

Woman's Rights

Most important among which is her right to FREEDOM from the bane of womanhood inherited from Mother Eve. Stella Vitae gives this freedom to women and girls. Sold by your druggist on the distinct agreement that if the FIRST BOTTLE does not benefit, money will be refunded.

Mrs. Nellie Smith, Texas. "I had female trouble with smothering spells. The doctors had given me up—said I could not possibly get well. After taking four bottles of STELLA VITAE I was up and going about my work."
Mrs. W. M. Gaines, Chickamauga, Ga. "It has done wonders for me; was weak and all run down, had not been able to do housework for six or seven years; but now I do any kind of work."

THACHER MEDICINE CO.
Chattanooga, Tenn., U. S. A.

STELLA-VITAE

WOMAN'S
RELIEF

MOTHER'S
CORDIAL

26

Attention

Mrs. Housekeeper

When you want something for the family Table here is the place to get it.

Fresh vegetables right from the country:
Nice Fresh Eggs, Butter of the best grade, Poultry
Fresh Western Meats, Nice Hams and Cheese.
Del Monte Asparagus, Peaches, Pineapples, Corn,
Peas, Good line of Preserves and Jellies.

G. D. JONES

Pullman Service

Now established between
Newbern and all intermediate
points to Washington D. C.

Leaves New Bern Norfolk Southern 6:20 P. M. Arrives
New Bern 9:14 A. M. When travelling take advantage
of this service

New Bern Chamber Commerce

Mrs. A. Block

85 Middle St.

New Bern N. C.

The only exclusive woman's ready to wear store in
the city

We are now showing the newest Fall styles all priced
most reasonably

WHEN IN NEW BERN CALL TO SEE US

HELD FAST TO THOSE FISH

Indianapolis Man Was Taking No
Chances of Losing the Prizes
He Had Secured.

Tom Genolin, of the railway mail service, tells a thrilling story of how once upon a time he was tempted and fell; how in the early hours of morning he slipped away to a "posted" stream and drew from thence five of the most beautiful bass ever seen. The climax of his story reads thus:

"The glorious day was peeping and creeping through the silent trees when I gathered up my bunch of beauties and started homeward. I had not gone far when I laid them in a clump of grass while I filled my pipe. When I started to pick them up again lo and behold they were gone. A slight stir under a nearby bush brought visions of some prowling thief and I threw myself prone upon the bush and clutched for the place where the fish might be. That is when I awoke and gathered myself up from the bedroom floor where I lay clutching a jangling alarm clock."

Mr. Genolin thus ends the story: "The tragic and unbelievable part of my story is yet to be told. The day after the incident related I went to the pool concerning which I had dreamed and there I fished precisely as I fished in my dream and I caught five beautiful bass precisely as I had caught them in my dream and, lastly, I returned home with them, but not once did I lay them down in a clump of grass."—Indianapolis News.

CALL FOR A NATIONAL CRY

Great Need in This Country, 'Tis Said,
for an Explosive, Expressive
Yell.

American audiences are charged with being unresponsive and apathetic, particularly in patriotic outdoor demonstrations. Americans are not incapable of making loud, loyal noises, and not averse thereto. But rarely is a parade staged in this city that does not move throughout a large part of its course between silent lines of spectators. The result is sometimes so depressing as largely to neutralize the desired effect of the parade.

The will to cheer doubtless arises all along the line, but there is no short and easily exploded yell known to us. "Hurrah," is the traditional American word for cheer, but no man will venture its use in public, unless in the wake of a cheer leader who prefaces it with a "hip, hip, hip!" Even then the usual response testifies that this method of cheering is getting rusty.

There is no lack of cheering on an American football field, nor at any kind of a demonstration on a college campus. The reason for this is that good, expressive, explosive yells have been devised for outdoor use. And because they do explode, and because they stand for something, the American public likes to use them. They also like to follow a good yell leader. America needs a national yell. The man who can coin one will do the country a great service.—Minneapolis Journal.

Improved Stereopticon.

A recent development of the stereopticon operates automatically, throwing upon a screen a certain number of lantern-slide views, usually 46, but 100 or 200 or more by special adaptation. The apparatus includes a 1,000 candle power nitrogen-tungsten lamp, condensing and objective lenses, and a small motor to be connected to a lamp socket on either a direct or alternating current circuit. The machine shifts the slides automatically, allowing each picture to remain on the screen 12 seconds before being replaced by the next. The outfit with screen, slides, etc., packs into a suitcase, and is especially fitted to enable the traveling salesman to show goods by picture, though also adapted for educational displays, home entertainment and a great variety of other purposes.

Valuable Tree.

A giant kauri tree has been logged by the Queensland forest service and the timber sold for \$1,000. It was known as Bell's tree and yielded 17,000 superficial feet of timber in five huge logs, and the logging costs amounted to \$500. The net stumpage came to twelve feet 6 inches per 100 super feet. Had the tree been smaller a higher price would have been realized, as few saw-millers cared to handle it. This giant of the forest was offered to a timber-getter for \$30 on the stump, being at the rate of less than 20 cents per super foot, twelve years ago.

On Blaker's Day.

Charles had been going to kindergarten about two weeks. During this time the children had been taught the song "When the Sun Wakes Up at Break of Day." The little fellow liked it very much and tried to sing it at home. The children had been told about Mrs. Blaker living above the kindergarten and that she could hear them sing.

This fact, with the words of the song made a deep impression on Charles. When he reproduced the song at home, this is what he intoned was correct: "When the Sun Wakes Up on Blaker's Day."

Cause for Gloom.

Jim—Why does William Windjammer look so gloom?
Tom—He was showing off his alleged French before the family and the French maid mistook it for Russian.—The House Doctor.

The Beaufort NEWS

Larger Circulation in Carteret County than any other newspaper no matter where published. Special attention given to County matters

THE PAPER for THE HOME

Republican in politics but honest in its opinions and fair to all

In the past three years the business of the BEAUFORT NEWS has more than trebled and is just beginning to grow. New equipment is being installed and the paper will be greatly improved in a few weeks. Subscription price \$2.00 a year, or \$1.00 for six months

SEND US YOUR JOB PRINTING

The Beaufort News

RED CROSS ASSISTS DISABLED VETERANS

The American Red Cross is carrying on a wide program of service for the disabled World War veterans receiving treatment in United States Public Health hospitals, and those being trained through agencies of the Federal Board for Vocational Education.

In each of the Public Health Service hospitals Red Cross workers devote their time to the general welfare of the service men from the day they enter the receiving ward until they are discharged. After the soldier's discharge the Red Cross continues its friendly service through the Home Service Section in his own community.

The Red Cross maintains convalescent houses at all of the hospitals, where patients can amuse themselves after they are well enough to be up and around. Parties and picture shows in the wards are also furnished, with occasional excursions when convalescence permits.

Great service has been rendered by the Red Cross in mental cases in identifying those who have appeared in state hospitals for the insane, and helping them secure compensation due from the Bureau of War Risk Insurance.

In the Federal Board's various district offices the Red Cross worker, acting with the Home Service Section, makes necessary loans to the men, arranges suitable living conditions, helps collect evidence and supply facts to the Board, assists in "appealing cases" and settles various personal difficulties for the men. The workers also follow up and aid all men who discontinue training.

The Red Cross agents find men "lost" to the Board, help clear up delayed cases and aid the college counselors in their friendly work with the men. Many Red Cross chapters have set up recreation facilities, and in some instances living clubs, so these victims of war may have attractive surroundings and the fun which must go with effective school work.

To the American Red Cross Institute for the Blind near Baltimore, Md., more than half of all the Americans blinded in the World War have come for training. The Institute, through the Red Cross, long ago conducted an exhaustive industrial survey to determine the vocations for which blind men could be fitted. As a result it is putting forth well-trained men equipped to meet the social, civic and economic requirements of their respective communities.

Aid for Spanish Red Cross.

The Iberian chapter of the American Red Cross, composed of Americans resident in Spain, has just contributed \$100 to a fund being raised by the Spanish Red Cross and the League of Red Cross Societies for the purpose of fighting malaria.

PROPER MANAGEMENT OF COW

Ration Should Be of Such Kind That Animal Will Be in Good Flesh on Freshening.

During the dry period, the cow should be given a good ration so that she will be in good flesh when she freshens. This will improve the quality as well as the quantity of the milk. Just before freshening the grain ration should not be too heavy and should contain plenty of bran. The hays should be kept well regulated. If necessary, one to one and one-half pounds of Epsom salts may be used as a drench. The cow should have a period of rest of four to six weeks in order to give the best supply of milk during the period of lactation.

GOOD COWS ARE ECONOMICAL

Animals Provide Cheapest, Best and Most Wholesome Food—No Way of Doing Without Them.

The first reason for having good milk cows on the farm comes from the fact that they provide the cheapest, best and most wholesome food for the family. Their value is hard to estimate when we consider the amount saved on the bills. Their produce is a superior substitute for many foods necessarily purchased at high prices. In fact, there is no economic way of doing without plenty of good milk cows on the farm.

SILLO HAS MANY ADVANTAGES

Owner Can Carry Maximum Number of Cows and Supply Necessary Succulent Feed.

The farmer who has a silo can carry a maximum number of cows and supply his herd with a palatable, succulent feed of a uniform quality at any time during the year, conditions favorable to a large milk production.

DAIRY NOTES

Use clean bedding only.

In selecting a sire attention must be paid to the average type of females in the herd.

The old country breeders were very careful in the females selected to replenish their herds.

Improvement of the herd comes through the sire. Therefore, make sure you get a right good one.

A good sized barrel in a dairy cow indicates large capacity for digestion. There should be a good spring of ribs.

DAIRY

MAKING MILK DISEASE-FREE

Thriving Vermont Municipality is First Small City to Adopt Strict Regulations.

Barre, Vt., a thriving municipality of about 15,000, is the first small city in the United States which requires dairymen furnishing it with milk to place their herds under federal-state supervision for the eradication of tuberculosis. The result has been accomplished by close and persistent cooperation on the part of the mayor and other municipal authorities, the United States department of agriculture, the state commissioner of agriculture, the local veterinarian.

Eradication of tuberculosis was begun in a thoroughly systematic manner. The regulations of the federal bureau of animal industry and of the state commissioner of agriculture were supplemented by a city ordinance. The city provided at its own expense a large barn, in which were assembled



The Sort of Cow Condensed by Dairy Experts.

all small herds, scattered lots, and individual cows. The city also furnished necessary conveyances, and employed a man who devoted his time to notifying owners when to bring their cattle in for test, assigning them stalls as they came in, and keeping the cattle moving out promptly after tests were completed.

Two hundred and sixteen herds, composed of 2,107 individuals, were tested, and 875 reactors—41.5 per cent of the total—were found. Those reacting to the test were promptly shipped out and slaughtered under federal inspection.

Among the larger cities whose milk is obtained entirely or chiefly from tuberculin-tested cattle that have passed federal and state tests are Birmingham, Ala., and Washington, D. C. In addition, numerous others have ordinances requiring the tuberculin test applied under local supervision.