THE STAR

A Bi-We-kly Paper, publishe Win the interest of the Colored Pcople of the South.

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MORAL AND RELIGIOUS.

Enjoy the World.

The world and all that is in it contributes to your enjoyment if you will it so. The night is yours. It brings you tired nature's sweet restorer, balmy sleep. It often brings you pleasant dreams-dreams in which you repossess and live over the enjoyments of the past. Stars and moon throw their light over your pathway. Morning breaks for you, and it is your own fault if you keep your eyes shut when it is purpling the east, and awakening the animal world to renewed life and activity. The beauty of the waterfall is yours, although the water may not turn your mill; and the bright green grass is yours, though the hay that it makes may be another's. The birds sing for you. At this season the robin, the wren, the thrush, the cuckoo and the lark are giving daily concerts free to all. Enjoy your family, the companionship of your friends, and when you are alone, solitude is greatly to be enjoyed. Enjoy your walks-a drive with a good horse, if you happen to have one; why not? Enjoy all innocent pleasures and amusements-enjoy life all that you can-and begrateful for all your opportunities of enjoyment even if they are not as plentiful as you wish them to be.

Religious News and Notes.

Ex-Governor Judge Joel Parker, of New Jersey, has joined the Presbyterian church at Freehold.

It appears that there are twenty-five distinct Methodist denominations in the world, with a total of 4,630,780 members.

The First Protestant church in Albuquerque, New Mexico, has just been opened. It is a Congregational society, the only one of that order in the Territory.

The African Methodist Episcopal church claims that it has 387,566 members and probationers, against 215,000 reported in 1879.

A GREAT REVELATION.

Some Valuable Thoughts Concerning Human Happiness and Timely Suggestions About Securing It.

SYNOPSIS OF A LECTURE DELIVERED BY DR. CHAS, CRAIG DEFORE THE MUTRO-FOLITAN SCIENTIFIC ASSOCIATION.

"The public speaker of the present day las the last century never dreamed, for while the audiences of the past received what was said without question, those of the present day are usually the mental equals or superiors of the ones who address them. Rev. Dr. Tyng, of New York, when a theological student, supplied New York, when a theological student, supplied a church in a neighboring town, and on his way to preach one morning met an aged colored man. 'Well, Uncle, do you ever go to hear the young preacher?' asked the unfledged doctor, 'No, Massa,' replied the negro, 'dis chile don't let none o' dem students practis on him.' The darkey had begun to think. The free and in-dependent thought of this age accepts state-ments only where they are proven to be fruith. ments only where they are proven to be truth, while the development of mental power seems equally great in every other department of life. The valuable inventions of the day are counted by thousands. The increase of scientific study is universal. The spirit of inquiry in all fields is so marked as to cause •

COMMENT ON EVERY SIDE,

while people seem investigating and advancing in bvery direction which can help them moral-ly, mentally or physically. This is specially true of the human body and everything which concerns it, and the truths which the people have found, even in the last fifty years, are simply marvelous. How really ignorant some cultured and supposably scientific people were only i few years ago as compared with the present day, may be better understood from a few illustrati e facts. A prominent writer prepared an elal rate essay to prove that steamships could nev cross the Atlantic, and his pamphlet was issen by the first steamer that went to England. People once believed that the heart was the seat of life and health. It is now known that this regan is only health. It is now known that this organ is only a pump, simply keeping in motion what other and more important organs of the body have created and transformed. It was once supposed that if a person felt a pain in the back, the liver was deranged; if a pain came in the lower chest the lungs were affected and consumption was near; it is now known that a pain in the back indicates diseased kidneys, while troubles in the lower chest arise from a disordered liver and not imperfect lungs. A severe pain in the head was once thought to come from some partial derangement of the brain; it is now known that troubles in other parts of the body and away from the head, cause headaches and that only by removing the cause can the pain be cured It is a matter of

PRIVATE HISTORY

that General Washington was bled to death. His last illness was slight, and caused princi-pally by weariness. A physician was called who 'bled him copiously.' Strange to say, the patient became no better. Another doctor was called, who again took away a large amount of the vital fluid. Thus in succession four physi-cians drew away the life of a great man who was intended by nature for an old age, and who pre-maturely died-murdered by malpractice-bled to death. That was the age of medical leeding !"

The speaker then graphically described an-The speaker then graphically described an-other period which came upon the people, in which they assigned the origin of all diseases to the stomach, and after showing the falsity of this theory, and that the kidneys and liver were the causes of disease, and that many people are suffering from kidney and liver troubles to-day who do not know, but who should know it and stiend to them at once continued:

attend to them at once, continued: "Let us look at this matter a little more closely. The human body is the most perfect and yet the most delicate of all created things. It is capable of the greatest results and it is liable to the greatest disorders. The slightest causes sometimes seem to throw its delicate machinery out of order while the most simple and common sense care restores and keeps them in perfect condition. When it is remembered that the amount of happiness or misery we are to have in this world is dependent upon a perfect body, is it not strange that simple precau-tions and care are not exercised? This is one of the most vital questions of life. People may avoid it for the present, but there is certain to come a time in every one's experience when it must be faced.

"And here pardon me for relating a little personal experience. In the year 1870 I found myself losing both in strength and health. I could assign no cause for the decline, but it continued, until finally I called to my aid two ominent physicians, After treating me some time they declared I was suffering from Bright's disease of the kidneys, and that they could do nothing more for me. At this time I was so weak I could not raise my head from the villow and I

too often well-founded, but the value of a mure remedy is no less because it is a proprietary medicine. A justifiable projutice exists toward quack doctors, but is it right that this preju-cice should extend toward all the doctors who are earnestly and intelligently trying to do their duty? Because Warner's Safe Kidney and Liver Cure saved my life before it became a proprietary medicane, is it reasonable to sup-pose that it will not cure otherstand keep still more from sickness now that it is sold with a government stamp on the wrapper? Such a theory would be childish."

The doctor then paid some high compliments to American science, and closed his lecture as follows

"How to restore the health when broken, and how to keep the body perfect and free from disease must ever be man's highest study. That one of the greatest revelations of the present day has been made in ascertaining the true scat of health to be in the kidneys and true seat of health to be in the kidneys and liver, all scientists now admit, and I can but feel that the discovery which I have been per-mitted to make, and which I have described to you, is destined to prove the greatest, best and most reliable friend to those who suffer and long for happiness, as well as to those who de-sire to keep the joys they now possess."

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machine agent."

Excess of Fat.

Dr. George Johnson's diet for excess of fat: The patient may eat: Lean mutton and beef, veal, lamb, tongue, sweetbread, soups, not thickened; beef tea and broths, poultry, game, fish, cheese, eggs, bread in moderation, greens, spinach, watercress, mustard and cress, lettuce, asparagus, celery, radishes, French beans, green peas, Brussels sprouts, cauliflower, onions, broccoli, sea-kale, jellies, flavored but not sweetened; fresh fruit in moderation, without sugar or cream; pickles.

May not eat: Fat bacon and ham, fat of meat, butter, cream, sugar, potatoes, carrots, parsnips, beet root, rice, arrowroot, sago, tapioca, macaroni, vermicelli, semolina, custard, pastry and pudding of all kinds, sweet cakes.

May drink : Tea, coffee, cocoa from nibs, with milk, but without cream or sugar; dry wines of any kind in moderation, brandy, whisky or gin in moderatio. without sugar; slight bitter beer, Apollinaris water, soda water, seltzer water.

May not drink: Milk, except sparingly; porter and stout, sweet ales, sweet wines. As a rule, alcoholic liquors should be taken very sparingly, and never without food.

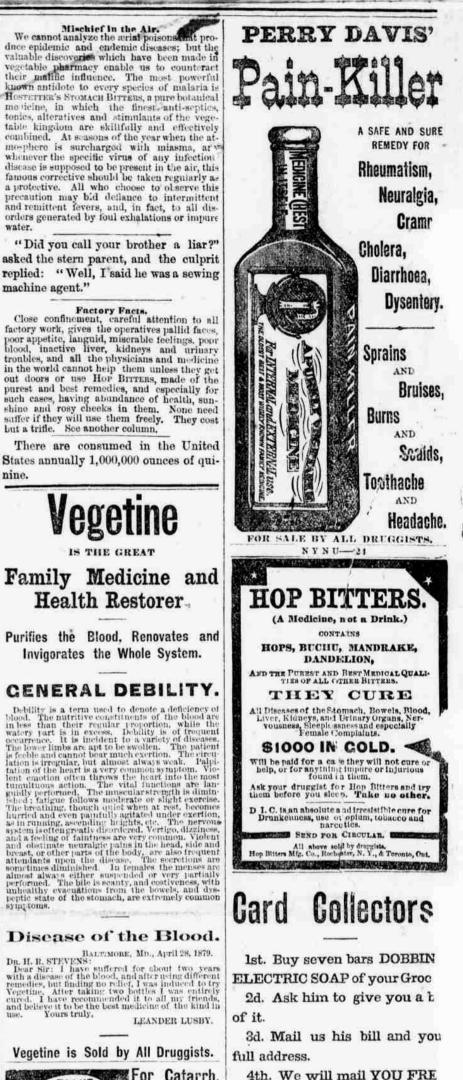
A Wise Deacon. "Deacon Wilder, I want you to tell me how you kept yourself and family so we'l the past season, when all the rest of us have been sick so much, and have had the doctors running to

so much, and have had the doctors running to us so long?" "Bro. Taylor, the answer is very easy. I used Hor Brrrgas in time and kept my family well and saved large doctor bills. Three dol-lars' worth of it kept us all well and able to work all the time, and I will warrant it has cost you and most of the neighbors one to two hun-rend dollars unlose to keep sick the same time. dred dollars apiece to keep sick the same time. I guess you ll take my medicine hereafter." See other column.

A correspondent of the New York Tribune says that for colic in horses he has used for years, and never known it to fail, the following preparation: One tablespoonful black pepper in one pint of milk, and drench ; it will afford im mediate relief.

Ladles, Attention. We want intelligent, energetic Lady Agents to sell to women only, an article of real hygienic merit. For particulars and liberal terms, address WAGNER & CO., Chicago, Ill.

Two Carolina telegraph operators



CENERAL DEBILITY. Debility is a term used to denote a deficiency of blood. The nutritive constituents of the blood are in tess than their regular properties, while the watery part is in excess. Debility is of frequent for the second second second second second second in the second second second second second in the second secon Disease of the Blood. BALTIMORE, MD., April 28, 1879. DB. H. R. STEVENS: Dn. H. R. STEVENS: Dear Nir: I have suffered for about two years with a disease of the blood, and after using different remedies, but finding no relief. I was induced to try Vegetine. After taking two bottles I was entirely curred. I have recommended it to all my friends, and believe it to be the best medicine of the kind in use. Yours truly, LEANDED I USDY LEANDER LUSBY.



The Rev. Dr. Ldwards of Chicago is an enthusiastic bicycle rider. He spins into the city from his home in a suburb nearly every day, and attracts much attention. He intends next summer to make a bicycle tour of England.

A Roman Catholic paper says that had the church retained all her children there should now be in the country from 20,000,000 to 25,000,000 members of that church, whereas there are now less than 7,000,000. It attributes the great losses to the influence of the public schools

Seventy-nine of the one hundred Congregational home missionaries in Kansas report that they are serving 137 churches and ninety-seven out-stations. During the last year they organized fifty-three Sunday schools and twentytwo churches. They report 279 conversions and 352 additions to the churches on confession of faith, and 420 by letter.

A table on the ratio of ministers to members in various denominations shows that in the African Methodistchurch there is one minister to every 224 members; Reformed (Dutch) church, one minister to 147; Presbyterian, one to 114; Protestant Episcopal, one to 100; Congregational, one to 107; Methodist Episcopal, one to 144. The average in seventeen denominations is one to 141.

Queen Victoria's drawing-room is a dismally ceremonious thing; but the last time it was held there was a pretty bit of youthful brightness visible. Between the folding-doors at the end of the gallery peeped and peered Alexandra's three small daughters, their sparkling faces and dancing eyes little according with the deep court mourning they wore.

FAINTED REPEATEDLY.

My heart beat so rapidly it was with difficulty 1 could sleep. My lungs were also badly involved; I could retain nothing upon my stomach, while the most intense pains in my back and bowels caused me to long for death as a relief. It was at this critical juncture that a physical longing which I felt (and which I most firmly believe was an inspiration) caused me to send for the leaves of a plant I had once known in medical practice. After great difficulty I at last secured them and began their use in the form of tea. I noticed a lessening of the pain at once; I began to mend rapidly; in five weeks I was able to be about and in two months I be-came perfectly well and have so continued to this day. It was only natural that such a re-sult should have caused me to investigate most thoroughly. I carefully examined fields in medicine never before explore I. I sought the cause of physical order and disorder, happiness and pain, and I found the kidneys and liver to be the governors, whose motions regulate the entire system."

After describing at length the offices of the kidneys and liver, and their important part in life, the doctor went on to say: "Having found this great truth, I saw clearly

the cause of my recovery. The simple vegetable leaf t had used was a food and restorer to my well-nigh exhausted kidneys and liver. It had come to them when their life was nearly gone and by its simple, yet powerful influence had purified, strengthened and restored them and saved me from death. Realizing the great bene-fit which a knowledge of this truth would give to the world I began, in a modest way, to treat those afflicted and in every case I found the same

HAPPY RESULTS

which I had experienced. Not only this but many, who were not conscious of any physical trouble but who, at my suggestion, began the use of the remedy which had saved my life, found their health steadily improving and their strength continually increasing. So universal, where used, was this true, that I determined the entire world should share in its results, and I therefore placed the formula for its regulation therefore placed the formula for its results, and 1 therefore placed the formula for its preparation in the hands of Mr. H. H. Warner, of Rochester, N. Y., a gentleman whom I had cured of a severe kidney disease, and who, by reason of his personal worth, high standing and liberality in endowing the Astronomical Observatory and other public anterprises has become known and m endowing the Astronomical Observatory and other public enterprises, has become known and popular to the entire country. This gentleman at once began the manufacture of the remedy on a most extensive scale, and to-day, Waruer's Safe Kidney and Liver Cure, the pure remedy that saved my life, is known and used in all parts of the continent. "I am aware a projudice exists toward pro-prietary medicines, and that such projudice is

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quarreled by wire, exchanged challenges in the same way, and met half way between Columbia and Charlotte to fight with fists.

Drowning Men May Catch at Straws, But sensible people when sick take Warner's Safe Kidney and Liver Cure,

An Indiana man lost fifteen steers by lightning the other day. What this country needs is a new breed of cattle born with lightning rods instead of horns.

FOR DYSPEPSIA, INDIGESTION, depression of spirits and general debility in their various forms, also as a preventive against fever and ague and other intermittent fevers, the FERRO PHOSPHOBATED ELIXIN OF CALISAYA BARK, made by Caswell, Hazard & Co., New York, and sold by all druggists, is the best tonic; and for patients recovering from fever or other sickness it has no equal.

A great improvement has recently been made in that useful product, CARDOLINE, a deodorized extract of petroleum, which is the only article that really cures baldness. It is now the finest of hair dressings.

VEGETINE. --- It extends its influence into every part of the human organism, commencing with its foundation ; correcting diseased action, and restoring vital powers, creating a healthy formation and purification of the blood, driving ont disease, and leaving nature to perform its allotted task.

RESCUED FROM DEATH.

William J. Coughlin, of Somerville, Mass., says: In the fall of 1876 I was taken with bleeding of the Burgs, followed by a severe cough. I lest my appetite and flesh, and was confined to my bed. In 1877 I was adneed, and was confined to my bed. In 1877 two after mitted to the hospital. The doctors said I had a hole in my lung as big as a half-dollar. At one time a re-port went around that I was dead. I gave up hope, but a friend told me of DR. WILLTAM HALL'S BALSAM Fon THE LUNGS. I got abottle, when, to my surprise, I commenced to feel better, and to-day I feel better than for three years past. I write this hoping every one afflicted with discassed lungs will take DR. WIL-LIAM HALL'S BAISAM, and be convinced that con-SUMPTION CAN BE CURED. I can positively say it has done more good than all the other medicines I have taken since my sicknes

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AND NEVER FAILED

To CURE Croup, Spasms, Diarrhea, D'senfert and Sea Sickness, taken internally, and CUARANTEED perfectly harmlessy also externally, buts, Bruises, back and chest. Such a remedy is Dn. TOBIAS' VENETIAN LINIMENT. The Maone once it ing it will over he without R; over 600 physiciars use R.

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There is a Baim in Cilead. The success which has marked the infroduction here of Cream Baim, a Catarri remoty, prepared by Ely Bros, Owego, N. Y., is indeed maryclous. Many Ely Bros, Owego, N. Y., is indeed maryclous. Many persons in Pittston are using it with ingest sension results. A lady down-town is recovering the sonse of smell, which she had not enjoyed tor direct years, through the use of the Baim. She had given up ler-case as incurable. Mr. Barber, the druggist, has used it in his family, and commends it very highly. In another column, a young Tunkhuanoech lawver, known to many or our readers, itstifies that he was cured of partial deafness by the Haim. It is crutainly a very of incaclous remedy.-From the Pittston (Pa.) Gazete, August 15, 1879. Price-S0 conts. On receipt of 50 cents, will mail a backage tree. Send for circular, with fall informa-tion. ELY CREAM BALM CO., Owego, N. Y. Bold by all Druggists.

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