

Carteret Lumber Company

(Manufacturers, High Grade Band-Sawn Lumber)

Beaufort, North Carolina

Retail Department

Ceiling, Flooring, Siding, Framing, Finishing, Boxing, and Moulding

Special Prices--Build Now!

To promote building we will allow a Special Discount on Quantity as follows:

On 4,000 Feet or more	\$2.50 per thousand
On 8,000 Feet or more	\$5.00 per thousand
On 12,000 Feet or more--on framing	\$5.00 per thousand
on other items	\$7.50 per thousand



THE ABOVE DISCOUNTS MEAN THAT YOUR HOUSE WILL COST ABOUT WHOLESALE PRICES, PLUS THE ADDITIONAL LABOR COSTS AS AGAINST CARLOAD SHIPMENTS.

OUR GUARANTEE

IF OUR RETAIL PRICES ARE REDUCED BELOW THESE FIGURES BEFORE OCTOBER 1ST ON SIMILAR QUANTITIES OR LESS WE WILL REFUND TO BUYER THE DIFFERENCE.

Designed to Foil Mail Bandits



This new container car, fireproof and burglarproof, has been developed by the New York Central railroad and is being tried out by the United States Post Office Department. It is expected to end postal thefts and holdups en route. The car holds a number of huge square steel safes, which cannot be opened while on the car, as it is necessary to move two levers, one of which is obstructed by the side of the car.

SECULAR NEWSPAPERS HELP RELIGIOUS ENTERPRISES

That the religious denominations of America appreciate the friendly attitude of the secular papers in supporting their various enterprises is shown by the following editorial which appeared in a recent issue of the Alabama Christian Advocate, one of the 17 weekly papers maintained by the Methodist Episcopal Church, South:

"In the name of the more than 2,000,000 Southern Methodist the Advocate thanks the many secular papers for the space they are giving to the Christian Education Movement. County and state papers are not carrying fine editorials in reference to it. You can count on the whole its part in any great far-reaching movement. The papers of Alabama and the South are now proving the correctness of this statement by helping in this movement that has for its end, not merely the building of great Methodist schools, but the building of a great Christian civilization in the Southland."

Methodists of this section will put on a financial drive May 29-June 5 to raise their share of the \$33,000,000 fund which the Southern Methodist Church is seeking in order to better the facilities of its 91 schools and colleges.

SORGHUM ON EVERY FARM

BALEIGH, May 30.—In a period of stagnation and depression in the

price of farm products, such as the present, it should be the chief concern of every farmer to produce all the food of both his family and his live stock.

One of the principal and necessary foods of every home is sugar. This may be obtained in a substitute form from sorghum sirup, which every farm in North Carolina can produce.

It is doubtful if any food crop can be grown in the South that will yield more food value per acre than sweet sorghum. From a well cultivated acre of the late maturing varieties a minimum of two hundred gallons of sirup should be secured and minimum of fourteen bushels of clean seed. This amount of seed is equivalent in food value for livestock or poultry to twelve and a half bushels of corn. The leaves also are valuable for fodder if properly cured.

Every farm in the State can have and should have at least a fourth of an acre of sorghum. If any farm produces more than is needed in the home, ready sale can be found for the surplus in nearby towns and cities.

It is a remarkable fact that with the fine soil and climate for the growth of this crop in this state there is not enough sorghum sirup produced to supply the demands of the people of the State. A fine market is also waiting in the Northern states and Canada for those who will make a high grade and uniform sirup.

It is not yet too late to plant this year. In most sections of the State

outside of the mountains, even the late maturing varieties will mature if planted as late as June 15th.

In the mountains the shorter maturing varieties are used and should mature if planted as late as June 1st. In planning their food crops, farmers should by all means include sorghum, especially this year.

The best varieties to use are Honey, or Japanese Seeded Ribbon; Red Amber; Sugar Drip and Orange. M. W. HENSEL, Agent in Sugar Plant Work, U. S. Dept. of Agriculture, and N. Extension Service.

BUREAU OF INFORMATION AT WASHINGTON

TO THE PUBLIC:

It is the wish of the President hat visitors to the seat of Government shall have every opportunity to get full information concerning all governmental departments. It is especially his desire that all those who come to Washington to transact business with any department or bureau of the Government may quickly be advised as to the exact location and means of reaching he particular department or bureau in which may be centered the business which they desire to transact.

For this purpose there has been established a Bureau of Information on the ground floor of the Post Office Department Building, located on Pennsylvania Avenue at Twelfth Street, which is in charge of competent people who will definitely answer queries of this character. The public is advised of this arrangement and invited to make use of the facility.

WILL H. HAYS,
Postmaster General.

VALUE OF MILK IN THE DIET SHOWN WITH RAT EXHIBIT

A striking exhibition of the value of milk in the diet has been prepared by the Dairy Division of the United States Department of Agriculture for use in educational milk campaigns. The exhibit consists of two stuffed and mounted rats, one a large-bodied healthy specimen, the other an under-sized weakling with skin clinging to its poorly developed bones.

The illustration compares an adequate diet containing all the food essentials with an inadequate, poorly chosen diet, lacking some of the food essentials. The large, well-developed healthy rat had its cereal diet supplemented with milk, and the ad-

vantage accruing is shown by the well-developed tissues, muscles, and bones, the smooth hair, the bright eyes, and the healthy color of the living rat. The protein of milk is capable of building muscular tissue. The mineral of the milk, especially lime, builds strong bones, and the food accessories (vitamines) of the milk insure growth and health.

The small rat was deprived of milk and other adequate sources of these necessary food constituents, hence the weak, gelatinous bones, thin muscles, lack of growth, and constant loss in weight and size. Both rats had wheat biscuits, but only one had milk with the biscuits.

These rats were chosen from two cages, each containing six rats. On March 24 each group weighed 485 grams. All rats were young and the same age. On May 4 both groups were again weighed. The six rats receiving milk had gained 542.5 grams. The others showed a loss of 17.1 grams each, or 102.7 grams for the lot of six.

This is not considered a scientific experiment, but a simple exhibit to show the effects of an inadequate diet, as proved by experimental research.

666 quickly relieves Constipation, Biliouance, Loss of Appetite and Headache, due to Torpid Liver.

The Beaufort News tries to be clean, newsy, reliable and helpful. You can get it for two years by sending \$3 NOW.

FIRST BAPTIST CHURCH

Ann St., Between Turner and Craven
Rev. Harry A. Day, Pastor
Residence, corner Front and Moore Streets.

Sunday School 9:45 every Sunday.
A graded school.

Sunday services 11 A. M. and 7 P. M. every Sunday.
Junior . Y. P. U. 6 P. M. every Sunday.

Women's Missionary Union, every second Sunday afternoon.
Ladies' Aid Society, 2 o'clock every Monday.

Mid-week service, every Wednesday night at 7 o'clock.

Four cents a week will bring the Beaufort News to your home. Are you that much interested in the affairs of the people of Carteret county?

RUB - MY - TISM

Is a powerful Antiseptic and Pain Killer, cures infected cuts, old sores, tetter, etc. Relieves Sprains, Neuralgia, Rheumatism.

Norfolk Southern R. R.

Passenger Train Schedule effective April 10, 1921.
Published as Information only, and not Guaranteed

LEAVE BEAUFORT

4:15 a. m.—Daily for Washington, Greenville, Wilson, Raleigh, Charlotte, Edenton, Elizabeth City, Norfolk. Sleeping Car New Bern to Norfolk, open at 10 p. m. Sleeper Marsden to Raleigh.

6:50 a. m.—Daily for Washington, Mackeys, (Columbia) Edenton, Norfolk and all points north and east. Parlor Brailer Car New Bern to Norfolk.

6:50 a. m.—Daily for New Bern, Dover, Kinston, LaGrange, and Goldsboro.

4:15 p. m.—Daily for New Bern, Kinston, Goldsboro, and points south and west. Sleeping Car New Bern to Washington, D. C.

Through tickets on sale to all points in the United States, Canada and Mexico.

For rates, Routes or other information, call on or write to SETH GIBBS, Ticket Agent, Beaufort, N. C.

EXCURSION FARES

Via NORFOLK SOUTHERN R. R. ON ROUND TRIP TICKETS

To Winona Lake, Ind.—Gen'l. Assembly Presbyterian Church, U. S. A., May 17-27. Tickets on sale May 15 to 19, final limit May 30th, 1921.

To St. Louis, Mo.—Nat'l. Convention, Modern Woodmen of America, June 18-25. Tickets on sale June 16 to 20, final limit June 25, 1921.

To New York.—International Convention United Societies, Christian Endeavor, July 6-11. Tickets on sale July 4 to 6, final limit July 14th, 1921.

To Chattanooga, Tenn.—Southern Baptist Convention, May 12-18. Tickets on sale May 9 to 12, final limit May 21st, 1921.

To Little Rock, Ark.—Sunday School Congress, June 8-13. Tickets on sale June 4 to 10, final limit June 16, 1921.

To Louisville, Ky.—Nat'l. Convention T. P. A., June 13-18. Tickets on sale June 11 to 15, final limit June 21, 1921.

To Raleigh, N. C.—Sudan Temple A. A. O. N. Mystic Shrine, 5-26

May 19. Tickets on sale May 18 and 19, final limit May 21, 1921.

ON CERTIFICATE PLAN

To Chicago, Ill.—Nat'l. Wholesale Grocers Association, June 8-10. Certificates issued June 4 to 10; final limit June 14, 1921.

To Charlotte, N. C.—State Convention P. Y. P. U. Certificates issued June 10 to 15, final limit June 20th, 1921.

To Cincinnati, O.—Southern Wholesale Grocers Assn., May 10-13. Certificates issued May 6 to 12, final limit May 17th, 1921.

To New Orleans, La.—National Baptist Convention Sept. 6-12. Certificates issued Sept. 2 to 8, final limit Sept. 16, 1921.

To Greensboro, N. C.—N. C. Bankers Association, May 24-26. Certificates issued May 20 to 26, final limit May 30, 1921.

For rates, Routes or other information, call on or write to SETH GIBBS, Ticket Agent, Beaufort, N. C.

NOTICE OF SUMMONS AND WARRANT OF ATTACHMENT

North Carolina,
Carteret County.

C. D. JONES

vs.

CHAS. S. CHESTER

The defendant in the above entitled action will take notice that on the 24th day of March, 1921, the summons in said action was issued against said defendant by K. J. Respass, Clerk of the Superior Court for Carteret County, North Carolina, plaintiff claiming the sum of \$358.37, with interest from November 1, 1920, due him on account balance struck on account goods sold and delivered, which summons is returnable in the office of the Clerk of the Superior Court of said Carteret County, at Beaufort, North Carolina, on June 8th 1921. The defendant will also take notice that a warrant of attachment was issued by said Clerk of the Superior Court on the 24th day of March, 1921, against the property of said defendant, which warrant is returnable at the time and place named for the return of the summons, when and where the defendant is required to appear and answer or demur to the complaint, or the relief demanded will be granted.

This 22nd day of May, 1921.

(signed) K. J. RESPASS,

Clerk of the Superior Court.

--- Carteret County.