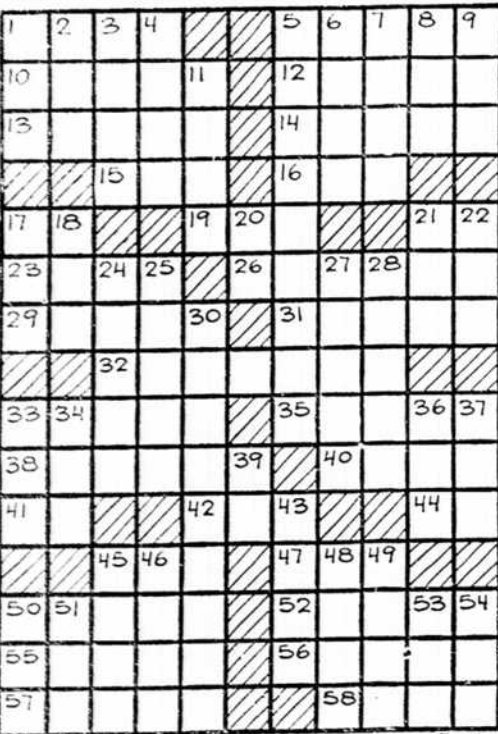


DAILY CROSSWORD

ACROSS
1. Ointment
5. One who idles
10. Foreign
12. Artless
13. Thick
14. Cornered
15. Levy
16. Half ems
17. An inlet
19. High, craggy hill
21. Exclamation
23. Capital of Peru
26. Vessel for liquids
29. Frozen dew
31. African antelope
32. Speak covertly
33. Swiftly
35. Furnish with a fund
38. Kind of wasp
40. Deadly pale
41. Above
42. Success (slang)
44. Maine (abbr.)
45. Wine receptacle
47. Constellation
50. Custom
52. Mattress filling
55. Sharp
56. Eat away
57. Length measure
58. Founder Christian Science
DOWN
1. Wicked
2. Malt beverage
3. Fluff from yarn
4. Flat-topped hill
5. Intermediate
6. Mend.



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BARCLAY ON BRIDGE

SMARTNESS GONE AWRY

PLAIN stupidity is nowhere near as costly as misdirected smartness, which generally goes under the title of "smart Aleckness." Once in a while we encounter a player who strains every effort to perpetrate bright-seeming plays and bids, copying what he has seen some fine player do, but without realizing that he is doing it at the wrong time or in the wrong way. Usually those efforts prove a boomerang that crushes the thrower.

Q 10 5
A Q 7 4
J 2
10 7 5 4
A 9
10 9 8
Q 10 9 6
4 3
Q 8

J 6 3
J 6 3
A 5 5
A K J 3

(Dealer: South. Neither side vulnerable.)
South West North East
1 NT 1 NT 1 NT Pass
1 NT Pass 3 NT

East "played smart" even during the bidding by passing when he should have bid 1-Spade, reckoning that he might thus trap the opponents into a contract they couldn't make, and he stayed "smart" by not doubling the contract.

South was a really keen player, Lee Hazen, runner-up in the last national individual masters' championship and just as good a club player. He saw that the de-

fenders could set him. They actually could get five tricks in diamonds, two in spades and one in hearts. But he hoped for the best, including help from East, and got it.

He let two diamond tricks go by and took third, on which East discarded the heart 2. Then he led a heart, played the Q and, just as East was about to make the "bright" play of the 5, blanking his K, West reached for the trick, expecting the K to be played. Seeing this, Mr. Hazen then laid down the heart A, dropping the K. On the club 10 then East false-carded the 9. Mr. Hazen read that as a false-card and abandoned his plan to finesse. His K, followed by the A, dropped the Q. The heart J, club J, club 3 to the 7 and heart 7 produced his ninth trick, and he gave up two spades at the end.

Tomorrow's Problem
Q J 3
A 10 5 4
Q
Q J 10 7 4

6 5 2
9 6 3
A K 7 3
K 8 3

A 10 9
J 7 2
J 10 9 4
6 5 2
A 9

(Dealer: East. Neither side vulnerable.)
If South gets into 4-Spades on this deal, West takes his diamond K, leads a spade to the A and a second spade is returned, can declarer make his contract against perfect defense the rest of the way?

Why Blondes Get Freckles

Less Pigment Than Brunettes, Who Tan

By LOGAN CLENDENING, M. D.

Will vinegar or olive oil on the skin hasten a quick tan and prevent peeling?

• NOTHING will hasten tanning. Tanning is the mobilization of the pigment producing cells of the body reacting evenly to the stimulus of light. The brunettes have more pigment than the blondes and therefore tan quicker and more painlessly. Blondes have less pigment and tan unevenly—freckles, and some blondes have no pigment at all to speak of, and burn and peel and reddens and suffer over and over again. There is no way to change these fundamental differences in skins; the pigmentless blondes should be protected from sunlight if they are to avoid reaction—and sometimes

Dr. Clendening will answer questions of general interest only, and then only through his column.

severe illnesses result from sunburn.

Vinegar evaporates in the sunlight and has no effect on tanning or peeling. Any non-volatile oil interferes to some extent with the absorption of light and therefore protects against sunburn and subsequent peeling. An oil with some dark pigment may filter light sufficiently to make tanning a slower and more even process, avoiding the unpleasant preliminary stage of burning. Sensitivity to sunlight exists. It takes two forms. In one, hives reactions—itching and swelling occur at the point of contact. This comes on immediately and lasts a short time. In the other, there is itching, redness, secretion and scaling; it is a delayed reaction, becomes more pronounced the second day and lasts a week. Both types can be prevented with ultraviolet rays in doses just short of the amount that produces a reaction.

is myopia due to a vitamin deficient diet? This suggestion would seem to cause us to revise many of our

present ideas about visual defects, but the evidence is reviewed with conviction by an experienced oculist of Kansas City, Dr. Hugh Miller. It is certainly not impossible because we know vitamin deficiency causes organic changes in the eye, particularly in the connective tissue which is the part involved in short-sightedness and astigmatism.

In questioning a large number of patients who had myopic visual defects, about their lifelong dietary habits, Dr. Miller found that fat was avoided by them, beginning in childhood and continuing into adult life. Vitamins A and D are fat soluble and Vitamin A is known to have effects on the eye, especially in forming the hard sclerotic parts of the eye. The Japanese are not meat eaters, which means fat eaters. Rice and soy beans are their staples, and it is estimated that one and a half pounds of meat to the individual annually is the average consumption of meat in Japan.

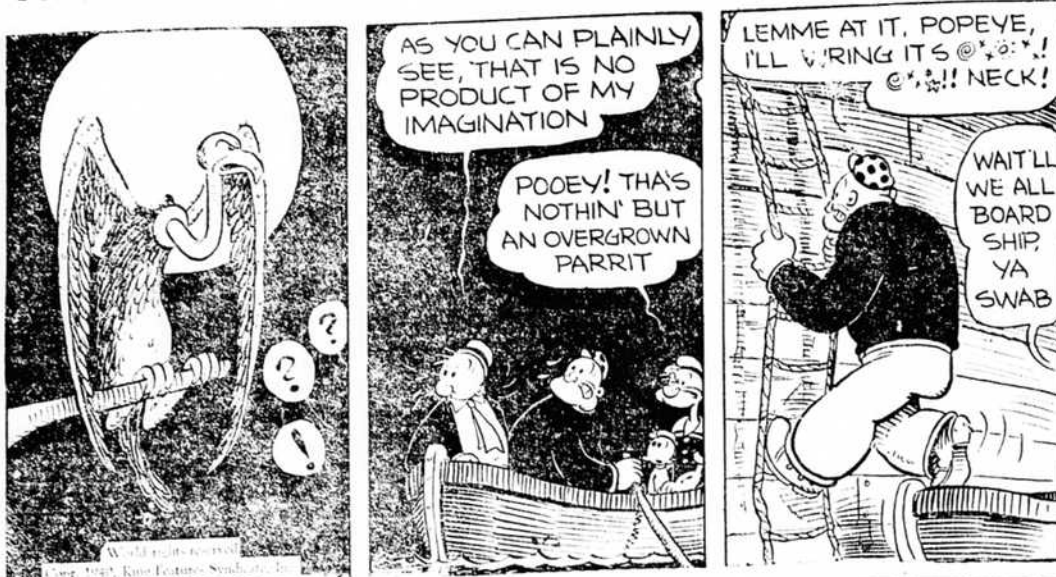
"Our greatest difficulty," said a Japanese flight-surgeon, "in getting pilots is neither mental nor emotional, but defective vision." Animal experiments show that when fed on Vitamin-A-free diet, rats lose the normal contour of their corneas, and regain the normal contour when Vitamin A is added to the diet.

QUESTIONS AND ANSWERS
A. M. E.—"Please tell me if calcium can be taken in tablet or liquid form. If not, what foods contain calcium?"

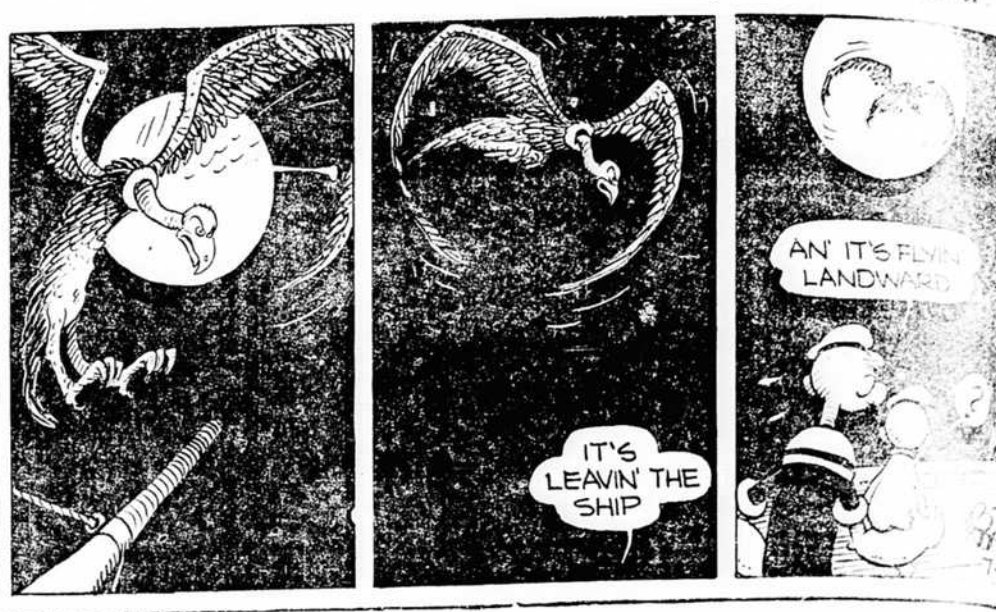
Answer—Calcium can be taken in the form of calcium carbonate, a harmless powder. The food which contains most calcium is milk. Most hard waters contain calcium.

EDITOR'S NOTE: Dr. Clendening has written articles which can be obtained by readers. Each pamphlet sells for 10 cents. For any one pamphlet desired, send 10 cents in coin, and a self-addressed envelope stamped with a three-cent stamp, to Dr. Logan Clendening, in care of this paper. The pamphlets are: "Three Weeks' Resting Diet," "Indigestion and Constipation," "Reducing and Gaining," "Infant Feeding," "Instructions for the Treatment of Diabetes," "Feminine Hygiene" and "The Care of the Hair and Skin."

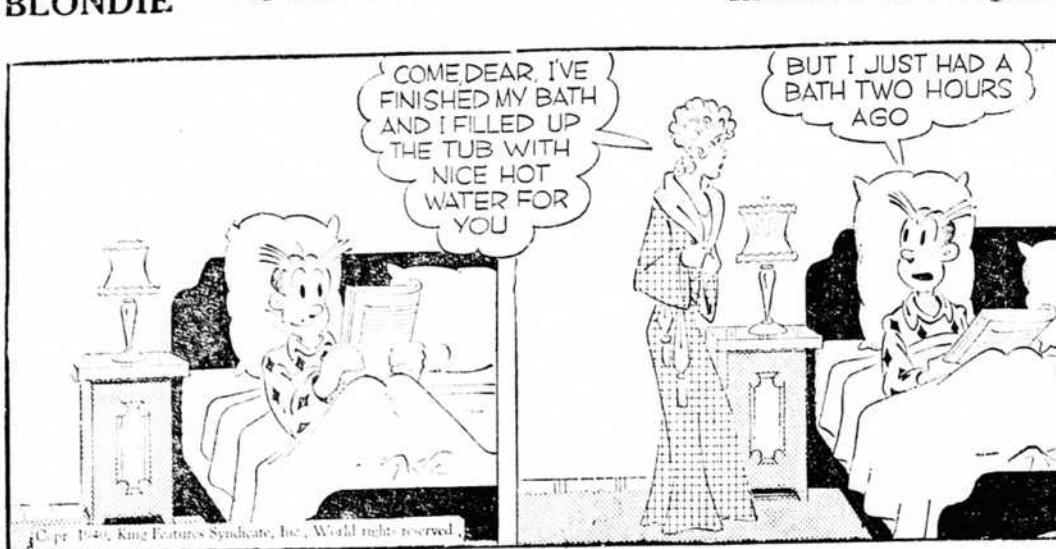
THIMBLE THEATRE Starring POPEYE



Polly Want A Crackin'

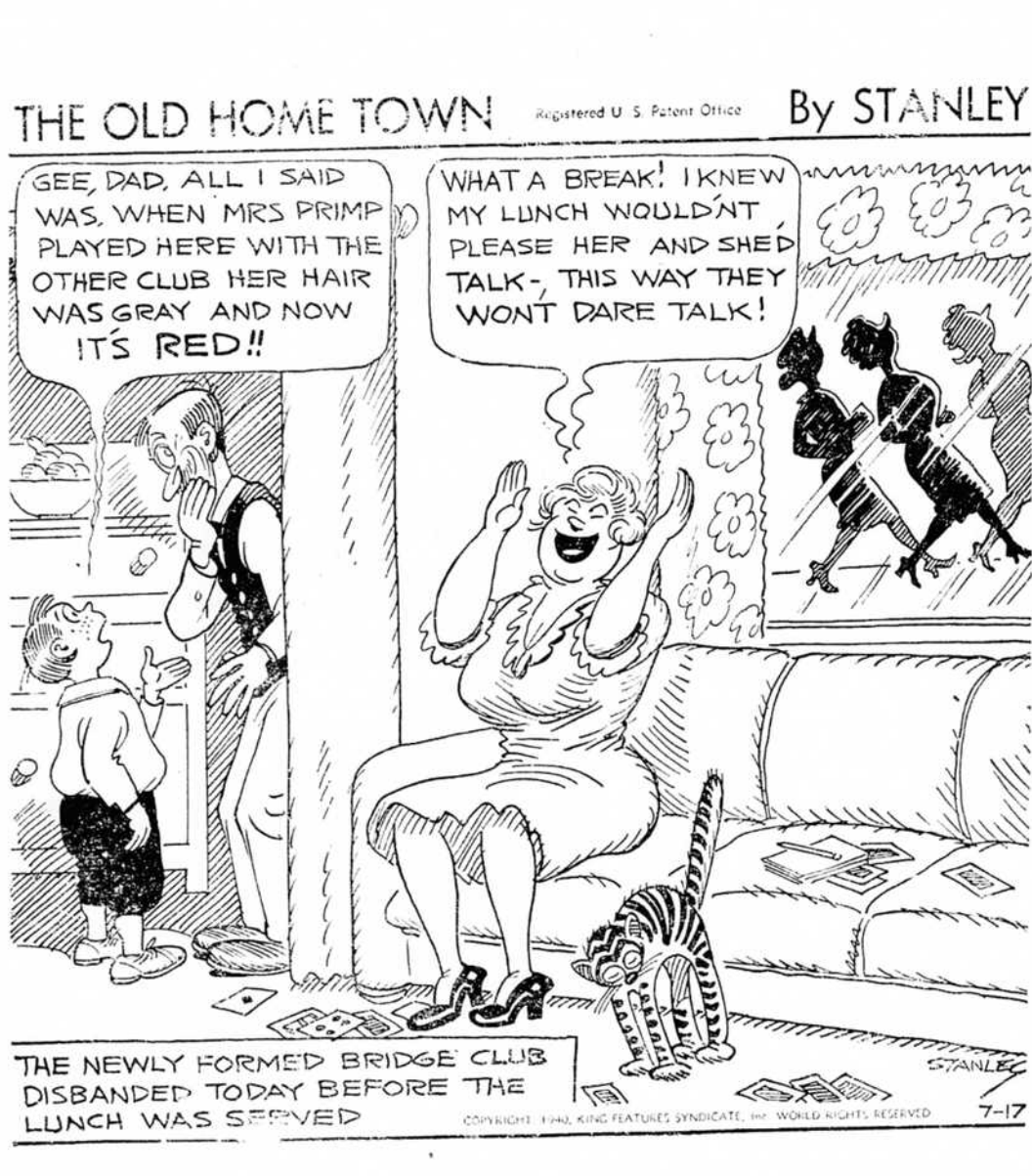


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