

SECOND PAN AMERICAN RED CROSS CONFERENCE

(Continued from page three)

"Red Cross Nursing Services," and the "Junior Red Cross." The reports of these commissions were very elaborate and inspiring; and practical demonstrations of Red Cross activities, visiting exhibits and the Red Cross Museums, and the services of the American Red Cross at all times furnished interest and instruction and helpfulness.

Of course, each day brought wonderful and inspiring addresses from representatives of the various countries delivered by the ablest men and women of those countries. To simply mention the names of these speakers would require long space. Near by places of interest were visited. Naturally Arlington was first, where the Association officials placed a magnificent wreath on the grave of the unknown soldier. Other places visited were the Battle of Manassas, Warrenton, Virginia, the Naval Academy at Annapolis, places of historic interest in and around Washington and Mount Vernon.

The social events of the Conference were most brilliant and elaborate. Foremost of them was the reception at the White House tendered by the President and Mrs. Coolidge. I was very much interested in Mrs. Coolidge's splendid dog and came near not being in the picture taken of the crowd. My Brazilian friend was very solicitous to have me in the picture and really pulled me away from my new found pet. I owe it to him that I am in the group.

During the other days receptions were held at beautiful homes; among them, Miss Mabel T. Boardman National Secretary; at the State House at Annapolis, by Governor and Mrs. Ritchie, of Maryland; Mrs. Charles J. Bell, with theatre party at night; (Mr. Bell is of the Bell Telephone Family) Mrs. John Hayes Hammond, (Mr. Hammond is an international figure as mining engineer); Hon. O. T. Crosby, Warrenton, Virginia. The reception at the magnificent Mexican Embassy was pronounced by the Washington papers as one of the most brilliant social events Washington has known for years. Seven hundred guests were entertained. A large number of musicians were brought from Mexico for that special occasion. At the close of the Conference Judge Payne entertained the delegates and officials at dinner in the Pan American Building. This was a splendid occasion.

But I must not take up more space. The predominant note of the Conference was "Unity for Service Throughout this Western Hemisphere." Every body "lay aside competition for cooperation." Executives of the Red Cross in different countries were brought into greater harmony of purpose.

One of the most touching words that came to us was a message from the queen of Spain, who cablegrammed her salutations to the member societies "whose helpful work she knows, applauds and admires." She extended her sincere best wishes for the success of the important meeting "and for the peace and prosperity of the American People." Among the hundreds of cablegrams received was one from far off Rega, sent by the Latvian Red Cross.

I adopt Judge Payne's prediction, "that out of this Conference would come a more effective service to humanity, a fuller ministry to those who need, and the achievement of a higher place in the administration of the constructive and preventive work of the Red Cross in this Western Hemisphere."

I cannot close this outline of

the Conference without expressing my sincere thanks to Judge Payne, to Miss Boardman, to Miss Davis, to Miss May Alexander of the National Headquarters for every kind of polite and friendly attention and Mr. J. Arthur Jeffers whom we all remember so well at our Conference. Of course, I naturally take to Judge Payne who was at one time the head of the great law firm in Chicago of which my nephew Horner Winston was then and is now a member.

This has been a highly prized privilege; full of enjoyment and full of profit.

Amid all the the greatness, splendor and grandeur my heart was constantly with my Bertie Chapter and my faithful workers; and I am back at Bertie Headquarters more ready, able and willing to serve than I have ever been.

I must also thank President William Montgomery of the Acacia Mutual Life Association for placing his splendid automobile and driver at my disposal during the time I was in Washington.

(MRS.) ROSA K. WINSTON.

A. R. C. Club Rooms,
Windsor, N. C.,
June 21, 1926.

Fish That Cries

In Hongkong harbor, a strange fish, of the size and appearance of a baby's head, has been caught. It is like a big orange, with eyes, mouth, nose, ears, and two small uncommon-looking fins. This curious creature, resembling what the Chinese describe as a "kwal" fish, is popularly known as a mermaid's child, and utters a sound like the cry of a baby. The possession of this fish is said to bring good luck.

Synthetic Women

It is a world to see how commonly we are blinded with the collusions of women, and more enticed by their ornaments being artificial than their proportion being natural. I loathe almost to think on their ointments and apothecary drugs, the sleeking of their faces and all their silber sauces, which bring quassiness to the stomach and disgust to the mind.—John Lyly.

Walrus Tusks Prized

Ivory carving is becoming a lost art among the Eskimos of Alaska, and the ornately carved walrus tusks are much prized by collectors. A generation or so back the artisans who did this work were quite numerous, but they have gradually passed away, and the young men have not learned to do it.

I never saw an oft-removed tree, nor yet an oft-removed family that thrive so well as those that settled be.—Benjamin Franklin.

Turning on the Tears

"My husband is very sentimental; he weeps when you begin to talk about work," stated a woman in an English court.

Men

The charge is frequently made that men are hypocrites about religion. What of it? They are about everything?—Exchange.

Life's Opportunities

Be glad of life because it gives you the chance to love and to work and to look up at the stars.—Henry Van Dyke.

Costly Elegance

About 35,000 persons in Great Britain pay taxes for using armorial bearings on automobiles and carriages.

Try It Elsewhere

Everybody has a capacity for appreciation, but too many waste it on themselves.—El Paso Herald.

KEEPING WELL

CHICKENS AND SUNLIGHT

DR. FREDERICK R. GREEN
Editor of "HEALTH"

MUCH has been said in these columns about sunlight. This is not strange when one considers that more attention has been paid to sunlight by scientific men all over the world in the last five years than has been given to the subject in the preceding century. It almost seems as though the sun was a recent discovery and that no one had known of its existence until recently. Today we are beginning to realize that the sun, at least so far as our universe is concerned, is literally and actually the center and source of all life. We can understand now why the old Persian magi or wise men worshiped the sun as the greatest power and source of good in the universe.

But perhaps this hasn't interested you. "All this stuff about ultra-violet rays is just another case of those scientific fellows talking about something nobody can see and that probably doesn't exist." Maybe even the newly discovered fact that sunlight, plain everyday sunlight, will change a pale, thin, rickety child into a plump, rose, healthy one doesn't interest you either. "Another of those doctor's fads. Nothing in it."

All right. Then maybe you will be interested in chickens. Now there's something practical. If you can raise chickens that are bigger, fatter, heavier and that will sell for more in the market, now that's really talking. That's practical.

Very well, let's talk about chickens, then. Prof. E. B. Hart of the Wisconsin state agricultural station took two healthy chickens of the same age and variety. He put them on exactly the same diet. One chicken was exposed to direct sunlight for half an hour each day. The other was kept out of the sunlight entirely. At the end of four weeks, the bird that had had the proper food with sunlight had gained 148 per cent in weight and had grown proportionately, while the chick that had had proper food but no sunshine had only gained 28 per cent. Half an hour of sunshine a day had made one bird grow six times as fast as the other!

Then Professor Hart tried another experiment. He took two groups of chickens of the same size, age and stock. He fed both groups on a diet that would ordinarily produce rickets. One group got ten minutes of sunshine a day. The other group got sunshine all day. At the end of six weeks the ten-minute group all had rickets and the all-day group were all healthy and averaged 50 per cent more weight than the others. The sunshine kept them healthy in spite of poor food.

You don't believe it? Try it in your own chicken yard.

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Sale of Land for Taxes

By virtue of the power conferred by law, I will offer the following described real estate situated in Gaston Township, for sale at public auction before the Court House in Jackson, N. C., on Monday, August 2, 1926, to satisfy the taxes due thereon and cost of sale:

P. T. Hammack, 126 acres Palmer Island, 115 Peebles Land, 303 Stanley Land, Taxes \$149.93 and cost.

W. F. Horner, 1150 acres Broadnax Land, 34 acres Horse Island, Taxes \$420.00 and cost.

Sidney T. Jones, 28 2-3 acres J. R. Green Land, Taxes \$36.05 and cost.

Mrs. Dora Whitley, 5 acres Home Land, Taxes \$3.50 and cost.

Bessie Pearson, 38 acres Harrison Land, Taxes \$15.96 and cost.

Tommie Patillo, 50 acres Patillo Land, Taxes \$21.00 and cost.

W. A. GRAY, Tax Collector,
for Gaston Township.

Try a "Want Ad" in this Paper



90,000 users!

Are Helping to Sell Frigidaire!

MORE than 90,000 users are helping to sell Frigidaire because they have learned what Frigidaire convenience means in their own homes—because they have proved Frigidaire dependability through months and years of continuous operation and trouble-free performance—because they have proved that Frigidaire actually costs less than ice.

If you do not now enjoy the convenience of Frigidaire, talk to a friend who does. You'll learn that for no consideration would a Frigidaire user go back to ice and an ordinary ice-box. You'll learn how the most perishable foods are kept fresh by Frigidaire—how Frigidaire removes all the possible annoyance of outside ice supply—how it automatically maintains a low, uniform temperature—how it freezes ice cubes and makes frozen desserts.

Come into our display room and let us show you how easily you can have Frigidaire. Let us explain our convenient purchase plan. Let us show you the new models. Let us demonstrate Frigidaire operation. You'll be especially interested in the Model B-5-2 which can be installed for only \$245, plus a small sum for freight and installation. Greatly increased production of this model assures prompt delivery.

H. E. OUTLAND

Dealer, Conway, N. C.

Frigidaire is made by Delco-Light Company, Dayton, Ohio, Subsidiary of General Motors Corporation

\$190
The mechanism for converting ice-boxes into Frigidaire costs as little as \$190. Complete cabinet models are priced as low as \$245. Any model may be purchased on convenient terms.

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Manufacturers of Electric Refrigerators

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1926 WILL BE A BIG YEAR FOR CHEVROLETS. PLANS NOW CALL FOR NEW \$10,000,000.00 PLANT TO BUILD 1,000,000 CARS.

At 40 to 50 miles per hour the Chevrolet is so smooth you will wonder how such a high quality car can be sold for so little money. If you will drive one 10 miles we know you will not consider any other low priced car.

Try It Before You Buy Anything Else.

Let us make your old car look like new by painting it with Duco, the wonderful paint that will not crack and gets brighter with age. We have the new Duco colors. A specially trained man to do this work for you. Give us a trial.

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