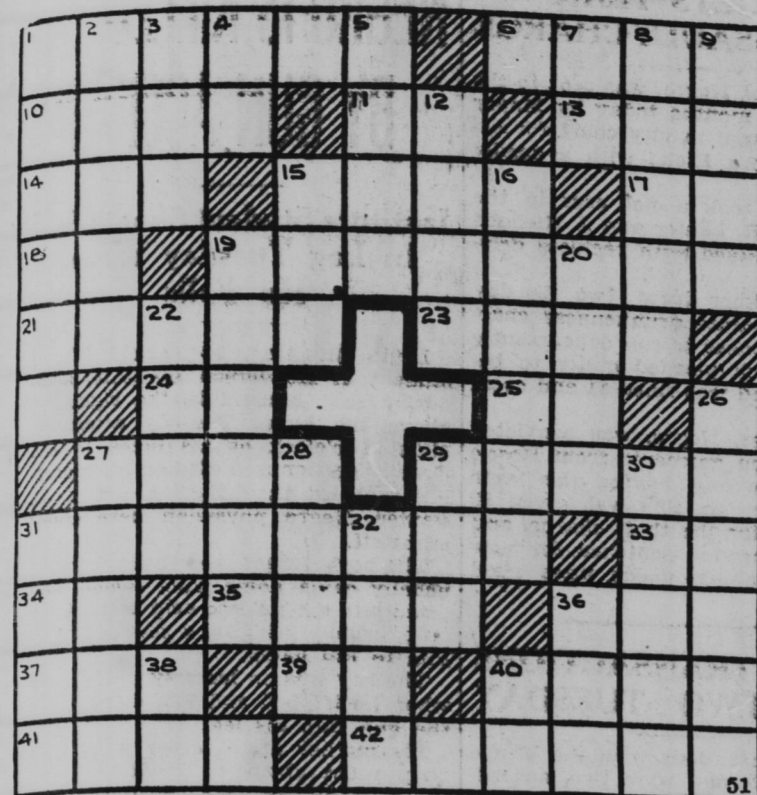


DAILY CROSS WORD PUZZLE



- ACROSS**
- 1—Early Indian money
 - 6—Converse informally
 - 10—Percentage paid for the exchange of one currency for another
 - 11—Any powerful deity
 - 13—To do wrong
 - 14—A chemist's workroom (abbr.)
 - 15—A long drink
 - 17—Depart
 - 18—Chinese money
 - 19—Mutual discourse
 - 21—A pungent vegetable
 - 23—Real
- DOWN**
- 1—Flounder
 - 2—Anew
 - 3—A marble (dial.)
 - 4—Italian river
 - 5—To cry weakly, as a young child
 - 7—Masculine pronoun
 - 8—Debate

Answer to previous puzzle

A	D	A	G	E	S	I	D
M	A	R	T	I	N	I	P
I	T	O	L	O	T	S	E
T	H	I	N	W	I	G	B
E	T	O	N	C	O	M	B
P	I	W	A	P	T	I	L
A	S	P	G	A	B	R	E
I	T	E	M	C	R	E	A
R	L	A	S	T	I	N	G
S	E	T	T	O	M	E	E

COUNTING YOUR TRICKS
IF A PLAYER will not take the trouble to count up the positive tricks in sight, and then look for the spots where others may possibly be procured, he can never consider himself an able manipulator of no trump contracts. There are those who select any old path out of several available, until after the hand has been played. Then, when they see how the contract could have been made, they frequently wonder how they could have calculated that in advance. Usually there are sign posts that point the way.

♠ A Q J 6
♥ K Q 2
♦ Q J 8 6 5
♣ K 3

♠ 10 8 7 5
♥ J
♦ 9 8 5 2
♣ A K 10

W. N. W.
S. J. S.

♠ K 8 7 5
♥ A 7 4 3
♦ K 10 8 2
♣ J 10 9 7

♠ A K 5 3
♥ K Q 9
♦ Q 9 5 4
♣ A J 7

♠ A J 9 6 4 3 2
♥ 8 4
♦ 10 5
♣ 6 3

♠ K 8 7 5
♥ A 7 4 3
♦ K 10 8 2
♣ J 10 9 7

The declarer then kicked the hand away. He reckoned that, if hearts would break evenly, he could get four tricks there, plus two in diamonds and three in spades, if the finesse would work. Trying two heart rounds at once, he was sunk when the suit broke badly and the spade finesse failed. The odds were heavily against what he tried, whereas the odds were in favor of the club suit working. An immediate club lead, after getting in, would have knocked out one club top, whereupon West would have removed the last diamond stopper. Then another club lead would have put West in again to cash two more diamonds, but that would have been all, as the game then would have been sure without any finesse.

Tomorrow's Problem

♠ K 8 7 5
♥ A 7 4 3
♦ K 10 8 2
♣ J 10 9 7

♠ A K 5 3
♥ K Q 9
♦ Q 9 5 4
♣ A J 7

♠ A J 9 6 4 3 2
♥ 8 4
♦ 10 5
♣ 6 3

(Dealer: North. East-West vulnerable.)

What is the correct bidding of this deal?

Nutrition of the Teeth As Influenced by Diet

By LOGAN CLENDENING, M. D.

IT IS A COMMON belief that coarse foods make strong teeth. As a corollary of this, it is often said that candy causes tooth decay.

And so it is supposed that primitive man, living on coarse foods—berries, nuts, and roots, cracking the shells and gnawing on bones—had fine teeth, and that modern man, living on refined and processed foods, can ascribe his poor teeth to that habit.

But the theory breaks down when the facts are examined. Fossil remains of man have been found all over the world, including jaws and teeth in most instances. The upper jaw of the Rhodesian man, who lived at least 35,000 years ago, shows typical human dentition. "The teeth are worn in primitive fashion, the upper incisors having met the lowers squarely edge to edge." (This shows they were worn down probably by coarse diet.) "Several of the teeth suffered from caries, and there are maxillary abscesses, especially in the region of the molars." (MacCurdy, "Human Origins.")

When Coronado made his expedition in the nineteenth century, he found a tribe called the Mimbre. They are large quantities of coarsely ground corn meal. The remains of the jaws of these people, recently identified in numerous village sites, show the teeth surfaces in an advanced stage of wear. They also universally show evidence of dental caries and the ravages of disease in the jaw bone.

Primitive man must indeed have suffered torture from his teeth.

Eskimo Teeth Good

The teeth of Eskimos in Labrador, Alaska and Greenland have been studied, and have been found extremely good in spite of the fact that they get little coarse food. Their diet is largely carnivorous and very rich in phosphorus, and in gnawing bones and cartilage they get a good deal of calcium. They also get plenty of Vitamin D because they consume so much of the oil of livers of fish and marine animals.

Such facts indicate that a heavy diet of coarsely ground cereals will not prevent the occurrence of dental caries. Apparently the so-called soft foods of the present age are not a contributing factor to dental caries.

The question of today is whether infection or nutrition—whether the seed or the soil—is the largest factor in causing dental caries. Undoubtedly germs entering into a spot of crumbling enamel are the real cause of decay. But the crumbling enamel is probably largely dependent on nutrition. It is possible that food particles subject to decay in tooth crevices break down the enamel also. Neither cleanliness nor nutrition, however, need be neglected in tooth hygiene. It is perfectly practical and simple to tend to both. Regular daily brushing of teeth and a diet with calcium, phosphorus and Vitamin D will take care of both possibilities.

EDITOR'S NOTE: Seven pamphlets by Dr. Clendening can now be obtained by sending 10 cents in coin, for each, and a self-addressed envelope stamped with a three-cent stamp, to Dr. Logan Clendening, in care of this paper. The pamphlets are: "Three Weeks Reducing Diet," "Indigestion and Constipation," "Reducing and Gaining," "Infant Feeding," "Instructions for the Treatment of Diabetes," "Feminine Hygiene" and "The Care of the Hair and Skin."

THIMBLE THEATRE Starring POPEYE



You Asked For It!

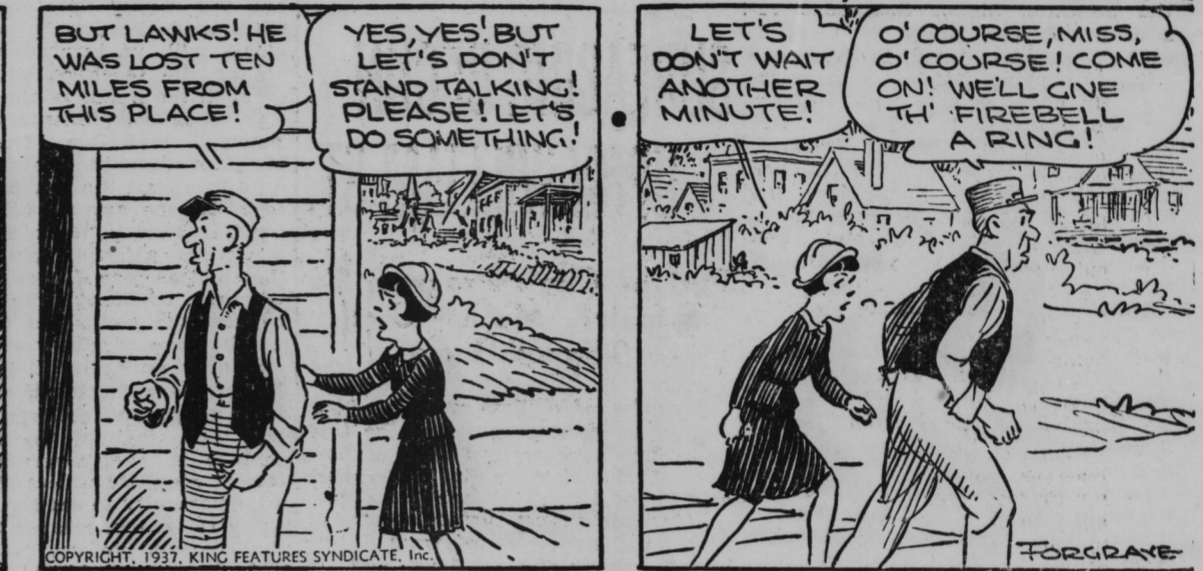


By E. C. Segar

BIG SISTER



SCOTT'S SCRAP BOOK



By LES FORGRAVE

THE OLD HOME TOWN



By STANLEY

SCOTT'S SCRAP BOOK

AN ENGLISH AUTOMOBILE WAS DRIVEN THROUGH A BRICK WALL IN ENGLAND, IN A TEST—THE ONLY SERIOUS DAMAGE TO THE AUTOMOBILE WAS A BROKEN WINDSHIELD

LIES ON BAYONET
THIS HINDU FAKIR OF MANIPUR, A PROVINCE OF INDIA, HAS BEEN TRAINED FROM EARLY CHILDHOOD TO PERFORM THIS STUNT

CURIOUS POSTMARK FROM AUSTRALIA— "USE AUSTRALIAN PRODUCTS"

EUROPEAN HOT SPOT— WHERE HUNGARY, YUGO-SLAVIA AND RUMANIA MEET

By R. J. SCOTT

ETTA KETT

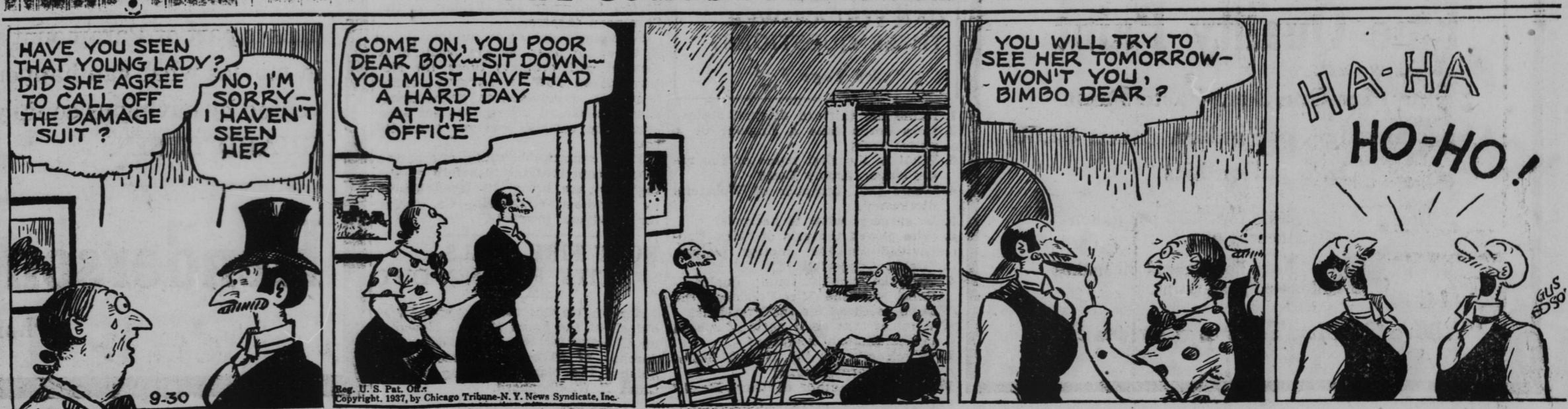


THE GUMPS—THE WORM TURNS



By PAUL ROBINSON

THE GUMPS—THE WORM TURNS



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