

# THE DANBURY REPORTER.

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## HOW HE LIVED TO BE SEVENTY.

Mark Twain Humorously Sets Forth His Rules of Life and Conduct—Smoking, Exercise, Eating and Sleeping.

A few weeks ago Mark Twain celebrated his seventieth birthday, a dinner being given him at Delmonico's in New York City, and the Ostarites ought to give this address, made by Mark, careful attention:

"Seventy years ago I had my first birthday, and even now whenever I think of it, it is with indignation. Everything was so crude, so unaesthetic. Nothing was really ready. I was born, you know, with a high and delicate aesthetic taste. And then think of it!—I had not hair, no teeth, no clothes. And I had to go to my first banquet like that.

"And everybody came swarming in. It was the merest little hamlet in the backwoods of Missouri, where never anything happened at all. All interest centered in me that day. They came with that peculiar provincial curiosity to look me over and to see if I had brought anything fresh in my particular line. Why, I was the only thing that had happened in the last three months—and I came very near being the only thing that happened there in two whole years.

"They gave their opinion. No one had asked them, but they gave them, and they were all just green with prejudice. I stood it as long as—well, you know, I was born courteous. I stood it for about an hour. Then the worm turned. I was the worm. It was my turn to turn, and I did turn. I knew the strength of my position. I knew that I was the only spotless, pure person in that camp, and I just came out and told them so.

"It was so true that they could make no answer at all. They merely blushed and went away. Well, that was my cradle song, and now I am singing my swan song. It is a far stretch from that first birthday to this, the seventieth. Just think of it!

"And I have achieved my seventy years in the usual way, by sticking strictly to a scheme of life which would kill anybody else.

"As to habits, we have no permanent habits until we are forty. Then they begin to harden, and they stay. Since forty I have been careful about going to bed and getting up—and that is one of the main things. I have made it a rule to go to bed when there wasn't anybody left to sit up with; and I have made it a rule to get up when I have to. This has resulted in an unswerving regularity of irregularity.

"I have made it a rule never to smoke more than one cigar at a time. I have no restriction as regards smoking. I do not know just when I began to smoke. I only know that it was in my father's life-time and that I was discreet. He passed from this life early in 1848, when I was a shade past eleven; ever since then I have smoked publicly. As an example to others, and not that I care for moderation myself, it has always been my rule never to smoke when asleep and never to refrain when awake.

"As for drinking, I have no rule about that. When the others drink I like to help; otherwise I remain dry, by habit and preference. This dryness does not hurt me, but it could hurt you, because you are different. You let it alone.

"I have never taken any exercise except sleeping and resting and I never intend to take any. Exercise is loathsome. And it cannot be any benefit when you are tired; I was always tired.

"In the matter of diet—which

is another main thing—I have been persistently strict in sticking to the things which didn't agree with me until one or the other of us got the best of it. Until lately I got the best of it myself. But last spring I stopped frolicking with mince pie after midnight; up to then, I had always believed it wasn't loaded. For thirty years I have taken coffee and bread at eight o'clock in the morning, and no bite nor sup until 7:30 in the evening. Eleven hours! That is all right for me. Headachy people would not reach seventy comfortably by that road. And I wish to urge upon you this—which I think is wisdom—that if you find you can't make seventy by any but an uncomfortable road, don't go. When they take off the Pullman and retire you to the rancid smoker, put on your things, count your checks, and get out at the first way-station where there's a cemetery.

"To-day it is all of sixty years since I began to smoke the limit. I have never bought cigars with life-belts around them. I early found that they were too expensive for me. I have always bought cheap cigars—reasonably cheap, at any rate. Sixty years ago they cost me four dollars a barrel, but my taste has improved lately, and I pay seven dollars now, six or seven. Seven, I think. Yes; it's seven. But that includes the barrel. I often have smoking parties at my house, but the people that come have always just taken the pledge. I wonder why that is?

## Walking and Running the Best Exercise.

Writing of exercise for children in the *Delineator*, Dr. Grace Peckham Murray says: "When children are old enough there is no better exercise than brisk walking. To be of benefit it should be brisk enough to bring the blood to the surface, and to expand the lungs. Running exercises the endurance. Systematic running should enter more largely into the exercise for children. Running strengthens the heart, increases the breathing capacity and develops the muscles of the whole body. Like all violent exercise in which children indulge, it should be taken under the supervision of a teacher to avoid overdoing.

"An ideal way for children to pass the summer is in camps under the judicious care of a teacher and guide who can enter into the games and feelings of the boys and girls. I believe in the same education in these matters for girls as for boys. They can then become acquainted with woodcraft, botany and geology and increase their health by tramps and explorations. The primitive, which exists in all, whether of younger or older growth, has a chance to show itself, and it improves the health, for it does not do for children any more than for adults to be too civilized.

## Winston the Second City to Have Trolley Car System.

It is a fact that may not be familiar to some people but it is true nevertheless that Winston-Salem was the second city in the United States to have an electric trolley car system, Richmond being the first place to have such a system. The local street car system was established by Mr. Sprague, inventor of the electrical trolley service, in 1888, before New York or any of the other great northern cities had electric trolley cars.—*Winston Daily Sentinel*.

Mr. J. C. Davis and son, Dalton, of Pinnacle visited the family of Mr. M. A. W. Davis here the past week.

## PROF. SHARP COMING

LET EVERYBODY COME TO THE FARMERS' MEETING AT DANBURY MONDAY, JUNE 4.

The following letter explains itself:

Intelligence, N. C., May 17.  
Mr. Eugene Pepper,  
Danbury, N. C.

My dear sir:  
Your letter requesting me to be with your association at Danbury the first Monday, which is the 4th of June, has been received. If not provisionally hindered, I will be there, so you can advertise accordingly. I have placed same on my calendar of appointments. Have a large crowd out.

With kind wishes,  
Yours truly,  
J. M. SHARP,  
State Secretary.

Professor Sharp is the State Secretary of the Farmers' Protective Association, is enthusiastic in the course of farming, and is an able eloquent and forceful speaker. He is the principal of Sharp's Institute at Intelligence, Rockingham county, and has many friends and acquaintances among our people, who know him to be a man of splendid character and high purposes. Let every farmer, and every person who is interested in the condition of the farmers and opposed to the present low price of tobacco, come out and help swell the crowd. Professor Sharp will tell us all about the plans and purposes of the Association and how it guarantees to curb the Trust.

Every sub-association of the county should come with a full representation. Danbury extends a cordial invitation to Westfield, Pilot Mt., Francisco, Capella, Dillard, Wilson's Store and all to be on hand.

## MOORE'S SPRINGS.

Moore's Springs, May 15.—Things are already beginning to liven up at Moore's as several guests have come in.

Miss Ella East has been right sick but is improving now.

Mr. N. R. Johnson and family visited the family of Mr. Wm. Hall last Sunday.

Two of our young men have killed and eat frogs until they have stopped walking and gone to swimming and jumping.

## BLUE EYED NANCY.

## Electric Railway For Yadkin County.

The citizens of Yadkin county are manifesting deep interest in the proposition to build an electric line from Winston-Salem to Yadkinville. The Ripple says it is being discussed with earnestness. That paper adds:

"We were talking to a farmer last Saturday, and we asked him what was the expense account going to and from Winston with a wagon, and he said he could not make the trip less than \$5.00, and he is as close as the bark to a tree, too. Then we asked him if he ever calculated what the tax on them would be if we got the car line put through. He said: 'Well no, but I imagine it would be a right smart.' When we had convinced him that his expense for a wagon trip would pay his car line tax for four or 5 years he was more than surprised. That car line is coming, so you may as well prepare to take a ride on it."

Messrs. Bennie Boyles, of Vade Mecum, and Eric Shelton, of Moore's Springs, visited Danbury Sunday.

Mr. W. W. King left Monday to visit Greensboro and Winston.

## How The Review Feels.

While the result of the election on the bond issue was a disappointment to the friends of the movement, they are not disgruntled or discouraged. The labor of educating the people is not lost. The friends of progress are not whipped, and being eternally right, they propose to again push their cause to the front with confidence of winning out.

The contest has been interesting. The business men of the county were in favor of the bond issue. The farmers, with rare exceptions, were opposed to it. Disgruntled politicians of both political parties conspired to cause its defeat, hoping thereby to win favor with the masses. These politicians are welcome to all the credit for its defeat.

The Review has no regrets for its position. It much prefers having gone down in defeat on the side of right than to be on the side of the victorious, and against the best interests of this county.

When the campaign opened a few hundred advocates of the measure set about to educate the masses about the benefits of macadam roads. Saturday's vote showed their ranks had grown until there were 1444 voters in favor of the bond issue.—*Reidsville Review*.

## Roosevelt Will Open the Jamestown Exposition.

Washington dispatch: President Roosevelt will attend the formal opening of the Jamestown Exposition next year and will deliver an address on that occasion.

The invitation was extended to the President by Harry St. George Tucker, President of the Exposition Company; C. Brooks Johnson and Lieut. Gov. J. Taylor Ellyson, of Virginia. The President accepted the invitation saying he had had the deepest interest in the Exposition since the inception of the project.

The opening of the Exposition will take place on April 26, 1907, and assurance was given by President Tucker that there would be no delay. "The report recently circulated," said President Tucker, "that the Exposition would not be opened on schedule time, has no foundation. The acceptance by the President of our invitation for the 26th of next April ought to dispose of any talk of postponement."

The date of the opening is the anniversary of the first landing of the English at Cape Henry. The celebration on the occasion of the opening of the Exposition will be brilliant and historic.

## DALTON.

Dalton, April 30.—The girls say Dalton Institute can't be beat. Of course several have went to other schools from around here, and the school is not as large as it was last spring, but we doubt very much whether or not they will learn any more by going. We do not feel left at all as some may think, in fact, we are having some jolly times, and we think our Prof. is enjoying life very much.

## PEG.

DEATHS FROM APPENDICITIS decrease in the same ratio that the use of Dr. King's New Life Pills increases. They save you from danger and bring quick and painless release from constipation and the illa growing out of it. Strength and vigor always follow their use. Guaranteed by all Druggists. 25c. Try them.

## SOME MADISON NEWS.

Miss Gentry Gives Up Her Position—Boy Cuts His Finger Off With Lawn Mower—Mr. R. D. Reid Sick—Other Items.

From the Herald.

At a dance last Saturday night Henry Coon, a young white man, was severely cut in the back by Lee Powers. Dr. McAnally was called in and sewed up the wound which was about 10 inches long.

One of Rev. D. P. Tate's little boys had the end of one of his fingers cut off in a lawn mower Tuesday. Drs. Biard and McAnally attended and think the little fellow will get along alright.

The friends of Mr. Reuben D. Reid will regret to learn that for the past week he has been confined to his bed with sickness, but not of a serious nature however we are glad to state. We wish for him a speedy recovery.

Miss Minnie Gentry, who entered the Walker Memorial Hospital at Wilmington about a month ago to study for a trained nurse, returned home last week. She gave up her position because of the fact that they require at the named hospital white girls to attend the colored patients—and this in North Carolina.

Rev. D. P. Tate commenced a series of meetings at the Methodist church last Sunday.

The election is over and the bond issue lost by 411 votes. This is a disappointment to the Herald and its Editor. Moreover it was a surprise, because as we have said all along, we felt that we could rely on the intelligence and patriotism of the citizens of the county to push our county to the front; and we have felt confident from the start that the measure would carry. We accept the verdict of the people in the very best of of spirit. We are satisfied that they have made a serious mistake, but at the same time we are satisfied that it was a mistake honestly made by the great rank and file of people. So far as we are concerned the fight has left no heartburnings. We did all we could in an honorable way to aid our county in material advancement but the people either in ignorance of the great benefits to come to us by reason of this measure, or because of their horror to seeming increased taxation saw fit to vote the measure down. We are satisfied they will regret this action; yet they exercised their privilege and it is not for us to censure them for so doing.

## VADE MECUM ROUTE 1.

Vade Mecum Route 1, May 15.—People in this section are getting on very well with their work. Jack frost did a lot of damage here.

There was preaching at Rock House last Sunday. A large crowd out and a good sermon.

Miss Alice Boles is very sick. Hope she will soon recover.

Guess they expect to have a lively time at Vade Mecum this summer.

## WIG WAG.

## Former Stokes Lady Married in Greensboro.

Mr. W. T. McCuiston, of Greensboro, president of the Guilford Hardware Co., and Mrs. Besie Cardwell, of the same city, were united in marriage in the Reformed church at Greensboro last Wednesday. Mrs. Cardwell was a former Stokes lady, having resided at Pinnacle up to a year or two since.

Mrs. Wm. Simmons, of Danbury Route 1, has been right sick this week.

## Briefs Adrift.

Mr. Alvin Blair visited Madison Friday.

Mr. Robt. W. Hill, of Meadows, was here Monday.

Mr. Sidney Golding, of Pink, was a visitor here Friday.

The public roads are in fine shape since the advent of the dry weather.

The indications are that Danbury will have lots of visitors this summer.

Mr. J. S. D. Pulliam, a prominent citizen of King, was a visitor here Saturday.

Messrs. J. R. Forest and A. D. Dodd, of Dodd, were Danbury visitors Saturday.

Mr. and Mrs. I. M. Gordon, of Winston, are expected here soon to spend the summer.

Truck growers and gardeners are rejoicing this season over the scarcity of the pestiferous potato bug.

Mr. Stuart, representing the Goose Grease Liniment Co., of Greensboro, was in Danbury Friday.

Charlotte had a \$150,000 fire last week. Between 6,000 and 12,000 bales of cotton were burned.

Miss Mabel Williams, of Asheville, who is well known here, is expected to visit Mrs. M. T. Chilton soon.

Misses Nellie Joyce and Mary Taylor, students at the State Normal and Guilford Colleges, will return to their homes next week.

Mr. Joseph Coleman and family, who have been residing here the past winter, removed Friday to their new home near Hartman.

Miss Ola Slate, who has for some time, been residing in Los Angeles, California, recently returned to her old home at King.

The date for the meeting of the Stokes County Sunday School Association, to be held at Danbury during the summer, has not yet been decided upon.

N. L. Cranford & Co., the enterprising Winston clothing firm, change their ad in this issue, and call attention to their spring and summer suits. See their ad.

The season of college commencements is here. Several Danbury young people will probably attend the commencement of the State Normal College, at Greensboro, next week.

Mr. J. E. Sisk, of Sandy Ridge R. F. D. No. 1, spent a short while here Friday afternoon. He was accompanied home by his daughter, Miss Lottie, who is attending school here.

Dr. W. L. McCannless had a large dam erected last week on the branch which runs through his meadows near Hartman. By closing the gate in the dam he is now able to overflow the meadows with water.

Prof. J. T. Smith's school will close Friday. The school has been well attended, quite a number of young ladies and young men from almost every part of the county having been in attendance. Prof. Smith will conduct an examination of teachers Friday and Saturday.

The old Piedmont Warehouse at Winston, owned by M. W. Norfleet & Co., will be sold Saturday and torn down. Stokes farmers have sold many loads of tobacco in this old house. The proprietors will erect a new building in another part of the city in time to look after the new crop of the weed.