

The Roanoke-Chowan Times.

ANDREW J. CONNER, PUBLISHER

"CAROLINA, CAROLINA, HEAVEN'S BLESSINGS ATTEND HER"

SUBSCRIPTION PER ANNUM \$1.00

VOLUME XXXII

RICH SQUARE, NORTHAMPTON COUNTY, N. C., THURSDAY, FEBRUARY 1, 1923

NUMBER 5

FAR REACHING RESULTS FROM HOME DEMONSTRATION WORK

Feeding For Health and Efficiency, Canning Fruits And Vegetables, Curing Meats, Encouraging Poultry Raising, Increasing the Number of Gardens, Aiding in Enlarging Market Facilities, Teaching Clothes Knowledge and Economy Are Some of the Activities of Mrs. McKimmon's Department.

(By F. H. Jeter)

One little girl in Forsyth county might now be suffering from the dread tuberculosis had it not been for home demonstration work. The home agent taught her people how to plan simple, nourishing dishes and how to use milk in such a way that she is now much improved in health and is gradually becoming strong again. In Brunswick county another six year old girl lives on a diet largely composed of white bacon, grits, cornbread and coffee. At the age of six she had never walked. The home agent persuaded the father to buy a cow and during a recent visit she was surprised to meet a pretty little girl walking about the front porch holding to the banister. A baby brother formerly very sick was also a rosy cheeked, healthy looking young fellow, and the mother, replying to the statement of the agent that they must now be drinking milk, said, "Yes, I give you praise for the cow." Over in Green county another mother after working with the agent for a season told her confidentially one day, "My heart quakes when I think of what I have fed my children in past years."

And so it goes, with example after example that the 53 home demonstration agents employed in North Carolina could give were they asked about the food work being conducted in North Carolina under Mrs. Jane S. McKimmon's direction. Mrs. McKimmon has just made a report of the year's activities in her division to Director B. W. Kilgore of the Agricultural Extension Service. While her work includes problems in nutrition the care, preparation and preservation of foods, better clothes for the farm family, more efficient household management, prettier household furnishings, beautification of the farmstead, poultry, dairy and garden work, of course work with foods has been and always will be the most important project being carried on in any county. No one county could compass all of these projects but Mrs. McKimmon has the work so arranged that different subjects are selected and programs are made for primary, secondary, and advanced work, according to the plans worked out by the local county council and the home agent.

FOOD PROBLEMS MOST IMPORTANT

Mrs. McKimmon finds that food and problems of nutrition are probably the main work with which her division is concerned. How important this is shown by the fact that over 7,000 women met and studied the food values and the better preparation of food for the home table during the year. This number consists of those folks attending demonstrations where the agents show how to plan well-balanced meals how to make loaf bread and rolls how to make quick breads, to cook meats, to prepare vegetables, to make milk dishes, to use fireless cookers and the steam pressure cooker, and to prepare proper school lunches.

CANNING FRUITS AND VEGETABLES

In the conservation of foods, the club girls have filled a total of 1,720 (905) containers during the past year. Of course most of this material has been vegetables and fruits canned in tin and glass under the 4-H brand but it also includes a large amount of canned meat, poultry, fish, preserves, fruit juices, and like products to the value of \$371,905 at present market prices. The advent of the boll weevil and general hard times on the farm have given added impetus to the serving of food to the farm people and for marketing locally. The home agents find that many a pantry which formerly held only commercially canned products is now well stocked with home grown and home canned fruits and vegetables.

PRESERVING MEATS

In cured meats, the home agents have helped the farm women to produce cured pork, home made sausage, lard, headcheese, scrapple, pork and other products to the value of \$616,583.70. All of these products have been made strictly according to directions furnished by the food experts of the Extension Service and it is a striking fact that small losses have been incurred on account of improper preparation. Down in Johnston county two boys are making their way in Wake Forest College largely by means of food products prepared at home during the summer vacation.

POULTRY WORK

The total value of all poultry products produced by club members amounts \$444,261 and is probably equal to the entire cost of conducting home demonstration work in the State. Down in Brunswick county the home agent says "There was scarcely a flock of purebred poultry in the county three years ago. Now there is a great number started. One woman with a flock of White Leghorns has blit up quite a trade purchasing poultry en route to town milk feeding them so that they gain three-fourths of a pound per week and then selling the poultry at a profit." Robeson county has organized two poultry associations during the year and New Hanover county has begun a great poultry program under the leadership of the home demonstration agent.

INCREASING HOME GARDENS

With gardens, the home agents report nearly 20,000 gardens put in during the past year and nearly 10,000 last winter. The total yield of fresh vegetables secured from these gardens has been about 18,000,000 lbs. over 5,000,000 pounds being used in the home and \$249,345 worth of vegetables sold fresh from these gardens. A great number of fruit trees, small fruits and vines have also been planted as a result of encouragement given the garden and home orchard work. The "live at home" campaign so dear to Governor Cameron Morrison's heart

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Margarettsville Locals.

Mr. and Mrs. Tom Harrelson and three children of Norlina arrived here Sunday to spend a few days with Mr. and Mrs. F. L. Harrelson.

Mr. and Mrs. W. T. Norval and two children of Seaboard spent Sunday here with his mother, Mrs. Rosa Norval.

Miss Reba Long spent the week-end in Seaboard with her parents, Mr. and Mrs. J. T. Long.

Messrs. George Smith and Gene Flemming of Lemon Springs spent a few days of last week with Mr. and Mrs. M. B. Garriss. Messrs. Lawrence Vick and Loyde Garriss spent a few hours in Jackson Saturday night.

Misses Thelma Garriss, Thelma Wade, Gladys Wade, Lucile Overby, and Mr. Alton Bottoms of Seaboard High School, and Mr. Henry Gay of Jackson High School spent the week end at home.

We are glad to report that all of our "flu" patients have recovered. We have had several cases, but we hope that everybody will stay well now. Mrs. M. F. Goode has been very ill at home here for the past week, but is some better at this writing.

Mr. J. G. Stancell and brother Mr. Ben Stancell, of Seaboard, have been in Florida for a few days on business.

Miss Mae Bridgers of Galatia Graded School spent the week-end here with her mother, Mrs. Nannie Bridgers.

Mrs. Josie Edwards returned home Sunday from an extended visit in Petersburg, Va., with Mr. and Mrs. George Edwards.

Mr. B. D. Garriss of Boykins, Va., was here Thursday on business.

A negro minstrel will be given on Friday night of this week under the auspices of the Betterment Association. This promises to be a lively entertainment. Everybody come out and enjoy an evening's fun.

Severn Music Club.

The Music Club of Severn met Saturday afternoon, Jan. 20th, with Mrs. W. E. Whisnant, hostess.

The subject for the day was "The Waltz," and the program was begun by the members singing the "Club Song." Mrs. Whisnant read a paper on "The Waltz" after which Mrs. D. W. Watson gave a beautiful piano selection. Mesdames Whisnant and C. H. Britt sang "Go Pretty Rose," and the Current Events were read by Mrs. H. P. Stephenson.

After the business meeting the members were separated into groups and the fun began with a progressive musical contest. Table No. 2 won the prize, a handsome bottle of perfume. This fell, by lot, to Mrs. H. P. Stephenson and she presented it to Miss Lula Whisnant of Richmond house guest of Mrs. Whisnant and also guest of the club.

Mrs. Whisnant's home was beautiful with fern, Calla lilies and white narcissus. The color scheme was pink and white and was carried out in the decorations with pink candles and in the delicious ice and cake course served. The favors, pink baskets decorated with a pink rose, the club flower, contained mints.

The Music Club is thoroughly enjoyed by each member and Saturday was not an exception. Every one expressed herself as having a happy afternoon.

William Henry Burkett

Mr. William Henry Burkett died Monday evening, January 22nd, 1923, at the home of his son, J. T. Burkett, in Roxobel. The funeral service was held Wednesday afternoon from Sandy Run Baptist Church, conducted by his pastor, Rev. Jesse Blalock assisted by a former pastor, Rev. J. F. Cale. The burial was held at the Raby burial grounds on the farm of Mr. J. T. Burkett, near Roxobel. The pall bearers, were: R. E. Shoulars, P. C. Tyler, C. R. Liverman, Julian Norfleet, F. C. Walston, E. R. Tyler, W. S. Norfleet and Jimmie Jenkins. The floral tribute was beautiful and profuse. The large assemblage of friends bore testimony of the esteem in which the deceased was held.

William Henry Burkett was born seventy nine years ago in Northampton county, the son of William and Mary Harrison Burkett. He entered the Civil war on the Confederate side and was honorably discharged after the surrender of General Lee at Appomattox. On his return to civil life he married Miss Bettie E. Newsome, of Bertie county, who survives him. To this union there is now living seven children, Messrs W. J., J. T. and B. F. Burkett of Roxobel, and Mr. J. L. Burkett of Nansemond county, Va., Mrs. E. D. Castellio and Mrs. J. S. Peele of Roxobel and Mrs. L. L. Spruill, of Creswell, N. C. Mr. Burkett was esteemed by his friends and deeply loved by his family. A most touching and beautiful scene was enacted as the body was laid in the casket, the aged wife leaning upon the arm of her eldest daughter stood by the bier and looked upon the still form of him who had been all to her through life, whom she had traveled the paths of life with and had shared his joys and his sorrows and laid her hand for the last time upon the cold brow and spoke tenderly and pathetically of the great devotion that had existed between them for a period of more than fifty years. In this death, another link in the chain that bound the men of the Southern States into one indissoluble mass during the years of 1861-65, has been broken, a link that has been sounded and another member of the once proud Southern Confederacy has passed to his reward.

Roxobel News.

The ladies of the community club will give an entertainment at Windsor next Thursday evening at eight o'clock. Come and see the "Fashion Revue."

Mr. and Mrs. Junius Powell and Mr. John W. Powell, Raleigh, are the guests of their sister, Miss Dorothy Powell this week.

Rev. Manson of Windsor was in town Sunday.

Misses Doris Bishop and Minnie Thomasson, of Portsmouth, spent the week end with Mrs. J. W. Spence.

Mr. and Mrs. W. T. Acree, of Bethel, and Mr. and Mrs. J. Burkett of Gates, and Mr. Jack Peete of Plymouth came Tuesday to attend the funeral of Mr. W. H. Burkett.

Mr. Ela Spruill, Creswell, was in town last week.

Mrs. Ela Spruill left Friday for her home in Creswell, N. C. Mrs. W. J. Spence entertained Saturday evening in honor of her guests, Misses Doris Bishop and Minnie Thomasson.

Mr. W. H. Burkett died of pneumonia at his home last Monday evening. The funeral was held Wednesday afternoon at 2 o'clock at the Baptist Church. Mr. Burkett was one of our oldest citizens, being 79 years old. He will be greatly missed.

Milwaukee News

Miss Pauline Johnson and Mrs. W. C. Gilliam were in Murfreesboro Friday having dental work done.

Mr. Charlie Coggin was in Kelford a short while Thursday evening on business.

Mr. C. T. Sumner and family of Potocasi spent Sunday afternoon with his daughter, Mrs. Luke Muider.

Mesdames R. Q. and Robert J. Martin were in Conway Thursday afternoon shopping.

Mr. Glenn Boyd, Mt. Carmel, was a caller in town Saturday evening.

Mr. Warner Coggin, Roxobel, spent a while with his mother, Mrs. M. S. Coggin, Wednesday.

Mrs. Joe Collier, Pendleton, spent a few days the past week in the home of Mr. L. E. Boone.

Mr. W. J. Wilson left Saturday for Goodes, Va., where he will spend sometime in the home of Mr. N. J. Hawkins.

Mr. H. I. Coppin of Portsmouth spent Friday night with his wife.

Miss Ruth Boone spent Sunday with Miss Bessie Vann of Holly Grove.

The betterment will meet Friday evening, February 2. After the business is attended to the school children will render a program. Everybody is cordially invited.

Albert Vann

The following resolutions were adopted by the State Farmers Mutual Fire Insurance Association at the annual meeting held in Raleigh:

Whereas, We have learned of the death of our beloved brother Albert Vann, President of Northampton, Hertford and Bertie Branch of the Farmers Mutual Fire Insurance Association of North Carolina, which occurred on December 12th, at his home in Rich Square and Whereas:

Brother Vann, by his business acumen and perseverance, coupled with the laudable desire to promote the best interests of his fellowman by exemplifying the practicability of carrying out the scripture injunction, "Bear ye one another's burdens and so fulfill the law of Christ," has built up and left to himself a lasting memorial, the strongest Branch of the Farmers Mutual Fire Insurance Association in the State, thereby making it possible for thousands of farmers to secure insurance at a saving of many thousand dollars annually in reduced premiums.

Therefore be it Resolved:

First; That in the death of Brother Vann his county and the State lost a most valuable citizen and the Farmers Mutual Fire Insurance Association one of its most valuable officers and ardent workers.

Second; That we bow in humble submission to Him who ruleth the heavens and the earth and loveth and careth for his own and pray that his tender mercies and loving kindness may uphold, support and comfort the bereaved family and give to them the consolation that our deceased brother has been called to go up higher and enter into his reward.

Third; That this memorial is but a faint expression of our regard and the high esteem in which we held Brother Vann and that we commend to our membership the high type of life he lived.

Fourth; That a copy of these resolutions be spread on our minutes, a copy sent to his family and a copy be given to the press for publication.

(Signed) T. B. PARKER, Chairman.

Home Demonstration Work.

(For THE ROANOKE-CHOWAN TIMES.)

Down in Pasquotank County, when the Home Demonstration Agent's year came to a close, one of the commissioners suggested reducing the salary of the Agent. The action kicked up so much resentment in the county that this commissioner was forced to bring in a petition from the women of his township; Elizabeth City threatened to withdraw the city government from that of the county thus taking all the taxes paid by the town, which amounted to three-fourths of all paid in the entire county, if the Demonstration Appropriation was withdrawn. In face of the storm of protest and the wail of disapproval that went up over the county, the Board of Commissioners voted to go on record as never having the question up and to give the Home Demonstration Agent a vacation until January the first, with pay.

In all sections of the state there are people who lay stress upon "Saving Money" by cutting off small appropriations for very necessary economies. These are either petty demagogues or the uninformed. A good Agent saves a thousand times the amount that a county contributes to her salary, in the domestic economies taught the women and girls. She does more than any other Agency to educate the women and girls of her county in economy. The average Agent devotes her life to the work unselfishly and whole hearted. Good conservation, poultry and bee work, kitchen arrangement, labor saving devices, household nutrition, first aid nursing, hygiene, sanitation, care and feeding of babies, interior decoration, landscape gardening, school improvement, dress design, plan sewing, millinery, arts and crafts, fill a busy Agent's hours from early morning until oftentimes midnight hours. Many homes have been brightened and money added to the incomes by these women. The women of an eastern county realized from the sale of poultry and poultry products and arts and craft work \$18,000.00 in 1922; in another county the women under the direction of the Agent made 500 hats thereby saving the county more than \$1,500.00 and so the story goes on. Never before has Eastern Carolina needed the Agents so much as now with the arrival of the boll weevil.

There are times when Agents are employed who do not fit local conditions; women who either are not good mixers or do not know how to systematize their work so that all townships can feel the effects of their efforts. This is the fault of the woman and not the system. Occasionally we secure teachers who do not suit the locality but we do not feel that the school is not necessary because of the poor leader; we secure another teacher without the faults of the previous one. In all business, workers have to be changed at different times. It is probable that some of the Home Agents in Northampton County failed in some way but we cannot afford from either an educational nor an economical standpoint to make such a backward step as to give up the work. So long as we have homes and children, Home Demonstration Work and Home Economics, which is a phase of Home Demonstration Work, will be of the most supreme importance to train our girls and women for the most essential profession and honor of womanhood—Home Making.