

SECOND PAN AMERICAN RED CROSS CONFERENCE

Bertie County Chapter was highly honored by the invitation extended its Chairman to attend this remarkable meeting, held in Washington City, May 25th to June 5th, 1926.

It was my very great pleasure to accept the invitation and accordingly I spent ten days in Washington in attendance upon meetings, outings, sight seeing and receptions.

Before I give a brief account of this really greatest of all international gatherings, let me say how proud I was to hear so many fine things said about our Regional Conference held here May 19th. Our own National Organization officers gave public expression of their appreciation of our meeting; and of the perfect arrangements. Many of the delegates wished to know how so successful a meeting was held in a small place. I told them to come and see the next one. This Pan American Conference was composed of delegates from all American countries and Islands; North and South America, Central America, Cuba, Panama, Mexico, Canada. Large delegations were present. I shall ever cherish meeting these good people. I came to know most of them. Their difficulty in speaking English and my inability to understand Spanish, Portuguese, French or Mexican, made our association at times very amusing. With most of them I was simply "La Rosa."

Your space will not permit details of the various business sessions which were held in Memorial Continental Hall, the gorgeous white marble building on 17th Street, near the White House; in the American National Red Cross building and in the Corcoran Gallery; both on 17th Street, and very beautiful white marble structures.

Monday morning, May 25th, was devoted to Registration of delegates, in the Red Cross Building. This was of course informal. The luncheon given by the organization at noon that day was the first chance the delegates had of mingling together and getting acquainted. Nearly every body met every one else; at least I did. The Volunteer Service of the District Chapter served the luncheon.

The opening session in Continental Memorial Hall was a brilliant assemblage; Judge John Barton Payne, National Chairman, presided. The United States Navy Band played popular airs and then swung grandly into the "Star Spangled Banner" which brought the audience to their feet. President Coolidge made the address of welcome; which was supplemented by Judge Payne and Dr. Leo S. Rowe, Director General of the Pan American Union. A response was made by every Republic represented, by Canada and by various representatives of the Red Cross Societies of Europe and Asia, and may be other countries. The speeches, in foreign languages, were translated for us. Interpreters were on hand every where translating English into other languages, and all into English. My efforts to disregard interpreters and talk to my Latin American and Mexican friends furnished them amusement. The first day closed with a brilliant reception and dinner at the New Willard Hotel; a dinner tendered by the League of Red Cross Societies.

The business sessions through out the Convention were unusually interesting. Various commissions were in constant sessions considering "Red Cross Organization and Publicity," "Disaster Relief Activities," "Red Cross Health Activities,"

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RURAL CARRIER EXAMINATION

The United States Civil Service Commission has announced an examination to be held at Weldon, N. C., receipt of applications for which will close July 14, 1926, to fill the position of rural carrier at Jackson, N. C., and vacancies that may later occur on rural routes from that post office. The date of examination will be stated on admission cards mailed to applicants after the close of receipt of applications. Form 1977 and application blanks may be obtained from the vacancy office mentioned above or from the United States Civil Service Commission at Washington, D. C. Applications must be on file with the Commission at Washington, D. C., prior to the close of business on the date specified above. At the examination, applicants must furnish unmounted photographs of themselves taken within two years.

Horse Fuel

The quantity of feed for the work horse depends on the amount of work done and on the speed at which it is performed. A horse requires considerably more feed when working at the trot than at the walk. A good rule, says the U. S. Department of Agriculture, is to allow 11 10 pounds of grain and 11.5 pounds of hay per 100 pounds live weight for horses at moderate work. At this rate a 1,200 pound horse would require 13 pounds of grain and about 14 12 pounds of hay per day. The horse at hard work requires 11 4 to 11 3 pounds of grain per 100 pounds live weight; the hay fed, however, should not be more than 11 4 pounds per 100 pounds live weight. The exact quantity will depend largely on the individuality of each horse.

A TEACHERS RESOLUTION

"I am resolved to like the community in which my lot may be cast; to be a part of the civic and social life of the people; to be free from local, political and other antagonisms; to meet the parents and the patrons openly and frankly; to give and take in my dealings with my fellow teachers; to live free from professional jealousy; to be too large to be self-important or an autocrat or a martinet; to base school management on sound principles, not on policy, and to be firm and constant therein; to prepare myself adequately on the whole, and from day to day, to the end of solid service; to cherish good books and to seek companionship of thoughtful and serious men and women; to be alive as long as I live; to have faith in children, in God, and in myself; to teach from the great book of life as well as from school books; to be a helper and a leader, if possible, without as well as within the school room; to touch the lives of my pupils and to have no favorites; to talk about things and not people; to think and talk ideas, not gossip; to have worthy ideals in culture and conduct, and to live up to them; to have a larger purpose in teaching than merely to teach for money or as a makeshift to something better; for to discover, to develop and to set free the soul's latent powers is the greatest work of all; so help me God, to take this resolution to heart and thus be worthy of my calling."—John Meissner, Supt. of Schools, Willow City, North Dakota.

No Worms in a Healthy Child

All children troubled with Worms have an unhealthy color, which indicates poor blood, and as a rule, there is more or less stomach disturbance. GROVE'S TASTELESS CHILL TONIC given regularly for two or three weeks will enrich the blood, improve the digestion, and act as a General Strengthening Tonic to the whole system. Nature will then throw off or dispel the worms, and the Child will be in perfect health. Pleasant to take. 60c per bottle.

Original Hay Maker

Man was not the originator of haymaking. The pika or cony, a little rodent living in the mountainous regions of the West, has probably made hay for his own use for thousands of years. He cuts fine stemmed grasses, sedges, shrubs, and other plants, bundles them up and puts them away in sheltered places among rocks for curing. Because he eats it himself he is more particular than man and produces a more uniform, fragrant, green product.

Like people, when money isn't working it gets shiftless, and acquires bad habits.

A man is old as soon as he stops learning

Saffron Skin from Sour Bile

South Georgian Drives Out
Enormous Quantity Sour
Bile with Dodson's
Liver Tone

After a long period of the worst form of weakness and the terrible feeling of sickness that comes from a system loaded with sour bile, Mr. Sam Puckett says: "When I kept getting those bilious attacks reckon I took enough calomel to kill a mule. Got worse all the time. Finally I turned saffron color all over. My wife happened to read about Dodson's Liver Tone in the Weekly Constitution, so we drove to town and got a bottle. It was like magic. It drove quarts of sour bile out of me as black as ink. From that day I have felt as if I had a new liver, and whenever I begin to feel weary and bilious, with no appetite, a dose of Dodson's Liver Tone puts me to rights."

This wonderful, quick-action, liver starter ought to be in every household, if for no other reason than to stop the use of dangerous calomel. Dodson's Liver Tone is pleasant to take, even for children, and never makes you sick.

Dodson's Liver Tone is personally guaranteed by every druggist who sells it. A large bottle costs but a few cents, and if it fails to give easy relief in every case of liver sluggishness and constipation, you have only to ask for your money back.



Printed materials take the lead for summer styles. In our piece goods department you will find all the popular materials and colors to make your own frocks.

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All the newest fabrics in cotton goods and Rayon as well as staples in Voiles, Organdies, and Prints.

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Our stock of ready made Dresses and Millinery is kept up to date by the arrival of new goods in this department regularly.

E. S. BOWERS & CO., - Jackson, N. C.

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Especially two days, to the week, Monday and Saturday, when we will sell 20c Sheeting at 11c.

All kinds of new Silks and Crepe de Chine, the new flower, best quality, we are selling at reduced prices.

A new lot of about 50 Silk Dresses, \$12.50 to \$37.00, to be sold at \$7.98. Two dozen Silk Dresses will arrive at the Store on March 15th, to be sold at \$3.98.

Spring Coats, fine quality and up-to-date, price \$12.50 to \$27.50 we will sell them for Easter for \$7.98 to \$18.95.

We will reduce all the prices out of our stock for your benefit to buy your Easter Dresses and Hats, Suits and Shoes at

R. A. SHAHEEN

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Flint, Mich.

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