



We Must Guard Our Girls

On the threshold of womanhood comes the crisis which means health or invalidism. Three generations ago an old southern doctor wrote a prescription for the ills of women, which has become known to fame as 'Stella Vitae;' has been the right thing at the right time for thousands of young girls, down to the present day. Try it for YOUR daughter. Money refunded if FIRST BOTTLE does not benefit. At your drug store

Saved An Operation

MR. W. F. NELSON, a merchant of Hixon, Tenn., says: That the daughter of one of his neighbors, Mr. James Roberts, was in such a condition with female trouble that an operation was advised, and the young lady was sent to Chattanooga for its performance. She dreaded the operation, and STELLA VITAE having been recommended, decided to try that first. She has taken six bottles and is happily on the road to recovery. She is able to do her usual work and is in better health than for years before, but continues to use it. She writes: 'STELLA VITAE will do all you claim.' Her father says 'She began to improve at once, after taking STELLA VITAE.'

THACHER MEDICINE CO.
Sole prop. & Mfrs., Chattanooga, Tenn., U. S. A.



AMERICANS ABROAD IN RED CROSS WORK

United States Citizens Far Away Enthusiastic Members of the "Fourteenth" Division.

Among the most enthusiastic and energetic members of the American Red Cross are those citizens of the United States who live outside the continental boundaries of their country—sons and daughters of the Stars and Stripes residing at the far corners of the earth.

These people compose the Insular and Foreign Division of the parent organization, generally known as the "Fourteenth" Division, which has jurisdiction of all territory outside the country proper; that is, Alaska, Porto Rico, Hawaii, Virgin Islands, the Philippines, Guam, and even the island of Yap, which came under our flag as a result of the world war. For the year 1920 this division reported 80,808 paid up members.

The main object of this division is to give our citizens everywhere the opportunity to participate in the work of the organization which stands for the best national ideals. Americans in far places intensely loyal and patriotic, treasure their membership in the Red Cross as the outward expression of their citizenship. It is another tie to the homeland and to each other. There are chapters of this division in Argentina, Bolivia, Brazil, Canal zone, Chile, China, Costa Rica, Cuba, Dominican Republic, Ecuador, England, France, Guam, Guatemala, Haiti, Hawaii, Honduras, Japan, Manchuria, Netherlands, Nicaragua, Paraguay, Peru, Philippines, Porto Rico, Siberia, Spain, Sweden, Switzerland, Syria, Turkey, Uruguay, Venezuela and Virgin Islands.

During the war these scattered members of the Red Cross contributed millions in money, and millions of dollars' worth of necessary articles for the men in service, and sent many doctors and nurses to France. At the same time they carried on an excellent Home Service in their respective communities for the families of those who had gone to war, and in some regions gave large sums of money and immeasurable personal service to the relief of disaster and disease victims.

The division is now establishing service clubs in foreign ports for the benefit of sailors in the American Merchant Marine, making plans to aid Americans in trouble in foreign lands and completing arrangements for giving immediate adequate relief in case of disaster.

It is the Fourteenth Division's part in the great Peace Time program of the American Red Cross.

Building and Loan a Safe Investment

Commissioner James R. Young recommends it to the people of the State, classing it as a "splendid safe medium for saving or investment"

The people of the State now are being offered a great variety of investment stocks; some of them, of course, good and others extremely bad. Relative to the latter—just read what Commissioner Young says about them.

Why take chance on losing your money in speculative stocks when Beaufort Building and Loan stock pays above 6 per cent tax free a net return—and is the safest, soundest investment to be found

SUBSCRIBE IN OUR AUGUST SERIES NOW OPEN

Beaufort Building & Loan Asso.

G. W. Duncan Secty. & Treas.

Attention

Mrs. Housekeeper

When you want something for the family Table here is the place to get it.

- Fresh vegetables right from the country:
- Nice Fresh Eggs, Butter of the best grade, Poultry
- Fresh Western Meats, Nice Hams and Cheese.
- Del Monte Asparagus, Peaches, Pineapples, Corn, Peas, Good line of Preserves and Jellies.

G. D. JONES

SUGAR

If You Want Any Here Is Your Opportunity

We have been fortunate in importing large supplies of sugar from JAVA and have several carloads more than we will need for our own use, and have decided to supply our friends to the extent of this extra supply. AT COST

This sugar is white granulated. The quality is alright

We offer this sugar one bag to each customer AT COST which is 25 c A POUND. We are making this offer to help relieve the sugar shortage and enable the people in this section of the State to preserve their abundant fruit crops. The bags are in two sizes viz. 175 and 225 pounds. All who desire to take advantage of this offer please send in your order at once accompanied by check for quantity desired. We will deliver the sugar to you or your nearest shipping point

Pepsi Cola Company

New Bern N. C.