PAGE TWO

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\*\*\*\*\*\*\*\*\*\*\*

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Eddie Cantor says that Kate Smith, ' At McCook, Neb., Judge Fred Hanthe Song Bird of the South is going son made a mistake and asked Ethel to be fired because for six months Hayes, a bride, if she would promise she has been trying to get the moon to support her husband. Before the to come over the mountain, and the judge could correct his error the darn thing isn't over yet. bride consented. Charles Schmidt.

bridegroom, said he wouldn't hold Announcement from Samuel Liv- his wife to that marriage vow.

ingstone, woman's stylist in St. Louis, ays that "sun colors" in various com-When Victor Torock's will was filbinations will predominate in womed for probate at Davenport, Iowa.,

en's footwear fashions next spring. it was discovered he had provided \$10 for each pallbearer at his funeral In Pittsburg, Federal Judge R. M. Gibson fined Milton G. Myer \$100

deen, Wash., claims to have the world's champion lilac hedge. It is 125 feet long, 15 feet high, and 10

### Demand for Ambergris

Greater Than Supply Treasure trove was recently thrown up on a Pacific coast beach in the form of a piece of ambergris; at least that was what its finders called it. Ambergris, always scarce and now even scarcer, has been a coveted ;ossession for centuries in view of the high price it commands. It has figured in history and in fiction, and from time to time it has brought a measure of wealth to those who have been fortunate enough to find a piece of it. This strange substance comes either from the stomach or the intestines of the sperm whale and frequently contains the beaks of cuttlefish, on which the whale feeds. It is a grayish substance, often mottled with darker streaks. Whalers after a kill sometimes found large pieces of it floating in the water. Long ago chemists discovered that ambergris could be melted in boiling alcohol and used in the manufacture of perfumes. Hence it became a valuable commodity. It is much rarer than it used to be, because of the scarcity of sperm whales. In the early days of American whaling the sperm whale was plentiful, ranging into the North Atlantic for its food.

### Interior Stairs Can Be

a Point of Decoration The stairway is the largest single item of interior woodwork about the average modern home.

Both from utilitarian and decorative aspects it serves probably the most important functions which any feature of the interior is called upon to perform. The architectural style of the house liself is often indicated or



THE BEAUFORT NEWS THURSDAY, JANUARY 7, 1932

How sweet and gracious even in common speech, Is that fine sense which men call

courtesy! Wholesome as air and genial as light,

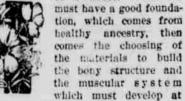
Welcome in every clime as breath of flowers-It transmutes aliens into trusting

friends,

its owner passport gives round the globe. -James T. Fields.

EUILDING THE BODY

We may liken the growing of the body of a boy or girl to the building of a house. First we



the same time.

And

During the early years the bones need lime and other minerals to stiffen them and make them strong to carry on the work of the body. In the 'teen age the diet must furnish adequate amounts of building types of foods.

A diet which supplies daily one pint to a quart of mult taken in various ways, two eggs, one-fourth head of lettuce or its equivalent in cabbage, from one-half to one pint of orange fulce daily, with the juice of a lemon. Using the juice of the lemon to add to the drinking water without sugar gives the water life and adds the required vitamins needed. This gives a diet which will furnish good firm bones and teeth.

For fuel foods which are the carbohydrates (sugars and starches) we need not be exercised about them, as the youth usually eats enough of sweets, which he needs to supply energy, and starches are eaten in fairly good amounts. The fats consumed, which is taken in oils, nuts, butter and yolk of egg, should be in proportion of one to four in carbohydrates. In athletics candy gives a quick energy food. For children, if given after a meal or long enough before it not to dull the appetite for the proper food, it is now considered quite a part of the daily food. A growing boy needs twice as much food as his father. Overweight is better than underweight, since it gives a reserve to draw upon in time of illness or strain.

Nov: Maria

r t

### EMPLOYMENT CONDITIONS

RALEIGH, Jan. 4-Unemployment onditions were better in the State 44,122 unemployed

laborers and domestics decreased in would otherwise be idle." number | unemployed; mechanical These five points were also recom-

the domestic servants.

### ed 190 hogs that dressed out over anced ration made up almost entirely 34,000 pounds of pork in middle De- of home-grown feeds. Plenty of cember The hogs were grown and grazing in the form of permanent fed on home grown feed largely.

**Five Point Value** In Dairy Farming

By F. H. Jeter RALEIGH, Jan. 4-More attention

to the dairy cow in North Carolina IN STATE ARE IMPROVING offers five opportunities to the North Carolina farmer.

"While we realize the value of January 1 than on last September 1, milk as a food and know that there although 13 per cent, or 148,347 per should be at least one cow for every sons out of the 1,141,129 normally five persons in the State, we should employed were out of work at the not overlook the opportunities provid start of the year an estimate made ed in increasing the number of cows by the State Department of Labor in all sections of the State," sugshows. An estimate September 1 gests John A. Arey, dairy extension placed the number of unemployed at specialist at State College. "In nearly 178,016. Another January 1, placed every part of the State there is the the number at 70,596, and U. S. Cen-, opportunity to increase the number sus figures for April 1, 1930, showed of cows so that the cream and milk may be sold Farm dairying offers first a sure monthly cash income;

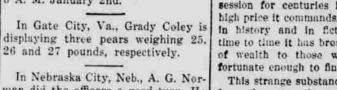
Of eight classifications, agricultur- second, profitable employment for al wage earners showed a greater in- farm labor throughout the year; crease in unemployment, partly seas third, a good market for home grown onal, from 7 to 24.7 per cent; fac- feeds; fourth, a system of farming tory workers had increased from 13 that will checks erosion and build up to 19.5 per cent unemployed, while the fertility of the land, and, fifth, building and construction, common cash returns from pasture land that

trades about held their own and bus- mended by committees of farmers at iness, clerical and professional, and the regional agricultural meetings all other unclassified trades showed which have been held in the State the muscular system 'considerable improvement. Of the un- during the past month, says Mr. Arey, employed, 32 per cent are women, For a person to engage in the selling who comprise 40 per cent of the un- of cream or milk, he should have a employed factory workers, 44 per unit of not less than five cows for cent of business, clerical and profes- the expense of collecting either sional workers, and 90 per cent of milk or cream from smaller herds is rather heavy.

To further develop the dairy industry, Mr. Arey says the committees J. G. Staton of Martin County kill- recommend feeding liberally of a balpasture and cover crops to last thruout the year where posible, was suggested. A good cow will need from 1,800 to 2,000 pounds of grain for

one year. Then finally good pure bred dairy sires should be used to gradually build up the herd to a higher point of production and profit.





man did the officers a good turn. He was arrested and put in jail. Investigating the jail he found a hole sawed thru window bars. He crawled out, told police of the escape of four prisoners and then crawled back in jail.

Believe it or not! A cat that pre-

Ripley says that the New Year does

not begin on New Year's day, 1932

does not actually begin until exact-

ly nine minutes and 54 seceonds past

5 A. M. January 2nd.

fers to walk on its hind feet is own-

ed by J. N. Suggs, of Little Rock,

Ark

A Chicago doctor says that the average modern girl can best marry at Res. 124-L twenty-three. At that age a girl has reached full maturity, he said, and is ready for bearing children.

> In London, England, Blanco, the London Zoo's albino monkey, has been fitted with a pair of spectacles, due to his weak eyesight.

Mrs Sol H. Goldberg, wife of a Chicago millionaire, saw a painting she liked and purchased it for \$400. The painting, according to experts, is in reality a Gainsborough, valued at \$50,000.

The barber shop cocktail has come back. Washintgon police and prohibition authorities reported a rush business in drug store bay rum, with requent cases of bay rum imbibers

Mrs. Charles McDonald, of Aberfor violating song copyright laws. Said the Judge: "I am sentencing the wrong man. I would like to sentence the persons who wrote these songs I feet thick. have to listen to over the radio."

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Rabbi Moses Shurn, 38, bearded and the father of seven children, has

enrolled at the Boston English High School, attending classes with pupils one-third his age.

> George Tetrault, of Salem, Mass., only eight years old, but weighing 200 pounds, died recently of pneumonia.

being picked out of the gutter.

A spat or two a day keeps divorces away, asserts Richard Putt, of Lo-\*\*\*\*\* rain County, O., who with Mrs. Putt recently celebrated their sixty-sixth wedding anniversary. Both are 87, and say that they feel happier after each quarrel.

> In Seattle, Ore., near-sighted Al-Then he put on his hat. By the time he discovered his error it was necessary to cut his hat off and shave his head.

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exander Mims, rubbed glue on his head, mistaking it for hair tonic.

When twins were born to Mr. and Mrs F. H. Simpson of South Sioux City, Neb., the son was born at home and then the mother was hurried in an ambulance to a hospital in Sioux City, Iowa, where the daughter was born an hour later.

"Why should a young fellow taking a pretty girl home drive fast, to say nothing of breaking the speed limit? asked Everett Willard when arraigned in Judge William Rowe's court, at Brockton, Mass. "I agree with you," said the judge as he found Willard not guilty.

For the second time, Mrs. Mary Strong, 49, of Lorain, Ohio, has been shot by a husband who committed suicide. Seven years ago Mrs. Strong, then the wife of John La Buda, escaped death when he turned a gun on her and then killed their 12-yearold daughter and himself.

The French government has appropriated \$1,400,000 to build a new embassy in Washington.

The President of the new Spanish republic gets \$84,000 salary, \$20,000 ing a home supply of bread. for traveling, \$20,000 for entertaining and \$60,000 for household exthe Spaniards get!

reflected in the design of the stairs. Many builders in past times have apparently regarded beauty in stair work as a matter of size; the larger the newels and balusters the more handsome the work. Modern taste inclines to the smaller, more delicately molded forms which made our early colonial stairs such faithful representatives of individual craftsmanshing

### **Experts Lay Down Rules** for Correct Breathing

If you are curious as to whether or not you breathe correctly, unbuckle your belt and slip it up a few inches, halfway between waistline and bust line. Exhale and pull your belt in as tight as you can until you're empty as a pricked balloon. Now, take a whopper of a breath and see how many notches you can expand. It is here that chest expansion should be measured, instead of under the armpits, as your old gym teacher believed. "Ordinarily breathing should be unconscious," says Dr. Eugene Lyman Fisk, in Collier's Weekly, "but everyday deep-breathing exercises should be employed. People who are shut in all day may partly compensate for the evils of indoor living by stepping out of doors and taking a dozen deep breaths whenever the opportunity presents itself."

"Do your heavy breathing in the morning when you first wake up," says Helen Hayes. "Repeat it whenever you feel fatigue or nervousness creeping over you. It will also cure the insomnia that may attack you at night."

Men as a rule breathe more deeply than women. A man's diaphragm is piaced lower than a woman's, which gives his chest more room; and his more active habits of life have made this muscle stronger. Women, with a few glowing exceptions such as ath-letes, actresses and singers, are shal-low breathers. In the hustle and busthe of life in general, they are apt to neglect their diaphragma.

Two demonstrations in killing and curing pork for a home supply were well attended in Bertie County during the past week.

Johnston County farmers are increasing their acreage to wheat this eason with the expectation of rais-

A group of Chatam County farmpenses. Wonder what the rest of ers sold 12,000 pounds of turkeys for 19 cents a pound during December.

## New Year Kight

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