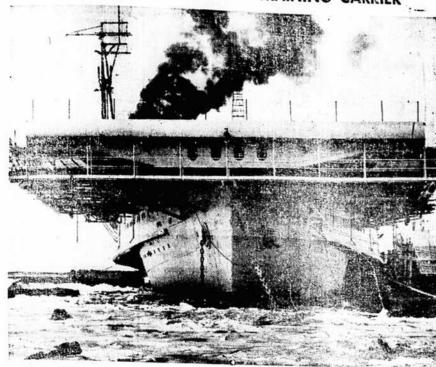
# COMMISSION GREAT LAKES TRAINING CARRIER



SECO! D INLAND TRAINING AIRCRAFT CARRIER built in the Great Lakes, the U.S.S. Seite, is shown she was commissioned at the Lake Eric yards of the American Shipbuilding Company, Buffalo, N. Y. The new carrier, which was converted from the former Lake steamer Greater Buffalo, will be used for training purposes only and will remain in the Great Lakes. The commander is Capt. W. K. Berner, (International)

## NAZIS CLAIM YANK CAPTIVES IN TURBINA



DERIVED FILOM A GERMAN PROPAGANDA MAGAZINE, the above picture purportedly represents American troops captured by Axis forces in Tunisia. Circulated in neutral countries, jecture, above are designed to build the myth of German invincibility, a legend Using quality of the onshaught of Allied might in Libya, Tripolitania, and Tunisia.

# CHARTER FORTY-SEXVEN THE THOW and you get the radio the "T Chematine action." The third and the lead ner age of the control RICHARD . HOUGHTON

# Effects of Tobacco On the Human System

PEOPLE who argue about the narmfulness or lack of harm in tobacco should remember it was first used as a medicine—healing rather than harming.

When the Spaniards were intro-duced to tobacco by the Indians,

Dr. Clendening will answer questions of general interest only, and then only through his column.

they found it was used for the treatment of wounds.

The Indians also used it for pains, especially joint pains, and they used it just as we do—by inhaling the smoke.

But all of this is of antiquarian interest. The modern man or woman wants the modern physician to declare whether the use of to-bacco is good or bad for them.

Causes Functional Diseases
Unlike alcohol, tobacco does not cause any permanent organic diseases, only functional ones. In other words, tobacco causes no gross changes in any organ of the body, such as alcoholic cirrhosis of the liver. The functional changes which it produces are very definite. It increases the heart beat, often causing palpitation. It raises blood pressure slightly and creates a spasm of the arteries. For the last reason it is distinctly to be forbidden in cases of pain around the heart—angina pectoris.

As everyone knows from his own first experiences with it, it certainly can cause nausea, vomiting, digestive upsets and a state of shock. On the good side of the ledgor, it tends to relieve constipation.

Chewing Tobacco Harmful

I believe that a number of peo-ple, especially those who chew to-bacco, have ruined their health for life by creating an inflamma-tion of the stomach and bowel and consequently maluration. consequently, malnutrition and underweight. The key to the whole subject of

the use of tobacco is the word "moderation," but that is a very secult word to define. The trou-

By LOGAN CLENDENING, M. D.

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ble with moderation is that people start in and say they are only going to have one cigar or one cigarette and then they go on to five or six. The chain smoker is certainly not acting moderately.

For nervous, high-strung peo-ple and those with a tendency to indigestion or heart pain, I believe tobacce is distinctly bad. For us moderate smokers it is harmless and a joy added to life.

QUESTIONS AND ANSWERS

A. M.:—Please explain the word astigmatism. What is the cause of it? Is there anything a mother could do when she is pregnant? Will a child with astigmatism have to wear glasses all its life?

Answer: Astigmatism is change.

astignatism have to wear glasses all its life?

Answer: Astignatism is change in the contour of the cornea of the cye. It has nothing to do with heredity and there is nothing a mother could do during pregnancy to prevent it. It is not serious; in fact, there are very few normal eyes in the world and probably about 80 per cent of the human race have some degree of astignatism. Whether glasses should be worn or not depends on how serious it is—whether it causes any symptoms, such as headache.

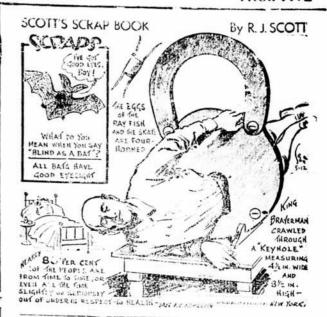
F. T. J.: Is it a serious opera-

F. T. J.: Is it a serious opera-tion to have bunions removed from the feet and about how long would it be before a person could return to work after such an operation? Answer: Bunion repair is not considered to be a serious opera-tion, but for good healing to occur it takes some time — at least a week or more before activities. week or more before activity can be resumed.

F. W. R.:—I understand that the continued use of yeast has been known to create a permanent cure for diabetes. Is this true? Answer: No.

O. M. H.:—Can a lady past 80 years, having had her change 42 years ago, now in good health, have a return of her menses?

Answer: I would say that kind of discharge was most likely to be a diseased condition and requires immediate examination.





### THIMBLE THEATRE—Starring Popeye

"Not A Girl To Sniff At"



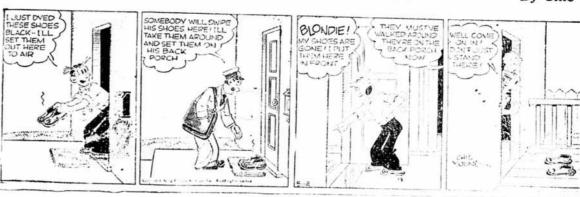






BLONDIE\_(Registered U. S. Patent Office) Old Dogs With New Tricks!!

By Chic Young





### THE GUMPS—WHATS IN A NAME?





