

A Doctor's First Question Is----?

How Are Your Bowels? A Simple Remedy that Guarantees Good Bowel Action.

Trace the origin of the commoner ailments of life and almost invariably you will find that constipation was the cause. It is not to be expected that a mass of fermented food can remain in the system for long without affecting the nerves and muscles. It congests the arteries and causes, fevers, piles, indigestion, and nervousness, with its accompanying indolence and sleepiness. There is only one thing to do, and that is to remove the trouble; and when nature seems unable to do it, outside aid is necessary. You will find the best of all outside aids a medicine that many thousands are now using for this purpose, called Dr. Caldwell's Syrup Pepsin. Many hundreds of letters are received by Dr. Caldwell telling of the good results obtained, and among the enthusiastic letters is one from Lieut. G. W. Vaughan, of 625 W. North St., Decatur, Ga. He is 72 and has had a bad liver and stomach since he came out of the army. He says he tried about everything, but never succeeded in getting permanent relief from Pepsin. He is now without a bottle in the house, and has not had a headache, indigestion, or any of the various coarse catarrhs and parasites, for while these



LIEUT. G. W. VAUGHAN

do but temporary good, Syrup Pepsin cures permanently. The effect of its action is to train the stomach and bowel muscles to do their work naturally again, and in a short time all forms of medicine can be dispensed with. It can be bought without inconvenience at any nearby drug store for fifty cents and one dollar a bottle, the latter size being regularly bought by those who already know its value. Results are always guaranteed or money will be refunded. Families wishing to try a free sample bottle can obtain it postpaid by addressing Dr. W. B. Caldwell, 419 Washington St., Monticello, Ill. A postal card with your name and address on it will do.

A LITTLE MORE MONEY NEEDED TO CARRY OUT STREET SIGN CONTRACT

The city executive board at its regular weekly meeting yesterday afternoon at 3 o'clock let the contract for the placing of the street signs recently purchased, the contract to be submitted to an appropriation being made by the board of aldermen to cover the cost of the signs. The bid of the Story Construction Company was the lowest submitted and was accepted. It was \$12,113. This estimate was for the setting of 235 posts in concrete bases and the fitting of fifteen other posts with an ornate metal collar.

The total number of the sign posts to be erected is 254, and they will be located at the intersection of streets. The original appropriation for the purchase and erection of the signs was \$10,000. Alderman Frank Wilkes being delegated to the task of securing them. This lacked a little of being enough to buy and erect the signs. Hence the aldermen will be asked to piece out the sum.

The weekly report of City Engineer Lea was received by the board, the report showing that the recent good weather had been conducive to rapid work on all street contracts. The board heard complaints from several regarding alleged damage to yards and fences, where street work had changed the level of the street and disarranged entrances to yards. Complaint from Oak street that the change of level in the street had made bad drainage the board visited a body after the meeting adjourned.

A bid was received from one contractor for the removal of two store buildings on West Seventh street, on property which has been condemned, but was not accepted because the condemnation proceedings were not complete. The time of the board was taken by the small matters of a routine nature throughout most of its session. Mayor Hland presided and all members were present.

SIDEWALKS MUST BE SWEEPED BY 8 A. M. SAYS CHIEF COOK

Again, and finally, the ultimatum has gone forth that the ordinance in regard to sweeping the sidewalks after 8 a. m. in the business section is to be enforced. Chief Cook of the health department is authority for the statement. "Please say," said he, "that all sidewalks must be swept by 8 o'clock, otherwise a fine will be imposed."

Block's Biscuits

They Come Out Fresh, Crisp and Appetizing

For a Dainty Luncheon

For a dainty luncheon, to serve with salads, chocolate, bouillon or after dinner coffee.

For picnics or parties—the best cracker is

Block's Kennesaw Biscuit

The Perfect Soda Cracker

Always fresh, crisp and clean, at grocery. Five cents the package.

FRANK E. BLOCK CO., Atlanta

Oldest and Largest Makers of Crackers and Biscuits in the South

RULES GOVERNING Y. M. C. A. CONTEST; WIRES

As the hour approaches when the Y. M. C. A. of the south will start on their annual membership contest, the interest is reaching fever heat. The following telegrams were received this morning:

Columbia, S. C., March 26.
"D. L. Probert,
"General Secretary Y. M. C. A.,
"Charlotte, N. C.

"That trophy cup is on exhibition in a Columbia window and we serve notice that work and not hot air telegrams will be necessary for you to take it out of Columbia."
"A. T. STRATTON."

Wilmington, March 26.
"D. L. Probert,
"General Secretary Y. M. C. A.,
"Charlotte, N. C.

"Wilmington through force of circumstances has played second fiddle for some years in Y. M. C. A. work. We have now come into our own and if Charlotte is not on the job this year we will put one over on you and then invite you down to see how that cup looks in our new lobby."
"J. R. HUNTINGTON."

Southern Membership Contest—Rules for 1914.

Charleston, S. C., April 29, 1913.
Rules unanimously adopted at Columbia at a meeting called for that purpose April 16th, 1913.

(Explanation—In 1909 the Charleston Association inaugurated this simultaneous Inter-City Membership Campaign, offering a Silver Trophy Cup to go each year to the successful contestant. A city winning the cup three years in succession is to have permanent possession. The winners have been: 1909, Charlotte; 1910, Charleston; 1911, Charlotte; 1912, Jacksonville; 1913, Mobile; 1914—?

Rule 1. Open to the central branch of any city association in this country south of the Potomac and east of the Mississippi. Only membership, etc., in said central branch shall count.

Rule 2. Campaign opens Saturday, March 28th, 1914, at 7 A. M., Eastern time, and closes Saturday, April 4th at 10 P. M., Eastern time.

Rule 3. Points shall count as follows: For new members, payments on arrears and renewals—each dollar paid during the campaign counts one point in case the payment is a partial one but in case the total fee is paid during the campaign, it will count two points for each dollar paid. Only cash or bankable checks received in payment shall count as points. Notes in no case shall be considered as cash and shall not be counted. No application shall count unless payment for at least one-quarter of its face value accompanies it. Locker fees count on the same basis as membership fees. Renewals falling due in May, 1914 may be counted, but not beyond that point. Memberships may be issued for no longer than one year in advance. Only bona fide memberships may be counted. No application shall count more than a maximum of 30 points. This is regardless of the fee accompanying the application and is to help equalize the race. (This means that the association having a sustaining fee of any amount more than \$15.00 would only be able to count 30 points on same, even if payment was \$100 and in full.)

Rule 4. Each association shall telegraph each day at 7 P. M. to Mr. A. T. Stratton, referee, Y. M. C. A., Columbia, S. C. (Except on final day) its total score for boys, total score for men and grand total. (Carry forward totals each day). On final day each Association must report to Mr. Stratton by telegraph as quickly after 10 p. m. as possible. The contest must close in every city sharply at 10 o'clock. It is essential that separate reports be made in every instance for men and boys. At 8 p. m. daily, Mr. Stratton will telegraph the total score to all cities contesting. (Note—Eastern time used always.) The referee will announce his code in advance.

Rule 5. The referee will be Mr. A. T. Stratton, general secretary, Y. M. C. A., Columbia, S. C. After campaign opens he will be final authority on all points in question. The secretary-treasurer will promote the campaign and will answer all inquiries.

Rule 6. The association having the highest net score shall be entitled to the distinction "Membership Champions of the South, Season 1914," and to the possession of the "Charleston Cup" for one year. A final audit of contest shall have made proper entry with the Secretary-Treasurer 20 days in advance of the opening of the campaign and shall have complied satisfactorily with the conditions governing daily telegraphic and mail reports. (You will see in the Minutes that Messrs. Hunter and Kink are to report later a plan to be adopted and sent you as an amendment to the rules.) Also provided a final audit of books and reports from all concerned, shows that it has complied in letter and spirit with the other rules and regulations governing the contest. The winner shall not be declared, however, until the first regular meeting called for the purpose following the campaign at which the referee will report gross and net scores, etc.

Rule 7. The association which had the cup shall ship it back to the referee 20 days in advance of any contest.

Rule 8. Any city which fails to file its daily report with some telegraph company or the referee at or prior to 7 p. m. eastern time, except in the case of final report, shall be for each offense fined 500 points by the referee. This penalty shall not be taken off until the close of the campaign but the referee must notify each offending association immediately in case he intends to later apply this penalty.

Rule 9. The following handicap shall apply (See official handicap list adopted): Cities with a total white male population of 5000 or less, no handicap; for those exceeding 5000 white male population, 100 points handicap for each additional 1000 or any fraction thereof. U. S. census figures for 1910 shall govern. This handicap is not in any case to be applied during the contest. Regular aggregate scores are to be reported daily as heretofore and the net scores will



Which is the Older? You can't tell because the one that is the older retains the natural color and lustre of her hair by using

Hays Hair Health

It restores natural color to grey or faded hair. It eradicates dandruff, cleanses the scalp. Results are positively guaranteed. Your hair will find purchase price, if unsatisfactory. 50c and \$1 at druggists. Sample bottle sent for the dealer's name. Philip Hays Spec. Co., Newark, N. J.

be determined at the first meeting after the contest.

The Handicap List. (U. S. Census, 1910, Official.)

Cities.	Pop.	Handicap.
Danville, Va.	6,152	200 points
Charleston, S. C. 13,607	300 "	
Columbia, S. C.	7,889	900 "
Greenville, S. C.	4,532	Scratch
Sumter, S. C.	1,958	Scratch
Charlotte, N. C.	11,071	700 "
Greensboro, N. C.	4,867	Scratch
Wilmington, N. C.	1,788	200 "
W-Salem, N. C.	6,781	200 "
Augusta, Ga.	11,033	700 "
Savannah, Ga.	15,833	900 "
Mobile, Ala.	13,956	1100 "

This handicap list will make all the cities on an equal basis. Last year this was not the case and the smaller cities suffered.

\$1,000 APPROPRIATED FOR MOVING CAR TRACK ON MINT STREET

The board of aldermen voted an appropriation of \$1,000 yesterday to defray the expense of moving the car tracks on Mint street from their present position to the center of the widened street and appointed a committee consisting of Messrs. J. F. Wilkes, W. F. Buchanan, W. W. Hagood, T. L. Kirkpatrick and W. J. Fitz to visit the property owners and see if they would donate \$500 toward the work. The Charlotte Electric Railway Company some ago gave eight feet of its property on the west side of the track toward the widening of the street, on condition that the city give it the right to tunnel underneath the tracks any time the need of such a step was felt and that no charge be made against the railway for the removing of the present position in case it was decided later to move them. Various estimates of the cost of the moving of the tracks were made at the meeting yesterday, the street railway company's estimate of \$3,500 being the highest. It was agreed by the board however, that the city should bear no more than \$1,000 of the expense, whatever it proves to be. While the work of securing the necessary amount of money for the work is being secured the work of paving the tracks and making the improvements on Mint street are halted.

EXCELL WORLEY HAS ACHIEVED SIGNAL SUCCESS ON THE STAGE

Excell Worley, son of Mr. S. J. Worley, is home on a visit. Mr. Worley has achieved fame as an actor. He began his career seven years ago. Lately he has been starring in "My Old Kentucky Home." After his visit here he goes to New York to play in the leading role of "The Blue and the Gray." Mr. Worley has fine talent, and his many friends are glad to hear of his success.

Self-reverence, self-knowledge, self-control; These three alone lead life to sovereign power. Yet not for power (power of herself Would come uncalled for), but to live by law; Acting the law we live by without fear. —Tennyson.

Any fisherman will tell you it's the biggest fish that always get a weigh. He hazardeth much who depends upon learning for his experience. —Roger Ascham.

How to Make Better Cough Syrup than You Can Buy

A Family Supply, Saving \$2 and Fully Guaranteed.

A full pint of cough syrup—as much as you could buy for \$2.50—can easily be made at home. You will find nothing that takes hold of the ordinary cough more quickly, usually conquering it in 24 hours. Excellent, too, for spasmodic croup, whooping cough, bronchial asthma and bronchitis.

Mix one pint of granulated sugar with ½ pint of warm water, and stir for 2 minutes. Put 2½ ounces of Pinex (fifty cents' worth) in a pint bottle, then add the Sugar Syrup. It keeps perfectly. Take a teaspoonful every one, two or three hours.

This is just laxative enough to help relieve a cough. Also stimulates the appetite, which is usually upset by a cough. The taste is pleasant.

The effect of pine and sugar syrup on the inflamed membranes is well known. Pinex is a most valuable concentrated compound of Norway white pine extract, rich in guaiacol and other natural healing pine elements. Other preparations will not work in this combination.

This Pinex and Sugar Syrup remedy has often been imitated, but the old successful mixture has never been equaled. It is now used in more homes than any other cough remedy.

A guaranty of absolute satisfaction, or money promptly refunded, goes with this preparation. Your druggist has Pinex, or will get it for you. If not, send to The Pinex Co., Ft. Wayne, Ind.

Say! Those New

Spring Ties

Are some Ties---and selling---My!

GIBSON-WOOLLEY COMPANY

"FOR MEN WHO KNOW."

MOTION PICTURE WILL HAVE EXPOSITION HERE DURING TWENTIETH

In addition to the conventions of several fraternal orders here during the Twentieth, which will greatly swell the crowd of visitors who will be here from all quarters, the moving picture men are preparing to swoop down on the city from all quarters and it is a foregone conclusion that the city will be featured in the "movies" as it never was before and is not likely to be again soon.

Mr. J. M. Bradlett, national organizer for the Motion Picture Exhibitors' League of America, with an office in the Piedmont theatre building, has also leased a building in the first block of South Poplar street for the purpose of opening a complete exposition of everything connected with the motion picture business, including machines, cameras, musical instruments, slides. This will be open during the Twentieth and will be handsomely decorated and made inviting to the public.

In addition to this Mr. Bradlett will use part of the building as a motion picture theatre, where new and high-class feature films will be shown throughout the celebration. Still in addition to this, it is likely that the moving picture men will have numerous floats in the big parade of the Twentieth and that among them will be floats representing the Exhibitors' League, the Motion Picture Industry, South Carolina Exhibitors, North Carolina Exhibitors and several of the noted film companies in America. The event will indeed be a notable one from a moving picture view point. It is also likely that incidentally many Charlotte faces who never posed for a picture before anything else than a photographers' camera will be caught by the "movie" photographers and their facial expressions reproduced on films in all parts of the moving picture world. It is also quite likely that the same films will be put in circulation among the film exhibitors in foreign countries.

If the other features of the parade and the features of the celebration are on the same generous scale as that being prepared by the moving picture men the celebration will without doubt go down in history as one long to be remembered by the people here and by all who are visitors in the Queen City at that time.

Mr. Bradlett, the national organizer for the motion picture men, will also give a pleasant surprise for those who are interested in historical events. He is a native of Geneva, Switzerland, and

GENERAL KELLY'S ARMY ON MARCH.

By Associated Press.

Pueblo, Colo., March 26.—A portion of "General" Kelley's army of unemployed headed toward Washington is expected here today. In possession of a refrigerator car, 150 men left Salida after midnight.

Police will meet the train here and orders have been given not to permit a man to leave the railroad yards. The "army" will be given its choice of going east or west.

State of Ohio, city of Toledo, Leg.
Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., going business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURE.
FRANK J. CHENEY.
Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1913.
A. W. GLEASON,
Notary Public.
Hall's Catarrh Cure is taken internally and acts directly upon the blood and mucous surfaces of the system. Send for testimonials, free.
F. J. CHENEY & CO., Toledo, O.
Sold by all Druggists, 75c.
Take Hall's Family Pills for constipation.

Norris Gold Box

Assorted Chocolates

\$1.50 Pound Packages are the finest Packages of Candy on the market today.

REESE & ALEXANDER

Druggists

Cor. 4th and Tryon Sts.

THE Selwyn Hotel

Charlotte's Modern Hotel

Every convenience and supplied with pure artesian water from own well 303½ feet deep. Located convenient to business section and close to all railroad stations.

Cafe Open Until 9:30 P. M.

EDGAR B. MOORE

GUARANTEED

Kirschbaum Clothes

ALL WOOL HAND TAILORED

Copyright, 1914, A. B. Kirschbaum Co.

Our Good Clothes

Never since Men wore Clothes has it been possible to buy better clothes than we are now showing in our line of

SPRING SUITS

Suits for Men of affairs and Suits for the very Swagger Young Fellow who demands "the thing".

Serges, Cheviots and Worsted in new and decidedly handsome colorings.

Let us show you our

Spring Suits \$15 to \$30

Yorke Bros. & Rogers

H. C. "SOROSIS"

L O N G COM'Y.

Colonials, with "Louis", "Kidney", Spanish and Common Sense Heels; Patent Dull Leather or White Canvas and Back \$4.00, \$5.00 and \$6.00 "Mary Janes" in Dull or Patent \$2.50 to \$3.50. By Parcel Post, 5c extra.

33 EAST TRADE