

NORFOLK AIR STATION BLAST IN WHICH 17 DIED

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# Germs Cause Trench Mouth

FOR A while it was called "trench mouth," and it may be called acute pyorriea. Technically it is called Vincent's infection, after the French bacteriologist who discovered the germs which

Dr. Clendening will answer questions of general interest only, and then only through his column.

cause it. It is an inflammation of the gums, especially near the tooth margin and beginning with tendess and swelling and a little pus formation; it can go on to local gangrene and considerable tissue loss.

It is caused by two germs which are nearly always found together—one is a bacillus and one a long, curly spirillum. One of them or a combination of them is a natural gangrene producer and that is where the trouble begins.

When it is said that the condi-tion is due to infection with these germs, the statement leaves out another factor, perhaps two that are really more important than the presence of the germs them-selves. Because from everyone's mouth—no matter how clean and healthy—it is possible to culture some Vincent germs. They are on healthy—it is possible to culture some Vincent gerns. They are on the surface of the gums or teeth and do no harm until they penetrate the tissues and this penetration is due to a lowering of bodily resistance, perhaps poor diet. The other possible factor is that you are used to your own Vincent gerns, but if you happen to get someone clse's in your mouth you are liable to trouble. Lowered bodily tone then and cross infection are the important factors in acquiring the disease.

### Increase in Disease

It would be natural in view of It would be natural in view of these factors to suppose that at the present time there would be an increase in the amount of cases with Vincent's infection. Great numbers of the population are crowded together in war plants, they are living in cramped quarters, they are subject to fatigue, they get what kinds of food they can, they cat off plates and with knives, forks and speons that are often not adequately cleaned after the last customer was zerved. Low-

By LOGAN CLENDENING, M.D.

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If taken early when the gums are just beginning to be acutely red and swollen, it can be success-fully stopped in four or five days by an experienced dentist. Later on when destructive changes have occurred, restoration is not so easy. casy.
Rules for Treatment

A dentist connected with a large industrial plant has these rules for treatment:

1. Observe complete dish, glass and silverware isolation. Boil dishes for three to five minutes in soap and water.

2. Eat and drink only from paper dishes and cups in public restaurants.

3. Throw away toothbrush and

restaurants.

3. Throw away toothbrush and do not brush teeth until told to do so.

4. Eat plenty of green leafy vegetables. Force fluids, juices and milk.

5. Use a mild, antiseptic mouth

Use a mind, antiseptic mouth wash every hour.
 Use a cathartic or an enema to keep the bowels regular.
 Make regular visits to dental

8. Permit no girl with Vincent's infection to handle food or dishes in the kitchen. QUESTIONS AND ANSWERS

J. E. Y.:—Is taking Epsons salts and lemon every day safe in re-ducing weight?

Answer: It is safe, but if that is all you do—if you do not keep to a diet—it will not reduce weight.

B. R. C.:—I love raw garlic, but have been told it is not good for me. Is oatmeal harmful if eaten every morning?

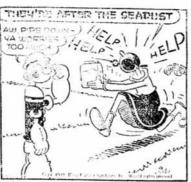
Answer: Garlic is perfectly harmless, Oatmeal is a good, nutritious food and can be eaten every day with benefit.

M. G. F .: - Is the iron content M. G. F.:—Is the iron content of beef, pork and lamb liver the same as calves' liver? If so, why the higher price for calves' liver? Answer: There is very little iron in any kind of liver. You may be thinking of its use in anemia, but the good liver does in anemia is not due to the iron content.

# SCOTT'S SCRAP BOOK By R. J. SCOTT SCRAOP ALotas SUASE C Section ? WHAT LANGUAGE IS SPOKEN IN ONLY ON FURUPE AN COUNTRY - PORTUGUESE NORTHERN HUSKIES MEET HEM FROM FRYING INTO AUTHING HAT ISN'T MALLED DOWN THE GULF STREAM DOES NOT ORIGINATE IN THE GULF OF MEXICO



### THIMBLE THEATRE—Starring Popeye









### BLONDIE\_(Registered U. S. Patent Office)

## A Dried Cheese On Curled Rye!

By Chic Young









# **ETTA KETT**



### THE GUMPS—KNIGHT ERRAND









Twisted wreckage of hangars at the Norfolk Navel Air Station was still burning and rescue workers had hardly begun their task when this nicture was made of the disaster scene in Virginia. Ammunition in transit was the source of the original explosion. Naval authorities estimated that about seventern persons were killed and some 257 injured. Damage was caused to a number of buildings. (International Soundphoto.)

YANKS SET STAGE FOR PARATROOPS AT LAE

WHILE GEN. MacARTHUR WATCHES from a Flying Fortress above, a Boston bomber lays smokescreens that protected Allied paratroopers taking part in the action which cut off 20,000 Japs at Lao, New Guinea. Almost before the Japs knew what was happening, the 'chutists had landed and attacked. This Army Air Force photo is one of the first pictures of the fighting at Lao. (International)