

For three generations women have been talking about Stella Vitae—"Woman's Relief," "Mother's Cordial." Telling each other what Stella Vitae has done for them, and their daughters, and their friends. Any woman may fry Stella Vitae on the positive guarantee that if the first boffle doesn't help, the druggist will refund the money. Ask your druggist.

What Some Woman Say About

MR. H. L. HALL, of Larkinville, Ala., a well-known merchant who sold STELLA VITAE and used it in his family, writes: "STELLA VITAE has proved to be the best medicine my wife has ever used for a run-down system." MRS. LILIE REVNOLDS of Med-ison, S. C., says; "I have been using your STELLA VITAE with won-derful results. It is the most wonderful medicine for women that I have ever used. I want all my friends to try STELLA VITAE."

THACHER MEDICINE CO., Chattanooga, Tenn., U. S. A.

## Attention Mrs. Housekeeper

When you want something for the family Table here is the place to get it.

Fresh vegetables right from the country: Nice Fresh Eggs, Butter of the best grade, Poultry Fresh Western Meats, Nice Hams and Cheese. Del Monte Asparagus, Peaches, Pineapples, Corn. -Peas, Good line of Presesves and Jellies.

C. D. JONES

### NORTH CAROLINA STATE COLLEGE AGRICULTURE AND ENGINEERING

WEST RALEIGH Young men of character and fire first that technical education enables them to succeed in their chosen vocations. If he College graduates are prepared not only for personal success, but for leadership in buluctrist progress. The college offers thorough practical, FOUR YEAR-TECHNICAL COURSES IN: mal Husbandry and Dairying, Veterinally Science, Poultry Science, Biology and Companion of Companion and Companion of Comp

Textile Environing Charmed Engineering Highway Engineering TWO YEAR COURSES IN:

griculture — Mechanic Arts — Textile Industry
One Year Course in Auro Mechanics
Winter Course in Agriculture for Farmers.

equipment in all descriments.

gins September 7. Accommodations limited to 1,000. Young men who exshould apply early, as room for only about 400 new students will be

### Bank Vice-President

Tells How Ziron Iron Tonic Helped His Daughter After Operation for Appendicitis.

get all the fresh air you can, exercis conservatively, and take Ziron Iron

FTER any serious illness, the first thing you notice when you begin to get around is your lack of strength and energy—a tired, weak feeling.

Head this letter from Mr. J. B. Kelly, vice-president of the First National Bank, Graceville, Fia.: "My daughter had been in bad health since last April. eithe was operated on for appendicitis. She has been taking Ziron for two weeks." The seener you get your strength weeks. Her appetite is better than if hark the better. The thing to do to the says she feels better, . . I know to eat plenty of good, nourishing food, that Ziron is good for weak and feelie

Ziron is a scientific, reconstructive Tonic three times a day.

Your doctor will tell you this is with thin blood. Druggists sell Zi on sound advice, and urge you to follow it. on a money-back guarantee. Try it.

#### CASH AND CARRY PLAN

Brookfield Butter

70 c pound

Trade with us we will save you money

DOUGLASS GROCERY CO.

ner"-Kennes City Star. tons" Jeltoines sepident selt to mijote, concine aghob of area has the see of all a size will selfd The Cristy Decies.
"I one happy to fell you, Mr. Bus earld the facultation to

Radio Tetephoning. The first experiment to long fits tapes radio telephoning was made in 1914, the attimpt resulting after many efforts in successful transmission of ech from Washington to Paris and

#### CONDITIONS NOW AND IN 1865

According to General Sherman's Memoirs, History Seems to Be Merely Repeating Itself.

A single page in the story of the Civil war, the Memoirs of General Sherman, carries observations by two Ohlo men, prominent in that war, General Sherman himself and Secretary of War Stanton, that have a strange-ly familiar sound now amid the dis-tressing conditions that have followed the World war here.

General Sherman has arrived with his story at the opening of the year 1860, and he is dealing with the closing events of the Civil war. He is at Savannah and the secretary of whr is there, partly on an official visit and partly for recreation. The policy of enlisting slaves is under discussion and the order giving the freed slaves the right to occupy seized lands is agreed on.

"He professed to have come from Washington for rest and recreation," writes General Sherman, "and he spoke unreservedly of the bickerings and jealousies at the national capital, of the interminable quarrels of the state governors about their quotas and more particularly of the very ex-Istence of the government itself.

"He said that the price of everything had so risen in comparison with the depreciated money that there was danger of national bankruptcy, and he appealed to me, as a soldler and patriot, to hurry up matters so as to bring the war to a close.

"I was quite impatient to get off, myself, for city life had become dull and tame, and we vere all anxious to get into the pine woods again, free from the importunities of Southern women asking for protection, and of civilians from the North who were ceming to Savannah for cotton and

all sorts of profit."

High prices, weariness of the war conditions, eagerness on all sides for the return of peace, swarms of people at Washington-official and private citizens, with axes to grind, and speculators from the North pushing right down to the bostile lines in promoting their profiteering enterprises. But we came through it.-Columbus Dispatch.

Cured by Gold Injections.

The very latest post-war discovery is the curing of certain allments by means of injections of diluted gold. This very expensive method of restoring lost health was discovered by a French doctor, who has completely cured a wealthy Parisian of a complaint fmilar to shell-shock. Although gold is very scarce at present, a limited supply is available for medicinal puroses. The price for one injection of good quality gold sometimes reaches the fifty-pound mark, while in one or two exceptional cases gold injections have cost over a hundred p Consequently, only very rich persons can at present undergo this gold treatment, which has been successful in rescuing several cases of complete nervous breakdown. It should be membered however, that the gold itself is of no great value as a tonic. The idea in making the injections is to liven up the patient and prevent him or her from brooding too seriously. This done, doctors believe that half the battle is won. Strange to say, the injections are not made through the usual type of syringe, but generally through a conical-shaped tube of pure platinum costing over twelve bundred dollars.

FOLD BOMONEY SC

After having studied the careers of many of our richest men, and after having obtained from many of them an ourpouring of their tomost thoughts, my conclusion about money is this, says a writer in Forbes Maga-

Money Js a very destrable filing. even a lot of Mr. Its possession enables one to do a great many things which are impossible if one tacks it.
There is no such potent tauterial instrument for enabling one to do worthy deeds in large numbers and on a inrae scale. Money, indeed, is so de-sirable, so useful, so rich in possibili-ties for weathy accomplishment, that one should exercise every honorable effort to acquire every dollar of it that one can earn, but there is not enough money in the world to compensate one for turning even one sharp corner, for never have I known an instance of illgotten money to have yielded true happiness to possessor and his offspring."

Bird Protection Important.

Preserving birds as game is only one part of the duty of the government. They are even more valuable as enemies of noxious weeds and insects. They are the farmer's best friends, though he is too often obliviquirer. Those who care nothing for their beauty of plumage and song must recognize the cirumstance. Tet the birds have been too long the prey of their human hunters. Some species have been wellnigh exterminated in consequence. To protect them in the United States and Canada will accomplish much, though to make the protection of many of the migrants complete Mexico and Central Am countries should jote in the work.

Seal Herds Increasing.

The protective measure adopted by the government for the benefit of the scale in our waters has been entirely successful, as indicated by the great number of aplicate seen to be migrat-ing to the Arctic see. The migration was three weeks earlier than usual, and an unusually large amount of antiquals were noted on their way to

In The Building and Loan Association

## Opens Saturday Aug. 7th 1920.

This is the THIRD SERIES of the Beaufort Building and Loan Association. Carteret County people are learning more and more the value of Building and Loan Stock. This Association now has over One Hundred and Fifty Thousand dollars of stock now in force. and we are hoping to run this up to Three Hundred Thousand shortly.

There is no better way to save money; there is no oafer way to invest money; there is there is no better way to build a home, than the BUILDING AND LOAN WAY.

The Secretary and Treasurer will be glad to explain fully the advantages of Building and Loan to anyone interested

Weekly deposit of oi 25 c per share will mature a\$100 share in 336 weeks, a little less than six and a half years.

# Beaufort Building & Loan Asso.

G. W. Duncan Secty. & Treas.



Cats a Source of Danger. Cats are great carriers of disease germs, and acratches from their claws are sources of real dauger, as those claws are generally coated with a mass of germs which may cause infection, and for these reasons slone should not be allowed to associate too intimately with young children whether the latter are asleep or awake.

Motors Displace Mulea. The First cavalry, stationed at Negalea, Arta, has ahandoned mules in favor of motor equipment, but the change is not so revolutionary at it. sounds, because you can event just as fluently at a balky carburetor as you can at a stubborn quadruped, And it does just as muck good.—The flome

Wedding Ring Once Barred. The Puritage of the seventeenth century used no ring at the wedding ceremony, as they considered it "s pages symbol and superstitions contrivance." All that they required was that the man and woman should follo hands wises stating their purpose to live together in wedlock.