interested would do well to see me soon.
JOHN C. TYNES,
Roxobel, N. C.

SEABOARD LOCALS.
School Opened—Crop Conditions—
Meeting at Baptist Church—
Off for School—Other News.

After spending a few days very pleasantly in the home of Mr. and Mrs. A. K. Harris, Mrs. Council Vick returned to her home near Branchville, Va., last Saturday afternoon.

Mr. Fred Weaver arrived Saturday from Norfolk, Va., and is at present in the home of his parents. We hear he has been employed to assist in work on the High School building.

Mrs. J. W. Johnson, (familiarly known here as Miss Martha Wester) of Conway, is giving her friends much pleasure by returning among them this week.

Mrs. Maggie Ellis returned to her home in Port Norfolk, Va., the past Sunday. She was accompanied by her mother, Mrs. J. E. Cuthrell, who will spend some weeks with her.

After a pleasant ten days visit to relatives in Norfolk and Portsmouth, Va., Miss Alice Gay returned to her home here last Friday.

The weather for the past few days reminds one that the hot summer days of 1911 are disappearing. We are not only reminded by the weather that fall is at hand but we also noticed many new fall hats out Sunday. Our two millineries have their stocks in and are now ready to supply folks with all kinds of head gear. There is no need, friends, to go to Weldon for hats when the assortment here is as varied as you find in any first class millinery.

Little Miss Ruth Vick, who visited her sister, Mrs. J. L. Harris, at Garysburg last week, was accompanied home Sunday by her little niece, Sarah Alice Harris, who will spend a few days here with her grandparents. Mr. Louis Sessoms of Norfolk, Va., was an appreciated visitor in the home of Mr. and Mrs. J. T. Maddrey the past Sabbath.

Mrs. Loreta Smith of Roanoke Rapids arrived Sunday and is visiting her nephew, Mr. H. Luther Stephenson and other relatives this week.

Mrs. W. W. Jones left Monday for a few days stay among former friends in Wake Forest.

Miss Josie Maddrey, after spending two weeks here with her parents, Mr. and Mrs. J. T. Maddrey, left last Sunday for her position in Norfolk, Va. Miss Josie is very popular here and many regrets are expressed at her decision to remain indefinitely in the Cities by the Sea.

Many of our farmers are engaged in peanut digging this week. Some think the crop poorer than last year. Cotton hands are still scarce. People continue to sell notwithstanding the low price. Our market here has been quite active since the beginning of the season, and as a natural consequence our merchants are enjoying increased trade.

Miss Lottie Stephenson left Monday to resume her school work in Southern Female College, Petersburg, Va. She will complete her course at this institution next June. We shall miss her genial presence very much but we also know our loss is her gain.

We learn with regret, that Capt. Tom Hargrave, an aged Confederate Veteran, is desperately ill at the Gumberry Hotel. He has been very feeble for some time. We hope for him

speedy restoration to health.

The series of meetings with Seaboard Baptist church will begin next Monday afternoon at 3:30 o'clock and continue through out the week. There will be an afternoon and evening service each day. Pastor Lloyd A. Parker will be ably assisted by his brother, Rev. C. J. D. Parker of Portsmouth, Va. Many are praying for a real revival of religion here and we trust these prayers may be answered.

Miss Emma Taylor left last week for a course in the Greenville Training School. Miss Emma is one of our most popular young ladies and we are confident she will win many honors in this fine school.

Mr. Zeb V. Maddrey, wife and two children of Indianapolis, Ind., arrived last Tuesday night and are spending this week in the home of his parents, Mr. and Mrs. J. T. Maddrey. The reunion with friends of his childhood has been very pleasant. He plans to leave here on or about the 10th of October. He hopes to meet many more friends at the approaching meeting in Seaboard Baptist church where he still retains his membership.

Mr. and Mrs. Lenwood Ford of Margarettsville were here Sunday guests of Mr. and Mrs. Suter Rogers. They left, in their auto, in the afternoon, for a call on Jackson relatives, accompanied by Mrs. Rogers and little son Joe.

Mr. Whit Harris, after spending some days in the North purchasing goods for the enterprising firm of Crocker & Harris, has returned and is hard at work again.

Friends here have received invitations to the marriage of Mr. Luther Pruden to Miss Hattie Fleetwood on Oct. 4th. These are very popular young people and all wish for them many years of wedded bliss.

Mr. Harvey Long and wife of the Mt. Carmel vicinity, were welcome guests Sunday of Mr. R. D. B. Maddrey and family.

The friends of Mrs. Pattie Barker will be sorry to learn that she left Monday for treatment in Kellam's Hospital, Richmond, Va. We hope she can be relieved of her distressing malady and return to her children much improved in every respect.

There is not a single case of fever here now. The four cases of the entire summer are up and about their business. There are some cases in the country yet, we hear, and not one of them have been to Seaboard this year. It is rather astonishing that typhoid could emanate from any source except this town.

Seaboard High School opened Monday A. M. with a very creditable showing. As is the custom, many children in the special district are kept at home to work—so a full attendance will not be possible earlier than Dec. Our four teachers, Prof. J. R. Ware and wife, Misses Fagge and Hayes are here and ready for work. The old building will be utilized until the new building can be completed, which contractor Stanford says will not be later than Nov. 1st. This door of opportunity is open to all children and it's such a pity that any should be denied this privilege. We have here as strong faculty as can be found any where. We hope they are teaching because they feel called to do such grand work and will not only teach their scholars the classics, but by example and precept teach them to be men and women of sterling virtue,

FOR GOOD ROADS.
County Association Organized and
Work Begun—President Varner
Delivers Able Address.

As announced in last week's issue, there was a meeting at Jackson last Monday in the interest of good roads. Dr. Pratt could not be there but an able substitute was sent in the person of H. B. Varner, President of the State Association, editor of the Lexington Dispatch, the Southern Good Roads Magazine, the leading publication of the kind in the country, and promoter of many good works that means greater North Carolina.

Mr. Varner was happily introduced by Hon. B. S. Gay, the father of the Northampton Road Law. We have not the space in the paper at our disposal to attempt a report of Mr. Varner's speech. It was forceful, able, logical, and delivered with an earnestness that carried conviction. Monday morning Mr. Varner traveled over about 30 miles of Northampton roads. He was surprised to see such a good country, and said we could build good roads at little expense, much less than in the Piedmont and Western sections of the State. We have everything necessary to build good roads, and have no engineering problems. Sand-clay are the best roads for our section, and they can be kept up at very little expense.

After the address a County Good Roads Association was organized, composed of good citizens from every part of the county, with the following members: John E. Moore, Dr. R. P. Morehead, John E. Griffin, A. J. Conner, B. S. Gay, B. F. Tennelle, Dr. H. W. Lewis, C. G. Peebles, L. L. Taylor, W. W. Grant, B. W. Vincent, W. F. Oatland, W. L. Stephenson, Garland E. Midyette, D. T. Taylor, J. C. Grizzard, W. T. Joyner, R. S. Gay, J. O. Flythe, M. T. Smith, J. H. DeBerry, J. E. Millikin, E. B. Lassiter, J. M. Grant, John E. Moore of Jackson was elected President; Dr. R. P. Morehead of Lasker, Vice President, and A. J. Conner of Rich Square, Secretary and Treasurer.

There are two classes of members, active and honorary. It is desired to enroll every advocate of good roads as members. The active members pay a membership fee of one dollar a year and receive free the Southern Good Roads Magazine and all the literature sent out by the State Association. The honorary members pay no membership fee, but do not receive the magazine free. Send one dollar to the Secretary and be enrolled as a member of the Association. We should have one thousand members in Northampton. If you do not care for the magazine and literature on the road question be enrolled as an honorary member.

high courage and Christian citizenship. The boys and girls fortunate enough to get such instructors get more out of contact with the teachers than out of books. Be it remembered, however, that the teachers cannot do their best work without the cooperation of the patrons—so altogether now patrons for the best term in the history of this school.

OLD ZICK.
Sometimes when a man is pretending to be looking for a wife, he is merely hunting for a good cook. Beware of such.—From October Farm Journal.—Ex.

On Worrying.

From Physical Culture For October

Worry is disease. In fact, it is oftentimes associated with a physical disorder of some kind. The inclination to worry over trifles is universal. Some people have acquired the worry habit. It sticks to them like an adhesive plaster. Their first mental efforts on rising each day is to seek out some unpleasant subject to worry about. One can readily imagine the disappointment that would ensue should a person of this character find nothing to worry about. But, this would be an unusual sensation, for one can always find something to worry about. If not a misfortune of yesterday, then one of the day before—if not of this year, then of last year. If you are a victim of the worry habit, you are uselessly wasting valuable energies. Rest assured that life will be of little value to you or anyone else.

Physical exercises is of invaluable assistance in this respect. When you find, for instance, that you can not possibly avoid worrying, then immediately find some means of actively using the muscles of your body. Take a long walk or play some game in the open air that will keep you continuously and pleasantly occupied. If this is difficult or impossible, take some exercise in your room. Work persistently and vigorously until the blood is bounding through your arteries, until you feel the pulsation of new life stirring your entire physical organism. Realize the tremendous possibilities in life and stop wasting your time with trifling grievances. You must remember that worries are never important, notwithstanding the value they may seem to assume in your life. Their only importance is the power they have for harm, and if their power is evil, then by all means they should be used to stamp them out of your life. You can rest assured that the exercises taken as a worry cure will accomplish the desired purpose if they are given your entire attention, and use all the muscles of your body and vigorously arouse the activity of your lungs and heart.

Be Not Be a Leaner.

Power is the goal of every ambition, and only weakness comes from imitation or dependence on others, says Orison Swett Marden in "Success Magazine." Power is self-developed, self-generated. We can not increase the strength of our muscles by sitting in a gymnasium and letting another exercise for us.

Nothing so destroys the power to stand alone as the habit of leaning upon others. If you lean you will never be strong or original. Stand alone or bury your ambition to be somebody in the world.

The man who tries to give his children a start in the world so that they will not have so hard a time as he had, is unknowingly bringing disaster upon them. What he calls giving them a start will probably give them a setback in the world. Young people need all the motive power they can get. They are naturally leaners, imitators, copiers, and it is easy for them to develop into echoes, imitation. They will not walk alone while you furnish crutches; they will lean upon you just as long as you will let them.

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THE VALUE OF RYE.

Necessity of Organic Matter in The Soil or Green Manuring.

We have now attempted to explain the phenomenon called "souring of the soil" and to point out a practicable remedy, namely; roll the green manuring crop, disc it a number of times in the opposite direction to the rolling while yet green and succulent in order to cut it into small bits; plow it under, disc it once or twice after plowing, depending on the amount of material on the land; with the disc set with a slight angle in order to pulverize and mix the cut-up vegetable matter with the whole soil stratum, and allow the land to settle a few weeks and receive one or more good rains.

We shall take up in succession and discuss the value of a number of humus forming materials, other than animal manures, and then point out methods of handling them in connection with different crops.

In a previous chapter we gave the average chemical analysis of a large number of samples of green rye in which we found that material to contain 10 lbs. of nitrogen, 5 lbs. phosphate, and 14 lbs. of potash per ton. All of these constituents are taken from the soil by the roots, built into the tissues of the plant and given out again to a succeeding crop when the rye decays.

A crop of green rye weighing eight tons to the acre is easily grown on the average farm in N. C. This amount of green rye incorporated with the first ten inches of a ten acre field would furnish to the soil of this field, in a readily available form, 800 lbs. of nitrogen, 400 lbs. of phosphate and 1120 lbs. of potash.

This is as much nitrogen as would be furnished by 20 tons, of an 8-2-2 fertilizer or 100 loads of fresh cow manure. The phosphate in this amount of green stuff is equal to that contained in 2½ tons of an 8-2-2 fertilizer or in 200 tons, or loads, of fresh horse manure. The potash contained in this material is equal to that found in 28 tons of an 8-2-2 fertilizer or in 150 tons of fresh horse manure. Sufficient rye to so seed the ten acres will cost around \$15, whereas it would cost \$75 to haul and spread the 150 tons of stable manure.

In the above we have mentioned merely the plant food constituents rendered available by the rye and have not taken into account the vast amount of humus for holding moisture and improving the texture of the soil. Be sure to sow quantities of rye this fall for plowing under next spring before planting. Next week we expect to discuss the use of wheat straw and green corn as manure.

J. L. BURGESS,
North Carolina Department of Agriculture.

Hugging a Delusion.

Wilmington Star.
No editor should let his political zeal or partisanship interfere with the working of the equilibrators of his judgment. Party loyalty does not consist of misrepresenting facts, slandering opponents, or blindly adhering to the heresies, that creep into the platforms of all parties. An editor who tries to bolster up a falacy is hugging a delusion.

It is easier to climb down a tree than to climb up, which explains why the top is never crowded and why there is always room there.—Ex.