

THE STAR

A Bi-Weekly Paper, published in the Interest of the Republican Party.

GEO. T. WASSOM, EDITOR AND PROPRIETOR.

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THE HOME DOCTOR.

How to Cure a Cold.

While it is easy to take cold in mid-summer, colds are usually more prevalent when low temperature prevails, though less in clear, steady winter than during the variable spring and autumn. "Catching cold" is usually the result of inequality of temperature in two parts of the body, especially adjacent parts, which disturbs the uniform circulation of the blood. At the place where this disturbance occurs, "congestion" arises, that is, a rush of blood to a part from one direction faster than it is carried off by the chilled blood vessels in the other direction, and this produces serious results if not speedily remedied. This diseased condition may extend over the whole body, affecting most severely any organ already weak.

Thus a cold may come from damp or chilled feet; from even a slight draft of air blowing through a crack, upon one side or portion of the body and cooling it; from standing near a fire or stove, and heating one side while the other remains comparatively cold; from warmer clothing in one part of the body than on another; from lightly dressing the arms and lower limbs, or leaving them naked; from standing over a hot register; from the chilling evaporation of water or moisture, from a portion only of one's clothing—in general from any cause producing inequality of temperature.

The causes of a cold, named, indicate how to avoid one. Maintaining general vigor by nourishing, well-digested food, gives one power to resist an attack. When to be especially exposed, a little tonic, as a grain or two of quinine, taken in advance, may be useful. Stimulants, like alcoholic liquors, are but a temporary aid; the reaction after the first stimulating effects, leaves one more subject to take cold than if the stimulant had been omitted.

Simple remedies will usually remove a cold, if taken promptly, before the congestion has produced serious disorganization. When struck with a sense of chilliness, 15 to 30 drops of aromatic spirits of ammonia, in half a tumbler of water, will often start a uniform circulation all through the body, as this quickly enters the whole blood and is stimulating. Soaking the feet in warm water, gradually adding warmer water as long as it can be borne, draws off the blood from all the rest of the body, and often relieves congestion in any local part. Smart friction upon any part or the whole of the skin surface, or a uniform sweating, produces like results. But in these cases, special care must be taken to prevent after-chilling of the feet, or any other part. After the feet heating, wipe dry quickly and cover them warmly.

The best remedy we have found for a recent cold is a moderate movement of the bowels with castor oil, or calcined magnesia, or other mild cathartic. This produces a flow of fluid, drawn from the blood to the alimentary canal, and thus reduces the pressure upon any one congested point, just as drawing off part of the water from a flooded pond relieves pressure upon a weakened dam or embankment. This is to be followed by keeping the body warm and comfortable, and toning it up with good food, or a simple tonic like quinine. "Feeding a cold," prior to taking a cathartic, is the worst possible treatment. It is only adding material to increase the congestion.

Coughing is an effort of nature to eject noxious matter from congestion of the lungs or bronchial tubes, to be best relieved by general remedies which affect the blood. Sore throat and pains in the limbs or joints are usually relieved by the external use of hot or irritating appliances. One of the best is a mixture of one part of aqua ammonia (liquid hartshorn), and three parts of sweet oil, well shaken. Gum Arabic dissolved, gum candy, simple syrups, etc., upon an irritated throat surface, exclude the air, and mitigate the irritation.

Acute (simple) rheumatism more frequently results from an acid in the periosteum, or white fibrous covering surrounding the bones, than from a cold, as is usually supposed, and is relieved by taking small doses now and then of alkali, as common cooking soda, until the acid is neutralized.—*American Agriculturist*.

The Mexican congress has voted \$1,800 a year pension to Mrs. Augustina Ramirez, whose husband and thirteen sons were killed in battles while resisting the advance of Maximilian's troops into that country.

Gold in paying quantities has been discovered in a ledge of rock nine miles north of Deposit, New York.

The king of Denmark is truly a paternal monarch. Finding that during the recent severe weather the royal foot guards were suffering greatly from colds and coughs, this good old gentleman ordered a supply of Dr. Bull's Cough Syrup for them, and now the sentries are happy.

A Long Sleep.

A case of prolonged somnolence that may serve as a companion piece to that of the sleeping Hungarian in Pennsylvania, is reported from one of the hospitals of Neiderweisel, in Germany.

The twelve-year-old daughter of an innkeeper fell into a deep trance in March, 1880, and continued in that condition for the entire remainder of the year. She was carefully observed by physicians and nurses in the hospital to which she was removed, and there can be no doubt as to the authenticity of the statements made in regard to her, and the small quantity of nutriment that was prescribed had to be administered by forcing her month open.

She had normal sleep at night, but during the day lay wholly motionless, and apparently without cessation or consciousness. At first much emaciated, her appearance subsequently became fresh and healthy. About the beginning of the year she suddenly recovered her power of speech and was soon wholly restored in other respects. She is now entirely well. It is also said that during the whole period of her suspended animation she was fully cognizant of everything that took place about her.

Mr. E. G. Gartman, the business manager of the Evening Dispatch, of York, Pa., was cured of neuralgia by three applications of St. Jacobs Oil.—Boston (Mass.) Saturday Evening Express.

Edward Payson Weston, the great pedestrian failure, is lecturing in England on temperance. He says he has walked 56,000 miles during the last fourteen years, and that the training he has undergone has improved his constitution.

A Maryland exchange refers to Mr. Thos. G. Forward, of Belair, that State, who was cured by St. Jacobs Oil of rheumatism.—Rochester (N.Y.) Sunday Morning Tribune.

The man who discovers the north pole will probably be a Chilean.

INDIGESTION, DYSPEPSIA, nervous prostration and all forms of general debility relieved by taking MESSIAH'S PEPTONIC BEEF TONIC, the only preparation of beef containing its entire nutritive properties. It contains blood-making, force-generating and life-sustaining properties; is invaluable in all enfeebled conditions, whether the result of exhaustion, nervous prostration, overwork, or acute disease, particularly if resulting from pulmonary complaints. Caswell, Hazard & Co., proprietors, New York.

VEGETINE is now acknowledged by our best physicians to be the only sure and safe remedy for all diseases arising from impure blood, such as scrofula and scrofulous humors.

RESCUED FROM DEATH.

William J. Conklin, of Somerville, Mass., says: In the fall of 1876 I was taken with a severe cold, followed by a severe cough. In 1877 I was admitted to the hospital. The doctors said I had a hole in my lung as big as a half-dollar. At one time a report went around that I was dead. I gave up hope, but a friend told me of DR. WILLIAM HALL'S BALSAM FOR THE LUNGS. I got a bottle, when to my surprise, I commenced to feel better, and to-day I feel better than for three years past. I write this hoping every one afflicted with Diseased Lungs will take DR. WILLIAM HALL'S BALSAM, and be convinced that CONSUMPTION CAN BE CURED. I can positively say it has done more good than all the other medicines I have taken since my sickness.

ALLEN'S Brain Food—cures Nervous Debility & Weakness of Generative Organs. \$1—all druggists. Sent for Circular, Allen's Pharmacy, 319 First St., N.Y.

TONY PASTOR IN TROUBLE.

Tony Pastor, of New York, who is now with his inimitable variety combination making a tour of the United States, is recognized as the leading character vocalist and variety performer of the United States. The writer of this article met Mr. Pastor recently, and found him as genial in private as he is amusing before the public. During our conversation I inquired as to his physical health, and he replied that it was excellent. He had occasionally severe pains, either the result of rheumatic attacks or colds, but any complaints of that character never troubled him long as he had found out a remedy for all such annoying affections. I asked what the remedy was and he replied, "St. Jacobs Oil." Mr. Pastor said that he considered the Great German Remedy an excellent preparation for the cure or relief of rheumatism, and that it was the only thing used among professional people for that distressing complaint. He took bottles of it with him whenever he went traveling, and could not be without it, and knew that it was very popular with a number of members of his own company. The foregoing, from the Brooklyn (N.Y.) Eagle, recalls to our mind an item wherein the editor of the Cairo (Ill.) Evening Sun, in paying a tribute to the St. Louis Post-Dispatch, and expressing his sorrow at the loss by fire which the latter paper sustained, says: "The whole office was knocked into ten thousand pieces—all except the St. Jacobs Oil advertisement, which was mercifully preserved." The closing remarks in the above and the following incident are a true index of the unexampled popularity the Great German Remedy enjoys everywhere. At St. Louis the same recently while the play was in progress, one of the lady performers met with a painful mishap, which quite disabled her. The hero of the piece, equal to the emergency, called out to one of the ushers to "bring a bottle of St. Jacobs Oil quickly." The thundering applause throughout the entire house which promptly followed this happy suggestion was an unmistakable proof of the fact that the audience had been there themselves, as the expression goes, and experienced the benefits of this wonderful article.

Mr. Charles A. Whitney, advertising agent of Park Garden, Providence, R. I., writes: "For three years I had inflammatory rheumatism in my right hip and knee. I employed many noted physicians, and tried numerous remedies for the ailment, but found nothing to help me until I used the Great German Remedy, St. Jacobs Oil, which cured me at once. I am now entirely well."

DR. BULL'S
COUGH
SYRUP

No Boon that Science has Conferred. Has been fraught with greater blessings than that which has accrued to the inhabitants of malarial ridden portions of the United States and the tropics from the use of Hostetter's Stomach Bitters. The experience of many years has but too clearly demonstrated the inefficiency of quinine and other drugs to effectually combat the progress of intermittent, congestive and bilious remittent fevers, while on the other hand it has been no less clearly shown that the use of the Bitters, a medicine congenial to the frailest constitution, and derived from purely botanic sources, affords a reliable safeguard against malarial diseases, and arrests it when developed. For disorders of the stomach, liver and bowels, for general debility and renal inactivity, it is also a most efficient remedy. Appetite and sleep are improved by it, it expels rheumatic humors from the blood and enriches a circulation impoverished by mal-assimilation.

Throwing slippers after the bride in New York frightened the horses and caused a runaway.

"Became Sound and Well."
HARTNER'S STATION, Ga., March 27, 1876.
R. V. PRINCE, M. D.: Dear Sir—My wife, who had been ill for over two years, and had tried many other medicines, became sound and well by using your "Favorite Prescription." My niece was also cured by its use, after several physicians had failed to do her any good.
Yours truly,
THOMAS J. MEEHVIN.

THERE are 18,000 Chinamen on the Sandwich Islands working as sugar coolies.

Young men, and middle aged ones, suffering from nervous debility and kindred weaknesses, send three stamps for Part VII of Dime Series Books. Address WORLD'S DISPENSARY MEDICAL ASSOCIATION, Buffalo, N. Y.

A GERMAN genius has invented a line of underwear made from the sponge.

Sick and bilious headache, and all derangements of stomach and bowels, cured by Dr. Pierce's "Pellets"—or anti-bilious granules. 25 cents a vial. No cheap boxes to show waste of virtues. By druggists.

The average English jail-bird gets 260 ounces of food; the average pauper 166 ounces.

Warner's Safe Kidney and Liver Care.

ONE bank in Boston has sixteen tons of gold stored in its vaults.

On Thirty Days' Trial.
The Voltaic Belt Co., Marshall, Mich., will send their Electro-Voltaic Belts and other Electric Appliances on trial for thirty days to any person afflicted with Nervous Debility, Lost Vitality, and kindred troubles, guaranteeing complete restoration of vigor and manhood. Address as above without delay.
P. S.—No risk is incurred, as 30 days' trial is allowed.

Talmage says Gen. 41:34 chartered the first life insurance company. Twelve years' experience proves that "Holiday Offer, \$1000," in another column, directs to the next best one.

The Science of Life, or Self-Preservation, a medical work for every man—youth, middle-aged or old. 125 invaluable prescriptions.

From observing the effects of petroleum upon the heads of operatives at the wells came the shrewd Pittsburgher's great discovery, CAROLINE, a deodorized extract of petroleum. This is the only article that will produce new hair.

Vegetine.

MORE VALUABLE THAN GOLD.

Sciatica Rheumatism, Kidney Complaint.

McGazon, Iowa, November 11, 1878.

Dear Sir—About the 1st of November, 1875, I was attacked with what is termed Sciatica Rheumatism, commencing in the hip joint and extending to my ankles, which at times was very painful, causing lameness and preventing sleep at night, and at times preventing me from labor of any kind. After applying different remedies of almost every kind recommended, I could get no relief. I then commenced using your VEGETINE about the 1st of March last, and have continued to use it until the present time. Now I have no symptoms of the rheumatism left, in fact I think myself cured. My age is sixty-five years. I therefore take great pleasure in recommending it to all who may be afflicted with this terrible disease.

I have been troubled with Kidney Complaint for several years. Since taking the VEGETINE I am completely cured of the Kidney Complaint. To any person suffering as I have, every drop of this good medicine is more valuable than its weight in gold.

Yours truly,
ALONZO COLE.
I know this man to be a truthful, reliable man.
H. E. NEWALL,
Druggist, Main street.

Vegetine

Has Not Its Equal.

LUNG DISEASE.

SELMA, Ala., May 12, 1872.

I take great pleasure in recommending your VEGETINE. I have been suffering a long time with the Lung Disease, trying every kind of medicine that I could get, but none seemed to do me any good, until I tried your great VEGETINE remedy. I had used it only a short time before I discovered a great change in my health for the better. I don't consider that your medicine has its equal for the diseases which you propose to cure, especially the disease that I have been affected with.
JOHN THOMAS.

Vegetine is Sold by All Druggists.

IT STANDS AT THE HEAD!
THE LIGHT-RUNNING
"DOMESTIC."

That it is the acknowledged Leader in the Trade is a fact that cannot be disputed. Many imitate it! None equal it! The Largest Armed, the Lightest Running, the most Beautiful Wood-work, and is warranted to be made of the best material, to do any and all kinds of work, to be complete in every respect.

DOMESTIC SEWING MACHINE COMPANY,
Broadway and 14th St., New York.

DISTRIBUTING OFFICES:—Chicago, St. Louis, Kansas City, Detroit, Milwaukee, Richmond, San Francisco, Cleveland—Mack Bros., Cincinnati—Mack Bros.

NEW RICH BLOOD!

Parsons' Purgative Pills make New Rich Blood, and will completely change the blood in the entire system in three months. Any person who takes one pill each night from 1 to 15 weeks may be restored to sound health, if such a thing be possible. Sold everywhere or sent by mail for 8 letter stamps. S. JOHNSON & CO., Boston, Mass.—formerly Bangor, Me.

WANTED—50 Girls. Good wages; pay weekly. Light, steady work given, to be made at home. Write called for and filled free. Globe Knitting Co., 167 South St., Boston, Mass.

CURED of general debility and nervous prostration. Remedy the result of my own experience. Address with stamp, H. J. DURETT, Spring Garden, N. Y.

OLD BOOKS WANTED.—An agent in every town to buy old books. No cartage needed. Send for circular. P. B. HALPER, 7 Murray St., N. Y.

YOUNG MEN If you would learn Telegraphy in four months, and be certain of a situation, address Valentine Bros., Janesville, Wis.

FRUIT FREE! Send for Sample Copy of Green's Fruit-Grower, Rochester, N. Y.

VALUABLE BOOK SENT FREE.—Address

\$72 A WEEK. \$12 a day at home easily made. Costly outfit free. Add T. W. & Co., Augusta, Maine.

THE GOLDSBORO MUSICAL HOUSE!

HANFF & SON

ry the Largest Stock in the State.

5 LEADING MAKES OF PIANOS

Mason & Hamlin and Peloubet & Co. Organs.

Do not buy of BEATTY or MARSHALL & SMITH, but write to all others and call on or write to us, and we will sell you

BETTER GOODS FOR THE SAME MONEY!

Pianos and Organs sold on Installment and Rental Plan.

Prices Guaranteed.

SALES AND WAREHOUSES:

Fuchter & Kern's Old Stand,

Three Doors South of Bank.

Respectfully,

HANFF & SON,

GOLDSBORO, N. C.

A SETTLED FACT.

L. EINSTEIN & CO.

HAVE THE BEST SELECTED STOCK OF

DRY GOODS, CLOTHING, BOOTS, SHOES, HATS,

AND THE MOST STYLISH

MILLINERY

In the city, and all of which they will sell very low.

A CALL IS SOLICITED

Respectfully,

L. EINSTEIN & CO.

FALL AND WINTER

1881.

NEW GOODS

H. WEIL & BROS'.

Which we offer to the public at

FALL AND WINTER GOODS,

Reasonable Prices.

We keep the best of goods, and charge less for them, in proportion, than shoddy goods can be bought for elsewhere. Give us a call and examine our new styles in

DRESS GOODS, CLOTHING, BOOTS, SHOES, Etc.

ALSO A FINE LOT OF

Carpets of Every Description

JUST ARRIVED.

H. WEIL & BROS.,

80, 82 and 84 West Center St.,

GOLDSBORO, N. C.

GOLDSBORO

STEAM

Furniture Factory,

West Center Street.

A. KORB, Proprietor.

FURNITURE OF ALL KINDS.

When you want a good article cheap call and examine my stock of Furniture before buying elsewhere. All orders filled promptly. my14-6m

MOORE & ROBINSON,



Carriage Makers

UNDERTAKERS.

Manufacturers of and Dealers in

BUGGIES, CARRIAGES,

Wagons, Carts, Etc.

Always on hand, a full line of Rosewood and Walnut Coffins and Caskets and Metallic Cases. Are prepared to attend to Burials at reasonable prices.

Office and Factory on John St.,
Opposite the Baptist Church.
my28-tf