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ote; had breath; bad taste in ongue coated; pain under the e; in the back or side—often mer rheumatish; sour stomach ney and water brash; indiges-s ax and costive by turns; with dull, heavy sensation; with sensation of having left ndone which ought to have fullness after eating; had s; tired feeling; yellow ap-kin and eyes; dizziness, etc. t always some of these indi-action of the Liver. For

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"If youth could know! How many needless fears were stilled!" We tell our hearts with trembling lips. "Twere then less sad that May time slips Away, and leaves dreams unfulfilled, If youth could know!"

"Could age forget!" Again we ery, with tear dimmed eyes, "Our lips would wear less sad a smile For hopes that we have held erstwhile: Earth still would seem like Paradise, Could age forget!"

If youth could know? Tis pitiful to grope through light! And yet-and yet if youth had known, Mayhap the heart had turned to stone. Twere hard to read life's book aright, If youth could know.

Could age forget! Tis pitiful too late to learn! And yet-and yet if age forgot, There were sweet thoughts remembered

To hardness sympathy might turn, Could age forget.

"If youth could know! "Could age forzet!" We cry; but would we have it so? Were fewer eyes with lashes wet? We hug our limitations yet, While crying, as life's moments go,

"Could age forget! "if youth could know!" Charles W. Coleman, in Harper's Bazar

#### THE SLEEPLESS KID.

BY O. H. LEWIS.

"If thar is one thing," said the old cattleman with a strain of affection and respect in his tone, "which endears this yere Jack Booth to me, speshul, it is the ca'm uncompromisin' way he lines up on what he deems is his dooty.

"But where Jack shines exceedin' is when you opens a new game onto him. It is just beautiful, as a mere example to men, to see the confidence with which that Jack gets a stack of chips an' sets in agin it. One hot afternoon-Enright an' Doc Peets is away about some cattle or something, but the rest of us is holdin' down the camp-we're sorter hangin' an revolvin' 'round the postoffice, awaitin' for Old Monte an' the stage. Here she comes, final, a-rattlin' an' acreakin', that old drunkard Monte acrackin' of his whip, the six hosses on the canter, an' the whole business puttin' on more dog than a Mexican officer of revenoo. When the stage drors up, Old Monte throws off the mail bags, gets down an' opens the door, but nobody

"'Well, I'm a coyote!' says Monte, a heap disgusted, 'wharever is the female?'

"Then we all peers into the stage an' thar's jest a baby, with maybe a tenmonths' start down this vale of tears, inside, an' no mother nor nuthin' along. Jack Booth, jest as I says when I begins, reaches in an' gets him. The baby ain't sayin' nuthin' an' sorter takes it out in smilin' on Jack.

" 'He knows me, for a hundred dollars,' says Jack, mighty ecstatic. 'I'm an Apache if he ain't allowin' he knows me. Wharever did you get him, Monte?"

"Give me a drink,' says Monte, trackin' along into the Early Bird; 'this vere makes me sick.' After he gets about four fingers of carnation under his belt he turns in an' explains as how the mother starts along in the stage all right enuf from Tucson. The last time he sees her, he says, is at the last station back some twenty miles in the hills, at dinner, an' he s'poses all the time she's inside along of her progeny until jest

" 'I don't reckon,' says Old Monte, lookin' gloomy like, 'as how that womern is aimin' to saw this yere infant onto the stage company none?"

" 'Don't addle your whisky frettin' about the company,' says Booth, a-settin' of the kid on the bar while we all crowds in for a look at him; 'the camp'll play this hand for the infant an' the company

ain't goin' to be in it a little bit.' " 'I wish Enright and Peets was yere," says Cherokee Hall, 'to be heard hereon, 'cause I shore deems this a grave occasion. Yere we finds ourselves possessed of an onexpected infant of tender years, an' the question nacheral enuf now is,

"Let's maverick it,' says Dan Boggs, who is a mighty good sort of a man, but onthinkful.

whatever'll we do with it?'

"No,' says Cherokee, 'its mother'll come hoppin' along to-morry a-yellin', you see! This yere is sabed all easy enuf. This old sot Monte has jest done drove off an' left her planted some'rs up the trail an' she'll come along shore in

" 'Meantime,' says Booth, 'the infant's got to be took care of, to which dooty I volunteers. Thar's a tenderfoot a-sleepin' in the room back of the Red Light,

an' he's that 'feminate an' effect he's got a sure-nuf bed an' some goose-ha'r pillers; which the same I do yereby confiscate to public use to take care of this yearlin'. Is the sentiment pleasin'?"

" 'Jack's scheme is right,' says Boggs, 'an' for that matter he's allers right. Let the shorthorn go sleep under a mesquite bush; it'll do him good a whole lot; for sech is life in the far West.'

"'I'm some dobersome of this play," says Cherokee. 'Small infants is mighty mysterous people, an' thar ain't no livin' man was ever onto their game an' able to foresee their needs yet. Do you allow you can take care of this young one, Jack? Be you equal to it?

" 'Take care of a small baby like this,' says Jack, plenty scornful, 'as ain't weighin' twenty pounds averdupois? Well, it'll be some funny now if I can't! I could take care of him if he's four times as big. All I asks is for you all to stand by in crisises, an' back the play, an' vou can go make side bets we'll come

"I ain't absolute shore, says the postmaster, 'bein' some out of practice with infants myse'f, but jedgin' by his lookin' smooth an' silky I offers \$50 even

out winners on the deal.'

he ain't weaned none yet; an' we leaveit to the mother when she comes.'

"I won't bet none on his bein weaned complete, says Booth, but I'll hang up fifty dollars even he drinks outen a bottle as successful as

"I'll jest go you once,' says the postmaster, 'if I lose. It's fifty dollars even he grows contemptuous at a bottle and disdains it.'

"Well, we all talks it over an' decides Booth is to nurse the infant, an' at once proceeds to make a procession for the tenderfoot's bed, which he resigns without a struggle. Cherokee Hall an' Boggs then goes over to the corral an' lays for a goat which was a mother, to milk it a whole lct. The goat was mighty reluctant an' refooses to enter into the spirit of the thing, but they makes their points right along, an' after a frightful time, which now an' then demands the assistance of a large part of the camp, comes back with more'n a

" 'That's all right,' says Booth, 'Now go out an' tell the barkeep to give you a pint bottle. We'll have this yere game winnin' in two minutes."

"So Booth gets his bottle an' fills her up with goat's milk an' makes a stopper outen cotton cloth an' molasses for the young one to dror it through. About this time the infant sets up a vell an' ain't peaceful agin until Booth gives nim his six-shooter to play with.

"Which shows my confidence in him,' says Booth. 'There's only a few people left I care to pass my gan to.'

"Well, Booth gets along with hisa first-rate, a-feedin' of him the goat's milk, which he goes for with avidity, tharby nettin' Booth \$50 from the postmaster. He has Boggs build a fire so he can keep the milk warm, an' is that earnest he don't even go for no supper; jest has it brougt to him.

"Somebody'll have to ride herd on this vere foundling all night, I reckon,' says Boggs to Jack when he's bringin' him things.

"I s'pose, most likely, we will have to make the play thataway,' says Booth. " 'All right,' says Boggs. 'You know me and Cherokee. We're in this any time you says.'

"So a passel of us continues along with Booth and the infant until maybe it's about second drink time in the night. The infant don't raise the war yell once -jest takes it out in goat's milk au' in laughin' an' playin' with Booth's gun.

"Excuse me, gents,' finally says Booth, mighty dignified, 'but I've been figgerin' this thing an' rather thinks it's time to put this yere young one to sleep. So if you all will now withdraw, I'll see how near I comes to beddin' of him down for the night. Stay within whoopin' distance, though, so if he tries to stampede or takes to millin' I can have he'p.'

"So we all lines out an' leaves Jack an' the infant, an' turns in on faro an' poker an' similar devices which was bein' waged in the saloon.

"Maybe it's an hour when Jack comes

"Boggs.' he says, 'jest step in an' play my hand a minute, while I goes over an' adjourns them frivolities in the dance hall. It looks like this yere camp speshul tumultuous to-night.'

"Boggs does an' Jack proceeds to the Baile house next door an' states the case. "'I don't want to onsettle busines." he says, 'nor disturb the currents of

trade, but this yere young one I'm responsible for, in back of the Red Light, gets that engaged in the sounds of these vere revels, it don't look like he's ever goin' to sleep none. So if you all will jest call on the last waltz an' wind her up for to-night, it'll be regarded. The kid's mother'll shore be here in the mornin', which will alter the play all around, an' matters can then go back to old lines.'

" Enuf said, says Jim Hamilton, who runs the dance hall. 'You can gamble this dance house ain't layin' down none on a plain duty, an' to-night's shindig closes right yere. All promenade to the bar. We'll take a drink on the house an' quit an' call it a day.'

"So then Jick comes back mighty grave with his cares, an' relieves Boggs, who's on watch, straddle of a chair, a-eyein' of the infant, who, a-setting' up agin a goose ha'r pillar, along of his goat's milk and Booth's gun, is likewise a-eyein' of Boggs.

"'He's a-way up good infant Jack, says Boggs, givin' up his seat.

" You can bet your life he's a good infant,' says Jack, 'but it seems mighty like he don't aim to turn in an' slumber none. Maybe goat's milk is too invigoratin' for him, an' keeps him awake."

"About another hour goes on an' out comes Jack into the saloon agin.

" 'I don't aim to disturb you all,' he says, 'but, boys, if you'll jest close the games yere an' shet up the store I'll take it as a personal favor. He can hear the click of the chips, an' it's too many for him. Don' go 'way-jest close up an' set 'round quiet.'

"So we does as Jack says; closes the games an' shets up the camp, an' then sets 'round in our chairs an' keeps quiet, a-waitin' for that infant to turn in. A half-hour later Jack comes out agin.

"It ain't no use, gents,' he says, goin' back of the bar an' gettin' a big drink, 'that child is on'o us an' won't nave it. You can gamble ne's fixed it up with himse'f he ain't goin' to sleep none to-night. I allow it's because he's among rank strangers, an' figgers it's a good safe play to stand watch for him-

. . I wonder couldn't we sing him to sleep, says Cherokee Hall.

"Nothin' agin makin' a try,' says Jack, some desperate, wipin' his lips after his drink.

"'S'pose we all goes an' give him "The Dyin' Ranger" an' "Sandy Land" for an hour or so, an' see,' says Boggs.

"So in we trails. Cherokee lays down on one side of the infant an' Booth on the other, an' the rest of us take chairs an' sets 'round. We starts in an' sings him all we knows an' we shorely keeps it up for hours; an' all the time that child a-settin' an' a-starin', sleepless as owls. The last I recollects is Bogg's voice in 'The Dyin' Ranger.'

With his saddle for a pillow,
An' his gun across his breast,
Far away from his dear old Texas,
We had him laid down to rest.

"The next thing there's a whoop an' rell outside. We all wakes up-all ex cent the infant, who's wide awake all along-an' yere it is four o'clock in the mornin' an' the mother has come. Comes over from the last station on a speshul buckboard, where that old incbriate Monte drove off an' left her. Well, son, we was willin' an' glad to see her. An' for that matter, splittin' even, so was the kid."-Kansas City Star.

#### A Sea Monster.

A queer marine monster was captured by P. Johnson, a Hope Creek gill fisherman, the other day. None of the old experienced fishermen, who have cast their nets in all waters, from Maine to Florida, had ever seen anything like it or were able to name it. The animal was about five feet long, and in shape somewhat resembled a toad fish. Two rows of teeth adorned its ponderous jaws, which, when fully ajar, would admit an ordinary bucket. Two dart-shaped horns were on its head. About midway between its head and tail were two pockets, or pouches, that could be opened or closed at will, and situated between these pouches and the monster's mouth were two arms, not unlike the forearm and hand of a man, arranged to pass the food from the pouches to the mouth. The nockets were well stocked with "moss bunkers" and other small fish when it was captured. No one has been found who can tell to what genus this aquatic curiosity belongs .- Philadelphia Press.

Trains on the Brooklya Bridge make faster time (by two miles an hour) than did the first railway train than ran between New York and Albany,

LADIES' COLUMN.

CIRLS AS "NEGRO MINSTRELS."

The girls of Thomaston have distinguished themselves by giving a negro mirstrel show that almost equaled that of the Bowdoin students. They had four "endmen" and the usual variety of local "gags." They played to a great crowd under the apt name of the 'Smoked Pearls." As the Thomaston Herald ingeniously says: "It shows what the young ladies of Thomaston can do when they try."-Lewiston (Me.) Journal.

HIGH PRIESTESS OF THEOSOPHY.

This is the way Lady Caithness, Mme. Blavatsky's successor, was bedecked at a recent reception in Paris. The diamond cross which she wore was the most amazing thing in the room, and was as great a curiosity as the Mozaim set of gems in the French crown jewels. She were an olive velvet dress, embroidered with steel. She had "rivers" of dia monds edging the upper part of her corsage, the stomacher and the sleeves, and on her head a countess's coronet, with a pearl on each spike really as large as a pigeon's egg. She has a large fortune, and has just inherited \$2,000,000 more. - New York Journa'.

OVERDOING PHYSICAL EXERCISE.

An expert on training asserts that women during the last three or four years have developed a dangerous tendency to overdo physical exercise. Of course women, as well as men, should regularly exercise, but it is most important that it be judiciously done. For example, the good effects of brisk walking for a mile night and morning are obvious. If the woman is strong, horseback riding will prove invigorating; but the women who take regular daily walks of from five to ten miles, and remain for hours in the saddle, on a big, powerful, hard-gaited trotter, are invariably (in this country) the slight, nervous, wiry little creatures, who have not a pound of flesh to lose. Consequently, this wear and tear on their strength and nerves will, in time, cause a collapse, especially if this violent exercise has been adopted after living for years a life of indolence. Could stout women be persuaded to overcome the feeling of extreme fatigue which they experience after their first long walks, and continue them regularly-and at a rapid gait, as near running as possible, for a few week, the burden of superfluous flesh would soon be reduced, and their former activity return. The trouble is the wrong women do the exercising.

Do not carry it to extremes. Cut down your walk to two or three miles a day. Take your ride in the morning, and limit it to an hour. You cannot get too much fresh air, so drive and stroll out-of-doors as much as you can, dut do not wear out your body and bring premature lines into your face by excessive exercise. -Detroit Free Press.

FASHION NOTES.

The newest parasols are made of shot gauze with Chantilly flouncings. Tulle, though out of fashion for

dresses, is very much used in millinery. Cheviot and camel's hair are the favorite materials for traveling dresses. Some bonnets are merely composed of

flowers. A material much employed is chiffon or mousseline de soie or tulle, with a gold metal ribbon edge.

the triple classic band trimmed with

White chamois skin gloves, with long, white gauntlets, are quite the fashionable thing for young women.

Sailor hats, very dainty and chic, are shown, made of shirred Point d'Esprit nets in black, white, gray and tan

Bonnets, even black ones, are now tied wth white satin strings, made not of ribbon, but of satin twill cut on the cross and measuring just an inch and a

Sleeves are smaller for day wear, but

remain as high and full as ever for even-

ing. Puffs of lace, gauze or tulle, either jetted, spangled or embrodered, being the most fashionable. The new bonnets which are made up and trimmed show a great many novelties; the flowers stand erect over the face in many instances, and bows in nearly

loops. Pretty frocks for small girls and boys re of washable fabrics-Scotch gingname in fine checks or stripes, Chambrays of plain color, corded dimity, nainsook and ribbed pique. They are trimmed

every case are arranged with upstanding

with white cambric ruffles neatly embroidered, insertions, smocking, tucks and needle worked scallops done on the

Young girls wear narrow ribbon or velvet much in their hair, at present, passing it generally around the cluster of rolls or eurls and tving it on the top of the head in a pert little bow; or bring it from the sides high up above the ears and place a rosette attached to one end at the side. Metal bands are sometimes to be seen with the fancy silks.

#### Why Fruits Change Color. On October 25, last year, I told the

great family of the curious why leaves change from a dark or light emerald green to yellow, scarlet, red, brown and many intermediate tints. Below will be found the best opinions of leading scientists as to why most fruits undergo similar changes during the ripening process: 1. It is known that as fruits come to maturity there is a process of absorption of material from the tree's sap, as well as cell-growth within the fruit itself. 2. That the absorption of oxygen and the giving off of carbonic acid gas is an action strictly analogous to the respiration of animals. 3. That there is a transformation of vegetable fibre into sugar and water. The rapidity and perfection of this process depends principally upon the amount of sunshine to which the fruit is exposed while it is going on. The outer membranes of most all fruits assume a positive color when the ripaning change is coming on, but why one plum is green and another blue, one apple red and another yellow, the most rigid research has failed to discover; but that the primary changes in the color of each particular species of fruit is due to the reasons given above there is not one least doubt. When fruit has turned all its fibre to sugar and water the absorption of oxygen must be checked by cutting off light and air; or, if allowed to continue, the next chemical change involves the decomposition of the sugar, and the fruit becomes "rotten." The action of frost upon fruit is to crystallize all of its contained moisture. If this can again be converted into sugar by a very gradual process the sugar of the fruit is found to be uninjured .- St. Louis Republic.

## The Chinese Book.

The arrangement of the Chinese book is as follows: Beginning at the end, according to our Western ideas, we find in the upper left-hand corner of the cover, the outside title. This is often printed in "seal" characters. Next (going backwards, according to our ideas) we find the title-page. In the middle is the title in large characters. The year of the reigning Emperor is put in the upper part of the left column; below is generally the name of the printing establishment where the book is printed or published. In Christian publications the top of the right-hand column is filled with the date, according to our calculation: "Jesus descended to the world, one thousand eight hundred ninetieth year." Below this we often find the author's name. The next pages, are as a rule, filled up with prefaces, introduction and index. Then comes the ordinary letterpress. The characters read from the top to the bottom of the column, and the columns read from the right to the left. -Paper and Press.

There is a movement in New York looking to the keeping open of all the churches in that city every day in the



A cream of tartar baking powder. Highest of all in leavening strength .. -atest U. S. Government Food Report.