#### W. C. T. U. DEPARTMENT.

What the W. C. T. U. really is. Even in this enlightened period there are a great many people who do not realize in the least what the W. C. T. U. really is. They imagine that it is an organization of cranks and fanatics, whose purpose is to promote woman's suffrage, and wage bitter war against the lipuor traffic. The last named in one of the chief objects of the organization, but many people do not know, or entirely lose sight of the many other good things that the W. C. T. U. has done. While there may be in this, as in every other great movement that was ever statred, a few crarks and "new women," the Woman's Christian Temperance Union is a liberal minded and far-reaching organization and anyone interested in mission work, either home or foreign, cannot find wider scope for their energies than to engage in this noble work. They do a large amount of foreign mission work in addition to teh home mission work they are constantly doing. From time to time they have sent out round-the-world missionaries, who have used their best efforts to counteract the effects of the Amercian whiskey, which is sent out in such large quantities to the heathen that we are trying to convert. Since the beginning of the movement they have had seven missionaries who have hade a tour of the world and many others who have done efficient work in foreign fields. At present Mrs. J.

results. Another work which the White Ribboners are carrying forward very successfully is the flower mission and jail work. What they have accomplished along these lines alone is enough to convince any thinking person that they

K. Barney is laboring among the sol-

diers and natives in Cuba, with good

are on the right road. They are working along so many lines that it would take too much space to tell them all, but it can be briefly summed up by saying that their aim is to do everything in their power to make homes happy and the world

A travelling man, who has been on the road for more than twenty years was recently talking of the changed conditions among business men. He said that in times past a travelling salesman could take two or three days off and get drunk and have a good time, generally, when he happened to catchr a town where he could enjoy himeslf, and his house would overlook the matter, provided he was a good salesman and could get orders.

A great many of the merchants were of the same tiype as the travelling men and when they wrote for a certain drummer to come around that meant several days of carousal and "fun," as they called it.

But now all that is changed. Competition is strong and the man who succeeds must work and not spend his time in debauching. The salesman who sells the most goods nowadays is the keen man, who is ever on the alert and can give a merchant the best goods for the lowest money, and not the one who can drink the most whiskey and give the merchant the

most fun. Neither merchant nor salesman can afford to waste so much time and money when the world is moving ferward so rapidly.

### How to Use Sour Milk.

There is usually a superabundance of sour milk at this season of the year, and it is well to be provided with a variety of receipts in which it may be used. The following receipts have all been tried and have proved satisfactory, and the result has been a decided addition to the table with very little expense.

### BREAD CAKES

Take one pint of bread and soak it in sour milk until soft. Rub through a colander, add a little more sour milk. To one quart of this, add two eggs well beaten, a little salt, three-quarters of a teaspoonful of saleratus, and flour enough to make a batter a little thicker than for the ordinary pancakes. Bake on a hot griddle.

### GRAHAM GEMS.

One pint of sour milk, with one even teaspoonful of salteratus, stirred into it, one teasspoonful of brown sugar, one tablespoonful of melted butter and about one quart of graham flour or enough to make a thick bat-

### CORN GEMS.

One egg, two cups of sour milk, one an da half cups of Indnian meal, one and a half cups of flour, two teaspoonful of soda and a little salt. Bake in hot gem pans or in a loaf. In the retter case omit one teaspoonful of the thortening.

### SPIDER CAKE.

Mix together one-third of a cup of flour and one and two-thirds o fa cup of Indian meal. Add two eggs one cup of sour milk, one small teaspoonful of saleratus, one cup if sweet milk, quarter of a cup of sugar and a little salt. When mixed have ready a hot spider with butter half the size of an egg melted. Then pour in the above and add another cup of sour milk without stirring. Bake 25 minutes.

### DON'T SUFFER

The languishing tortures of Dyspepsia, you can't stand it. Take "Coleman's Guarantee," a positive cure for all forms of dyspepsia and constipation. A cured man says: "I take Coleman's Guarantee, eat what I want, and am happy." Price 50c large bottle, at druggists.



# We'll Bring It

When you want Ice Cream telephone or send a messenger-we'll bring it.

Our Fruit Flavors are the best, and our Cream and Ices are made to iusure healthfulness as well richness.

We get our Cream from Guilford College Dairy.

## Smith's Cafe.

104 S. Elm.

## HOT!

But poor sight will make you hotter. Get a pair of our Glasses, hunt a shady nook, taking along your paper or book, and you will be as near comfortable as you can be these hot days.

Over Hendrix & Co.'s Store 227 S. Elm

HE FOOLED THE SURGEONS. All doctors told Renick Hamilton, of West Jefferson, O., after suffering 18 months from Rectal Fistula, he would die unless a costly operation was performed; but he cured himself with five boxes of Bucklen's Arnica Salve, the surest Pile cure on earth, and the best salve in the world. 25c a box. Sold

### Notice.

by C. E. Holton, druggist.

All parties who keep drays for hire are hereby notified to call on the City Tax Collector and get their license and number. Under the City's New Charter all license taxes must be paid on or before June 30th, 1901. And if not paid by that time the tax collector is instructed to apply to the Mayor for warrant charging said parties with doing business without a license. The fine is fixed at \$20.

R. M. REES.

June 27, 1901.

# Special Sale!



# National Refrigerators

On account of being overstocked and rather than carry them over for another season, we will sell the

# National

# Refrigerator

For the next thirty days at a big reduction. We can furnish them in all styles and sizes.

# Odell Hardware Company.

# Drs. Moore & Woodward DON'T WAIT You Are Cordially Invited

To have that suit pressed in shap until it is too late. Now is the time so let us have it at your earliest convenience. Call on us or 'phone 162. We send for and deliver.

### Greensboro Pressing Club. J. W. FRY, Pres.

W. H. HINTON, Manager. 1

### HEARTBURN.

When the quantity of food taken is too large or the quality too rich, heartburn likely follows, and especially so if the digestion has been weakened by constipation Eat slowly and not too freely of easily digested food Masticate the food thoroughly Let six hours elapse between meals and when you feel a fullness and weight in the region of the stomach after eating, indicating that you have eaten too much, take one of Chamberlains Stomach and Liver Tablets and the heart-City Collector, burn may be avoided For sale by C E,

> antidote for this destructive virus, and an

infallible remedy for

this peculiar poison. It

destroysand eradicates

every particle of the

poison, and makes the

blood as healthy and

# Mercury MD knows that Mercury is a danger-

ous medicine even when administered in very small doses, and few constitutions can stand it for any length of time.

Potash produces inflammation of the stomach and bowels, and a dangerous form of dyspepsia and often chronic diarrhoea follow its use. Now, the doctors will tell you if you have Contagious Blood Poison you must take these minerals for two years or longer;

first, a course of Mercury, and when your teeth get so sensitive and sore that you can't eat, and the gums have a spongy, unnatural appearance, you are told to stop and a change to Potash is made. When the stomach rebels you are put on Mercury again, and so on ad infinitum, or until the system becomes so thoroughly saturated with these poisonous drugs that the most disgusting sores break out on the body, the bones become diseased, and the muscles and joints are racked with the most torturing pains. Mercury and Potash drive the eruptions and blotches from the skin, but the virus remains in the blood and the reappearance of the old symptoms and the occasional sore mouth show that the poison is still active, and you can never hope to completely eradicate it by this method of treatment. S. S. S. is the only

When I was about twenty-one years of age, or eighteen years ago, I contracted Blood Poison in a bad form, and am satisfied that the rapid progress the disease was making would soon have made me a life-long invalid or ended my life. As my system came under the influence of S. S., the sores, splotches and pimples gradually disappeared and soon no evidence of the disease was left. I am now thirtynine years old, and have seen no signs of it during the past eighteen years. S. S. S. does all you claim for it. WM. EMERSON; Pevely, Mo.

pure as before the disease was contracted. S. S. S. is the only purely vegetable blood purifier known, and we offer \$1,000 for proof that it contains any mineral ingredient whatever. The general health improves as the Specific purges the system of impurities, and as new, rich blood begins to flow in the veins the unsightly sores and other evidences of blood poison disappear; strength returns and you are forever rid of this loathsome disease.

Our Home Treatment Book on Contagious Blood Poison tells you all about the symptoms, different stages, etc., of this disease. We will mail you a copy free. If you need advice or special directions, write our physicians; it will cost you nothing and may hasten your cure. THE SWIFT SPECIFIC CO, ATLANTA, GA.



Lost Vitality, Nervous Debility, Insomnia, Failing Memory, and all Wasting Diseases and all Weaknesses resulting from early or later excesses. \$1 per box, 6 for \$5. Mailed to anyaddress on receipt of price.
The Rust Medicine Co., St. Paul, Minn.

For sale by JOHN B. FARISS, DRUGGIST, Greensboro, N. C.

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## The Greensboro Loan and Trust Company,

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W. E. ALLEN, Sec. and Treas.

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Surplus and Profits, \$18,000.

Everything of a banking nature entrusted to our care receives our best attention. We shall beglad to have a share of your business.

J. M. Walker, Pres.

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