

Farm and Home Council News

4-H and H. D. Councils To Meet

By MARGARET E. CLARK, Home Agent

Members of the 4-H Clubs of the White Oak, Newport, Camp Glenn, Beaufort, Harkers Island and Smyrna Schools are to hold their Spring County Council Meeting Saturday morning, March 23rd, at 9:00 A. M. in the home agents' office. Team demonstrations—Selection and Care of Shoes, and Wildlife Conservation—are to be presented.

On Thursday morning, March 22nd, the Home Demonstration members assemble in the office for their Annual Spring Council. Both Councils are to make plans for the Annual 4-H Rally Day Program and Flower Show to be held in April and tours, camps, State Short Course, and District and State meetings will be discussed. At the afternoon session of the Home Demonstration group, J. O. Tewell, Extension Entomologist, is to present "Household Pest Control" demonstration.

Crotalaria In Carteret County

By J. Y. LASSITER, County Agent

Several farmers in Carteret County tried Crotalaria last year for the first time, and were exceedingly well pleased with the splendid growth it made, and the amount of legumes they had to turn back in the soil.

Since it is almost time to begin planting crotalaria, I am sure you farmers will be interested in some of the facts about it.

Crotalaria is an annual summer legume used only for soil improvement. No livestock will eat it, and it requires no official inoculation. It is not a pest. It is especially good on very light soil, and will make about three times the growth of soybeans or cowpeas. Fifteen or twenty pounds per acre should be used when broadcast, and eight to ten pounds when planted in three foot rows and cultivated. The seed should be scarified to insure quick germination. The price is eight to ten cents per pound depending on the variety wanted.

Crotalaria should be planted between April 1st and May 15th. It is an excellent crop for smothering weeds, and has been known to practically kill out Bermuda grass in two years. The seed may be sown in on sandy soil, or may be plowed in on heavy soil.

For further information see your county agent.

Newport Home Economics Class Renovates Dept.

If, in the spring, a young man's fancy lightly turns to thoughts of love, a young woman's fancy more seriously turns to thoughts of beautifying their interiors. In connection with their unit on Beautifying Surroundings, the Ninth Grade Home Economics Class of Newport have spent much time, thought and work on improving the appearance of the clothing laboratory. All of the tables, sewing machines and chairs were sandpapered and revarnished. The windows were washed, new figured paper was made and hung, the furniture and pictures were rearranged to give a more pleasing appearance and greater convenience.

A greatly appreciated addition to the department is a five panel screen that has just been made by the boys of the agricultural class. This screen was covered in pink's cloth and is attractive as well as useful.

Besides acquiring some skill in art of interior decoration, each girl has learned through this project that attractive surroundings make work more pleasant.

SMYRNA

Wednesday afternoon, March 15th, before leaving for our Spring holidays we met in the auditorium where we all enjoyed a good laugh here the Eighth Grade under Mr. O. T. Townsend, gave a play "The Train to Looontown." The characters were as follows:

- Mr. Wiggins Ernest Lewis
- Tom Wiggins Jack Guthrie
- Mr. Thornton Clinton Piner
- Conductor Roy Allen Gillikin
- Elder Black Sammie Daniels
- Harry Wiggins Hilma Chadwick
- Joe Wiggins Lois Chadwick
- Miss Eagerly Beatrice Willis
- Brakeman Herbert Chadwick

This play was one of real fun and it kept every one laughing. Every character played an excellent part and we all feel very grateful to them for this program.

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Newport Vo-Ag Boys Practice Pruning

By C. S. LONG, Teacher of Agriculture

What is pruning, or why prune? Everyone knows, in a general way, what is meant by pruning. But to make perfectly clear at the beginning just what I am talking about, let me give the following definition: Pruning is the removal from a plant or tree that part which is undesirable or superfluous. In other words, pruning is one of the arts of the grower, by which he or she obtains better results than nature, unassisted, would give.

After careful study and analysis of the job, Pruning Fruit Trees, the Newport vocational agricultural students made several field trips last week to actually put into practice principles studied in the classroom.

Farms were visited where we might find peach, apple, and pear orchards varying in age from year-old trees to five and six year old trees. In a few cases complete renovation of old home orchards was suggested.

Pruning is considered one of the fall and winter jobs in the orchard. Preferably, late winter and early spring just before growth starts is the ideal time for pruning most fruit trees. However, in young trees there is some pruning to be done in the spring and summer of the first year.

The School Lunch

By FLORENCE W. CORDOVA

The school lunch is no more important than any other meal, but it is more difficult to provide the right foods. When boys and girls buy such things as lollipops, soft drinks, candy, pies, buns, pickles or doughnuts instead of sandwiches, milk, fruits or other simple foods which they need for growing, and for keeping fit, they are like the man who sits out on an automobile with wheels providing gasoline and oil. It would be too stupid to be so stupid, and yet boys and girls do worse than that to their own advantage when they buy such things.

A large number of pupils in the schools of Carteret County cannot go home at noon. Many of these pupils do not bring lunches from home, and since there are few lunchrooms in our schools, the boys and girls are dependent upon a lunch purchased at a nearby store or lunch room costing five or ten cents.

What are some of the foods they can buy which will give the most food value and supplant the foods lacking in their daily diet? First, if they do not have any milk at home, they should buy milk, chocolate milk, or ice cream. If they have a fruit, especially fresh fruit they should buy an orange, apple, banana or other fruit in season which would supply their vitamin C. If they do not have meat for breakfast, some kind of a meat sandwich would supply the protein, but if they have meat in other meals, then a sandwich of cheese, peanut butter, or some vegetable would be more suitable.

Our boys and girls need something for their noon meal which will be nourishing, as well as something which supplies the essentials lacking in their daily diet.

H. D. Clothing Leaders To Hold School March 26

Miss Julia McIver, Assistant Extension Clothing Specialist, will meet Clothing Project Leaders of all Home Demonstration Clubs of the County in the Home Agent's office, Tuesday morning, March 26th, at 10:00 o'clock. All Clothing Leaders are to attend the Spring Clothing School.

Farewell Party Given Mormon Missionary

A farewell party given in honor of R. A. Burton, Elder of the Church of Jesus Christ of Latter Day Saints, was held Friday night, March 8, at 7:30 in the L. D. S. Chapel at Harkers Island.

Both young and old participated in singing and playing games in honor of Elder Burton who is returning to his home in Salt Lake City, Utah, after spending more than two years in the mission field.

Later in the evening, at the conclusion of the party, refreshments were served to everyone who attended.

There were 84 people both young and old in attendance. All said they spent a most enjoyable evening.

The party was sponsored by the Young Peoples' Mutual Improvement Association, of the L. D. S. Church.

Senator Bailey Gives His Views On "Hatch Bill"

(Editor's Note. When one thinks of Washington these days they think of the Hatch Bill, which is in the limelight. In following comments Senator J. W. Bailey gives his views on measure.—A. B.)

By Josiah W. Bailey, U. S. S. Editorial comment in more than one North Carolina paper calls for an explanation of my vote against the proposed extension of the Hatch Act to include State, City and County employees in activities that receive Federal grants or loans.

The effect of the proposed bill is to assert the right of the Congress to use Federal loans and grants as a means of controlling activities of State, County and City employees. It would even allow withdrawal of Federal aid to States or their political subdivisions upon failure to enforce prohibitions in the Act. It would, without giving our public employees the benefit of the Civil Service laws, place them under supervision of the Federal Civil Service Commission. And this would include State, County, Town and City employees.

It is unsound to put Federal aid to such uses. Gifts and grants ought to be made on their merits, on the basis of need or welfare. They ought not to be used as the means of coercing the States, their political subdivisions or their employees in any manner or degree. The States are neither dependencies, possessions, nor dominions. They are sovereignities, even though some of them do not act that way.

The State of North Carolina is capable of forming its policy in such matters—far more capable than the Federal Government. The moral and political level in North Carolina is above the moral and political level of the Federal Government.

I am opposed to giving the Federal Government control over public officers in North Carolina in any degree, under and circumstances or upon any consideration, and am not inclined to believe that unwise reflections those editors who have seemed to favor the Act will continue to do so.

Let me make a suggestion by way of showing what this proposed policy of employing Federal funds to control State employees will lead to. If this extension of the Hatch Act shall become the law and the precedent, the next step will be to control our public schools what they teach, who may teach and who may attend. Even now they receive aid for vocational education and for school buildings. There are politicians ready to propose, once the way is opened, Give the Federal Government control today, as called for in the pending Hatch Bill, and tomorrow you will see over all the activities and powers of our State controlled by politicians from the North and West and some Bureaus that know nothing about the State and care nothing about it. We now control our policy with regard to the manufacture and sale of intoxicating liquors. How long would we have control, if the principle of this new Hatch Act is sound?

The advocates of this bill call it "clean politics" bill. That is manifest humbuggery. Giving it a good name does not alter its consequences. They called the N. R. A. the "Recovery" Act, and there were once many who were thereby deceived. We did not recover under its operations, but such recovery as had been made in the spring and summer of 1933 was reversed.

Thomas Jefferson admonished us to "follow the principles". And the Bill of Rights of the State of North Carolina advises us "that a frequent recurrence to fundamental principles is necessary to the preservation of our liberties". It is time to have a "recurrence", if possible—if not too late.

We had Federal control once in North Carolina. Sometimes it appears that we must have another large dose of that poison in order that we may be reminded of its inevitable consequences.

Granted that the use of official position to influence elections is not to be approved, the principle of employing Federal aid as the means of compelling State and local action is even more to be discouraged. On the other hand, the people of North Carolina may be trusted to make of their own accord every necessary improvement in mechanics of the democratic process. This Hatch Bill is an interference with that process to accomplish what is conceived to be a good purpose, but that interference is more to be condemned than the evil it is intended to remedy.

Mop

More than 600 Franklin County farmers have requested directions for building a home-made cotton mop to be used in applying poison for controlling boll weevils.

Eggs Are Cheap Now Nutritious Always

Next to milk, eggs are the most perfect single food. "Eat eggs for health always, and eat eggs for an economical dish at this season of the year," advises Miss Sallie Brooks, assistant Extension nutritionist of N. C. State College.

The home economist endorsed the "Springtime Egg Festival" which is being conducted this week by producers and consumers, with the support of thousands of merchants, including the Southeastern Chain Store Council. Another period of the Festival will be the week of April 11-18.

Miss Brooks pointed out that more than half of the total egg crop of the year is produced in March, April, May and June. "When production is at the peak, prices quite naturally are at their lowest, so that the family can now revel in eggs—have them in some form at every meal," she said.

Citing the nutritive value of eggs for persons of all ages, Miss Brooks said: "Of all the natural foods, eggs are the best source of vitamin D, with the exception of fish oils. For this reason, children who are given eggs from infancy are better fortified against rickets than those who do not have them."

"Eggs also provide vitamins A, B, and G, and they are an excellent source of iron, and a fairly good source of calcium and phosphorus. The protein and fat in eggs are easily assimilated by the body."

As a suggestion on egg cookery, the nutritionist pointed out that high temperatures make the white of egg tough. When the egg is poiled, the part where the white and yolk come together often develops a dark green color. This may be decreased, if not eliminated, by cooking the egg as short time as possible, and by cooking at once under water.

Yes, It Pays Farmers To Fertilize Cotton

"Yes," is the answer to the question: "Does it pay to fertilize cotton at present prices?" says Prof. C. E. Williams, head of the State College Agronomy Department.

On the basis of experiments conducted by the State College Agricultural Experiment Station over a long period of years, net profits averaging \$23.75 per acre were obtained from the use of the proper kinds and amounts of fertilizer with seed cotton selling at 5 cent per pound. "The present price for seed lint are about equal to 4 cents for seed cotton, which would afford fairly good net profits per acre," Prof. Williams stated.

His recommendations on cotton fertilization are as follows: From 100 to 600 pounds of a 4-8-4 mixture per acre on sandy and sandy loam soils in the Coastal Plain section; from 100 to 450 pounds of 4-10-4 for the heavier soils in the eastern part of the State, especially the northeastern section; from 40 to 600 pounds of a 4-10-4 mixture for piedmont soils in average condition.

"However," said the agronomist, "where heavy crops of legumes have been grown on the land the previous year and turned under, or heavy applications of manure have been made, the percentages of nitrogen in the mixtures may

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be reduced 50 per cent or more. "And where the acidity of the soil is low naturally, or where low acidity is brought about by application of lime, it is usually wise to increase the percentage of potash to 6 to 8 per cent. The extra potash may be supplied by side applications of a potash salt, such as kainit or murate, after the cotton is well established."

Larkin Announces For Seat In Senate

State Senator John D. Larkin, Jr., of Jones County this week announced his candidacy for renomination in the forthcoming Democratic primaries.

Larkins, twice a member of the upper house, has been mentioned as a possible candidate for president pro tempore of the Senate. He did not mention candidacy for that office in his announcement for renomination which put an end to reports that he would be a candidate for Congress from the Third District.

In addition to serving as chairman of the Senate's Public Roads Committee in the 1939 General Assembly, Larkins was on a score of important committees and one of the outstanding members of the upper chamber. He has been chairman of North Carolina Jackson Day dinners for two successive years. The Seventh District, in which he seeks renomination, is composed of Jones, Onslow, Carteret, Craven, Lenoir, and Greene counties.

Announcement Of Local Interest

Supt. H. L. Joslyn, of Morehead City, Chairman of the Military Training Camps Association for Carteret County, announces that the procurement campaign for the 1940 Citizens Military Training Camp, which is to be held at Fort Bragg, North Carolina, has officially opened. The camp will be held from June 12, 1940, to July 11, 1940.

The mission of these training camps is to bring together under healthful surroundings, on a common basis of equality, young men from all walks of life; and, by supervised activities, industry, drill and instruction in citizenship to develop them mentally, morally, and physically; promote wholesome respect for American ideals, teach the value of teamwork, fit them for leadership, and impress upon them the obligations and responsibilities of true American Citizenship.

Central 4-H Service Club Meets At Core Creek Com. House

Central 4-H Service Club met at Core Creek Community House, on the evening of March 7, with twenty-three attending and Paul Beachem presiding. The minutes of the January meeting were read and the roll called by Jewell Eubanks, after which Virginia Stanton gave the Treasurer's report and a report from the Ways and Means Committee, in which it was suggested that the Club have an April Fool's Party the latter part of March.

At the conclusion of the business session, Jewell Eubanks presented

Miss Clark and Mr. Lassiter who discussed and illustrated the "Traveler's Suitcase", the topic for study for this meeting. Their talks and demonstrations were both helpful and enjoyable to the listeners.

The group then participated in several games which were led by Josephine Stanton.

Refreshments were served by Lucy Temple, Annie Marie Nelson and Helen Norris.

The meeting adjourned with the singing of "Taps"

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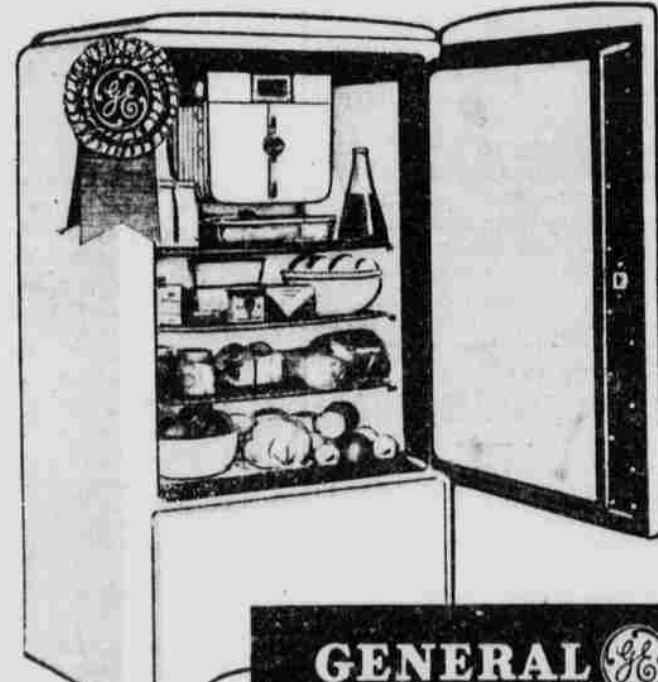
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