

CAMPUS NEWS

Food Day addresses consumer needs

By Kathy Espin
Chancellor E.K. Fretwell has declared March 22 as UNCC Food Day. His proclamation reads: "The University is a center for the discussion of the key issues of our times. One of these relates to the quality and quantity of food available for consumers. In times of in-

creasing costs, decreasing productive land, increasing use of chemicals in food production, an increasing number of consumers, and a decreasing supply of petroleum that can be applied to food production, it is incumbent upon Americans to become better educated consumers of food.

Therefore, as chancellor, I proclaim Thursday, March 22, as Food Day."

Food Day is sponsored by the Center for International Studies and the United Religious Ministry and will be held on the walkway outside Cone University Center and inside the center.

The Food Day Fair will be held from 10 a.m.-3 p.m. featuring a number of exhibits prepared by the Food Day Committee. Specific exhibits will be displayed concerning production, distribution, preparation and consumption of wholesome food, as well as food-hunger issues around the world. Food samples, handouts, demonstrations and displays by representatives of various interest and consumer groups will be available.

Nutritious luncheon specials will be available in the Cone University

Center Cafeteria from 11 a.m.-1:30 p.m. and in the Residence Hall Cafeteria. Some of the entrees include: broiled fish with herbs, eggplant parmesan, cheese soup, broccoli/cheese sauce, salad bar special, crob cake, rice pudding and herb teas. "We hope to express the fact that wholesome foods are not weird and strange but just taste better and are more nutritious if prepared without so many additives," Marian Beane, International Student Advisor, said. A questionnaire concerning natural foods will be available for response to the food and an opportunity to express interest in more regular alternative foods.

Several films which point up some of the issues consumers face in buying, preparing and consuming food today will be featured. *Chemical Feast* tells the

story of a lemon meringue pie made from nothing but chemicals. *Toast* traces the development of a piece of toast from the wheat to the toaster. Also featured are *Supergloop* and *Eat, Drink and Be Wary*.

Live music will also be featured as part of the day's events.

"The day is for you and we hope you will take advantage of the opportunity to taste and try some of the good things in life," Beane said.

Nominations sought for campus awards

The Annual Honors and Awards Program will be held in McKnight Lecture Hall on Thursday, April 19, at 7 p.m. This traditional event is a highlight of the spring semester and honors individuals and groups for their academic and leadership contributions to the UNCC community.

Students, faculty and staff are urged to nominate students to be recognized at the Honors and Awards program. If you know someone you feel will qualify for the following awards, submit your recommendations in the form of a letter to Frank Joseph, Dean of Students office, Cone University Center. The deadline for nominations is Thursday, March 29, at 5 p.m.

Society of 49. The Society of 49 recognizes outstanding leadership and achievement among the junior and senior students who have made significant contributions to the development of the University community. A student must have completed 24 hours at UNCC in order to be eligible. Between 24 and 30 students will be selected. (If you wish to nominate a student for the Society of 49, please have the student complete a nomination information form. The forms will be available at the Candy Counter, Cone University Center Information Desk, the Dean of Students office, the Residence Life office, the Commuter Lounge, Evening Program Information Center and the Awareness Resource

Center. The Dean of Students office will send you one if you call 597-2375.)

The Bill Mitchell Award. The Bill Mitchell Award is given annually to two members of the graduating class who have shown outstanding qualities of scholarship and leadership and maintained an attitude of unselfish interest in the welfare of their fellow students and the University as a whole.

The Charlotte Panhellenic Award. The Charlotte Panhellenic Award is given to a freshman in good standing in a national sorority who exemplifies outstanding leadership and campus participation, and promotes a healthy Greek spirit by personal behavior and action.

Other honors and awards include: the Alpha Kappa Psi Scholarship Award, the Alumni Association Merit Scholarship Award, the Chi Phi Scholarship and Sportsmanship Awards, the Education Award, the Frances M. Fitzgerald Award, the Greek Woman of the Year awards, the IFC Scholarship Award, Media awards, Student Government awards, Student Legislature Humanitarian Award, the Clubs and Organizations Award and the Cindy Holmes Award.

This is the only campus-wide recognition for outstanding leadership and scholarship at UNCC.



Campus Life Evil suntans

By Nancy Davis

It doesn't matter how rested you are, how much money you earned, how many beers you drank or even how many papers you caught up on when there are people walking around with Florida suntans. All the peace of mind in the world can't make up for that glorious feeling of bronzeness. The Monday after spring break is always ruined for me by the invasion of those tanned aliens with ultra-bright smiles and sun highlighted hair.

However, if you'd like, you can join me in my crusade to ignore tanned people. Some of my tactics are downright mean, but I can lower myself to any level when it comes to brown bodies in 45 degree weather. I have quite a selection of lines to use on these people, so feel free to take one or two.

These lines are guaranteed to send anybody running to the closest mirror or to a drugstore for a bottle of QT.

"How did you ever get one side of your face browner than the other side?"

"Are you peeling or did you go to bed with a scaly fish?"

"Your tan certainly makes you look older. Those wrinkles are really becoming."

Now, these next lines are guaranteed to keep them out of the sun for at least two months.

"You remind me a lot of my cousin just before she died from skin cancer."

"Does your face always swell up like that when you get a tan?"

"I think that piece of skin hanging off the tip of your nose is kind of cute."

So, now that you've got your ammunition, if you're like me, you've got to have some alibis, too. Of course, there are a lot better things to do than to drive 28 hours, get stepped on by 50,000 up north preppies and be followed around by police armed

with handcuffs and cans of mace just to get a tan. But trying to convince the Coppertone crowd is another story.

Defending your right to come back from spring break without a tan takes a little ingenuity. There are two methods I've found to be really useful. First of all, you can act like you went to Florida. All it'll take is rubbing your skin down with some oil, so-it shines, saturating your clothes with the smell of coconuts, and already start wearing spring looking clothes. Eight times 'out of 10 you'll fit right in.

Some good names of motels to say you stayed in are Sea Breeze, Ocean View, Tropical Villa and Sand Dollar Inn. Nobody will ever know the difference. If somebody does start acting suspicious and begins asking more detailed questions, like "Where did you go at night?" or "Who did you go with?" just laugh hysterically and answer, "You think I was ever sober enough to remember such small details?"

If you're not into fooling the public and would rather just face up to the fact you didn't make it to Florida, then there's the other method I call "untanned with dignity." Realizing you have a long way to catch up means finding a secluded spot and lying out in 55 degree weather whenever the sun is out. It means a little more make-up and the purchasing of a sun lamp. It means holding your head high whenever you smell Noxema and looking the other way when a parade of tans dressed in pink, yellow and light blue are headed your way.

For the first couple of weeks after break, it's always hard, but I realized life goes on without a tan. There are always those memories of sipping a beer on a local beach in a sweater and having lots of room to dance and shoot pool. And, of course, there's always next year.