

**Public Health Dept.  
of W. C. T. U.**

Edited by  
MRS. R. L. BOYD, Supt.

**Advice to the Healthy.**

Don't be afraid of the careful consumptive.  
Don't hesitate to tell a consumptive that is his duty to protect his fellowman.  
Don't, under any circumstances, sleep with a consumptive.  
Don't occupy a house where a consumptive has lived without first having the house properly disinfected. When a house is properly disinfected it is no longer dangerous.  
Don't spit on floors or sidewalks—Set the consumptive a good example. When you spit, spit into the gutters or into a spittoon.  
Don't stay in a room with the windows closed. Keep them open summer and winter, at home and at work. Sleep with the windows open; but be sure that the entire body is warmly clad.  
Don't be afraid of night air. Fresh air, whether night or day, moist or dry, warm or cold, is good for you.  
Don't drink milk from cows not tuberculin tested without boiling it, for the disease is often contracted in this way.  
Don't ever stir up a dust by dry sweeping. Sprinkle water or moist sawdust, or moist bits of paper over the floor before sweeping. Dusting should be done with a moist cloth.  
Don't ever neglect a cold or cough, and be especially careful to protect yourself from consumption when convalescing from grippe and pneumonia, and when in a run-down condition from any cause.

**Phillips-Hudson.**

Married at 6 p. m., October 11, by Rev. Mr. Townsend, at the home of the bride's father, Mr. W. L. Hudson of Alamance county.

ty, Mr. G. Paul Phillips of Chatham county to Miss Minnie Hudson. The wedding was very quiet, only near relatives and friends being present. The number of beautiful and useful presents testified the love of friends. We wish for the happy young couple a long and happy life.

There is nothing worse than a rainy washday except two rainy washdays.

**ACCIDENTALLY  
SHOT HERSELF**

Winston-Salem, N. C. Oct. 13.—News was received here today that Mrs. Bruce Craven, of North Wilkesboro, accidentally shot herself Wednesday with a pistol and that while the wound is regarded as quite serious, her condition is favorable. The attending physician thinks she will recover.

It appears that Mrs. Craven was making up the bed in her room when her husband's pistol, which was under a pillow, dropped out on the floor, and fired, the ball taking effect in Mrs. Craven's abdomen.

**WRIGHTS EXPECT TO  
FLY LIKE THE BIRDS**

New York, Oct. 13.—Wilbur Wright, whose brothers, Orville and Lorin, are about to experiment on the North Carolina coast with a new flying machine said today that he had no doubt in the world that man eventually will fly like the bird flies. He said it might take years to work out plans. When birds start from the ground they go with flapping wings. Once in the air they are able to sustain themselves without effort. The Wrights expect to develop the machine so that after getting away from the ground by means of a motor it will be able to remain in the air without power.

At least it must be admitted that "T. R." is not going around the country explaining anything.

**Fifty Young Men Wanted.**

Fifty more young men are wanted to learn Telegraphy and accept positions as telegraph operators on the L. & N. Railroad. Address E. H. ROY, Nashville, Tenn.

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A Chicago architect is said to have arrived at the conclusion after careful study of the subject, that the capitol at Washington cannot last more than 500 years. Colonel Bryan would better get a sprint on.

The Dispatch a year for \$1.00.

**Pains All Over!**

"You are welcome," says Mrs. Nora Guffey, of Broken Arrow, Okla., "to use my letter in any way you want to, if it will induce some suffering woman to try Cardui. I had pains all over, and suffered with an abscess. Three physicians failed to relieve me. Since taking Cardui, I am in better health than ever before, and that means much to me, because I suffered many years with womanly troubles, of different kinds. What other treatments I tried, helped me for a few days only."

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If you have a farm or city property for sale, list it with us. It will cost you nothing to sell through our company. If you have money place it with us. We pay 6 per cent interest. We write Fire, Life and Live Stock Insurance.

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