

SOCIETY NEWS

FILLING THE ICE HOUSE.

Out from the wind-plowed shore
They are cutting the lake.
They are loading water on sleds
Came by cake.
Quite matter-of-fact with the magic
Winter can make.

Here is an arrival of ripples
From last July:
Here is a wave an autumn blowing
Piled high.
Solid and blue and cold
And frozen dry.

Man knows magic as well.
There's no mistaking.
Preserving ice that has been
Three months a-making
To eat the butter in June
When thunder is breaking!
Charles Malham.

From St. Petersburg.

Dr. and Mrs. H. H. Bass returned yesterday from St. Petersburg, Fla., after spending the past ten days there.

Tuesday Club.

The Woman's Tuesday club will meet Tuesday afternoon at 3:30 o'clock at the home of Mrs. J. M. Peace in Turner avenue.

Philathea Class Meets.

The Edith Ellis Philathea Bible class of the First Baptist church will meet tonight at 7:30 o'clock with Mrs. J. C. Gill, on Zene street.

Week-End at Beach.

Mr. and Mrs. W. T. Newcomb and children spent the week-end at Virginia Beach, as the guests of Mrs. Newcomb's sister, Mrs. O. B. Bell.

Prayer Band to Meet.

The Prayer Meeting Band will meet Tuesday evening at 7:30 o'clock at the county home, with the young people of New Sandy Creek Baptist church in charge of the program.

Week-End in Raleigh.

Mr. and Mrs. L. H. Weikon and daughter, Betty Brooks, spent the week-end in Raleigh with Mrs. Weikon's father, W. A. Daniel, who has been ill for some time.

Spend Sunday Here.

Mr. and Mrs. Conrad B. Stuges and children, Lulu and Conrad, Jr., of East Jackson, S. C., spent Sunday with Major Stuges' parents, Mr. and Mrs. W. K. Stuges.

Circle Meeting.

Circle one of the Woman's Missionary Society of the First Christian church will meet at 3 o'clock this evening in the home of Mrs. L. C. Tyndal on Highland avenue.

Union Meeting.

The Vance-Franklin Methodist Young People's Union will meet Friday, March 7, at 8 o'clock in the evening, at the First Methodist church in Henderson. The young people are urged to attend.

Methodist Class to Meet.

The Wednesday Wesley Bible class of the First Methodist Sunday school will meet tomorrow evening at 7:30 o'clock in the ladies' parlor of the church. It was announced today. All members were urged to attend.

At State D. A. R. Meet.

Miss Sally B. Garlick, and Mrs. S. R. Harris, Jr., will go to Wilson tomorrow to attend the annual State conference of the Daughters of the American Revolution. Sessions will be held Tuesday and Wednesday.

In Winston-Salem.

Miss Shannon Morton, Mrs. Charles B. Church, and Miss Dore Wyatt spent Sunday in Winston-Salem, where they visited Miss Elizabeth Morton at City hospital. Miss Morton is said to be getting along very nicely.

Guests Expected.

Mr. and Mrs. Jno. S. Jng, Jr., of Memphis, Tenn., and B. B. Williams of Little Rock, Ark., will arrive for a week-end visit, Friday morning next at the home of S. S. Parham. Messrs. King and Williams are sales representatives of the Carolina Bagging Company, who will entertain the visitors at a dance, Friday night, March 7, at the Country Club.

Miss Allgood And E. S. Abbott Marry

Mr. and Mrs. J. W. Allgood, of Kittrell, route 1, announce the marriage of their daughter, Miss Gracie Pearl Allgood, to E. S. Abbott, son of Mr. and Mrs. J. H. Abbott, of Kittrell, route 1, on the 25th day of October, 1940, in Fayetteville. The couple are now making their home in Chester, Pennsylvania.

CAUGHT COLD? VICKS VAPORUB
Get direct relief from discomforts, rub throat, chest, back with clinic-tested VICKS VAPORUB

Marian Martin Pattern



PATTERN 9411

Here's a smart fashion collaboration for Spring-through-Summer! Pattern 9411 by Marian Martin includes a spirited, becoming frock plus a turban. There's news interest in the bodice of the dress, with its panel that starts at the square neckline and curves into a shapely waist-girdle—all in one piece. The sides of the bodice are very soft-cut, with fullness gathered-in above the waist and below the shoulder shirring. You might like the puffed sleeves, each side-front and the back bodice in vivid contrast. Or use all one fabric with just simple button trim. The turban, with its gay South American flavor, is cut in two pieces and draped to your taste. Order this style today!

Pattern 9411 may be ordered only in misses' and women's sizes 12, 14, 16, 18, 20, 30, 34, 36, 38 and 40. Size 16, frock and turban, requires 4 3/4 yards 39 inch fabric. Send FIFTEEN CENTS in coins for the MARIAN MARTIN pattern. Be sure to write plainly your SIZE, NAME, ADDRESS, and STYLE NUMBER. Send your order to Daily Dispatch Pattern Department, 232 W. 18th St. New York, N. Y.

Carolina Bird-Lore



In the Carolina mountains the Ruffed Grouse is known as the Pheasant, and in the north it is called a Partridge, though the true Pheasant and Partridge are very different birds. It is about the size of a bantam fowl, of stocky build and of a general brown tone lighter underneath, but with feather markings that are very beautiful on close inspection. It is one of our times game birds, and its wariness, speed and dodging ability offer an exacting test for the skill of the hunter. A striking characteristic is the resonant drumming, most frequent in the spring mating season, but often heard at other times. It is produced by rapid beating of the male bird's wings as he stands upon a log, or other elevation, with his tail spread and his beautiful ruff extended.

In the fall projections grow along the edges of the Grouse's toes which widen their tread and serve as snowshoes. The Grouse delight in snow and, though they roost in trees in summer, prefer to sleep under the snow in winter, and will frequently plunge into deep snowbanks to escape pursuing enemies. The male may have several mates, but usually takes no part in making nest or rearing the young. It is said

that he will sometimes come at the mother's call to help her fight for the brood against a threatening enemy, and that he has been known to take charge of the little birds when the mother has been killed.

Like the Bob-white, the Ruffed Grouse can be multiplied by artificial propagation, and, in its natural environment, increases rapidly under proper conservation.

Note: A member of the North Carolina Bird Club was agile enough to pick up a young Grouse and hold in hand for examination during the club's field trip to Rosseraggon-Wood, Arden, in May.

(Contribution, North Carolina Bird Club)

NORTH CAROLINA BIRD CLUB

In brief, the story of efforts to make the comprehensive book "Birds of North Carolina" available to students and bird lovers is about as follows:

Such a book was published by the State in 1919. Within a few years this copy was listed as "out of print." Copies now listed for sale by dealers are quoted at \$7.50 and up.

Citizens and school people have been more and more placed for bird studies in our cultural and educational activities. More and more there have been requests for authentic and usable material on our native birds. These come to the State Museum and other State institutions. It is clear that a revised copy of the Bird Book is the very best answer to these requests.

The original authors, Messrs. Pearson, Brimley, and Brimley were generous enough to proffer their services, free, for a new and revised edition. Most of the original color and black and white plates are available for a new edition. The State Department of Agriculture agrees to underwrite the printing on a non-profit basis. The Budget Commission would like to be shown that there is a reasonable sales prospect for 3,000 copies before approving the expenditure.

The active North Carolina Bird Club then comes into the picture. They secured estimates of printing and other costs. Based on these, they feel that tentative pre-publication subscriptions can be set at \$2.25 per copy. The program is to keep the cost low and make the book available for a wide distribution. The Bird Club, with other associated and interested groups and individuals, are now engaged in getting pre-publication subscriptions to show the necessary demand. This book, with serviceable cloth binding, will have approximately 400 pages, some 300 black and white illustrations, and 24 or more full page color illustrations. The text will have accurate and up-to-date information, descriptions and records about 350 species of birds found in North Carolina.

Services This Week At Holy Innocents

The following services for this week will be held at Holy Innocents Episcopal church:
Monday, 4 p. m., evening prayer and lecture.
Tuesday, 4 p. m., evening prayer.
Wednesday, 3 p. m., special speaker, B. K. Lassiter, of Oxford.
Thursday, 4 p. m., Children's Service.
Friday, noon, mid-day Litany and Penitential Office.

Bridgers to Show Movie on Flowers

Mrs. E. L. Bridgers, of Bridgers, the Florist, has announced that at 8 o'clock Tuesday evening a movie on the growth and arrangement of flowers will be shown at her home. This movie, in technical, is a sound production, announced by Loyel Thomas.

This is said to be the first time the movie has been shown in North Carolina.

Admission will be free, and all garden club members and others who are interested in flowers are cordially invited to attend the movie.

The six pillars, broadly speaking, upon which the structure of personality rests, are: charm, force, sympathy, symmetry, optimism and modesty.

Tugboat Deb Weds



Wilma Baard, the barge captain's daughter, is shown with her husband, Count Nava de Tajo, after their marriage in New York, culminating a two-week romance. Two years ago Wilma was presented to society by fourteen prominent men about town, a take-off on Brenda Frazier's elaborate \$50,000 coming out party.

Highest Grade



Miss Edna Hinchaw, of Winston-Salem, graduate of the Duke University School of Nursing, ranked at the head of a group of 200 nurses who recently took an examination for licenses to practice nursing in the state. Miss Hinchaw is at present doing general nursing at Duke Hospital.

Army Reservists Called To Duty

The War Department has issued the following notice concerning the recent call to service of the Regular Army Reserve:

"The War Department called all members of the Regular Army Reserve to active duty effective February 15, 1941. Those not authorized deferment and who have failed to report as directed are now shown on War Department records as AWOL and will be dropped as deserters March 15, 1941, provided they have not reported by that date.

All members of the Regular Army Reserve who failed to report are advised that they are subject to military law from the date ordered to active duty and should report immediately at the nearest Army post or recruiting station."

Litvinov May Seek Refuge In America, Stewart Says

(Continued From Page One)

in the U. S. A. and elsewhere throughout the Americas. Samuel Krivitsky, formerly of the OGPU, who recently committed suicide (or maybe was murdered by OGPU gunmen) in his Washington hotel, did. And Maxim ought to know a deal more than Krivitsky did; he was a lot higher up in the Moscow organization.

Going Democratic

Washington has no clear idea yet what Maxim is kicked out for. One version is that he was developing streaks of democracy. If that's true, it's easy to see how he got Joe Stalin's dander up. Another account is that Joe assigned tasks to him, relative to foreign affairs, that he simply couldn't execute, and that Joe canned him on grounds of incompetence. Even that, though, would be calculated to make him sore at his boss and perhaps inspire him to tell things to the Dies committee.

The Habit of Medical Dosing

By LOGAN CLENDENING, M. D.

The intestine is a muscular tube and it is subject to many nervous ailments. These impulses affect the muscular coat, throwing it into spasm. The condition is known as "spastic colitis" or, commonly "colitis." It is not considered as a disease and the exact underlying cause is not easily found, but in one form or another it is the commonest condition the physician

Dr. Clending will answer questions of general interest only, and then only through his column.

meets in his consultation room. It mocks many other conditions and is called appendicitis, gallstones, cholecystitis, subacute appendicitis, ulcers of the stomach, and even cancer. And because of the many operations performed on these patients, it has an importance out of all proportion to its actual danger.

The causes have been divided into local and general. The prolonged use of cathartics is undoubtedly a factor.

It is very difficult to get these cathartic habit people to stop the habit. They are very reasonable about it, and agree with you that it is a bad thing but when evening comes and that feeling of heaviness is there, nothing seems to be able to keep them from going to the pill box. If you do, however, manage to get them off the habit, they are the happiest people in the world.

Another cause that has been suggested is allergy. It is supposed the spasm is due to hypersensitivity to a certain food and that eating this food causes the spasm. It is often a very common food that is at fault. This is all the more puzzling because if you have cramps every time you have broccoli, you are likely to connect the two events, but you are likely to eat some form of wheat or eggs every day so your discomfort is continuous and the connection is hard to form.

Colitis
Various kinds of vitamins have been used in colitis, as they have in nearly every other ailment and extracts of the ductless glands also, such as the thyroid, estrone, with somewhat more success. The most important elements in treatment are the regulation of

Of course, even if we agree to let him in, it's no cinch that Joe Stalin will let anything but his remains leave Russia.

It must be a good deal of a bother to Joe to have to send OGPU ex-ecutors clear from Moscow to bump off Russians he wants to have liquidated, as they're believed to have attended to Leon Trotsky in Mexico City and as they're suspected of having done to Sam Krivitsky in Washington (though the local police said that Krivitsky's case was a suicide).

It likewise causes resentment in places like Mexico City and Washington to have Moscow's death sentences executed in their midsts, it has a tendency to create international friction, which it would be natural for Joe to prefer to avoid if possible. So, if Max does get an admission ticket to the United States it's no certainty that Joe'll let him out of Russia to come across and present it. And, naturally, it will be none of our business if anything happens to him in Russia.

Not a Good Risk

Neither will he rate as a very good life insurance risk even if he gets here.

When he was in Washington the last time, the National Press club invited him to make a speech to its members. He made it, too. That is, he read it. It wasn't particularly thrilling, however, for Max doesn't speak a bit of United States. It was in Russian, and had to be interpreted. It takes the ginger out of a speech to have it filtered out to its auditors through an interpreter. Max appears to be a forced chap. He read that speech with plenty of energy, but the interpreter couldn't translate energy.

Litvinov is a very short, stocky chap. He evidently is deeply in earnest in what he's saying. What's the use, though, if you can't understand a word of it? That'll hamper him as a Dies witness.

Senatorial Redistricting Measure Expected to Pass Senate at Session Tonight

(Continued From Page One)

rious agreed legislators, appear almost as gliding. For instance, Halifax and Edgecombe are left alone in a two-senator district, with a population of only slightly more than 100,000; while Burke, Caldwell and Alexander will have a total of about \$7,000 for one senator.

Then there is the district of the chairman of the House senatorial district committee, W. B. Austin, of Ashe. The three counties in this, the 29th district, have a combined population of less than 50,000—yet they will have equal representation with the neighboring Burke-Caldwell-Alexander setup of nearly twice that number of inhabitants.

At least one member of the joint committee—Senator Gordon Gray of Forsyth—has frankly said that the proposed redistricting is based purely on political expediency. He has himself gone to the trouble and effort of drafting a new districting arrangement which he smilingly told his committee colleagues "is just and fair, but politically impossible."

He is so sure of the latter part of his statement that he does not plan to present his new map for consideration if he does it will be from a last minute change of intention. He regards his handiwork as so "impossible" from the political angle that he declined to permit this reporter to list it exactly as he has drawn it.

He did explain, however, that it

the patient and it is, like all education, a very painful process. The patients with colitis are perfectly willing to submit to doing everything that is bad for them. They are willing, indeed they insist on cathartics and enemata. Dr. O. S. Jones, of St. Louis, is very graphic on this point. He admits complete failure to "reeducate his patients in normal habits. They 'insist on a complete evacuation every day if it takes castor oil to do it. Mere castor oil and agar are not enough; some have been taking an enema every day for years. Others have been taking a laxative every other day or every day for forty years."

Diet is a logical form of treatment. If the colon can be irritated by irritating food, it seems logical to eliminate the food from the diet—beans, cabbage, onions, garlic, sauerkraut, lynch meat (very indigestible), chili, pepper, excessive amounts of fat, and sweets.

By all odds the greatest service the physician can do the patient with colitis is to prevent a surgical operation. Dr. Alvarez of the Mayo Clinic has the final statistics on this point. All these people think they ought to have the appendix out. Dr. Alvarez found that of 255 such patients only 1 percent was relieved of symptoms.

QUESTIONS AND ANSWERS

O. B.:—"How many hours' sleep does a person thirty years old need? Is five or six hours enough? People I know say 'yes' but I find I need eight or nine hours."

Answer—Five or six hours' sleep in twenty-four is sufficient for anybody over the age of 30. Most sleeping troubles are not due to lack of sleep but what you think about the amount of sleep you have had. If you think five or six hours rests you, then it is enough. If you get to worrying about whether it has rested you or not, it is insufficient. However, you better not monkey with sleep. If you can get eight or nine hours of sleep do so, and let the rest of the world go by.

EDITOR'S NOTE: Dr. Clendingning has been solicited to write a column for our readers. Each pamphlet sells for 10 cents. For any one pamphlet desired, send 10 cents in coin, not a self-addressed envelope, stamped, to a three-cent stamp, to Logan Clendingning, in care of this paper. The pamphlets are "Three Ways to Restore the Diet," "Indigestion and Constipation," "Breast and Gaining," "Infant Feeding," "Best Time for the Birth of a Child," "Dietary," "Terminology of Nutrition" and "The Cause of the Four and Six."

Blonde Queen of Light



Wearing a fluorescent dress that glared under special black light at the ceremonies, pretty 21-year-old Betty Sasser, a senior at Belhaven College, was crowned queen by Gov. Paul B. Johnson of Mississippi at the "Industry South" celebration which marked the opening of General Electric's new fluorescent plant at Jackson, Miss. The move is in keeping with the administration's policy to decentralize production and spread factory facilities throughout the country.

is based on certain fundamental principles. First be found that under the population ratio, any county with more than 70,000 would be entitled to one senator, at least. He assumed the impossibility of giving two senators to any county, and therefore assigned only one each to Guilford and Alcorn. That put these two counties, together with Buncombe, Gaston, Rowan, Durham, Wake, Robeson and Forsyth in one-senator districts.

Subtracting the population of these nine counties and dividing remainder of the state's population by 41 more districts, he found that there should be a senator for every 45,000 plus inhabitants—a condition which Johnston fulfilled almost to the odd inhabitant. He therefore assigned Johnston a senator all by itself.

He also took the position that no county should be given less than one-fourth a senator—i. e. there should be no single-senator district of more than four counties, and no two-seat district of more than eight counties.

He then began at the western extremity and proceeded eastward, grouping counties into districts of a nearly 65,000 population as possible. He found it easier than generally believed to make the districts somewhat near equal—though he ran into several tough cases and yielded to "special circumstances" in an instance of two—as for example when he left the less-than-50,000 Ashe-Allegany-Watauga district with a senator.

He encountered his biggest difficulty in wading up with a district composed of Chatham, Lee and Habersham, which would have a combined population of more than 80,000.

Apparently every legislator to whom he showed the plan agreed that it comes much nearer conforming with the spirit of the constitution than the present setup or the bill which will almost surely be passed by the Senate tonight.

It has been openly and repeatedly charged that the current plan is even worse than the existing districting—that it misses the spirit of the constitution by many, many things. All anybody needs in order to agree with this proposition is to get a map and a copy of the "Ballot" columns. Not even Democratic State Chairman E. B. Denny, one of the present bill's sponsors, would be likely to give a straight argument except a plea for the bill and the statement that it is the best that could be worked out under the circumstances.

Need Felt For Claims Court

(Continued From Page One)

and a report among members of this assembly. Another suggestion has been that the court consist of representatives of the school commission, the highway commission and other departments where one most likely to be defendants in the claims cases, with the chief justice presiding officer.

Due to the lateness of the season and approaching adjournment the matter may not get the attention it otherwise would, but there can be no doubt of increasing interest in it.

The first coal sent from Pennsylvania mines, about 1700, to Philadelphia would not burn in the fireplaces and was broken up to repair the streets.

Farmers should consult their county agents for complete directions on materials and methods used in controlling tobacco blue mold. Says Howard R. Garrison of N. C. State College.

Lenten Reminder

And we know that all things work together for good to them that love God.—Romans 8:28.

"MIDDLE-AGE" WOMEN HEED THIS ADVICE!!

Thousands of women are helped to go smiling through their distress caused by this period in a woman's life (38 to 52) with Lydia E. Pinkham's Vegetable Compound—famous for over 60 yrs. Try it!

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Lenten Specials For This Week March 3 to March 8

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Lima Beans, box	23c
Fresh Peaches, box	23c

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Turner's Market

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