

Woman and Home Circle.

My Daughter's Learned to Cook. She was not satisfied with the Earth. A story is told of a Raleigh young man who met a lady friend in an emporium where presents and gifts appropriate to all seasons were displayed. As a matter of pastime they agreed to exchange presents. The young lady asked the young man to choose, and his selection was quickly made. Then came the young lady's turn to choose and trouble began. She looked at nearly everything in the large establishment, and finally declared with a tired yawn that she did not see anything she wanted, and threw the responsibility of selecting her present on the young man. He went at the undertaking courageously, but could not land anything which he thought she would think a successful selection.

Finally he went to a book store and secured a small school globe and sent to the young lady with the following statement: Halls and palaces of art I've been through, Seeking a gift that is worthy of you; But nothing I found of appropriate worth. And so I've decided to send you the "Earth."

THE DREADFUL MOUSE.

Some Amusing Instances of Its Awful Influence. In the course of a recent discussion of the antipathy of most women to mice, a New York lawyer related a curious incident. An Italian was trying, on a street corner, to sell white mice, one of which, by way of attracting the attention of the passer-by, he allowed to sit upon his hat brim. Two women noticed the mouse, and stopped. The owner lifted it down and began to describe its good qualities—its tameness, its beauty, its docility—in the hope of effecting a sale. In the middle of his discourse the little creature made a sudden spring, and alighted upon the arm of one of the women. She gazed for a moment, with dilating eyes of horror, and then, with a loud shriek, fell in a faint to the sidewalk. She was carried into the nearest shop and it was twenty minutes before she recovered consciousness. The curious thing about it is that a policeman, attracted by the commotion, recognized her as a darling criminal, whose portrait was in the rogue's gallery, and whose offenses against the law had been accompanied by violence; she had been twice convicted of assaults with knife and pistol. Yet this lawless and dangerous virago collapsed at contact with a mouse! Charles Reade, the novelist, recognized the complete dissociation between this shuddering antipathy and any feebleness of will or courage. In one of his best tales his Scotch heroine, a haughty fish-gilder, who has dared the elements all her days, and has had a moment before her the wrath of a drunken sailor, shrinks terrified from a mouse with a string tied to its leg, which a small child tried to show to her. A friend points out her inconsistency. "A mouse is an awesome beast; it's no like a man," explains Christie, ingeniously. To most women, and not a few men, mice are still "awesome" beasts. Nevertheless, as our modern outdoor girls continue to improve their nerve and eliminate hysteria, the number that scream, faint or lose their self-control at the sight of a scared little gray shadow skittering harmlessly across the floor, tends steadily to decrease. They may not like a mouse any better than their great-grandmothers did; but they do not like to let a mouse render them ridiculous—Youth's Companion.

THE WELL-DRESSED GIRL.

Hints for Her Guidance When Choosing Her Summer Attire. White holds first rank this summer, as it did last, for children, young girls and young women, and for older ones also when combined with black. White lawn graduation gowns this year are trimmed with dainty hemstitched or lace trimmed ruffles upon the skirts, the waists being tucked and hemmed, with embroidered or lace insertion set in. White and colored wash silk shirt waists made like ordinary cotton ones will be much worn this season. Wide sashes of soft ribbon used as belts and ending with long ends coming to the edges of the skirts, are to be used with summer gowns. Collars are made from two to three inches deep and over foundations that may be bought in all sizes. As a rule the collar is made of the dress material and trimmed as the waist is. Many of the parcels this season are of striped silk in white colors, and many others are of plain black and the dark shades. The sticks are long, and as a rule are less ornate than they were a year ago.—*May Ladies' Home Journal.*

Thousands Have Kidney Trouble and Don't Know It. How to Find Out. Fill a bottle or common glass with your water and let it stand twenty-four hours a sediment or settling indicates an unhealthy condition of the kidneys; if it stains your linen it is evidence of kidney trouble; too frequent desire to pass it or pain in the back is also convincing proof that the kidneys and bladder are out of order. What to Do. There is comfort in the knowledge so often expressed, that "Kilmer's Swamp-Root," the great kidney remedy, fulfills every wish in curing rheumatism, pain in the back, kidney, liver, bladder and every part of the urinary passage. It corrects inability to hold water and scalding pain in passing it, or bad effects following use of liquor, wine or beer, and overcomes that unpleasant necessity of being compelled to go often during the day, and to get up many times during the night. The mild and the extraordinary effect of Swamp-Root is soon realized. It stands the highest for its wonderful cures of the most distressing cases. If you need a medicine you should have the best. Sold by druggists in 50c. and \$1. sizes. You may have a sample bottle of this wonderful discovery and a book that tells more about it, both sent absolutely free, by mail, to Dr. Kilmer, 1895 Broadway, New York. Send for one of these. Write mentioning this advertisement.

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Turner's Almanac. "The thing I'd like to impress upon the public is the vital importance of cleaning hair brushes," says a scalp specialist. "The condition of the average hair brush is simply disgraceful, and makes a perfect mass of infection. The brush should be washed every week, and washing isn't enough. It should be thoroughly sterilized at least twice a month. All hair does not need much brushing, and the kind of brush required depends upon the peculiarities of the scalp. A stiff brush is necessary for some heads and fatal to others, and one's brush should really be prescribed by a competent specialist. Then the comb should be a different thing from the ordinary affair. It should be coarse. A fine comb is all wrong. The teeth should be round, both on the sides and the ends, so that it will glide smoothly through the hair, and there shouldn't be any corners between the teeth."

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RAILROAD TRAINS

DATED	TRAINS GOING SOUTH	TRAINS GOING NORTH
Mar. 11, 1900	Lv Washington... 7:00 A.M. Lv Weldon... 1:00 P.M. Lv Rocky Mount... 3:30 P.M. Lv Norfolk... 5:30 P.M. Lv Suffolk... 8:00 P.M. Lv Portsmouth... 10:30 P.M.	Lv Portsmouth... 7:00 A.M. Lv Suffolk... 9:30 A.M. Lv Norfolk... 11:30 A.M. Lv Rocky Mount... 2:00 P.M. Lv Weldon... 4:30 P.M. Lv Washington... 7:00 P.M.

WESTBOUND TRAINS

DATED	WESTBOUND TRAINS
Mar. 11, 1900	Lv Norfolk... 7:00 A.M. Lv Suffolk... 9:30 A.M. Lv Rocky Mount... 11:30 A.M. Lv Weldon... 2:00 P.M. Lv Washington... 4:30 P.M.

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