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Fast Living

Mortality figures for 1942 are beginning to appear and while we have had more than 200,000 deaths...

Strange as it may seem, the more intense the study of cancer becomes, and the more promising and hopeful the research, the higher the death rate climbs.

Perhaps the urge of latest in the statistics has, however, in the startling and increasing toll of heart ailments...

Many people hold to the theory that fast living of the present age is the chief reason for growing heart fatalities...

Then there is the ancient remedy of worry. Doctors will tell you that it exacts a prodigious toll when allowed free play.

But all of these evils relate to body and brain and tend to reduce the stamina and lasting qualities of both.

It is time that we give thought to slowing down and to halting our fast living. Retrenchment along that line will pay dividends.

It is a fact, however, that deaths from heart ailments and cancer are rapidly increasing, not in the Gulf-coast capital alone but almost everywhere that we know anything about.

Reason Given For Refusing Free Lunches

BY LYNN NISBET
Daily Dispatch Bureau
Raleigh, March 1.—Walter George Ross, marketing specialist for the State Department of Agriculture...

RED TAPE—A very few of the missives intimate resentment of being classed as "charity" recipients...

YOUR FEDERAL INCOME TAX

ITEMS NOT DEDUCTIBLE

Several deductions are not allowed by the Internal Revenue Code. These include the cost of ordinary and necessary expenses incurred in carrying on a business or profession...

Typical—One letter was succinct and fairly typical of general sentiment expressed. "If you people at Raleigh and Washington would take into consideration how hard labor is to get and how very busy every civilian is who would ordinarily assist in making what you do, maybe you could find simpler ways to do them."

GRATEFUL—One supervisor writes that she personally is grateful to Federal help because otherwise they could not operate lunch rooms. Even that gratitude is clouded by the other sentence, "that you would be surprised how many school men do not want to bother with what they call 'red tape'."

REGRET—One State official of the inter-district committee. "If Jonathan was out, maybe Senator Bailey will regret his refusal to endorse him for re-election to New Zealand which that matter came up last fall."

GRADUATE OF UNC IN SHIP COMMAND
Cape Hill, March 1.—Ensign John E. Beaudry, USNR, a graduate of the University of North Carolina in 1932...

NOTICE OF SUMMONS
In the Superior Court
Before The Clerk.
State of North Carolina;
County of Vance;

NOTICE
The undersigned having qualified as administrator of the estate of Dorsey N. Harris, deceased, late of Morristown, New Jersey...

PLAY AT CHAPEL HILL
Chapel Hill, March 1.—"Twilight Zone," a three-act play written and directed by members of the University's department of dramatic art...

ANSWERS TO DAILY QUIZ
1. No. (Centenary years not exactly divisible by 400 are not leap years).

Greenboro's statistics are not cited here as being out of the ordinary. Not having any others immediately at hand, we cannot say as to that.

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SIESTA TIME IN ARGENTINA



was one of the chief topics of conversation around the square. Three days ago was refused of the Raleigh High School...

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EXPERT TYPEWRITER AND ADDING Machine repairman now connected with us and we are well equipped to give you prompt and efficient service on all kinds and makes. Phone 62 Alford's Printing & Office Supply Co. 24-4

NICE ROOMS, GOOD MEALS, HOT and cold water, steam heat, reasonable, at Hotel Sandra. 25-6u

SPECIAL PRICES ON ELECTRIC, wood and oil-burning burners, all this month. Book your chicks now. Henderson Hatchery. 1-27-4

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FARMERS—TRADE YOUR EGGS for garden seed or credit on baby chicks at 31c per dozen. 28c c-sh. Henderson Hatchery. 1-27-4

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TIRE HEADQUARTERS—WE HAVE the latest official information regarding tire inspection and application for new tires and tubes. Let us help you with yours. Henderson Vulcanizing Co. 22-4

MUTUAL LIFE INSURANCE COMPANY OF NEW YORK
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