

# The Roanoke-Chowan Times.

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"CAROLINA, CAROLINA, HEAVEN'S BLESSINGS ATTEND HER"

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NUMBER 20

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## Severn News.

Mr. and Mrs. A. J. Harrell and children of Potecasi were Sunday guests of Mr. and Mrs. J. H. S. Britt. Other guests at Mr. Britt's were, Mr. and Mrs. J. C. Stephenson and daughter, Mr. and Mrs. J. J. Britt and son of Pendleton, Mr. and Mrs. G. D. Barnes and sons, and Mr. and Mrs. C. H. Britt.

Mr. and Mrs. W. J. Barkley spent Sunday with their parents, Mr. and Mrs. John Barkley, near Newsoms, Va.

Mr. J. L. Long, who was on the sick list last week, is able to be out again.

Miss Bernice Howell and her guest, Miss Rawls, and Mr. Ernest Howell, spent Saturday in Norfolk, Va.

Prof. T. E. Jones left last Tuesday for his home at Kenansville.

Mrs. Martin of Milwaukee is spending several days with her friend, Mrs. J. B. Mann.

Mrs. J. L. Joyner left last Wednesday for a visit to relatives in Norfolk, Va.

Miss Etta Banks of Eure, is visiting her friend, Miss Una White, this week.

Messrs. G. A. and Stanley Pruden of Jackson and J. A. Pruden of Margarettsville spent Sunday with their parents.

Mrs. N. L. Rochelle and Mr. J. P. Darden visited relatives in Boykins, Va., Sunday.

Mr. and Mrs. George Smith of Galatia, spent Sunday with their brother, Mr. W. B. Smith.

Mrs. W. E. Glover and children left Monday for a visit to relatives near Capron, Va.

Mrs. Rowland of Norfolk, Va., was the guest of Dr. and Mrs. T. O. Joyner last Thursday night.

Mr. Eddie Johnson of Boykins, Va., was the guest of his aunt, Mrs. India Johnson, Sunday.

Mr. J. R. Taylor and Mrs. India Johnson attended the burial of their aunt, Miss Pattie Taylor, at Galatia Saturday.

Mr. M. M. Long Jr. of Portsmouth, Va., was a visitor in town a short while last Thursday.

Mrs. Ann Bryant, wife of Mr. Nicholas Bryant, after a lingering illness, departed this life Saturday morning. She was laid to rest in the cemetery at Severn on Sunday afternoon. A large concourse of relatives and friends gathered to pay the last tribute of respect to her memory.

## A Pound of Honey.

When you eat a spoonful of honey, you have very little idea as to the amount of work and travel necessary to produce it. To make a pound of clover honey bees must take the nectar from sixty-two thousand clover blossoms, and to do this requires two million seven hundred and fifty thousand visits to the blossoms by the bees.

In other words, in order to collect enough nectar to make one pound of honey a bee must go from hive to flower and back again two million seven hundred and fifty thousand times. Then, when you think how far these bees sometimes fly in search of these clover fields, often one or two miles distant from the hive, you will begin to get a small idea of the number of miles one of the industrious little creatures must travel in order that you may have a pound of honey.—Exchange.

Drives Out Malaria, Builds Up System  
The Old Standard general strengthening tonic,  
DRYDEN'S "KASTLES" CHILI TONIC, drives out  
Malaria, enriches the blood, and builds up the  
system. A true tonic. For adults and children.

## SEABOARD LOCALS.

The refreshing rain Monday came no sooner than it was needed.

Those from here who left Monday to attend the Southern Baptist Convention at Asheville, N. C., were, Miss Willie Stephenson, Mesdames Mattie M. Gay, R. M. Maddrey and Mr. Lewis Taylor. We hope they will enjoy their trip to "The Land of the Sky" and bring back fine reports of the Convention.

Several Confederate Soldiers passed through here Monday on their way to Birmingham to the Confederate Reunion.

Mrs. J. G. L. Crocker spent the week-end in Weldon visiting her daughter, Mrs. Bena Crocker.

Mrs. D. G. Grubbs spent Friday in Norfolk shopping.

Mrs. A. Weaver and son Fred have been on the sick list the past few days. Mrs. Weaver continues to improve.

Miss Willie Stephenson went to Norfolk Thursday to see her brother, and also to do some shopping.

Mr. D. G. Grubbs went to Norfolk Saturday to bring back his car which has been there in the "auto hospital" for some time.

## Children's Day.

Children's Day services will be observed at Shiloh Church, Garysburg Circuit, on the third Sunday in May, beginning at 11 A. M. Mother's Day will be observed in the afternoon, an address at 2:30 by Rev. G. S. Bearden, of Roanoke Rapids.

J. W. GRANT,  
Supt. Shiloh Sunday School.

## The Good Samaritan.

Once upon a time two men came to a certain city which had no daily newspaper.

One of them, soon after his arrival, walked into a barber shop and picked up the unpretentious sheet into which the editor was putting all of his time and all of the ability that he could spare from the arduous matter of looking for enough business to keep his publication from going into the hands of a receiver.

The newcomer glanced hastily and contemptuously over the front page and then without so much as a glance at the editorials he flung the paper down and looking around with dramatic importance inquired, "Is that the best that Thistown can do in the way of a newspaper?"

The other, who had reached Thistown on the same day, later came into the barber shop and picked up the same paper. After glancing over the front page he turned to the editorials and read them. When he had got his shave he walked around to the newspaper office and subscribed to the paper. Two or three months later he called the editor up on the phone and to give him a news item. "Other items have come under my observation from time to time," he said, "but I have not been able to remember to send them in. I shall be glad to have you call me up every day or two to see if I have anything new for you. Possibly I may be of help to you in your effort to get all the home news that's fit to print before it appears in the out of town dailies."

After thanking him, the editor hung up the receiver. And as soon as he got time he wrote this editorial. And the query which he put to his readers at the end of it was this:

Which of those two men would you like to have move to Your town?—Elizabeth City Advance.

## Sit and Walk Erect to Enjoy Good Health.

The way a man carries himself has so much to do with his health that correct posture is now being emphasized as one of the principal guideposts to good health. It is now generally believed that a person who cultivates a cramped, unnatural, slouching position cannot maintain a natural, healthful body. There will likely be brought to bear some undue pressure in some part of the body that will hinder the organs in performing their natural functions and if persisted in will cause deformity.

Life long deformities and chronic maladies have been known to develop from incorrect posture that became a habit in childhood. Round and stooped shoulders and lateral curvature of the spine are deformities largely brought about by sitting, standing or walking incorrectly. Such slouching attitudes as sprawling in a chair, or sitting on the backbone rather than sitting upright, or hunching the arms and shoulders when sitting at a desk, or resting the weight on one leg while standing rather than on two, or slumping while walking which means to carry rounded shoulders with the head thrust forward, the stomach thrust out and the arms hanging loosely in front of the body, are the main errors of posture and the main causes of deformities.

To sit, stand and walk erect is to have correct posture. To do this is to sit well back in the chair and give support to the small of the back. If at a desk or table sit close, and high enough for the arms to rest on the desk without pushing up the shoulders. When it is necessary to lean over a desk, incline the body by bending at the hips rather than at the waist. In standing or walking set the shoulders back and keep the chest high and forward. Keep the stomach in, the chin in also, and the neck pressed back against the collar. Keep the feet straight in walking with the toes turned neither in nor out. Prefer to be called "chesty" rather than a "slouch." A "chesty" person enjoys better health than a "slouch" and looks better.—N. C. State Board of Health.

## Administrator's Notice.

Having qualified as administrator of the estate of J. D. Gatling deceased, late of Northampton County, North Carolina, this is to notify all persons having claims against the estate of the said deceased to exhibit them to the undersigned at Potecasi, N. C., on or before the 27th day of March, 1917, or this notice will be pleaded in bar of their recovery. All persons indebted to the said estate will please make immediate payment. This 18 day of May, 1916.

S. N. PARKER, Admr.  
of J. D. Gatling.  
W. H. S. Burgwyn, Atty. 20 St.

## Candidate for Commissioner.

Urged by a large number of taxpayers to qualify as a candidate, I take this method of announcing that I am a candidate for renomination on the Democratic ticket for the office of County Commissioner for Northampton County, subject to the action of the Democratic primary on June 3rd.

Your support is asked.  
J. H. FITZROUGH.

## Play at Tyler School House.

On Thursday evening, May 25, there will be a play given at Tyler School House entitled "A Soldier's Sweetheart." Admission 10 and 15 cents. Doors open at 7:30. Public cordially invited. 20-24-20-25

## CONWAY LOCALS.

Farmers are very well up with their planting and the frequent rains are pushing the seed up.

Glad to note that Mrs. J. W. Flythe is much improved and able to be out again.

The Conway Telephone Exchange is being moved to new quarters over Messrs. D. C. Bridgers & Bros. store. Our same very pleasant and satisfactory Central will continue to occupy this position. We can boast of the service given through our Conway Central.

Messrs. David Davis and Frank Futrell left today for several days stay in Norfolk.

Mr. David Davis had the misfortune to lose a fine horse last week.

Rev. E. E. Ross filled his regular appointment Sunday P. M. He delivered a worthy and interesting sermon.

The primary pupils will give their commencement exercises in the school auditorium Friday night.

Mr. S. D. Knight and Miss Bessie Crusenbery of Rocky Mount were quietly married last week and arrived Monday for a few days visit to their mother, Mrs. D. E. Knight.

Messrs. Matt Futrell and Kelly White of Wake Forest College are home for the summer vacation.

Dr. L. M. Futrell was a caller in town Sunday afternoon.

Little Edwin Flythe, who has been ill for several weeks, has undergone an operation and is improving rapidly.

Mr. W. A. Davis and family spent Sunday in Creeksville.

Mrs. Ida Conner of Emporia is visiting her brother, Mr. R. E. Crump.

## Don't Build Without an Architect.

Always consult an architect before building a house. When your wife buys expensive goods for a dress, she has too much sense to let somebody experiment on it who has never made a dress before—and she is only going to wear the dress a few months. Yet farmers will often buy expensive material to build a house and then let some jack-leg carpenter put it together in defiance of all laws of taste or beauty—and the family has to endure it for fifty years.

When farmers begin to consult architects about building houses, the country will be looked upon as having occupants of greater taste and culture; and with prettily built houses, farms and yards will be made prettier to correspond with the houses. Even if you are going to erect only a four-room house, get plans from an architect.

And be sure to have plenty of porch.—The Progressive Farmer.

The Vice President will deliver the address at the Normal College commencement this year. When Mr. Marshall breaks the silence that his office imposes he says something worth hearing.—Charity and Children.

## Musical Entertainment at Jackson.

Miss Rosa Goodwin and four of the ablest teachers of Chowan College, will give an entertainment in Jackson on the night of May 26th, under the auspices of the Woman's Betterment Association. Miss Goodwin and the other young ladies are very fine musicians and it is hoped a large crowd will be present.

Mrs. P. M. FLEETWOOD,  
Pres. W. B. Association.

## Plough Work.

"Our minister is always talking to us about sacrifice. I am getting tired of it. He expects us to give, give, give all the time. He seems to think the church is the greatest institution in the world."

"Perhaps he is right. But I agree with you that we can't always be giving to the church. There are other things that we must think of. I am afraid our minister is visionary rather than practical."

The first speaker was a wealthy business man and the second was a successful lawyer. Both men had very large incomes; they lived not only in comfort but in luxury, and denied themselves nothing that they felt it desirable to have. They were church members and gave "generously;" but neither of them really knew the meaning of the word "sacrifice."

A few months after this conversation, the two men joined a party that was going round the world. Before they started, their "visionary" minister earnestly asked them to observe and to remember any unusual and interesting things that they might see in the missionary countries through which the party was to travel. The men promised—carelessly, perhaps—to do so.

In Korea, one day, they saw in a field by the side of the road a boy pulling a rude plough, while an old man held the plough handles and directed it. The lawyer was amused, and took a snapshot of the scene.

"That's a curious picture! I suppose they are very poor," he said to the missionary who was interpreter and guide to the party.

"Yes," was the quiet reply. "That is the family of Chi Noui. When the church was being built they were eager to give something to it, but they had no money; so they sold their only ox and gave the money to the church. This spring they are pulling the plough themselves."

The lawyer and the business man by his side were silent for some moments. Then the business man said, "That must have been a real sacrifice."

"They did not call it that," said the missionary. "They thought it was fortunate that they had an ox to sell."

The lawyer and the business man had not much to say. But when they reached home the lawyer took that picture to his minister and told him the story.

"I want to double my pledge to the church," he said. "And give me some plough work to do, please. I have never known what sacrifice for the church meant. A converted heathen taught me. I am ashamed to say I have never yet given anything to my church that cost me anything."

How much does the average modern church member ever sacrifice for his religion? How many that call themselves Christians ever sold the ox and then harnessed themselves to the plough?—The Youth's Companion.

## For County Commissioner.

Having promised numerous taxpayers that I would again accept the nomination if tendered me, I hereby announce that I am a candidate for the office of County Commissioner, subject to the Democratic primary on June 3. If again elected I promise to serve the best I can.

J. T. BOLTON.