### A Hand Picked List of "Eligibles" For Your Dainty Springtime Salads



By JOSEPHINE B. GIBSON Director, Home Economics Dept., H. J. Heinz Company

IT has been said that we here in America are the greatest eaters of salads the world has eaters or saiaus the world has ever known. Crisp, green salads at dinner—vegetable or meat salads for luncheon or supper— fruit salads, in infinite variety, for regular desserts or for party refreshments. Small wonder, inrefreshments. Small wonder, indeed, that the aspiring hostess
often finds it quite a problem to
create something new in this
crowded field of foods. And no
wonder she sometimes is perplexed about just what to serve
with the deliciously different
course she has concocted.

course she has concocted.

For the type of food that accompanies any salad will vary greatly, according to the components of the principal dish. A snappy sandwich, for instance, is exactly proper for serving with vegetable or meat salads, but would be entirely unsuitable with a salad made from fruit. And the sweet sandwich, cookie, or piece of cake that is so delightful with a dainty fruit salad is not at all the type of thing to serve with the salad course at a substantial luncheon or dinner.

Following are a number of sug-

Following are a number of sug-gestions that may help when you are confronted with the problem of what to let accompany some

Specials!

particular, new salad you have created. They have been tested and proved correct from the standpoint of deliciousness as 1. Devilled Biscuits well as dietetics.

A .- To Accompany Crisp Green Salads:

Crisp Crackers
 Paprika Cracket
 Spread saltines

B.—To Accompany Fruit

aldas:

1. Sandwiches of buttered nutbread spread with Apple Butter or Fruit Preserves.

2. Small open sandwiches of Currant or Grape Jelly decorated with cream cheese.

3. Cheese Straws.

4. Jam Tea Biscuit

angel sponge cake

meats and sliced Stuffed Spanish Olives, moistene with Mayonnaise Sala

Sandwiches of prepared Sand-wich Relish.

Sandwiches of chopped celery and Stuffed Spanish Olives, moistened with Mayonnaise Salad Dressing

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Mrs. McCormick is reported to have sold a bull for \$3,000. Most politicians charge for theirs.

Many cities have a commission form of government, and the United States seems headed in that direction.

Gandhi's diet consists principally of goat's milk. Which may account for his apparent designs on John Bull's nanny.



# JLTON MOTOR CO.

WALNUT COVE. N. C.

Report Of The Condition Of The Bank of Stokes

County at Walnut Cove, North Carolina, to the Corporation Commission at the close of business June 30, 1930. RESOURCES

Loans and discounts, ....\$1,757,651.45 Overdrafts, United States Bonds, All Other Stocks and Banking House Furniture and Fixtures Cash in Vault and Amount Due from Approved De

depository banks, ..... Checks for Clearing an 25,687 25 sh Items (Items Held ver 24 Hours), 1,757.40 r Real Estate. 7,535.00

. \$1,938.663.14 LIABILITIES \$60,100,00 Undivided rofits (let amt) 1,996.30 12,062.05 Other Depo Check. Other Deposits

a Pledge of A pository bond, Cashier's Chec Time Certifica of De (Due on r After

Days), .. Savings Deposits (Due or after 30 days) .... Bills Payab In transit

State of North Carolina,

personally appeared before me this day, and, being duly sworn, each for himself, says that the foregoing report is true to the best of his knowledge and belief. C. E. DAVIS, Cashier. M. O. JONES, Director. C. C. McGEE, Director.

of The Bank of Stokes County, each

Davis, Cashier, M. O. Jones

and C. C. McGee, Director

Sworn to and subscribed before this 10th day of July,1930. R. A. SMITH, Notary Public.

NOTICE.

New subscribers, please be patient, if you have not received your paper yet. The occasion of hundreds of new names revisal of our mailing lists. Some people have not yet received their paper. We hope to get everybody satisfied within another week.

Ask Your Soldier Boy How "Cooties" Got Such a Hold.

He'll tell you that the battlefronts of Europe were swarming with rats, ed in the storm's path. which carried the dangerous vermin and caused our men misery. Don't let rats bring disease into your home When you see the first one, get RAT-SNAP. That will finish them quick Three sizes, 35c, 65c, \$1.25. Sold and guaranteed by King Drug Co., King, N. C., Walnut Cove Hardware Co., Walnut Cove, N. C.

Three Lennox brothers, aged respectively 96, 85 and 81 50.00 years, recently attended a family party in Western, Ont.

#### The Peach Crop In The Sandhills

Only about three-fourths of a full peach crop is reported in Sandhills of North Carolina this year, according to the newspapers printed in that section. The Mayflowers have already been shipped and the main crop will be ready for shipping in about two weeks. with Georgia Belles leading and the Elbertas coming on several weeks later. The quality of the Muit is ahead of that last year.

#### Tobacco Curing Starts In Eastern Carolina

Kinston, July 7 .- Curing of the 1930 tobaco crop in the eastern belt will be in fuil during the late subscription swing in a few days. The crop campaign conducted by the is spotted. It got a late start. Reporter resulted in complete Housing the crop will be a few days ater than in 1929.

#### Terrible Hail Storm.

A terrible hail storm occured in Craven county this week. Hail lay on the ground ankle deep after the storm, and bucketsful was taken up and carried a distance. Crops were destroy-

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