

THIMBLE THEATRE Starring POPEYE



BIG SISTER



SCOTT'S SCRAPBOOK

Advertisement for Scott's Scrapbook. It features a portrait of a man and a piano. Text includes: 'THE FIRST PIANOFORTE WAS MADE BY CRISTOFORI IN 1709, AND WAS FIRST USED IN PUBLIC IN A PERFORMANCE OF THE BEGGAR'S OPERA IN LONDON, IN 1767.' 'A TWO-SACK HEN'S EGG - ONE SACK CONTAINED THE ALBUMEN, AND THE OTHER THE YOLK.' 'OWNED BY L. J. GIBBONS, POINTEAUX PINS, MICHIGAN.' 'SANTA ANNA, THE MEXICAN GENERAL WHO STORMED THE ALAMO IN TEXAS, JUST 100 YEARS AGO, UNWITTINGLY GAVE THE WORLD CHEWING GUM - DURING A PERIOD OF HIS EXILE, SANTA ANNA LIVED ON STATEN ISLAND, N.Y. - WHEN HE DEPARTED, HE LEFT A PIECE OF CHICLE IN A DRAWER - THOMAS ADAMS FOUND THIS - THEN WITH HIS WIFE'S ROLLING PIN, ADAMS MADE THE FIRST CHEWING GUM IN THE U.S., AND ITS RAPID SALE GAVE IMPETUS TO START HIS MANUFACTURE.' 'SUN RISING OVER OCEAN IS THE MAIN DESIGN ON THIS HONDURAS STAMP OF 1920.' 'COPYRIGHT, 1936, CENTRAL PRESS ASSOCIATION 4-11'

THE OLD HOME TOWN



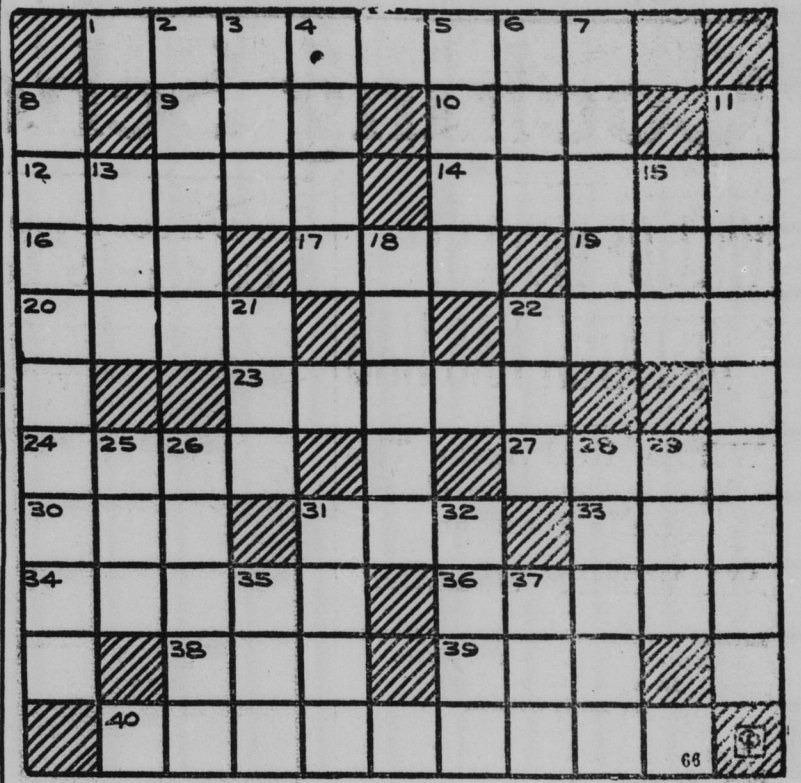
ETTA KETT



THE GUMPS - SOB STUFF



DAILY CROSS WORD PUZZLE



ACROSS  
1-A security  
9-A scout  
10-Organ of hearing  
12-A traveled way  
14-Roentgen rays  
16-A historical period  
17-A habitual drunkard  
19-A story  
22-A festival  
23-An inscription  
24-Headlong  
27-A kind of cheese  
30-A kind of hand covering  
31-Half cover  
32-A river in Russian Turkestan  
34-Sarcasm  
36-A plate for the Eucharistic bread  
38-Spaw of fish  
39-A plume  
40-Restitution  
consonant correspond- ing to "th"  
22-Charge for professional services  
25-Ventilata  
26-A source of supplies  
28-That which has been sold  
29-A rest- less  
31-Labeled at  
32-A 19th cen- tury  
35-Bow the head  
37-A bird of the cuckoo family

Answer to previous puzzle  
S A G E S J U L E P  
A L O N E C R E P E  
M O L D F S N O W  
B U D B A C A E  
O D T U L L E H E  
M E C R E S S M Y  
A R M O R E L E U  
C O O L S H U L O  
E D S E L T E N O N  
S E T S O C L A N G

DOWN  
2-Customary  
3-Deterious  
4-Whiskeys  
5-Nearest in place, time, quality and rank  
6-An old sailor  
7-Eradicate  
8-To neglect  
11-Setting a value on  
13-Openings to an organ  
15-Besides  
18-Frequently  
21-Ancio-Saxon

CONTRACT BRIDGE

WRITTEN FOR CENTRAL PRESS  
By E. V. SHEPARD  
Famous Bridge Teacher

MASTERING BRIDGE (59)  
NO PLAYER has mastered bridge unless he can readily determine the precise capabilities of each hand, offensively, defensively and in support of partner. Yesterday's hand is repeated below, so that we may continue the search for a way to go game at spades, against an opening lead of the J of spades, and presuming opponents offer the best subsequent defense.

♠ A Q 10 8 7  
♥ K  
♦ K Q 8 6 3  
♣ A 6

♠ 9 4 3  
♥ Q 10 9  
♦ 8 4  
♣ 2

W. N. S. E.  
W. N. S. E.  
5

♠ K 5 2  
♥ J 7 6 2  
♦ J 4  
♣ Q J 10 7

Provided East does not discard a heart on the third round of spades, taking three rounds of trumps, to pull West's last spade, will not yield game, by either of the two methods yet tried. The first method tried was to establish the diamonds. This method caused North to lose 1 heart trick and 2 diamond tricks. The second method tried was to establish dummy's clubs, to enable North to discard two diamonds on dummy's clubs. This method permitted East to three times lead hearts, resulting in either 1 heart trick, 2 diamond tricks and a club trick going to de- fenders, or giving them 2 heart tricks, 1 diamond and 1 club trick. We need not give defenders any club trick. They must win a heart trick. If dummy can ruff one of the diamond tricks lost to defenders through taking 3 leads of trumps, game can be scored. Try the following method of play: win the opening trump lead with the Q of spades. Take another spade trick with declarer's Ace. Lead a low diamond from declarer's hand. It makes no difference in final results whether East plays his Ace or passes the trick. The intent is to give defender two diamond tricks, whether those are won by East, or whether East's Ace wins one diamond trick and West ruffs another trick in that suit, cannot matter to declarer. His object is to see that dummy ruffs the third diamond trick, which yesterday we saw East win. Suppose dummy is allowed to win the first lead of diamonds with the J. At once lead dummy's last diamond. Declarer does not in the least care whether North or East's Ace wins the trick. The defender winning the second lead of diamonds will lead a heart, capturing North's K. East will again lead a heart and declarer will ruff. North then will lead a diamond. Dummy will ruff with the K. The Q of clubs will be led, giving North to club trick. Then North will lead the 10 of trumps, picking up West's 9, if it already had not been used to ruff the second lead of diamonds. If north picks up West's trump East must win 1 heart trick and a diamond trick. If West ruffs a diamond trick North has to lose in addition 1 heart trick and the diamond trick going to East's Ace.

How Rapidly Is Food Assimilated by Body?

By LOGAN CLENDENING, M. D.  
A CORRESPONDENT writes to ask how rapidly after food enters the body it becomes assimilated into the nutritional machine. The answer depends on a good deal on the kind of food and whether or not a small amount is taken, and whether or not it is part of a mixed meal. Under certain circumstances, the digestion must be astonishingly rapid. The digestive enzymes work very rapidly. You can test this by noticing how soon a piece of cracker taken into the mouth becomes sweet, because the action of the saliva is to turn the starch of the cracker into a simple sugar. Again, we know that in a case where too much insulin is given a diabetic patient, it brings on a condition in which the sugar of the blood is lowered below normal. The condition is treated by eating some simple starch or sugar, such as a glass of orange juice. Almost before the last drop of orange juice has been drained from the glass, the symptoms disappear, showing that this sugar is taken up with lightning-like rapidity from the stomach and utilized by the organism. With an ordinary mixed meal, however, things go very much slower. It takes time for the food to be reduced to a proper kind of a mash in the stomach, and it is thrown into the intestine only in small amounts. The last part of a mixed meal leaves the stomach about six hours after it is ingested. It is probably not completely assimilated from the intestine for 24 hours. The body has many places for storing food, which may not be used for many hours or days after storage has taken place.

QUESTIONS FROM READERS  
A. P.: "I am troubled a good deal with bad breath. I have a bad taste in the back of my throat that I think comes from a drip from the nasal passages. Could this be nasal catarrh, and is there a nose douche or gargle I could try?"  
Answer: It has recently been suggested that chloramine in the form of chlorazine tablets, five grains dissolved in half a glass of water, as a mouth wash, is beneficial for bad breath. It might also work as a nasal douche. I believe, however, that you are more likely to get satisfaction by having an opinion from a regular nose and throat man.  
D. C. M.: "What is the difference in vitamins in leaf lettuce, lettuce and cabbage?"  
Answer: None that I know of.  
EDITOR'S NOTE: Six pamphlets by Dr. Clendening can now be obtained by sending 10 cents in coin, for each, and a self-addressed envelope stamped with a three-cent stamp, to Dr. Logan Clendening, in care of this paper. The pamphlets are: "Indigestion and Constipation," "Reducing and Gaining," "Infant Feeding," "Instructions for the Treatment of Diabetes," "Feminine Hygiene" and "The Care of the Hair and Skin."