

Rationing Data Offered For Interest Of Women

Raleigh, June 2.—Here is a round-up on government rationing and rationing data covering the past week as compiled by OWI for the Daily Dispatch.

Rationing
Blue stamps for clothing will be used through June 30. Stamps for food and fuel will be used through July 7. Fuel stamps will be used through July 14.

When a rationing stamp is used, the rationing board will issue a receipt for the amount of the rationing stamp used. This receipt will be used to purchase the rationed commodity.

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Wallet Saves Life



LOOKING AT HIS NOTE BOOK and wallet which he has a Jap bullet of his chest and probably saved his life at Aitah in John T. Kinnert, of Raleigh, N. C. is shown at the Post Hospital in Seattle, Wash. (International)

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Public Interested In Policy Control Over Newspapers

Daily Dispatch Bureau. In The Star-Water Hotel. By LYNN NISBET.

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literary gem. The late Chief Justice Walter Clark delighted to quote the ancient classics and often gave phrases unique quicks. Chief Justice Stacy usually sticks to short and simple words so that his meaning is quite clear, but once in a while he yields to temptation. Witness this sentence in the opinion of the Chief Justice: "As the proceeding before the clerk is summary in character, it may be broodingly regarded as a check of errors in the proceeding." For dictionary says that brooding means "angry."

GOAT—Clyde Shreve, lawyer and legislator from Guilford county, was talking about political campaigns the other day. He recalled an experience he had in one of his own races. In a certain precinct he was the only one left out in the cold, and he rounded up a bright lot of about 12 years and offered him a seat to distribute campaign literature. The trick worked. The lad did such a good job Shreve let the ticket in that precinct—and delivered the goat.

BUSINESS—Reflecting the effectiveness of newspaper advertising as a wartime medium, a national survey shows that advertising has increased about 100 per cent over 1917 for the first four months of the year. Only decline was in financial advertising—and if the country's interest in war bond buy-ins were counted in that class it, too, would show a substantial increase. Demand for war news has increased circulation of newspapers, and with more readers, the advertising becomes more valuable.

COORDINATORS—Civilian defense coordinators have re-evaluated their position for Thursday afternoon.

DIESELS—Increasing popularity.

These engines and the big part they are expected to play during and after the war is indicated by allotment of a million dollars worth of such equipment to State College for naval training. The college must furnish the building, expected to cost around \$100,000, and the navy will put in the equipment. After the emergency the experimental engines will become property of the college.

PERSISTENCE—Faced among the permanent archives of the present world war in the hall of history is a little human interest story from Elizabeth City. It tells about the junior women's club's persistent efforts, finally crowned with success, to sell enough war bonds to buy a number.

First the promoters decided on a dinner, but the hotel didn't have space for food. Then a rally at the school house was voted, but the auditorium couldn't be had. Then a dance was considered, but again there was no place to dance. After agreeing upon a street rally and fixing the date, it rained. Next night it rained again. The third trial proved successful, the bonds were sold, and the number will be named "Rifflin." Plans in the little story is that when a group of young North Carolina women get out to do a job it get done. At first plumpies such a story would seem to have no place in the dignified and formal archives of the State. Yet—it indicates better spirit of our people.

The cutting of 700,000 breeder males, not in use, from poultry flocks in North Carolina will save about 500 tons of feed per week.

Wife Preservers



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RATIONS NEEDN'T SABOTAGE PEPI VITAMINS TO RESCUE

At your grocer—at low prices

Stop worrying about food rationing... Supplement the family's daily diet with Major-B Natural B-Complex vitamins of guaranteed potency... Tested and approved by the American Institute of Food Products.

29¢ per bottle, 89¢ per dozen



DISTRIBUTED BY: HENDERSON, N. C.



Write to Him

Away from home? Regardless of where he is, nothing is more cheering than news from the folks he loves. Sit down today—make it a regular duty—it's one of the important things you can do to help him.

In between times, write a few checks for War Savings Bonds—another sure way to help speed Victory.

This message contributed by **CENTURY DISTILLING COMPANY** PEORIA, ILLINOIS

AROUND CAPITOL SQUARE

By LYNN NISBET
Daily Dispatch Bureau
In The Star-Water Hotel—Raleigh

CONSPICUOUS—In that best, veteran legislator from Camden county and prospective candidate for lieutenant governor, called at several Capitol offices Wednesday. He was on his way home from the Raleigh when he had the incident. When asked if he had the incident, he said he was a candidate. In the Capitol building, he said the incident had been brought to his attention by a friend of the Capitol building. He had been in the Capitol on Monday, and he had been in the Capitol on Monday.

MONEY—It has required a good deal of time of half a dozen business men, high class lawyers and state officials, to determine how to spend \$600,000 on the Atlantic & North Carolina railroad. The United States navy is putting up \$400,000 of the money and that always brings a deal of red tape and delay. The State is to put up the other \$200,000, but because the road is under lease to a private corporation there is a lot of red tape about that, too. However, the lawyers think they will have all the kinks ironed out this week and in the final accounting the State will get the value of the money in improved facilities without any actual cost to the State.

SICK—Considerable interest had been manifested in the scheduled trial of Morganton this week of former Sheriff Paul Dale, under indictment for conspiracy to violate the slot machine law. Dale is in Florida and instead of coming for the trial, a doctor's certificate stating he was too sick to make the trip.

BIG WORD—Supreme Court opinions often are very dry reading for everybody except interested lawyers, but occasionally there is found a

KEEP 'EM THRIVING!

It's patriotic to buy just what you need during wartime. There is plenty of good, nutritious, wholesome food for everybody. Save money, save time, save gas. Pay off your debts of war. **BIG STAR OR LITTLE STAR STORE**

16 TOMATOES No 2 Can	10c
16 PEAS ... 20 Oz. Can	14c
4 JUICE ... 46 Oz. Can	29c
5 MARGARINE 1 lb. Ctn	23c

3 Baby Lima Beans 2-Lb. Cello	23c
15 Cocktail Del Monte Fruit 17-Oz. Can	18c
14 Sauce Colonial Apple 20-Oz. Can	10c
11 Tomato Juice Campbell's 47-Oz. Can	23c
3 Tomato Soup Campbell's 101-Oz. Can	9c
4 Soup Campbell's Vegetable 2 101-Oz. Cans	23c
(12) Niblets Del Maiz 12-Oz. Can	12c
5 Wesson Oil ... Pint Bottle	27c
5 Snowdrift ... 1-Lb Jar	24c

TROY MILK

6 Large Cans **49¢**

Step Into Our Garden

1 LARGE FLORIDA CANTALOUPE	each	21c	
FANCY FLORIDA CORN 6 ears	39c	LEMONS doz.	19c
FANCY HOME GROWN BEETS 2 bunches	25c		
FRESH LENDER YELLOW SQUASH	2 lbs.	13c	
FANCY GREEN STRING BEANS	2 lbs.	25c	

* Meats of Merit

NOTICE

We are never undersold on meats of same quality in our Grade A Market BONELESS BOLLER

Corned Beef Bricket	lb.	29c
PURE THICK LARD or FAT BACK	lb.	17c
PORK Boneless Boston Butt	lb.	39c
STEAK CHOPS	lb.	35c
OCEAN FRESH SEA FOOD PAN TROUT BUTTERS CROAKERS	lb.	15c

OCTAGON Powders 3 Small Pkgs.	8c	NORTHERN TISSUE . Roll	5c
OCTAGON Powders 3 Med. Pkgs.	14c	OCTAGON SOAP Toilet 2 Bars	9c
OCTAGON SOAP 3 Giant Bars	14c	OCTAGON Clearer 2 Cans	9c
PALMOLIVE SOAP 2 Bars	19c	OCTAGON Granulated Soap Large Pkg.	23c

Double Fresh COFFEE Colonial Stores Incorporated Triple-Fresh BREAD

U. S. NEEDS US STRONG

A Guide... a pattern to direct your planning... is helpful when trying to get the most nutrition from your ration points. The U. S. Department of Agriculture lists these seven basic groups which should be included daily in your menus.

EAT THE BASIC 7 EVERY DAY!

FOR HEALTH—Eat some food from each group every day!

- GROUP ONE—** Green and yellow vegetables, some raw—some cooked, frozen or canned.
- GROUP TWO—** Oranges, tomatoes, grapefruit or raw cabbage or salad greens.
- GROUP THREE—** Potatoes and other vegetables and fruits, raw, dried, cooked, frozen or canned.
- GROUP FOUR—** Milk and milk products, fluid, evaporated, dried milk or cheese.
- GROUP FIVE—** Meat, poultry, fish or eggs, or dried beans, peas, nuts or peanut butter.
- GROUP SIX—** Bread, flour, cereals, natural whole grain or enriched or restored.
- GROUP SEVEN—** Butter and fortified margarine (with vitamin 'A' added).

In Addition to the **BASIC '7'** Eat Any Other Foods You Want

- Ration Reminders**
- BLUE STAMPS** G - H - J Expire MONDAY, JUNE 7 K - L - M Now Valid. Expire July 7.
- RED STAMPS** J - K Now Valid. JUNE 30TH
- COFFEE STAMP** No. 24 Now Valid. Expires June 30.
- SUGAR STAMP** No. 13 Now Valid. Expires August 15.
- STAMPS NUMBER 15 AND 16** Good for 5 lbs. of sugar each for home canning. Go to your Ration Board for additional sugar for home canning.