

OUR YESTERDAYS

When Paris Was Bombarded by Big Berthas, Mammoth Guns Which Fired Shells 75 Miles



Top, one of 27 Berthas in action; below, scenes of wreckage from shells in Paris during World war. PARIS WAS subjected to such terror and horror during the hectic days of the World war. In the early years of the conflict, air raids were constantly feared, but in the latter months long-range guns of the enemy added to the varieties of those resulting in the French capital. Starting in March 1918, Paris was bombarded for 141 days by gigantic German guns known as the Berthas. These guns, named after Bertha Krupp, in whose factory they were manufactured, were fired from a distance of more than 75 miles. They were fired at an angle of 45 degrees so that the shells could reach greater distance by traveling in an arc, there with less density than that near the ground. Some of the Big Berthas were 120 feet in length and weighed 134 tons. Actual firing took place only on 14 days. A total of 187 shells fell in Paris and 139 in the city's suburbs and vicinity, killing 265 persons.

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When Motto "In God We Trust" Was Inscribed on U. S. Coins



THE FACT that the motto "In God We Trust" is now found on some of the coins used in the United States is due largely to the efforts of Salmon P. Chase, secretary of the treasury in the cabinet of President Lincoln. A Pennsylvania minister in 1801 wrote to Secretary Chase, suggesting that the motto be inscribed on the coins. Reaction favorably to the suggestion, Chase ordered designs for such a coin prepared and this was done in 1823. One of the mottos suggested was "God, Our Trust". Accepting the designs, Chase changed the motto to read "In God We Trust", and in the following year congress authorized the issue of a two-cent piece with that motto on it. It is believed that the designer and Chase may have been inspired by the line in the "Star Spangled Banner", which reads "And this is our motto: 'In God is our trust.'"

1936 "Ideal Girl"



Marion Pierce, "Ideal Girl of 1935," passes beauty crown to Marian Quigley, "Ideal Girl of 1936," after latter's selection at International Beauty Shop Owners' convention in New York. Miss Quigley is 23, a natural blonde with blue eyes. (Central Press)

As Legislative Battle Rages Over Dionne Babes



World's most famous babies, the Dionne quintuplets, are happily unaware of legislative battle that has been raging at Toronto over whether Ontario government should declare them "special wards of the King" or give them back to parents. Conservatives are denouncing government guardianship as unwarranted invasion of private rights. Photos show Mr. and Mrs. Dionne with picture of one of the quintuplets and the mother with her five other children. (Central Press)

Blood Pressure Readings Often Cause False Alarms

by LOGAN CLENDENING, M. D.

IT DOES NOT seem to me that physicians are using their blood pressure apparatus as much as they used to. At least, it is true to say that a knowledge of the blood pressure is not so important in making a decision in as many cases as it used to be.

Part of this is due to the fact that blood pressure is a flimsy gauge. It gives a false idea of the state of his health or his progress.

I heard an eminent student of the diseases associated with disturbances of blood pressure say that he wished people would quit taking the blood pressure for a while, and see whether it wouldn't brighten up the world. This referred to his experience that a patient will hear one day that his blood pressure is down 10 points from the week before and will think he is cured and begin to indulge in excesses. Then the next week he will find it is up 10 points and this will throw him into unnecessary melancholy.

What the patient finds it hard to realize is that the blood pressure fluctuates within very wide limits in normal people and even more so when it is in any way disordered. Therefore, small variations over a short period of time do not mean very much either for good or bad. It is for this reason that my friend believed that blood pressure readings, if taken, should not be disclosed to the patient. Of course, he did not mean that they were not valuable

pieces of information to the physician.

It must be remembered that blood pressure examinations have been made only for a comparatively short period of time. It is less than 30 years ago that life insurance companies began to require blood pressure readings on all applicants. And since they were supposed to be used to determine the prospects of long life, we have not yet had time to gather the information that we need. If we wanted to know the significance of different blood pressure in men aged 25 as regards their longevity, it is plain that if a thousand such examinations were made on a thousand men 20 years ago, most of them still would be alive. So our observation is not completed. And really we won't know all about blood pressure until we have the records of a thousand mothers and fathers, and of their children from birth to death. So it won't be until about A. D. 2000 that anyone will be able to be very dogmatic about the meaning of blood pressure.

It is certainly true that those who have made the most elaborate study of the subject are the least willing to say that all the problems concerning blood pressure are settled. The opinions that they hold on it, as the eminent student I have referred to said, should be subject to radical revision at any time.

EDITOR'S NOTE: Six pamphlets by Dr. Clendening can now be obtained by sending 10 cents in coin for each, and a self-addressed envelope stamped with a three-cent stamp, to Dr. Logan Clendening, in care of this paper. The pamphlets are: "Indigestion and Constipation," "Feeding and Gaining," "Infant Feeding," "Instructions for the Treatment of Diabetes," "Feminine Hygiene" and "The Care of the Hair and Skin."



Dr. Clendening

Whiz-z-z! It's Campbell!



That car whizzing along the measured mile at Daytona Beach, Fla., is Sir Malcolm Campbell's Bluebird and the British speed king is setting a new record of 276.816, the fastest man has ever traveled on land. Center shows Campbell's mechanics "chaining" their hero and lower Sir Malcolm examines one of the worn tires of his racer.

Remember Annette Kellermann?



Annette Kellermann, the girl whose aquatic feats popularized one-piece bathing suits and started the revolution in women's wear and social relations, is back in U. S. for visit after long absence abroad. She is seen arriving at Norfolk, Va., from Europe, and as she was in "good old days." (Central Press)

LEGLESS BOY IS SOX MASCOT



Al Simmons Sammy Cantor

Hitch-hiking on artificial legs Philadelphia hospital show. Sammy Cantor is rewarded by a job as mascot for the Chicago White Sox, managed by a fellow-townsmen, Jimmy Dykes. This picture, made five years ago in a Philadelphia hospital, shows Sammy Cantor, who became Sammy's friend while recovering from a baseball injury. Sammy suffered amputation of both legs after an accident.

Signs Constitution in Blood



Delegate Gregorio Perfecto (center) takes blood from his forearm (arrow) to sign Philippine constitution at Manila, which when approved by President Roosevelt will bring islands to verge of independence from U. S. (Central Press)

Ready to Fight



William B. Shearer responding angrily to lashings of Senators during his testimony before Senate Munitions Committee concerning his activities as a "Big Navy" advocate. He advanced with clenched fists on one senator who called him "cowardly."

Hepburn's Ma Wins



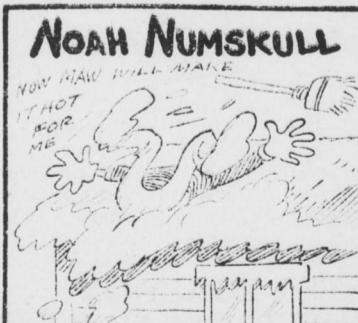
A religious paper had to apologize to Mrs. Thomas N. Hepburn (above), birth control crusader and mother of Katharine Hepburn for statement it made concerning her beliefs. (Central Press)



DEAR NOAH - IF I GIVE MY GIRL A RING ON THE TELEPHONE, WILL WE BE ENGAGED IN CONVERSATION? IRA MEYER PERRYBURG, OHIO

DEAR NOAH - DOES THE LOVE THAT LIES IN WOMEN'S EYES, JUST LIE AND LIE AND LIE? A. ISAACSON MINNEAPOLIS, MINN.

DEAR NOAH - IF A MARINE IS NOT A REGULAR IS HE A SUB-MARINE? W. B. BRADSHAW - IRON RIVERS, MISS.



DEAR NOAH - WHEN PAPA SWEEPED THE SNOW OFF THE ROOF, DID THAT TAKE THE CHILL OFF THE HOUSE? ARLINE FULLER - PATERSON, N.J.

DEAR NOAH - WHEN THE ZEPPELIN MISBEHAVES SHOULD THEY HANGAR? RYAN KERKE OILROY, CALIF.

DEAR NOAH - IF MY RANCH IS A TOTAL LOSS, WOULD YOU SAY I GOT A BUM STEER? L. TOLLUND - MINNEAPOLIS, MINN.