

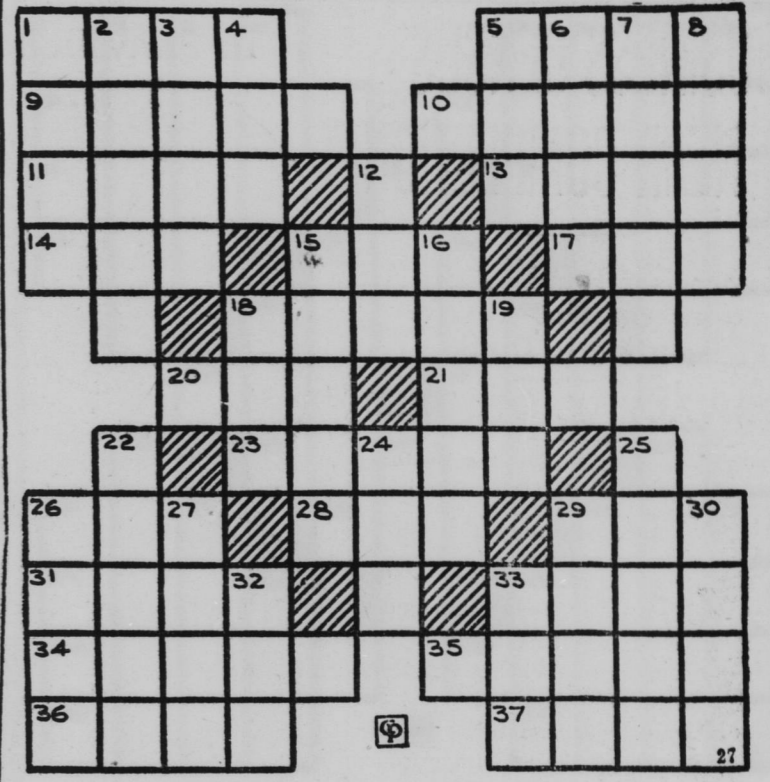
THIMBPE THEATRE—STARRING POPEYE

A General Nuisance

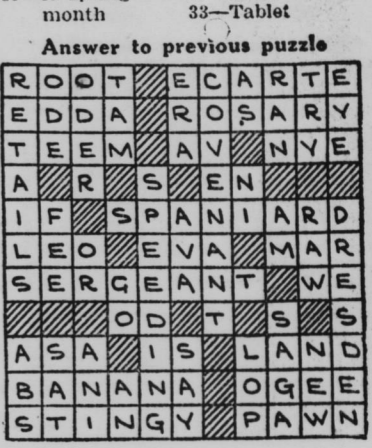
By E. C. Segar



DAILY CROSS WORD PUZZLE



- ACROSS: 1-End beam of light, 5-Handle of a cutting tool, 9-One of the Great Lakes, 10-Mother of pearl, 11-A quart of many colored layers, 13-A covered portico, 14-Secretary of the treasury, 15-Expression of contempt, 17-Inquire, 18-Seraglio, 20-The sun, 21-A narrow beam of light, 23-A character in "Peter Pan", 26-Kind of tree, 28-Sister, 29-A flap, 31-Faintful skin tumor, 33-Unadulterated, 34-An engraver's tool, 35-Particles from an hour-glass, 36-A rung of a ladder, 37-Periods of time, 7-Frozen moisture, 8-A kind of wood, 12-Packages of bulky goods, 16-Flocks, 18-Manner, 19-A spring month, 22-Jeer (slang), 24-Nothing, 25-Strong, 26-Abates, 27-Muck, 29-A kind of fish name, 30-Feminine name, 32-Edige, 33-Tablet



BIG SISTER



SCOTT'S SCRAPBOOK

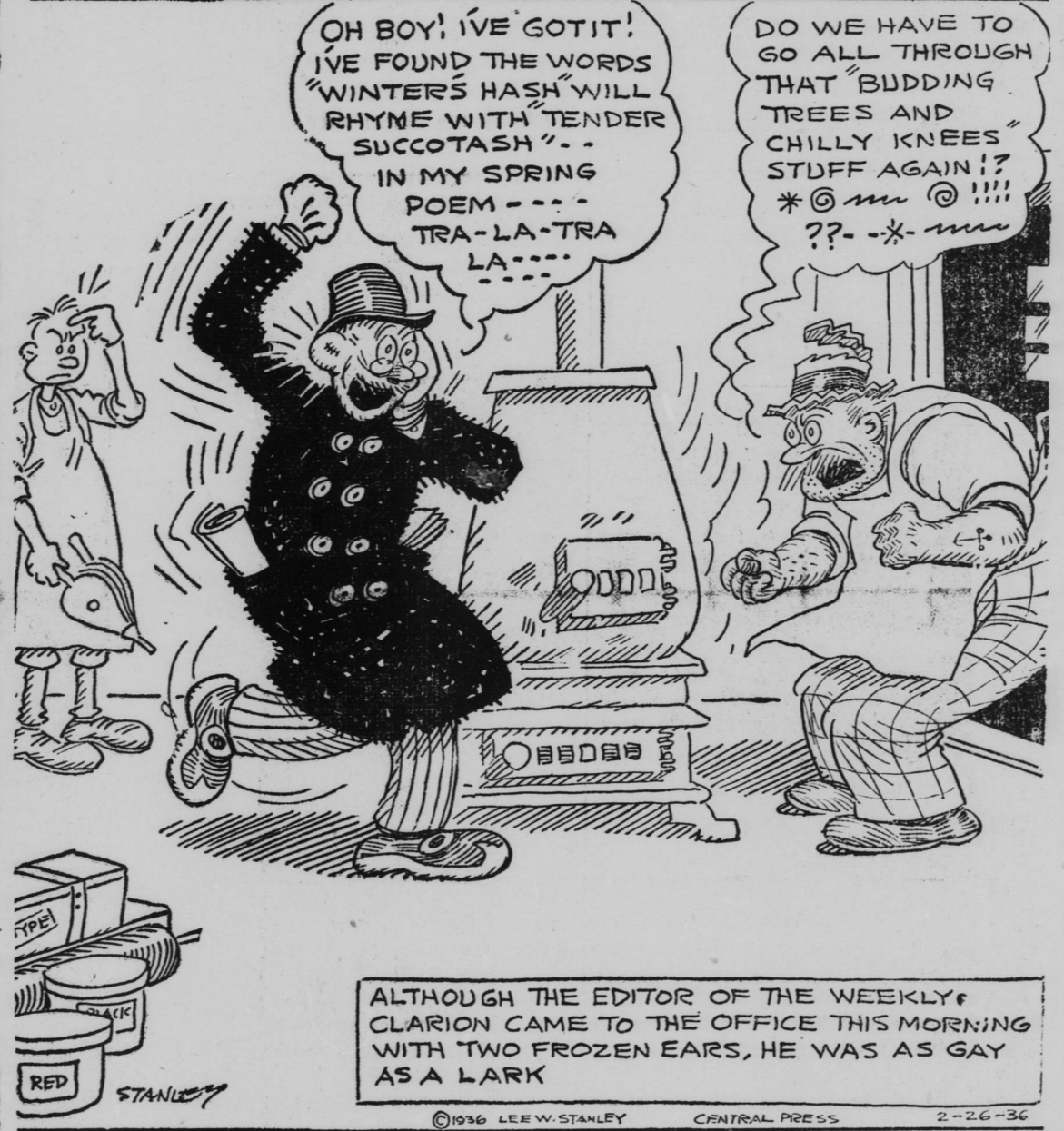
by R. J. SCOTT



THE OLD HOME TOWN

Registered U. S. Patent Office

by STANLEY



ETTA KETT

by PAUL ROBINSON



THE GUMPS—A BIRD IN HAND



CONTRACT BRIDGE

WRITTEN FOR CENTRAL PRESS By E. V. SHEPARD Famous Bridge Teacher

AN AMAZING JUMP PLAYERS often do what appears surprising to others, probably because of difference in viewpoints. The other evening my partner surprised me with a call, which from his side of the table appeared the correct thing, but which from my side of the table seemed an amazing jump on the value he held. The deal is shown below. He sat North.

♠ A K 9 5
♥ K 10
♦ Q J 9
♣ K 5 4 2

♠ Q J 6 4
♥ 9 7 3
♦ 10 6 5 2
♣ 8 3

♠ 3
♥ J 8 6 4 2
♦ K 8 3
♣ Q 10 9 7

Bidding went: South, 1-No Trump; North, 6-No Trumps. The call nearly caused me to bid 7-No Trumps, as it distinctly meant: "Partner, go another trick, if you hold a full probable trick strength greater than needed for a sound opening bid." Using the 6-4-3-2-1 honor count, which is slightly the best of all, I held a 24-point count, or a full 4 points more than required for a sound opening bid. My partner held the same count, leaving 16 points held adversely. That is too small declaring strength to fully justify small slam expectations. Had I bid the unjustified grand slam I would have fulfilled my contract, as all opening honors were held almost as I

would have arranged them, had I the choice. Mr. Kurt Wandel made an opening lead of the Q of spades. An opening lead of a low spade would have yielded the same results. Dummy's K won. A low heart was won with my Q, and I proceeded to pick up 3 added spade tricks, by leading the 10 toward dummy's Ace. East let go two hearts and a diamond. So many hearts had been led to that it seemed safe to lead dummy's K. Then came the 2 of clubs. My J held the trick on a finesse. The Ace of clubs won the eighth trick. When my 6 of clubs was led West showed out, by letting go his 2 of diamonds. Dummy's K won, but East held the top club, and another suit had to be opened. Dummy's Q of diamonds was led. East's K of diamonds covered and I had to win with the Ace. That was the tenth straight trick which I had run off, thanks to the unusually favorable way adversely held honors lay. As I was not coming back to my hand after I led another diamond, I took the Ace of hearts for our eleventh trick, discarding thereon dummy's losing club. Dummy was down to the J-9 of diamonds. West held two diamonds. East held one club and one diamond. Between East and West I knew that the 10-8-6 of diamonds were held, but who held the 10 I did not know. Had I bid 7-No Trumps I would have played West for the missing 10, and finessed dummy's 9. Not needing both diamond tricks to fulfill the small slam contract I would have been fool-hardy to risk losing to a diamond and a club in East's hand, so I put on dummy's J for a safe small slam.

Fasting Period Benefits Most at This Time of Year

By LOGAN CLENDENING, M. D. WHATEVER reason the church had for introducing a fast, and especially a season of fasting, there is no question that it is a good physiological procedure at this time of year. For most people! Like all other blanket advice, it usually is taken by the wrong people—the thin and underweight who don't like to eat anyway, while the fellow who needs to fast keeps on stuffing himself. Just now, at the end of our long period of winter hibernation, when we have sat around inside and eaten all the delicacies from every corner of the earth, a little fast won't do us any harm in preparation for the spring season of activity. Sometimes a day of complete fast is easier to take than a partial reduction diet which simply teases and annoys the hungry victim. A great deal of important scientific data has been accumulated by the study of fasting individuals. Succi, the professional faster, after fasting for 30 days, was still excreting 33 grams of protein every day, which was about the same amount that he excreted when he had been fasting 15 days. Nearly all fasters proclaim the fact that they feel better at the end of the fast, but this again depends on the type of person involved. Teacher Cured by Fasting Upton Enclair, who used to advocate fasting as a way of life, wrote of "an anemic school teacher, threat-

ened with consumption and a victim of continual colds and headache, miserable and beaten, with an exophthalmic goiter. She fasted eight days and achieved a perfect cure." That is a little hard to believe, and certainly that is not the type of person that should be recommended for a fasting cure. DIET FOR WEDNESDAY Breakfast—Apple or pear, or sliced peaches; cup of coffee without cream or sugar. Lunch—Quarter of a head of lettuce; eight large slices of cucumber; tomato; sliced orange; glass of buttermilk. Supper—An average portion of boiled ham; lettuce and tomato salad without dressing; cup of tomato juice; cup of tea or coffee without cream or sugar. What is your weight today? QUESTIONS FROM READERS M. C.: "I have been advised to use a mixture of soda and salt as a tooth powder to combat a softness of the gums. In your opinion, is this treatment to be recommended? What would be the effects of swallowing this solution over a protracted length of time? Would it have either a good or bad effect on the stomach?" Answer: I believe this is a very good mixture for a tooth powder and would have a good effect on the gums. The effects of swallowing any amount of this would not be harmful. Its effect on the stomach would be rather to neutralize acid than otherwise. The addition of a small amount of magnesium oxide would increase the alkalinity of the mixture, and the swallowing of magnesium oxide would not have any had effect on the stomach. In fact, soda and magnesium oxide are the components of most tablets which are recommended to be taken by mouth to combat acidity of the stomach.